



Hyperice 3 Normatec Premier User Guide

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Hyperice 3 Normatec Premier



Specifications

- Design: Normatec Premier with designated boots for left and right leg
- Features: HyperSyncTM technology, ZoneBoostTM, adjustable pressure levels and treatment time
- Components: Control units, boots, power jack

Product Usage Instructions

Getting Started

- 1. Identify the correct boot for each leg by checking the inside fabric loop (L/R).
- 2. Ensure the boots are deflated and fully zipped to the top of your leg before starting a session.

Pairing Devices with HyperSyncTM

If needed to toggle pairing setting:

Press and hold the Start/Stop button on a control unit until the screen displays Paired! or Unpaired!

Starting Your Session

- 1. Power up: Press and hold the power button (ON/OFF) on each control unit.
- 2. Adjust settings: Select pressure level and treatment time using buttons on the control unit.
- 3. **Start session:** Press the Start/Stop button to begin the massage. Pause by pressing the same button; resume the paused session by pressing it again.

4. **Add ZoneBoostTM:** Increase intensity in a specific zone by pressing the ZoneBoostTM button and selecting the desired zone number.

About Your Normatec Premier

- Right leg (R)
- Left leg (L)
- · Control units with HyperSyncTM status indicator
- Start/Stop button, Power (ON/OFF) button
- Battery level indicators, ZoneBoostTM button
- Time adjustment button, Pressure level adjustment button
- Power jack

FAQs

Q: How do I know which boot is for my right or left leg?

A: Check the inside fabric loop of each boot for the L or R designation.

Q: Can I adjust the pressure level and treatment time during a session?

A: Yes, use the buttons on the control unit to adjust the pressure level and treatment time as desired.

Q: How do I know if the devices are paired with HyperSyncTM?

A: Press and hold the Start/Stop button on a control unit to check if the screen displays Paired! or Unpaired!

What is Normatec Premier

Normatec Premier is a dynamic air compression massage boot. It features our revolutionary HyperSync™ technology which synchronizes each leg to ensure you experience a symmetrical massage. Tailor your compression massage to meet your specific needs by adjusting pressure levels, and length of treatment. Unlock more personalization features with Bluetooth® enabled controls via the Hyperice App.

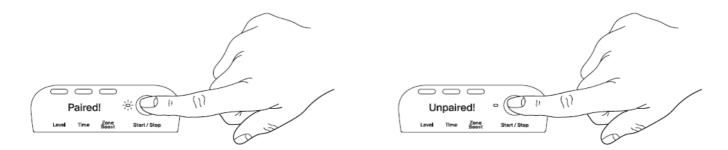
Getting started

· Normatec Premier offers a designated boot for both your left and right leg. You can identify which leg it's

intended for by reading the inside of the fabric loop at the top of each boot (L/R).

 Before starting your session, make sure that the Normatec Premier boots are completely deflated and fully zipped to the top of your leg.

Pairing your devices with HyperSync



Normatec Premier arrives paired, however, should you need to toggle this setting, press and hold the Start/Stop button on either control unit until the screen reads "Paired!" or "Unpaired!"

Starting your session

Note:

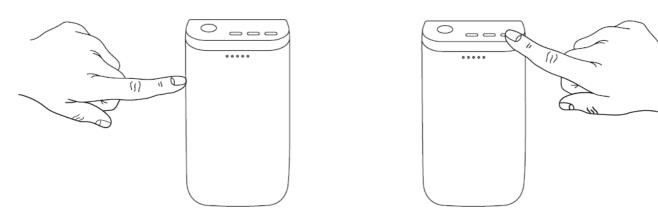
When your session ends, allow the boots to deflate for 5–10 seconds before unzipping to prevent zipper damage.

1. Power up

Press/hold the power button on the side of each control unit (ON/OFF).

2. Adjust settings

Choose your desired pressure level and treatment time by tapping the buttons on the top of the control unit.

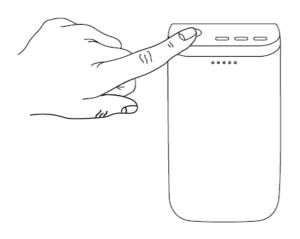


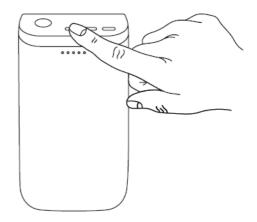
3. Start session

Press the Start/Stop button to begin your massage. To pause your session at any time, press the Start/Stop button. To restart your paused session, press the Start/Stop button again.

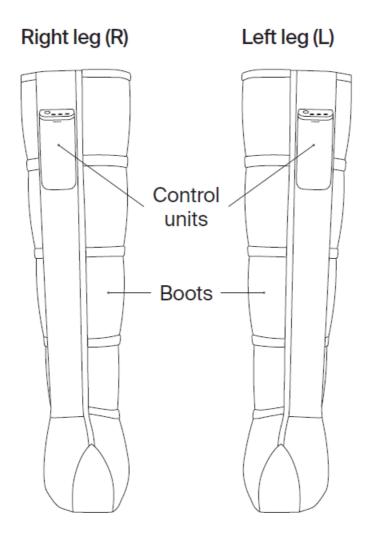
4. Add ZoneBoost™

Increase the intensity of a single zone during your session. Press the ZoneBoost™ button until the display shows the number of the zone you want to boost.

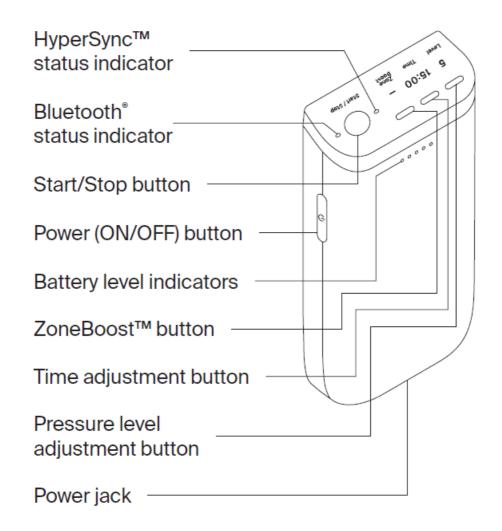




About your Normatec Premier



Control unit



Documents / Resources



<u>Hyperice 3 Normatec Premier</u> [pdf] User Guide 3 Normatec Premier, Normatec Premier, Premier

References

User Manual

Manuals+, Privacy Policy

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