



Contents [[hide](#)]

- [1 George Home GMM201R Series 17L Manual Microwave](#)
- [2 Specifications](#)
- [3 Product Information](#)
- [4 Usage Instructions](#)
- [5 100 DAY SATISFACTION GUARANTEE](#)
- [6 2 YEAR WARRANTY](#)
- [7 Frequently Asked Questions](#)
- [8 Documents / Resources](#)
 - [8.1 References](#)

George. home

George Home GMM201R Series 17L Manual Microwave



Specifications

- Model Numbers: GMM201R, GHMON0171BY4W, GHMON0171G4W, GHMON0171RG4W, GHMON0171BL4W, GHMON0171BD4W
- Type: Manual Microwave

Product Information

This manual microwave is designed and manufactured to meet strict quality and safety standards. It is suitable for household use only and should be operated with caution, following the instructions provided in the manual.

Usage Instructions

Safety Precautions:

- Read all warnings and instructions in the manual thoroughly.
- Ensure there is a minimum clearance of 30cm (12 inches) above the microwave.
- Use only utensils suitable for microwave ovens.
- Avoid using metallic containers for food and beverages.
- Do not heat food in plastic or paper containers unattended.
- Avoid heating non-food items in the microwave.
- Clean the oven regularly to prevent deterioration.

Operating Guidelines

1. Remove all protective wrapping before use.
2. Ensure the voltage on the appliance matches your home's voltage before connecting to power.
3. Avoid placing the microwave in a cabinet or using it freestanding only.
4. Do not operate the appliance with a damaged cord or plug.
5. Avoid using harsh cleaning agents or solvents on the microwave.

About this guide

We're here to help you get the most from your microwave, so please keep hold of this manual for future use.

WARNINGS:

THIS PRODUCT WAS DESIGNED AND MANUFACTURED TO MEET STRICT QUALITY AND SAFETY STANDARDS. THERE ARE, HOWEVER, SOME OPERATIONAL PRECAUTIONS YOU

1. Read all warnings & instructions in this manual to ensure you get the best out of your product.
2. For household use only. Only use this appliance for its intended purpose as described in this manual. This appliance is only suitable for domestic use and is not designed for commercial use.
3. This appliance can be used by children aged 8 years and above and persons with reduced physical, sensory, or mental capabilities or lack of experience and knowledge if they have been given supervision or instruction concerning the use of the appliance in a safe way and understand the hazards involved. Children shall not play with the appliance. Cleaning and user maintenance shall not be made by children without supervision.
4. **WARNING:** If the door or door seals are damaged, the oven must not be operated until it has been repaired by a competent person.
5. **WARNING:** It is hazardous for anyone other than a competent person to carry out any service or repair operation that involves the removal of a cover which gives protection against exposure to microwave energy.
6. **WARNING:** Liquids and other foods must not be heated in sealed containers since they are liable to explode.
7. Leave a minimum of 30cm (12") above the microwave and never place items on top, as this will block the vents.
8. Only use utensils that are suitable for use in microwave ovens.
9. Metallic containers for food and beverages are not allowed during microwave cooking.
10. When heating food in plastic or paper containers, keep an eye on the oven due to the possibility of ignition.
11. The microwave oven is intended for heating food and beverages. Drying of food or clothing and heating of warming pads, slippers, sponges, damp clothes, and similar items may
12. If smoke is emitted, switch off or unplug the appliance and
13. Microwave heating of beverages can result in delayed eruptive boiling; therefore, care

