FitCollab HW9 Heart Rate Monitor



FitCollab HW9 Heart Rate Monitor User Manual

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FitCollab HW9 Heart Rate Monitor



Product Information

Specifications

• Device: TV Box K6

• Remote Control: RC910s

• Data Receiver Transmission Range: 25m

• Heart Rate Monitor: HW9

• TV Connection: TV Box (HDMI), RC910s (USB)

Product Usage Instructions

Device Installation

Follow the instructions provided to set up the TV Box K6 and RC910s.

Home Page

Utilize the following options on the home page:

- Quick Start: Begin a one-time heart rate training session.
- Team Training: Create a team for group member training.
- Member Management: Manage gym members' information.
- Setting: Edit gym information and manage gym sensors.

Member Management

Add gym clients' data to the member management page. Include details like name, gender, height, weight, age, email, and sensor ID.

Setting

Edit gym information and manage gym sensors. Fill in the email for training report sending.

Quick Start

This feature is suitable for one-time training sessions. Follow the displayed instructions during training.

Team Training

Create teams for group training with specific courses or coaches. Add gym members to the team to start training classes.

Team Training

Before the training class, share the gym sensor with every team member. Click to add a new member if needed during training.

Frequently Asked Questions (FAQ)

Q: How do I add a new member to a team during training?

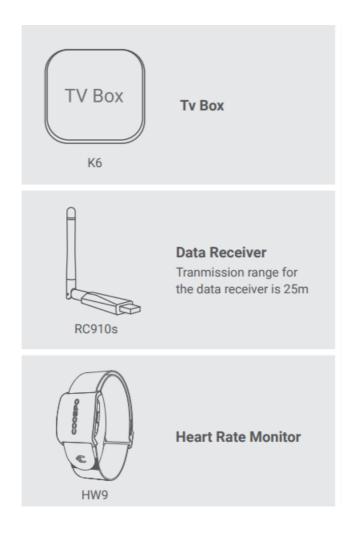
A: To add a new member during training, click on the designated option for adding a new member on the screen.

