



Generic CF812 Smart Body Fat Scale User Guide

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SMART BODY FAT SCALE WARRANTY POLICY

1. From the date of purchase, you can enjoy a year of replacement but not repair service.
2. Within 15 days of purchase, the product quality problems (non-man-made damage), the merchants bear the back and forth freight, product quality for a year, within a year to provide new services.

Dongguan Compro Electronic Technology Co., Ltd.

Address: No.23 Huangwu Shachong Industrial Zone, Dongkeng Town, Oongguan City, Guangdong Province, China

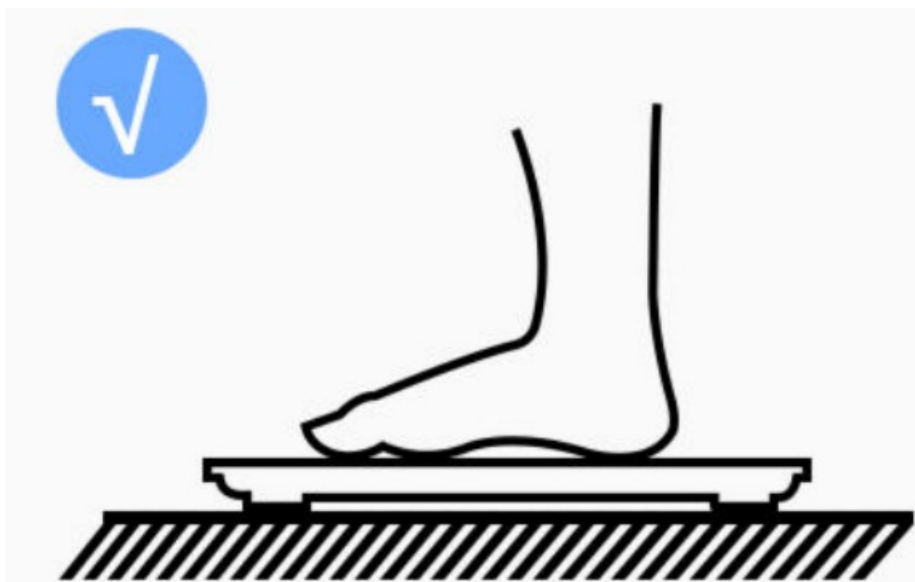
Direction For Use

The correct way to measure

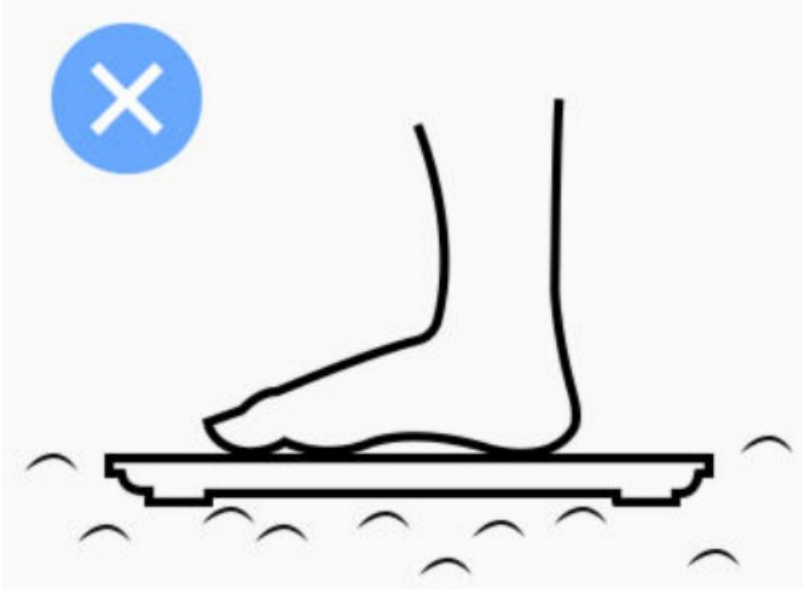
- Please put the product on the hard flat floor, do not put on the carpet or other soft ground, or it will cause inaccurate measurement data.
- Clear before each measurement.

Reset method: After lightly stepping on the scale, the screen number will automatically return to 0.0KG or 0.00KG

Place the scale on level ground



Do not place on carpets or soft floors



The correct way to stand

- The correct way, Stand on each side of the conductive plate.



- Feet too far apart or near the edge , will cause body fat rate to be unable to measure or measure inaccurate.