must be taken when handling the container

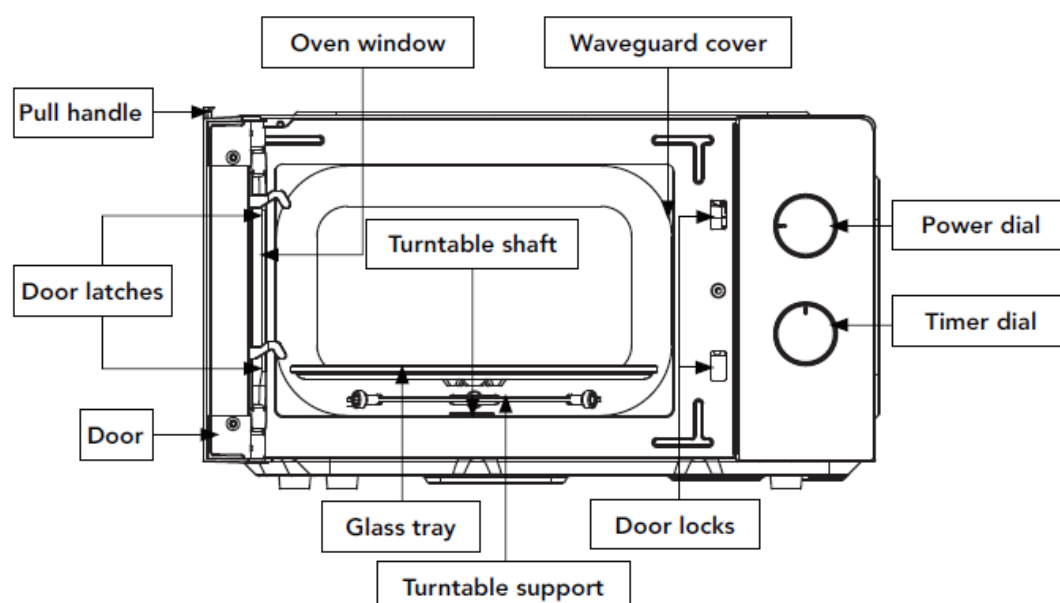
14. The contents of feeding bottles and baby food jars shall be stirred or shaken and the temperature checked before consumption to avoid burns.
15. Eggs in their shell and whole hard-boiled eggs should not be heated in microwave ovens since they may explode, even after microwave heating has ended.
16. The oven should be cleaned regularly, and any food deposits removed.
17. Failure to maintain the oven in a clean condition could lead to deterioration of the surface that could adversely affect the life of the appliance and possibly result in a hazardous situation.
18. The appliance shall not be cleaned with a steam cleaner.
19. The microwave oven is only to be used freestanding; the microwave oven shall not be placed in a cabinet.
20. Do not operate this appliance if it has a damaged cord or plug. If the supply cord is damaged, it must be replaced persons in order to avoid a hazard.
21. TO avoid fire. electric shock, _immerse the microwave, cord, or plug in water or liquid.
22. Do not use attachments not recommended by the manufacturer. Only use thermometers approved for use in microwaves.
23. Keep away from harsh or abrasive cleaning agents or solvents.
24. Remove all protective wrapping before use.
25. Before connecting the microwave to the power, check that the voltage shown on the appliance corresponds with the voltage in your home. If it doesn't, contact your local store.
26. The cord shouldn't hang over the edge of a table or counter or touch a hot surface.
27. Do not use the microwave when it is empty, as this could lead to damage.
28. Do not use attachments not recommended by the manufacturer.
29. Never put any objects into the outer case openings or remove parts of the microwave (e.g. the feet and screws).
30. Do not use the cavity for storage purposes. Do not leave paper products, cooking utensils, or food in the cavity when not in use.
31. The door seals are located around the window and on the inside of the door. The seals are not airtight, but although no microwaves are released, it is normal for a small amount of air or steam to escape when the microwave is in use.
32. Do not use plastic containers for food that has a high content of fat or sugar.
33. Do not use this microwave to deep fry foods.

