Manuals+ — User Manuals Simplified.

Hatch Rest+ 2nd Gen User Manual

Contents

Hatch Rest+ 2nd Gen

USER MANUAL

Get started

1. Plug it in.
Connect the custom power cable to Rest+ then plug it into your power outlet.

2. Download the app.
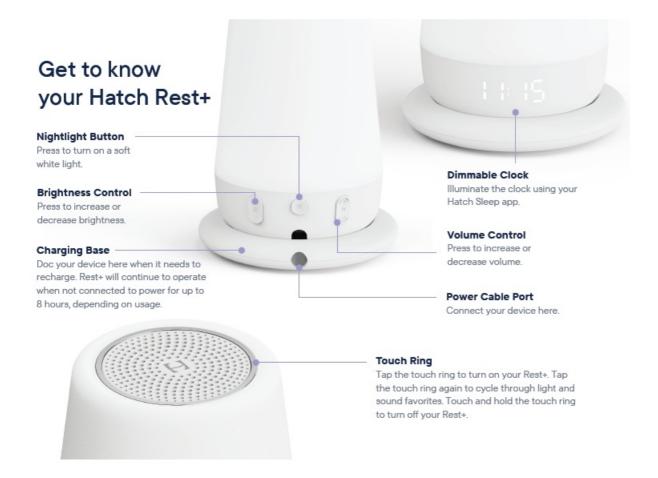Download the Hatch Sleep app to your phone or tablet from the Apple App or Google Play store.

3. Connect your Rest+
Follow the steps in the app to connect your Rest+ (2nd Gen). Setup will take about 10 minutes.

Get to know your Hatch Rest+

Get to know your Hatch Rest+

Nightlight Button
Press to turn on a soft white light.

Brightness Control
Press to increase or decrease brightness.

Charging Base
Doc your device here when it needs to recharge. Rest+ will continue to operate when not connected to power for up to 8 hours, depending on usage.

Dimmable Clock
Illuminate the clock using your Hatch Sleep app.

Volume Control
Press to increase or decrease volume.

Power Cable Port
Connect your device here.

Touch Ring
Tap the touch ring to turn on your Rest+. Tap the touch ring again to cycle through light and sound favorites. Touch and hold the touch ring to turn off your Rest+.

Things to try.

Cycle through favorites.
Tap the touch ring to cycle through light and sound favorites created to help aid sleep — yellow to red hues are recommended by experts designed to help promote sleep.

Customize a routine.
Personalize a routine to fit your child's schedule, choosing from the range of colors and sounds in the Hatch Sleep app. Try the Time-to-Rise routine to let your child know when it's time to get up.

Try Hatch Sleep Membership*.
Make bedtime simple and fast with content designed to help kids wind down and dream. Try calming lullabies for babies, snoozy singalongs for little kids, and sleepy stories to help big kids fall asleep fast.
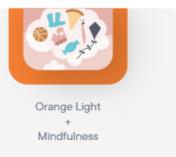
*Activate Hatch Sleep Membership in app.

Recommended Favorites.

Favorites are custom sound and color combinations you can play by tapping the touch ring. Try these favorites recommended by real Hatch parents and caretakers.

For Babies

White noise can mimic the sounds of the womb and block out unwanted noise.

Yellow Light
+
White Noise

For Little Kids

Little kids do well with visual and sound cues. Try pink for nap time and green for playtime.

Pink Light
+
Soft Thunder

Green Light
+
Dinosaurs

For Big Kids

Help them wind down before bed with a mindfulness exercise to calm their body and ease anxiety.

Orange Light
+
Mindfulness

Hatch Sleep Membership

An ever-growing library of 100s of bedtime stories, songs, and lullabies to help babies and kids fall asleep fast.

Baby
Calming lullabies and sleep singalongs to relax to at bedtime.

Little Kid
Sleepy stories, calming lullabies, and snoozy singalongs help toddlers fall asleep fast.

Big Kid
Gentle music, mini meditations, and bedtime yoga helps big kids relax and wind down.

Care and safety.

Care Instructions
Unplug Rest+ before cleaning. Clean the surface with a damp cloth, avoiding the power cable port.
CAUTION: Rest+ may be damaged if the power cable port comes into contact with liquid.

For Your Safety & Your Child's Safety
Always keep Rest+ at least three feet away from children as the cord can pose a strangulation hazard. Do not use near or place in water

Need help?

Hatch support is a dream.
Contact us at support@hatch.co.

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DOWNLOAD

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