Product Specification


Size	260*260 280*280 300*300 300*260 290*260
Weight	1.1KG 1.2KG 1.3KG 1.5KG 1.7KG
Battery	3*AAA battery
Division value	0.1KG 0.05KG
Measurement Range	0.2-180kg
Display	Highlight LCD or LED
Material	ABS, Safety tempered glass
PS : Specific information for each model, According to the outer packing	

Display Instruction

1. Lo (low battery)
2. Err (test error)
3. 0-Ld (Overweight prompt)
4. unable to boot or display (replace the battery)

Safety Precaution

Be sure to read safety precautions before use

 This product should not be used by those equipped with pacemaker, artificial lung or wearing electrocardiograph.

When using this product to measure body fat percentage, there is a weak electricity Circulation through the body

may affect internal medical devices Normal operation, leading to serious consequences.

 Do not use this product on slippery surfaces.

If the scales lips, it may hurt you.

App Download And Measure

Step 1: Install battery and APP download

1. APP Download

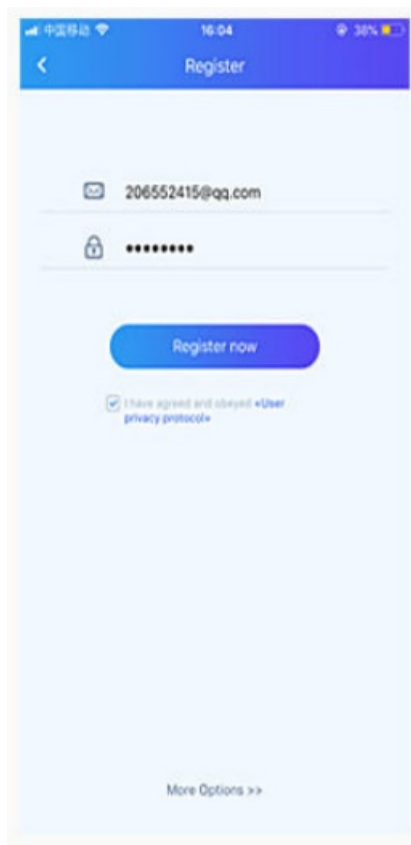
Scan the qr code on the right to complete the download, or search for “scale up” in the app store to download.

10S can be downloaded from the apple store Android can be downloaded on Google play.



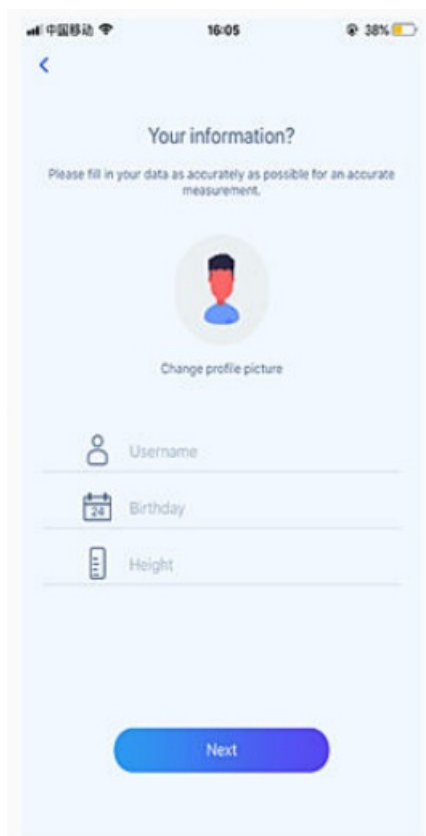
Step 2: How to sign up(Mobile phone, email, third party registration and login)

- First use, complete registration



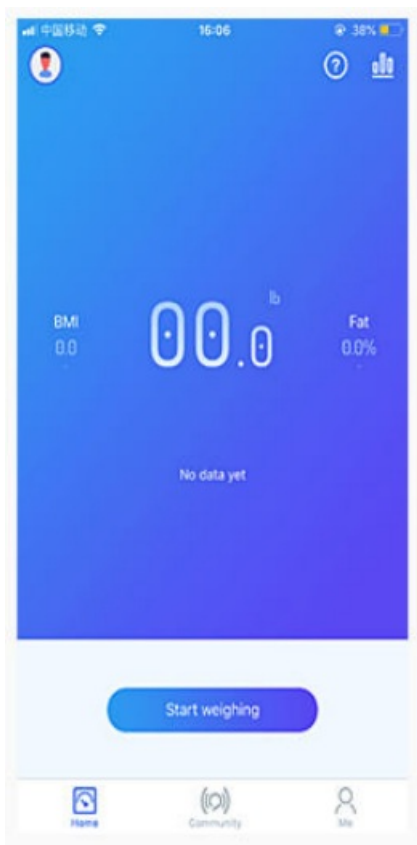
A mobile app registration screen with a blue header bar containing a back arrow, the title "Register", and status icons (signal, time 16:04, battery 38%). The main area is light blue and contains a white input field for email with the placeholder "206552415@qq.com", a white input field for password with masked characters "*****", a blue "Register now" button, a checked checkbox for "I have agreed and obeyed «User privacy protocol»", and a "More Options >>" link at the bottom.