34. Avoid cooking foods surrounded by membrane (e.g., egg yolks, potatoes, chicken livers, and ready meals) without piercing them with a fork several times.
35. Always stir microwaved foods to distribute the heat evenly, then leave to stand for a few minutes. Make sure to test the temperature of cooked food before eating.
36. Food containing a mix of fat and water (e.g., stock) should be left to stand for 30-60 seconds in the microwave after it is cooked. This allows the mixture to settle and prevents it from bubbling.
37. Certain foods may heat up quicker than others (e.g., jam and puddings).
38. Use gloves if you remove any heated food.
39. Do not overheat food.
40. The outer casing may become hot during use, so always place it on a heat-resistant surface and use with caution.
41. Beware when opening lids, as hot steam will escape.
42. The door or the outer surface may get hot when the appliance is operating.
43. Keep the WaveGuard cover clean at all times and wipe the interior with a damp cloth after each use. If you leave grease or fat, it may overheat, smoke, or catch fire.
44. Do not leave the microwave unattended when in use.
45. Unplug when not in use and before cleaning.
46. Please don't dismantle. If a fault occurs, have the microwave inspected in a qualified repair shop or return to us at ASD.A
47. ASDA does not recommend allowing children to operate this appliance.
48. Environmental information: If at anytime in the future you should need to dispose of this product, please note that, in the I-JK, waste electrical products/batteries should not be disposed of with household waste.
49. This appliance is Group 2 Class B equipment.
50. Group 2 equipment: group 2 contains all ISM RF equipment in which radio-frequency energy in the frequency range 9 kHz to 400 GHz is intentionally generated and used or only used locally, in the form of electromagnetic radiation, inductive and/or capacitive coupling, for the treatment of material, for inspection/analysis purposes, or transfer of electromagnetic energy.
51. Class B equipment is equipment suitable for use in locations in residential environments and in establishments directly connected to a low voltage power supply network which supplies buildings used for domestic purposes.
52. Power consumption of OFF mode: 0.1W Period after which the equipment reaches

automatically OFF mode: 0 minutes

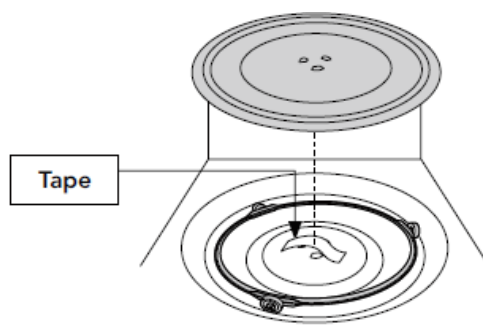


How to...recognise the parts of your manual microwave

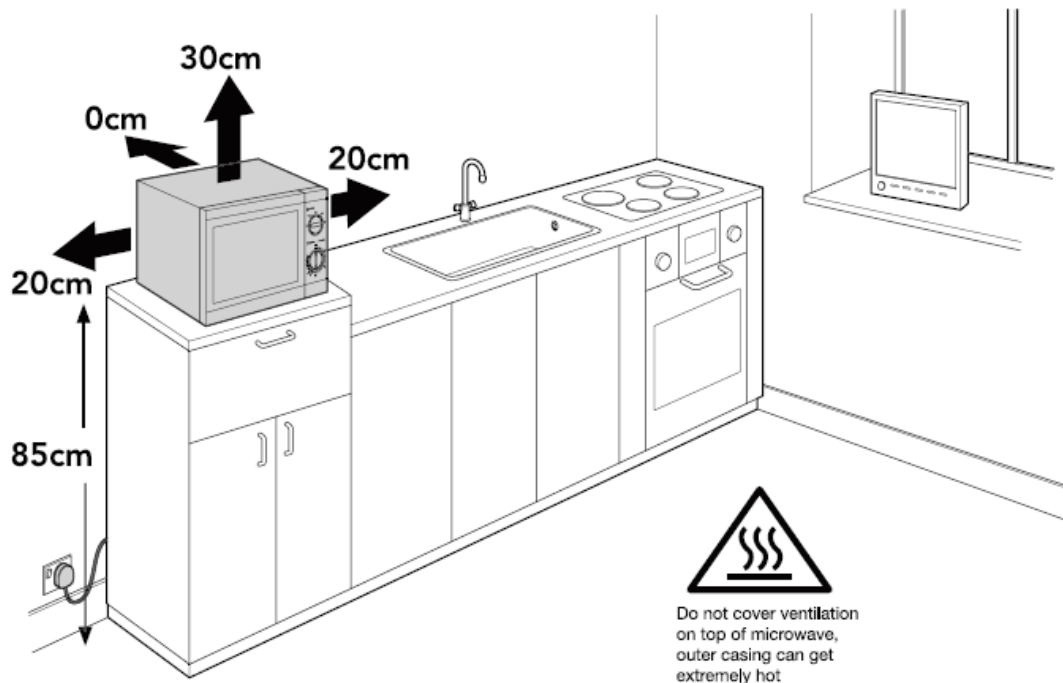


How to assemble your microwave

1. Remove any tape and place the turntable support in the centre of the recess on the floor of the microwave.
2. Place the glass tray onto the turntable support, aligned with the turntable shaft.



