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# **IDO ID207 Smart Watch User Manual**

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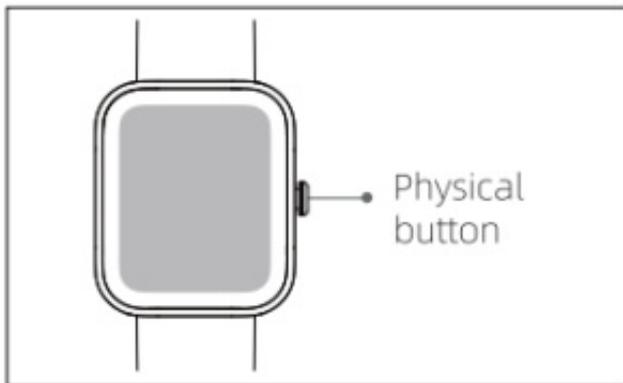


## IDO ID207 Smart Watch User Manual



## IDO ID207 Smart Watch User Manual

### Product overview



### Physical button operation

#### Short press

1. To return.
2. To wake the screen when it is off.

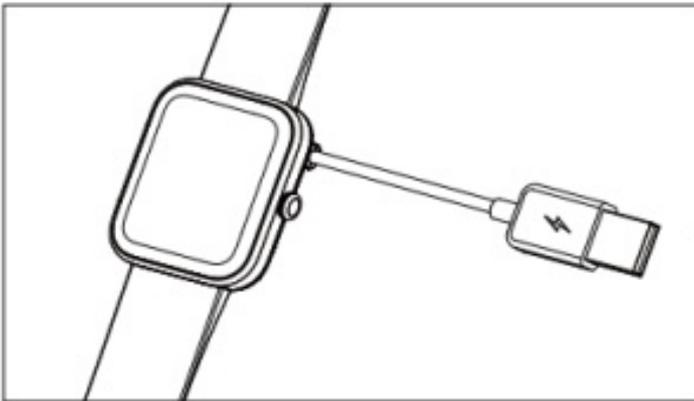
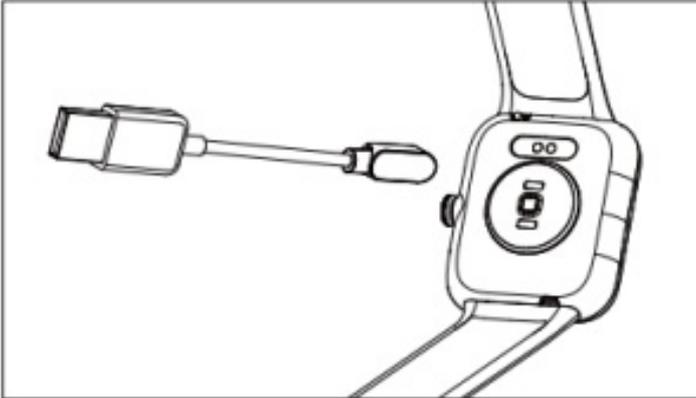
#### Long press

1. To turn on the watch.
2. For Ss while charging to reset apps. (Data will not be cleared)

## Turning on/off

### Turning on

Whilst the watch is off, it automatically turns charge.

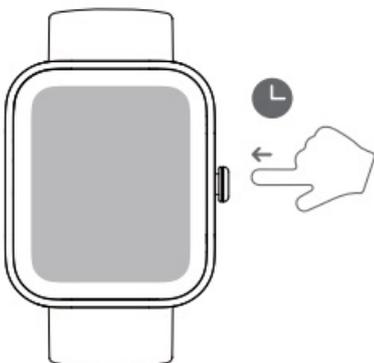


**Note:** Charge the watch to activate it before first use. must be used for charging.

Long press the button to turn on the watch.

### Turning off

To turn off the watch: go to Settings -> Turning off menu.



## App downloads and pairing

### 1. App downloads

Download and install the "VeryFit" app on the App Store, Google Play or by scanning the QR code below.  
Google Play Store



App Store



## 2. Pairing

Turn on VeryFit app -> Activate Bluetooth connection on your phone -> Search on the app for the device to pair with (or scan the QR code on the device) -> Finish binding on the app (or on the device).

## Screen operation

### Swipe up/down

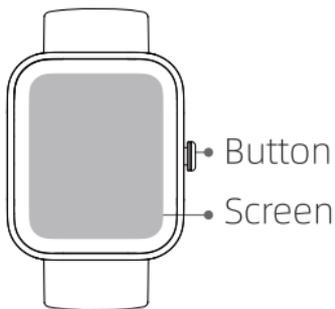
1. To toggle through menu.
2. To view long text/details.

