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# **GE CS20B Smart Body Fat Scale**



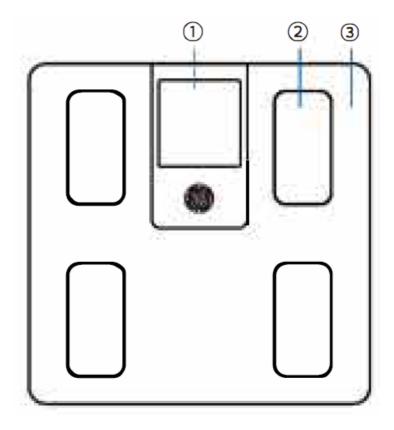
### **Precautions**

## Read carefully before use:

- Do not use the body fat scale if you have a pacemaker or any other internal medical device in your body. When you take a measurement, the scale passes a very low, harmless electrical current through your body. The current may cause your internal medical devices to malfunction.
- Do not use the scale on a wet surface. This could lead to slipping.
- Dispose of the scale properly following your local regulations.
- Do not jump on the scale. This scale has a weight limit of 500 lbs.

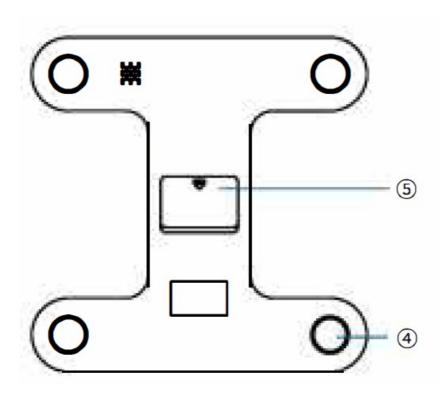
#### **Scale Overview**

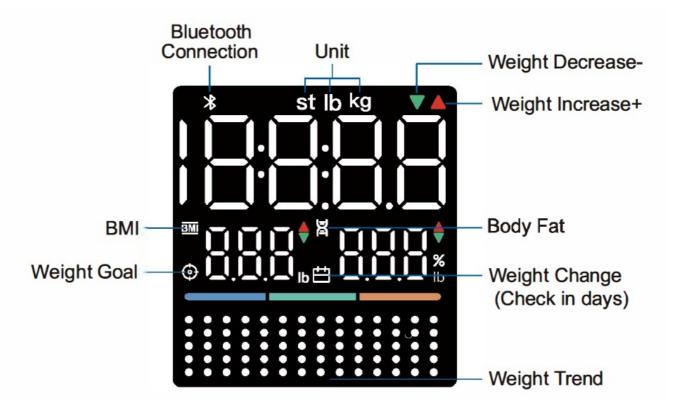
GE Fit Plus LN Smart Body Fat Scale measures weight, BMI, body fat%, and other body compositions using bioelectrical impedance analysis (BIA) technology. This smart scale is intended for home use only.



# **Scale Layout**

- 1. LED Display
- 2. Electrodes
- 3. Tempered Glass Surface
- 4. Scale Feet
- 5. Battery Box





- **Weight Change:** Shows the difference between your current weight and your last recorded measurement before today.
- **Weight Trend:** The LED indicator lights activate sequentially, with each illuminated dot representing the user's last recorded weight measurement for that calendar day.

#### **Scale Overview**

Model: CS20B

• **Dimensions:** 11.81×11.81×0.94 inch / 300x300x24mm

• Weight: 3.31 lb / 1.5 kg

• Weighing Range: 0.4- 500 lb/ 0.2 - 226.8 kg

• Power: 3\*1.sv AAA battery

#### **Get Started**

Initial setup requires one-time device pairing and create your profile in the app. All data are viewable on your scale afterward, no phone needed.

## 1. Download the app and create an account

1. Download the app. Go to the App Store for iOS or Google Play Store for Android, and search for "Fit Profile", or scan the QR code below.

- Do not mix new and old batteries.
- If the scale not in use for a long period of time, remove the batteries to extend the lifetime of the scale.
- 2. Sign up. Select your preferred weighing unit and add height, age, gender, goal, etc.