How to... *best place your microwave



1. Do not place over a cooker or heat-producing appliance, as this may cause damage.
2. Select a level surface that provides enough space for the outlet vents. Ensure the surface is strong enough to support the microwave (do not place it inside cabinets).
3. A minimum clearance of 20cm (8") is required between the microwave and any adjacent wall or surface.
4. Leave a minimum of 30cm (12") above the microwave and NEVER place anything on top as this will block the vents.
5. The microwave should be as far away from TVs and radios as possible. Using the microwave may cause interference with reception.
6. The microwave must be positioned so that the plug is accessible and the socket is within easy reach.
7. Plug the microwave into a suitable 13 amp mains socket and ensure the voltage is the same as that in your home (do not use extension cables or mains socket adaptors).

How to...recognise the microwave control panel

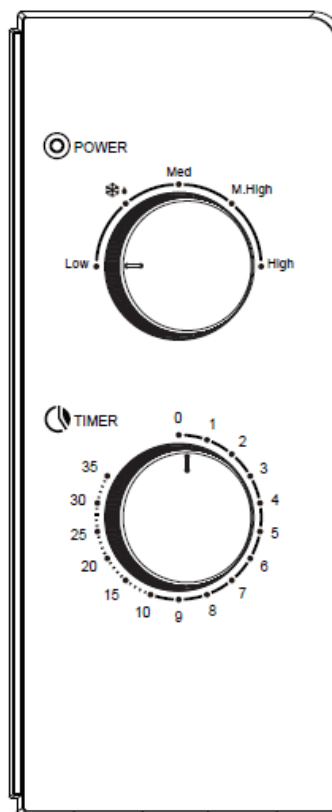
The control panel consists of two adjustable controls. One is a timer dial, and the other is a power dial.

Power Level

You use this dial to choose a cooking power level. This is the first step to start a cooking session.

TIMER (MIN)

Turn the dial clockwise to select a desired cooking time, up to 35 minutes per cooking session.

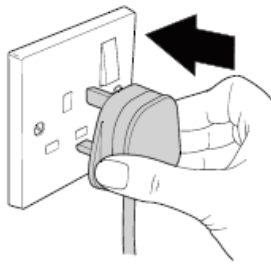


How to... use your microwave

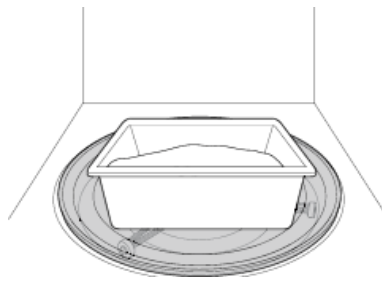
Please note

Do not use metal pans or items with a metal handle or trim (including wire twist-ties) or melamine dishes (as they contain material that absorbs microwave energy and may cause dishes to crack or burn). AJ cookware should be suitable for microwave use, and no containers with restricted openings (e.g., bottles) should be used. If baby bottles are heated, the teat should not be left on.

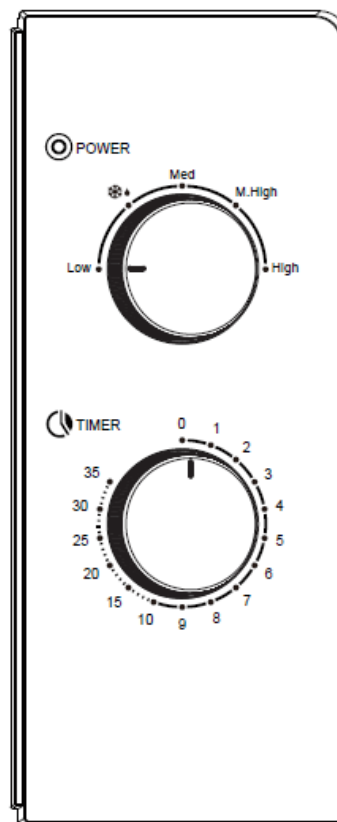
1. Plug the plug into the mains socket and switch the power on.



