



# Hatch Rest Plus 2nd Gen Smart Do It All Sleep Device User Guide

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**Hatch Rest Plus 2nd Gen Smart Do It All Sleep Device**



## Get started

### Plug it in

Connect the custom power cable to Rest+ then plug it into your power outlet.



### Download the app

Download the Hatch Sleep app to your phone or tablet from the Apple App or Google Play store.



### Connect your Rest+

Follow the steps in the app to connect your Rest+. The setup will take about 10 minutes.



## Get to know your Hatch Rest+

- **Nightlight Button**

Press to turn on the soft white light.

- **Brightness Control**

Press to increase or decrease brightness.

- **Charging Base**

Doc your device here when it needs to recharge. Rest+ will continue to operate when not connected to power for up to 8 hours, depending on usage.

- **Dimmable Clock**

Illuminate the clock using your Hatch Sleep app.

- **Volume Control**

Press to increase or decrease volume.

- **Power Cable Port**

Connect your device here.

- **Touch Ring**

Tap the touch ring to turn on your Rest+. Tap the touch ring again to cycle through light and sound Favorites.

Touch and hold the touch ring to turn off your Rest+.



## Things to try



### Cycle through Favorites

Tap the touch ring to cycle through light and sound favorites created to help aid sleep — yellow to red hues are recommended by experts to promote sleep.



### Time-to-Rise Beacons

Signal to your early riser when it's time to get out of bed and start the day using light and sounds so you can have some quiet time in the mornings.



### Try Hatch Sleep Membership

Make bedtime simple and fast with content designed to help kids wind down and dream. Try calming lullabies for babies, snoozy singalongs for little kids, and sleepy stories to help big kids fall asleep fast.

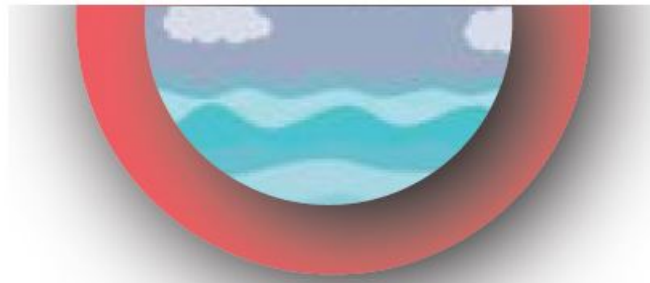
Activate Hatch Sleep Membership in-app.

## Recommended Favorites

These are some recommended Favorites shared by real Hatch parents. Try these out, or explore the app to find your own!

### For Babies

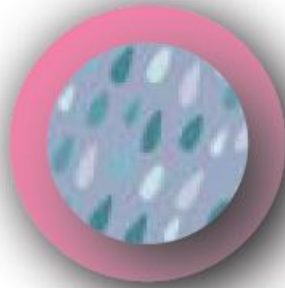
White noise can mimic the sounds of the womb and block out unwanted noise.



Red Light  
+  
Ocean

### For Little Kids

Little kids do well with visual and sound cues. Try pink for nap time and yellow for playtime.



Pink Light  
+  
Rain



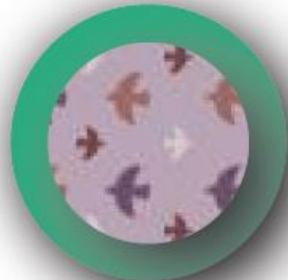
Yellow Light  
+  
Astro Adventures

### For Big Kids

Big kids love to get up early, so set a time-to-rise beacon when you're ready for their day to begin.



Orange Light  
+  
The Calm Corner



Green Light  
+  
Birds



## INTRODUCING

### Hatch Sleep Membership

Channels full of music, sleep stories, dreamscapes, guided rest exercises, and more to help little minds wind down for bedtime.

#### Baby

Calming lullabies and sleep singalongs to relax at bedtime.

#### Little Kid

Sleepy stories, calming lullabies, and snoozy singalongs help toddlers fall asleep fast.

#### Big Kid

Gentle music, mini-meditations, and bedtime yoga help big kids relax and wind down.

### Care and safety

#### Care Instructions

Unplug Rest+ before cleaning. Clean the surface with a damp cloth, avoiding the power cable port.

**CAUTION:** Rest+ may be damaged if the power cable port comes into contact with liquid.

#### For Your Safety & Your Child's Safety

Always keep Rest+ at least three feet away from children as the cord can pose a strangulation hazard. Do not use near or place in water.

#### Need help?


Hatch support is a dream.

#### Avez-vous besoin d'aide ?

Contact us at [hatch.co/support](https://hatch.co/support).

Follow @hatchforsleep and see what dreams are made of.

### Documents / Resources

	<p><a href="#">Hatch Rest Plus 2nd Gen Smart Do It All Sleep Device</a> [pdf] User Guide HBRETBASE2, 2AFYZ-HBRETBASE2, 2AFYZHBRETBASE2, Rest Plus 2nd Gen Smart Do It All Sleep Device, Rest Plus, 2nd Gen Smart Do It All Sleep Device, Rest Plus 2nd Gen, Smart Do It All Sleep Device, Do It All Sleep Device, Sleep Device</p>
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