### Swipe left/right

1. To tog\* through menu.

### Tap the screen

1. To enter the menu.
2. To operate according to the prompts.



### Tap and hold on the screen

1. To switch between watch faces.

## Features

ID207 has features such as 5ATM water resistance, ultra-long battery life, full-screen touch control, low latency, 14 workout modes and multiple cloud watch faces. It supports heart rate monitoring and stress detection throughout the day, blood oxygen detection and sleep monitoring, etc. For operating instructions and FAQs on these features, please turn on the app and go to "User Guide" section.

## Care and maintenance

Three suggestions for use and maintenance:

1. Keep the product clean;

2. Keep the product dry;

3. Do not wear the product too tight;

\* Do not use household cleansers when cleaning the product. Use soap-free cleansers instead.

\* For stubborn stains, it is recommended to remove by scrubbing with alcohol. Waterproof: Not suitable for use while diving, swimming in the sea, or in a sauna. Suitable for use in swimming pools, showers (cold water) and shallows.

## Safety Instructions

- Do not place the product and its accessories at extreme temperatures, otherwise it may cause hazards such as product failure, fire or explosion.
- Protect the product from strong impacts or jolts, so as not to damage the product and its accessories, thus avoiding product failures.
- Do not disassemble or modify the product and its accessories by yourself. Contact us for after-sales service when the product fails.

Scan the QR code for more function information



4.SM.ID207XX000 V1.0

This number is for interval use only



## FAQS

### Does this track your monthly minstrel cycle?

Yes, our watch has this function, but you need to allow this function in the mobile APP in advance, set the function data, and then remind you every month.

### Do you need a sim card?

our watch does not require a sim card. Just connect the watch to the Bluetooth (T42) of the Da Fit APP on the phone and the audio Bluetooth (Audio-T42) in the phone settings, and you can use the watch normally .

### What is the function of the “Disturb” option?

this is the do not disturb mode. If you do not want to disturb you when the watch receives messages, you can turn on this do not disturb mode, and then your watch will not disturb you when receiving messages.

### Will this watch show i Message and Text messages when connected to an iPhone?

Yes, it will show text messages on your watch that are received on your iPhone once the watch has been setup with the DaFit app for the watch.

### Can you change the wallpaper?

Yes. Press the screen of the watch and hold for a few seconds. For more wallpaper options, open the watch App (Da Fit), tap the watch icon on the bottom, and select Watch Faces.

### Can this smart watch for android phone be connected to a Bluetooth earbuds?

No, this smartwatch can not connect the bluetooth earbuds.

### **Does it have GPS ?**

Description says has GPS tracking. We have not tried it. Go to Walfront-US website and to check and/or email them. Watch and customer service are phenomenal.

### **How close does your phone need to be for calls?**

It's connected via Bluetooth so just like any other device connected to your phone via blue tooth has about the same range.

### **Can you set yearly alarms?**

You'll have to do that on the app that you have to download for the watch.

### **What are the differences between the Roomba® i7 and the Roomba® 690?**

The Roomba® i7 has a higher-capacity battery and a more powerful motor than the Roomba® 690. The Roomba® 690 is compatible with all of the 500-series Virtual Wall® Lighthouses, while the Roomba® i7 is compatible with all of the 600-series Virtual Wall® Lighthouses. The Roomba® i7 is also compatible with all of the 500-series Virtual Wall® Lighthouses, but it does not include a Virtual Wall® Lighthouse. The Roomba® 690 has a lower maximum run time than the Roomba® i7.

### **Is this an always on display?**

Go into your app. Click device. And change the watch face. Change the time display and location of display

### **Is 20mm band fit for this?**

Yes it is.

### **How is the volume?**

the volume of our smart watch is synchronized with your mobile phone. Your phone can control the volume of the watch.

If you have any questions, please feel free to contact the after-sales mailbox at the top of our store. We will be very happy to help you solve any problems in use.

Sincere after-sales customer aim.

VIDEO



<https://manuals.plus/wp-content/uploads/2022/01/Smart-watch.mp4>



[www.idosmart.com](http://www.idosmart.com)

## **Documents / Resources**



[IDO ID207 Smart Watch](#) [pdf] User Manual  
419, 2AHFT419, ID207, Smart Watch

## **Related Manuals / Resources**

[iDO ID205U Smart Watch Instruction Manual](#)

ID205U Smart Watch



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P36C Smart Watch

### [Smart Bracelet User Manual](#)

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1. **Raymond delphia** says:

[May 25, 2022 at 1:34 am](#)

My screen just stop working and idk how to fix it and what caused it

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