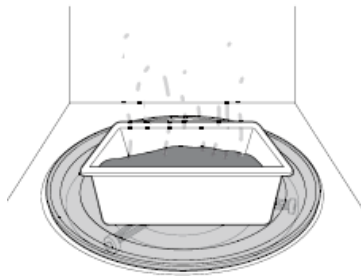
2. Place the desired food to cook or defrost into a microwave-safe container and cover with a suitable cover (e.g., microwave-safe cling film). Always pierce coverings with a fork to allow the steam to escape.
3. Pull the pull handle and place the food centrally on the glass plate in the microwave. Ensure multiple items are equally spaced.



4. Set the power and time as instructed in the “setting the power” and ‘setting the time/ sections of this manual.



5. After the food has finished cooking the microwave will ding and turn off, Leave the microwave for 30 seconds — 1 minute before pulling the doorhandle and removing the food with a heat-proof cloth or gloves.

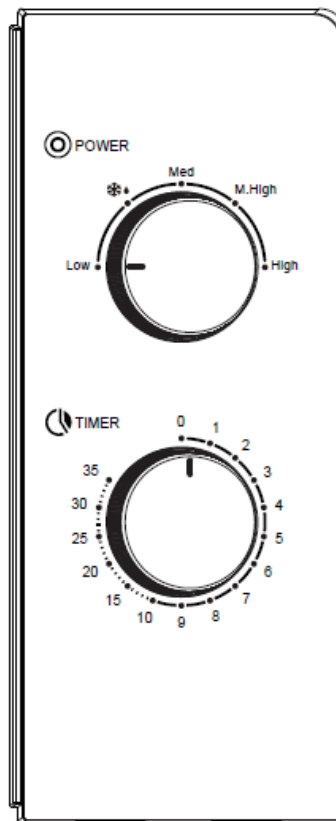


Setting the power

Turn the POWER dial clockwise until you reach the desired power,

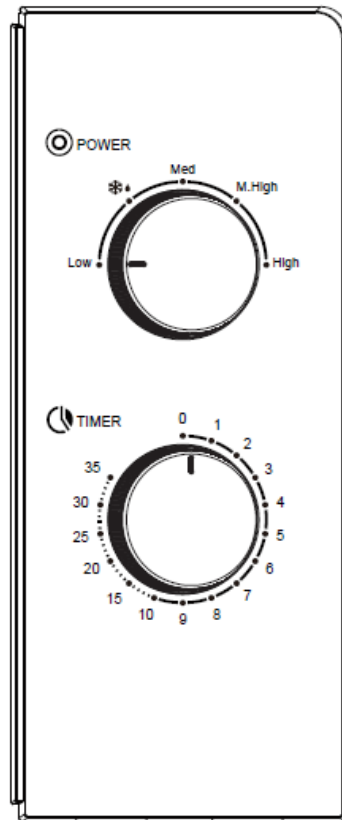
Power level	Power output	Type of application
Low	17%	Softening ice cream
M.Low (defrost)	30%	Softening butter or defrosting
Med	55%	Fish, stews
M.High	80%	Rice, fish, chicken
High	100%	Reheating food, milk, beverages, vegetables

NOTE: After use, it is good practice to always turn the power dial back to 'Low'.