- Fill in personal information



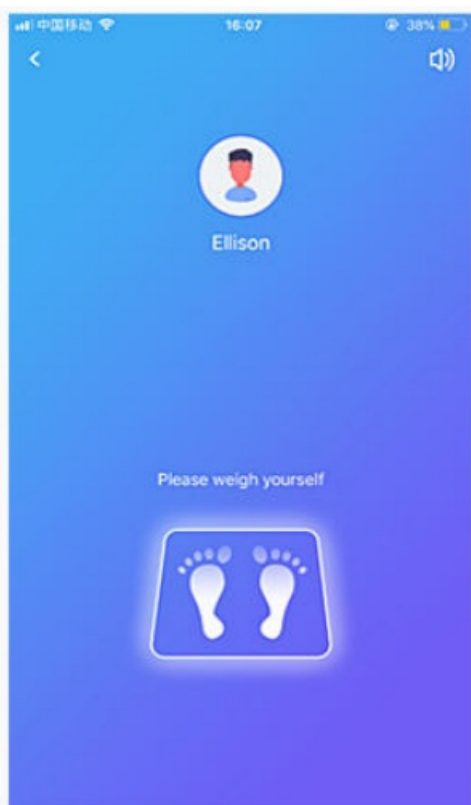
A mobile app screen for entering personal information with a blue header bar containing a back arrow, the title "Your information?", and status icons (signal, time 16:05, battery 38%). The main area is light blue and contains a circular profile picture placeholder with a red face icon and the text "Change profile picture", a "Username" input field with a person icon, a "Birthday" input field with a calendar icon, a "Height" input field with a height icon, and a blue "Next" button at the bottom.

- Register and start weighing



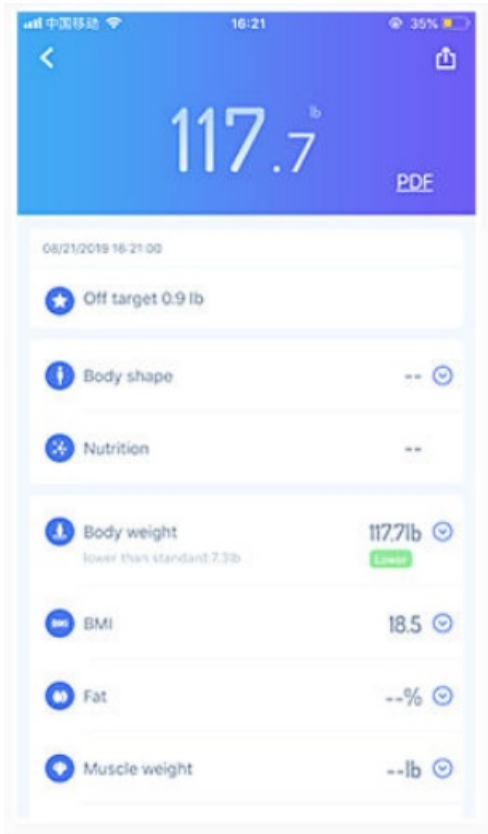
Step 3 : proper usage

1. Mobile phone on bluetooth, enable location permissions (Scale up APP Permissions need to allow location)
2. Make sure the scale is placed on a flat , hard floor
3. Step on the scale before the display of 0.0kg, and then measure
4. Stand up straight with your bare feet on the scales and your feet aligned with the electrodes