User Manual

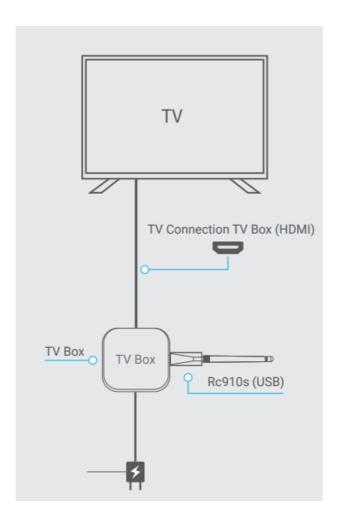
English Version No.: v1.0

Device Installation

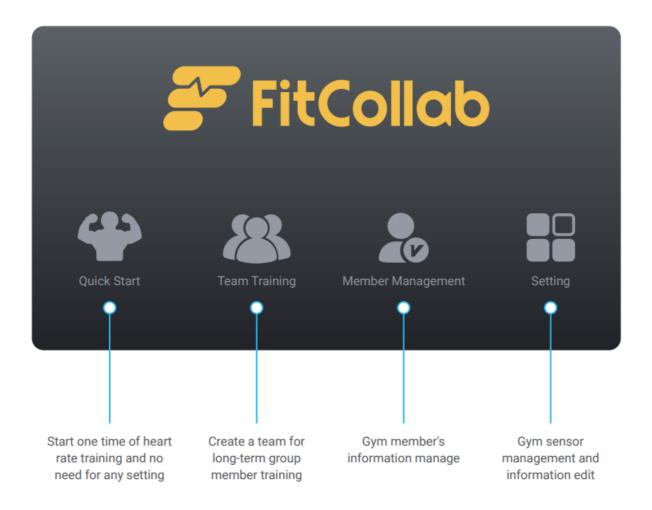
Device



Installation

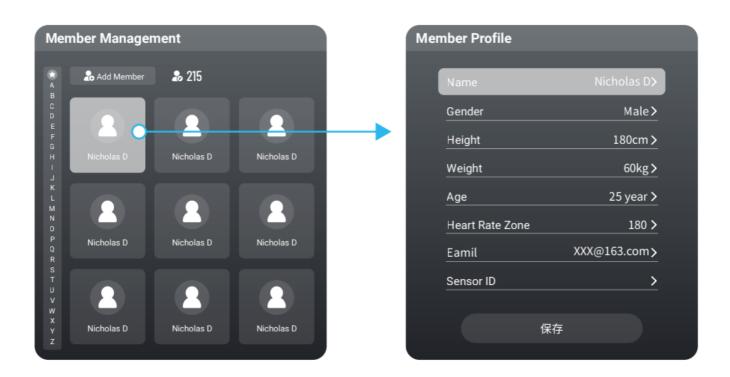


Home Page



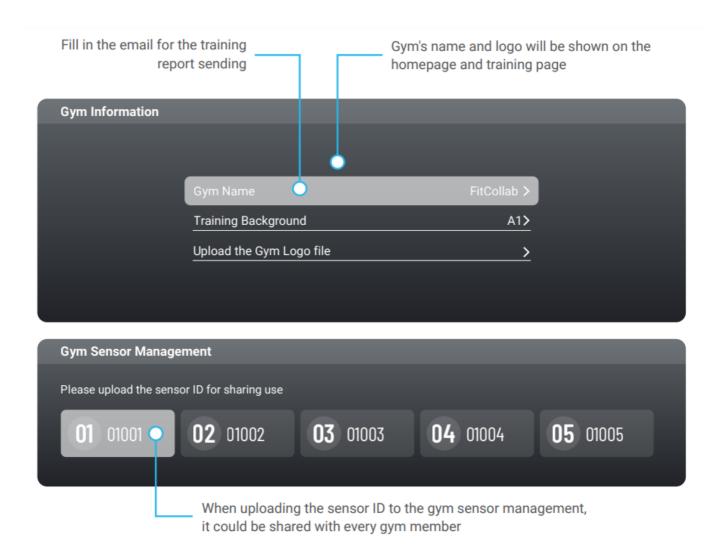
Member Management

Every gym client's data would be added to the member management page



Setting

Including gym information editing and gym sensor management



Quick Start

Suit for one times of training



During training, when member open the heart rate device, their training info will be shown on the screen automatically

Team Training

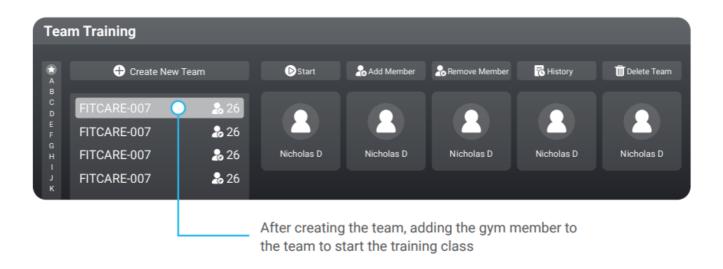
Suit for group training with specific courses or coach

Create a new team for group training, the team could be named as the training type or coach name

Team Training

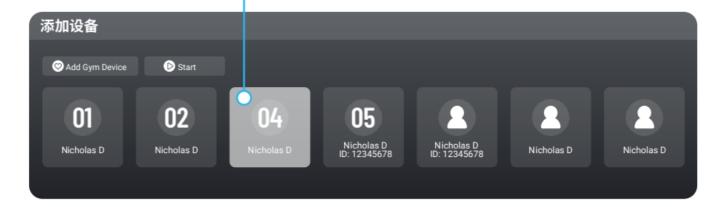
Create New Team

A
B
C
D
E
F
G
H
No team



Team Training

Before training class, the gym sensor could be shared with every team member





During training, if need to add a new member to this class, need to click 🔊 to add a new member

History Record



History Record

For team training, history data for each time would be stored for reference

History FitColl	ab	_	_	_	
2023/11	15 Member	00:30:25 Training Time	136 Avg Heart Rate(bpm)	1360 Calories(kcal)	>
2013/11/04 12:30	15 Member	00:30:25 Training Time	136 Avg Heart Rate(bpm)	1360 Calories(kcal)	>
2013/11/04 12:30	15 Member	00:30:25 Training Time	136 Avg Heart Rate(bpm)	1360 Calories(kcal)	>
2013/11/04 12:30	15 Member	00:30:25 Training Time	136 Avg Heart Rate(bpm)	1360 Calories(kcal)	>
2023/10					
2023/10/04 12:30	15 Member	00:30:25 Training Time	136 Avg Heart Rate(bpm)	1360 Calories(kcal)	>
R	15	00:30:25	136	1360	>



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FC100, HW9, K6, RC910s, HW9 Heart Rate Monitor, HW9, Heart Rate Monitor, M onitor

References

• User Manual

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