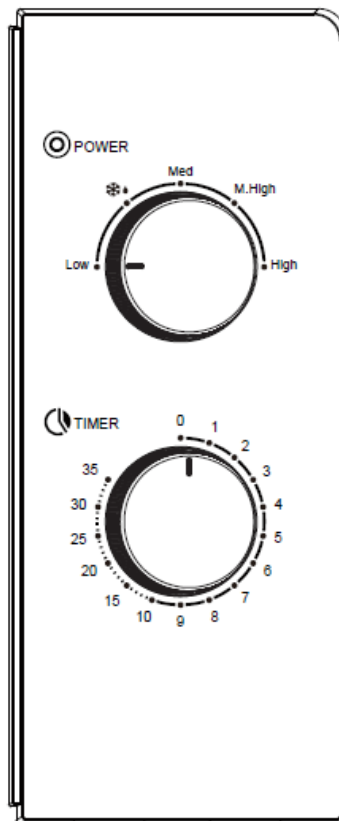
Setting the time

1. Turn the TIMER(MIN) dial clockwise until you reach the desired cooking time.
Maximum time is 35 minutes.
2. When the POWER level and TIMER(MIN) are set the microwave will start. When the time is up the microwave will 'PING'.
3. **NOTE:** Do not operate the microwave without any food in the cavity.



Defrosting

1. Turn the POWER dial clockwise until you reach M. Low. This is the defrost power setting.
2. Open the microwave door. Place the food you want to cook in the microwave in the centre of the glass tray and close the door.
3. Set the desired heating time using the: Mr. Timer- When the time is up, the microwave will 'PING'



How to.... Clean your microwave

Make sure the microwave is disconnected from the power and is completely cool before cleaning. Failure to keep the microwave clean can lead to deterioration in the interior that could affect the life of the appliance and result in a hazardous condition.

1. When food or liquids stick to the microwave walls, wipe clean with a damp cloth (do not use harsh detergents or abrasives).
2. You can clean the outside of the oven with damp cloth and dry with a soft dry cloth. Don't allow water to seep into the ventilation openings.
3. Wipe the door and window on both sides regularly with the door seals and adjacent parts, with a damp cloth to remove spills or spatters. Do not use abrasive cleaners.
4. The waveguide cover is on the right side of the oven – this is where the microwave passes through to cook the food. NEVER use the microwave without the waveguide cover. If it is damaged, please contact the technical helpline for a replacement. It must be kept clean at all times by wiping with a mild detergent and water, then allowing to dry.
5. Do not allow the control panel to become wet. Clean with a damp cloth and dry thoroughly.
6. If steam builds inside or around the microwave door, wipe away with a damp cloth.

7. If the inside of the microwave smells, mix the juice and skin of a lemon with some water in a microwavable bowl. Place in the microwave and heat for 3 minutes on full power, then wipe the inside of the microwave thoroughly with a dry cloth.
8. Regularly clean the turntable support and oven floor by wiping the bottom of the oven with a mild detergent and water, then drying with a cloth. The turntable can be washed in warm soapy water, then dried thoroughly before placing back inside the microwave. Always make sure it is fitted back in correctly.

How to...solve common problems

Problem If the microwave doesn't work.	What to do <ol style="list-style-type: none"> 1. Ensure it is plugged in securely. 2. Check the mains fuse has not been tripped (if it has, reset the fuse). 3. See if another appliance works when plugged into the same socket (if it doesn't, the socket may be faulty). 4. If the socket works, replace the fuse.
Problem If the microwave will not heat food.	What to do <ol style="list-style-type: none"> 1. Ensure the door is securely closed (as a safety feature, if the door is not fully shut the microwave will not operate).

Specifications	
Rated voltage:	220-240V ~ 50Hz
Operating frequency:	2450 MHz
Power output microwave:	700W
Outer dimensions:	266mm (H) x 456mm (W) x 340mm (D)
Oven capacity:	17 Litres
Weight (approx):	10.5kg

100 DAY SATISFACTION GUARANTEE

- If for any reason you're not completely satisfied with our product, return it within 100 days with your proof of purchase, and we'll give you an exchange or a refund.
- UK Mainland stores only.
- Excludes franchises.
- The guarantee excludes flat pack furniture, which can't be returned if it has been partly or fully assembled unless faulty or mis-described.
- Also excludes mattresses, which can't be returned for hygiene reasons once used, unless faulty or mis-described.

Need something else?

- We have a wide range of accessories and other products that can be ordered directly to your door.

technical support

- 0333 600 7700

Customer service information

If you have any problems, need more information or spare parts, or even just some advice on your product, then don't hesitate to contact customer services at the telephone number or address shown opposite. N.B. When calling or writing please have your product site code handy.