# Scan QR code to download the app

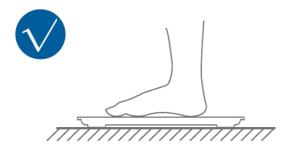
Sign up

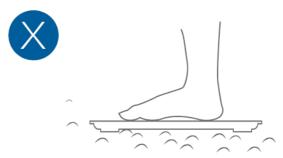
## 2. Pair scale with smartphone

- Make sure Bluetooth is enabled on your phone. For Android 6.0 and above,
   Location also needs to be enabled.
- Pairing is done automatically, and Bluetooth icon is displayed on the scale screen.
  - 1. Place the scale on a hard flat floor surface.
  - 2. Open "Fit Profile" app and turn on your smartphone Bluetooth.
  - 3. Click "Pair the Device" in app home page, Or click the icon at the lop-right-hand come and tap "My Device", and then click "Smart Body Fat Scale" icon
  - 4. Turn on the scale by briefly stepping on and off ii.
  - 5. Select "CS20B" and click "Connect".
- Your scale has now been successfully paired with your smartphone and is ready to start taking your measurements.

#### 3. Take measurements

- 1. Open the Fit Profile app, and then keep the app open on the Home screen.
- 2. Place the scale on a hard flat floor surface, do not place it on carpet or any other soft surfaces.





3. Turn on the scale by stepping on and off, waiting for "0.0" display on the screen.

4. Step on the scale while barefoot until the colored LED strip no longer flashes in cycle .





• The colored LED strip flashes repeatedly while measuring your body fat.







5. Upon successful measurement, the scale will display as shown in the following diagram:





- \*How to close or open the buzzer?
  - 1. Keep the scale on; and ensure Bluetooth icon is displayed.
  - 2. In the app, click the scale icon at the top-right.
  - 3. Toggle the "Buzzer" button to open/close.



# **Multiple User Profiles**

### **Separate Fit Profile Accounts:**

 Users can create or log in to their individual Fit Profile accounts and pair the smart scale with their personal accounts. Weight data for each user remains private and can be synced with third-party apps.

#### **Shared Fit Profile Account:**

- Users with a Fit Profile account can create multiple user profiles within the same account. All users can log in to the shared account on their own smartphones without needing others to log out.
- To add more users and share your account, click the icon at the top left corner on the Home screen in the app.
- **Note:** Users sharing a Fit Profile account can access each other's data recorded under this account. Only the main user's data can be synced with third-party apps.

#### **Athlete Mode**

- If you have athletic build, you may turn on the Athlete Mode:
- Open the Fit Profile app and go to "Me" page -> your profile name-> "Athlete Mode".

## **Switching Units**

- By default, the scale uses pounds (lb) as the unit of measurement, but it also supports kilograms (kg).
- To switch the unit of measurement on the scale, first connect it to the Fit Profile app, then go to the app "Me" page -> "Settings"-> "Unit".

# **Measurement Tips**

To have accurate, consistent and comparable measurement results, there are some DO's and DON'Ts.

#### 1. DO's

- Ensure the personal information in your profile is correct. Choose "Athlete Mode" if you work out intensively and regularly, or you are a muscular person.
- Place the scale on a hard flat floor surface when you weigh.
- Do calibration each time. Wait for "CAL" back to "0.0", then step on the scale for measurements.
- Use the scale under the same condition during same hour each day.
- Empty your bladder before weighing.

#### 2. DON'Ts

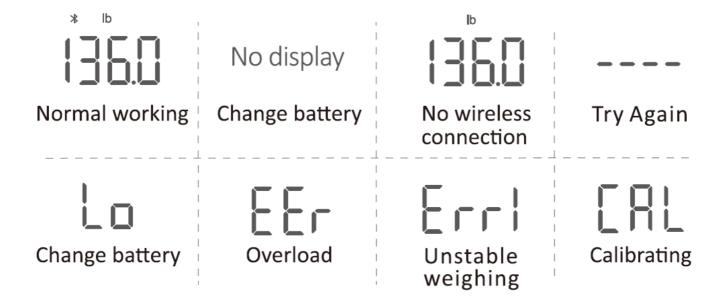
- Do not place the scale on a carpet or a soft surface when you weigh.
- Do not measure with socks or shoes on.
- Do not measure when your body is wet. For example, immediately after a shower, bath, sauna, or strenuous exercise.
- Do not measure after drinking a lot of water or alcohol.
- Do not measure if you have a cold or fever.

# 3. This smart scale is intended for home use only.

- For people ages 18 years and above, it provides full body composition measurements.
- For children under 10, it only provides weight and BMI measurements.
- For children between the ages of 10 and 17, ii provides full body composition measurements. (Please note that the body mass-related items like body fat%, etc., are only for your reference.)