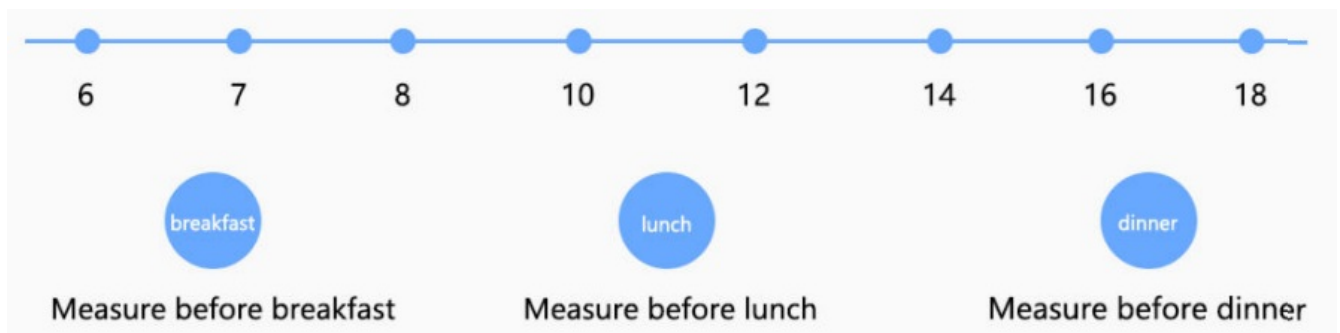
view data , Sharing system , historical data

1. After the measurement is completed, the report can be directly clicked to view each data standard, and the PDF format report can be generated.
2. Reports can be Shared to third party software, community mobile phone.
3. View historical data: click the upper right trend icon, and then click the historical data to view all measurement records.



Instruction For Use

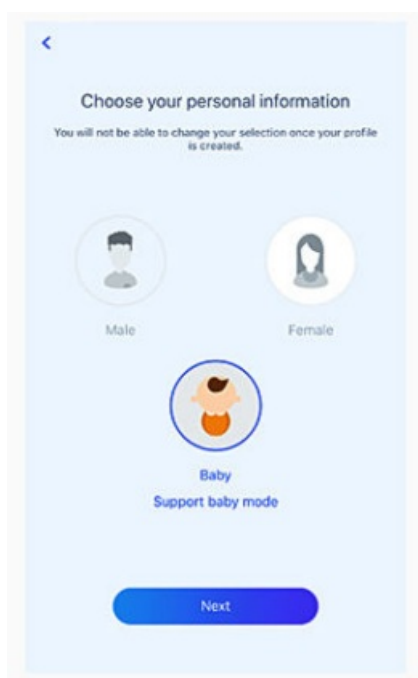
1. This product adopts high-precision sensor. In order to ensure the accuracy of measurement, please try to measure at the same time and under the same conditions and avoid the following situations:
 - ☐ After strenuous exercise
 - ☐ After bath or sauna
 - ☐ After overeating
 - ☐ After drink lots of water and wine
 - ☐ Have a cold and fever
2. The recommended measurement time , keep at the same time and condition every day.



3. The measurement needs to be barefoot, and keep the right and left feet respectively on the conductive plate, while the body is straight. Make sure the soles of your feet are clean when measuring. If you have dirt on the bottom of your feet or socks on your feet, it will not ensure the veracity of measurement data. As possible as measure in underwear only.
4. For children aged 0-6 years old, only weight and BMI data are provided. For teenagers aged 10-17 years old, fat rate can be detected. Because the under 18 age group is in the rapid growth stage, other data are for reference only.
5. Pregnant women, human dialysis patients, patients with swelling symptoms and the elderly over 80 years old will have different body fat rates than the general population, so the measured values are recommended as a reference.

Support holding baby to measure weight

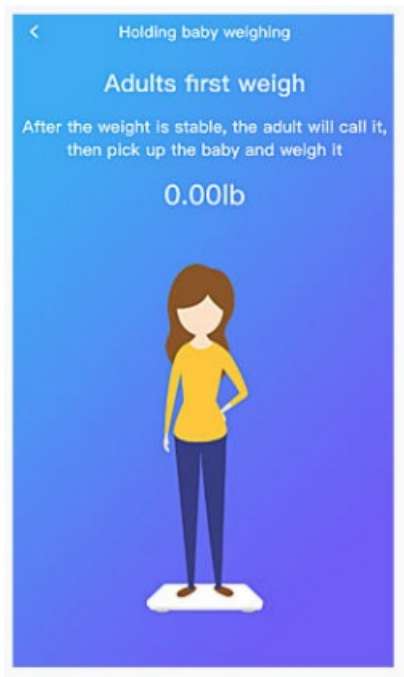
1. Click member, add new member and select infant support mode.