- **Call**

- 0800 952 0101

- **Write**

- ASDA, Leeds LSI 1 5AD ' 17L Manual Microwave

- **Product name:**

- GMM201 VGHMONOI 71BY4W,tGHMON0171G4W/
◦ GHMOW71RG4W/GHMON0171BL4W,'GHMON0171BD4W

- **Product site code:**

- , ISA.0922.25WISA.06.24.144/1SA.06.24.14S/
◦ ISA.06.24.146/1SA.06.24.147/15A.06.24.148

2 YEAR WARRANTY

TO qualify for the 2-year warranty, the appliance must have been used according to the manufacturer's instructions. For example, kettles should have been regularly descaled. If your appliance stops working or develops a fault, then return it to your nearest store and we will happily replace or refund the item, except for the below exclusions:

EXCLUSIONS

ASDA shall not be liable to replace goods under the terms of the warranty where:

1. The fault has been caused or is attributable to accidental use, misuse, negligent use or use contrary to the user manual's recommendations or where the fault has been caused by power surges or damage caused in transit.
2. The appliance has been used on a voltage supply other than that described on the product rating label.
3. Repairs have been attempted by persons other than our service staff (or authorised dealer),
4. Where the appliance has been used for hire purposes or non—domestic use.
5. ASDA is not liable to carry out any type of servicing work under the warranty.

This warranty does not confer any rights other than those expressly set out above and does not cover any claims for consequential loss or damage. This warranty is offered as an additional benefit and does not affect your statutory rights as a consumer.

If, for any reason, this item is replaced during the 22-year warranty period, the warranty on the new item will be calculated from the original purchase date. It is vital to retain your original proof of purchase to indicate the date of initial purchase.

Copyright

- C 2024: ASDA Stores Limited,
- All other trademarks appearing herein are the property of their respective owners.
- Specifications are subject to change without notice.
- Manufactured for:
 - ASDA Leeds LSI 1 5AD/ASDA Antrim BT41 4GY.

Disposal

This symbol on the product or in the instructions means that your electrical and electronic equipment should be disposed of at the end of its life separately from your household waste. There are separate collection systems for recycling in the UK. For more information, please contact the local authority or your retailer where you purchased the product.



Frequently Asked Questions

Q: Can I heat food in plastic containers in this microwave?

A: Yes, you can heat food in plastic containers, but make sure to keep an eye on the oven due to the possibility of ignition.


Q: Can I clean the microwave with a steam cleaner?

A: No, the appliance shall not be cleaned with a steam cleaner as per the manufacturer’s recommendations.

Q: Is it safe to leave items on top of the microwave?

A: No, it is advised to leave a minimum of 30cm (12 inches) above the microwave and never place items on top as this will block the vents.

Documents / Resources

	George Home GMM201R Series 17L Manual Microwave [pdf] User Guide GMM201R, GHMON0171BY4W, GHMON0171G4W, GHMON0171RG4W , GHMON0171BL4W, GHMON0171BD4W, GMM201R Series 17L Manual Microwave, GMM201R Series, 17L Manual Microwave, Manual Microwave, Microwave
--	---

References

- [User Manual](#)

George

home

17L Manual Microwave, George home, GHMON0171BD4W, GHMON0171BL4W, GHMON0171BY4W, GHMON0171G4W, GHMON0171RG4W, GMM201R, GMM201R Series, GMM201R Series 17L Manual Microwave, Manual Microwave, microwave

Leave a comment

Your email address will not be published. Required fields are marked *

Comment *

Name

Email

Website

☐ Save my name, email, and website in this browser for the next time I comment.

Post Comment

Search:

e.g. whirlpool wrf535swhz

Search

Manuals+ | Upload | Deep Search | Privacy Policy | @manuals.plus | YouTube

This website is an independent publication and is neither affiliated with nor endorsed by any of the trademark owners. The "Bluetooth®" word mark and logos are registered trademarks owned by Bluetooth SIG, Inc. The "Wi-Fi®" word mark and logos are registered trademarks owned by the Wi-Fi Alliance. Any use of these marks on this website does not imply any affiliation with or endorsement.