4. This smart scale is not intended for pregnant women or people with a pacemaker.

# **Scale Display**



# **Troubleshooting**

Symptom	Cause	Solution
Lo	Low power	Use new 1.5V AAA batteries
88-	Overload	Use the scale within 500 lb.
88-l	Unstable measurement	Place the scale on the flat, hard surface and measure again.
	Unable to calibrate	Place the scale on the flat, hard surface and let the scale calibrate.
No Display	Auto-off, or no power	Auto-off: Step on then off to turn on the scale; No power: replace new batteries

Display Weight On <b>l</b> y	Not completed profile data in the app	No User Profile: Create an app profile and weigh once with Bluetooth connected. No Electrical Current: Need to stand on the scale barefoot. Users: Not suitable for children under 10. Other Issues: Contact Customer Support for assistance.
Unable to Sync with App	Lost connection, or scale turns off	Reconnect the scale: For iPhones, authorize bluetooth; for Android, enable location. Click the icon on the top-right corner and tap "My Device" -> "+ Add device" on the app.
No Goal	①Target weight not set in app. ②Goal weight already achieved. ③Guest mode	Cause①: Set goal. Cause②: Reset or adjust target . Cause③: Create a profile
No weight trend	①Insufficient historical data. ②User recognition failure. ③Guest mode	Cause①: Take initial measurement. Cause②③: Create registered account and Perform paired measurement

# Warranty

- This product is warranted by the manufacturer against defects in materials and workmanship for one (1) year from the original dale of purchase. Proof of purchase is required.
- This warranty does not cover accidental damage, mistreatment, or unauthorized repair.
- Detailed warranty policy: <a href="www.fit-profile.com/warranty">www.fit-profile.com/warranty</a>.
- If you have any issues or questions, please contact Global eFil Inc.
- Contact: Global eFit Inc.
- cs@fit-profile.com
- 866-786-5988 (Mon Fri. 9:00 am 5:00 pm, US Central Time)

## **FCC**

# **FCC Compliance Statements**

This device complies with Part 15 of the FCC Rules.

This device complies with Part 15 of the FCC Rules.

## Operation is subject to the following two conditions:

- 1. this device may not cause harmful interference, and
- 2. this device must accept any interference received, including interference that may cause undesired operation.

**Note:** This equipment has been tested and found to comply with the limits for a Class B digital device, under Part 15 of the FCC Rules. These limits are designed to provide reasonable protection against harmful interference in a residential installation. This equipment generates, uses, and can radiate radio frequency energy and, if not installed and used in accordance with the instructions, may cause harmful interference to radio communications. However, there is no guarantee that interference will not occur in a particular installation.

**Note:** This equipment has been tested and found to comply with the limits for a Class B digital device, under Part 15 of the FCC Rules. These limits are designed to provide reasonable protection against harmful interference in a residential installation. This equipment generates, uses, and can radiate radio frequency energy and, if not installed and used in accordance with the instructions, may cause harmful interference to radio communications. However, there is no guarantee that interference will not occur in a particular installation. If this equipment does cause harmful interference to radio or television reception, which can be determined by turning the equipment off and on, the user is encouraged to try to correct the interference by one or more of the following measures:

- Reorient or relocate the receiving antenna.
- Increase the separation between the equipment and receiver.
- Connect the equipment into an outlet on a circuit different from that to which the receiver is connected.
- Consult the dealer or an experienced radio/TV technician for help.

**Caution:** Changes or modifications not expressly approved by the party responsible for compliance could void the user authority to operate the equipment.

This equipment complies with FCC radiation exposure limits set forth for an uncontrolled environment. This transmitter must not be co-located or operating in conjunction with any other antenna or transmitter.

### **ISED Compliance Statements**

This device contains license-exempt transmitters)/receiver(s) that comply with Innovation, Science, and Economic Development Canada's license-exempt RSS(s).

## Operation is subject to the following two conditions:

- 1. This device may not cause interference.
- 2. This device must accept any interference, including interference that may cause undesired operation of the device.

This equipment complies with IC RSS-102 radiation exposure limits set forth for an uncontrolled environment.

### **CONTACT INFORMATION**

- Global eFit Inc.
- 17304 Preston Road, Suite 800, Dallas, TX 75252, USA
- www.fit-profile.com
- cs@fit-profile.com
- 1-866-786-5988
- (toll-free US & Canada; M-F 9:00am 5:00pm Central Time)
- Model of Independent Module Used in This Product: C21007C10
- FCC ID: 2ANDX-CS20W
- GE is a registered trademark of General Electric Company.
- Manufactured under trademark license.

# **Documents / Resources**



# GE CS20B Smart Body Fat Scale [pdf] User Manual

CS20I, CS20B Smart Body Fat Scale, CS20B, Smart Body Fat Scale, Body Fat Scale, Fat Scale, Scale

### References

- User Manual
  - Body Fat Scale, CS20B, CS20B Smart Body Fat Scale, CS20I, Fat Scale, GE, Scale, Smart Body Fat
- GE Scale

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