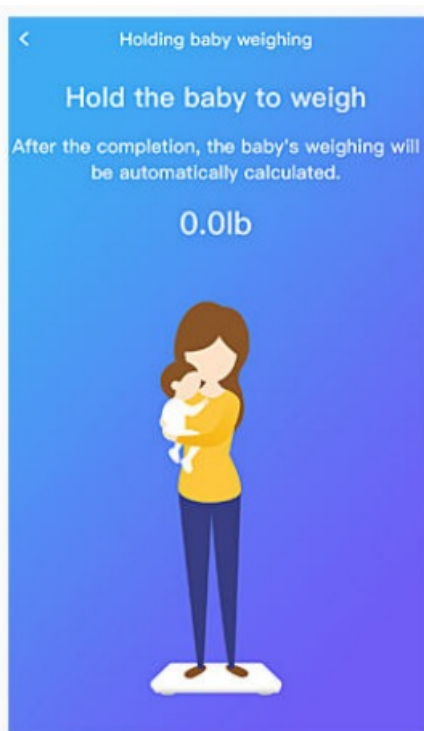
2. Enter your personal information.

The screenshot shows a mobile app interface for entering baby information. At the top, there is a back arrow and the title 'Baby information'. Below the title is a instruction: 'Please fill in your data as accurately as possible for an accurate measurement.' In the center, there is a circular placeholder for a profile picture with a baby icon and the text 'Change profile picture' below it. Below this, there are four input fields: 'Username' with a person icon, 'Sex' with male and female icons, 'Birthday' with a calendar icon showing '24', and 'Height' with a ruler icon. At the bottom, there is a blue 'Complete' button.

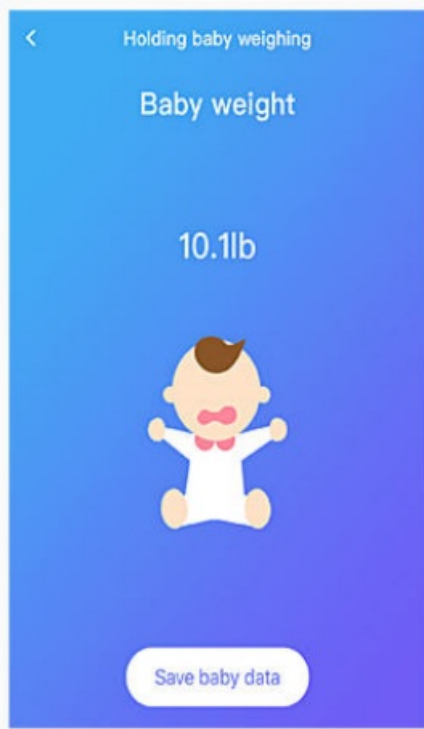
3. When weighing, adults first weigh up, after the weight is stable, adults down.



4. According to the tips, hold the baby and weigh it. After weighing, the baby's weight will be calculated automatically.



5. After weighing, the system automatically calculates the weight data, which is the baby's weight.



FCC Statement

FCC Warning Statement: Changes or modifications to this unit not expressly approved by the party responsible for compliance could void the user's authority to operate the equipment. This equipment has been tested and found to comply with the limits for a Class B digital device, pursuant to Part 15 of the FCC Rules. These limits are designed to provide reasonable protection against harmful interference in a residential installation. This equipment generates, uses and can radiate radio frequency energy and, if not installed and used in accordance with the instructions, may cause harmful interference to radio communications.

However, there is no guarantee that interference will not occur in a particular installation. If this equipment does cause harmful interference to radio or television reception, which can be determined by turning the equipment off and on, the user is encouraged to try to correct the interference by one or more of the following measures:


- Reorient or relocate the receiving antenna.
- Increase the separation between the equipment and receiver.
- Connect the equipment into an outlet on a circuit different from that to which the receiver is connected.
- Consult the dealer or an experienced radio/TV technician for help.

This device complies with Part 15 of the FCC Rules. Operation is subject to the following two conditions: **(1)** this device may not cause harmful interference, and **(2)** this device must accept any interference received, including interference that may cause undesired operation.

FCC Radiation Exposure Statement

The device has been evaluated to meet general RF exposure requirement. The device can be used in portable exposure condition without restriction.

Documents / Resources

	Generic CF812 Smart Body Fat Scale [pdf] User Guide 2BDVF-CF812, 2BDVFCF812, CF812, CF812 Smart Body Fat Scale, Smart Body Fat Scale, Body Fat Scale, Fat Scale, Scale
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References

- [User Manual](#)