Manuals+ — User Manuals Simplified.

FILA SW25P Smart Watch User Manual

Contents

FILA SW25P Smart Watch

USER MANUAL

Thank you for using our smart watch.

Important! The data provided by the smart watch, such as heart rate, blood oxygen and blood pressure, are merely indicative, it is not an exact medical measuring device.
Even if you are well, go to all the appointments scheduled by your doctor.

Recommendations for people with sensitive skin during use of electronic wrist devices, Smart-watch and Smartband.
The materials used for our Smartwatches and Smartbands are selected following a rigorous control of hypoallergenic measures, as well as guaranteeing that all materials comply with current regulations for materials in contact with the skin.

A small number of people, however, may experience some type of skin reaction.

If you suspect, or know, that you are allergic or have an above average sensitive skin type, you should monitor the use of these devices for any type of reaction due to said allergies, environ-mental factors or prolonged exposure to irritants, like soap, sweat, or other causes.

Smartwatches and Smartbands may contain materials such as nickel and acrylates which, even though they are within the per-mitted amounts in the manufacturing process, may cause skin to react if you are sensitive to them.

If you use these devices for a prolonged period of time, you may be more susceptible to developing skin sensitivities. To avoid possible skin irritations we recommend you do not expose the device to chemicals or use it if your skin has, or has been recent-ly applied with, any of the products listed below:

- Insect repellents
- Moisturizing creams and lotions
- Oils
- Perfumes
- Antiseptic gels

- Soaps
- Sun protection creams

It is recommended that the devices are used when the skin is completely dry and free of any of the aforementioned products to avoid having charging contacts and measurement sensors in contact with wet skin. They are not submersible or waterproof. Clean the device thoroughly to remove sweat after training and allow it to dry. Prolonged exposure to moisture can cause skin irritation.

It is also advisable not to wear these devices too tight or too loose. If the strap is too tight, it may cause skin irritation. If the strap is too loose, chafing may occur.
The watch strap should be left so that it can move slightly back and forth on the wrist.

If you wear the device for prolonged periods of time, remove it to give your skin a rest. To avoid irritation, swap the device to your other wrist.

If you notice redness, swelling, itching or any other irritation, remo-ve the Smartwatch immediately and consult your physician before using the device again.
Special attention must be paid to the use of these devices in places with relatively low humidity conditions. When using the Smartwatch/Smartband in places with low relative humidity (dry/poorly ventilated places, low humidity atmospheric conditions, dry indoors, if heating or air conditioning is always on, etc.), as with any other electronic device, it may be affected by charges of static electricity on rare but certain occasions. This may cause damage to the device and also to the person wearing it at that time. Static electricity is everywhere.

It surrounds us without us perceiving it.

An effective trick to avoid a high percentage of static electricity at home:

Use a humidifier. Humidity is a good conductor of electricity therefore, by maintaining an acceptable percentage of it, we will avoid static in areas of the home where we metal objects may be found. Small containers of water on top of radiators is another alternative solution.

The use of the devices in bed, whilst sleeping, is especially dis-couraged for children and the elderly due to the fact that repeated movements during the night may cause, through friction with sheets, blankets, etc. a swap the device to your other wrist.

If you notice redness, swelling, itching or any other irritation, remo-ve the Smartwatch immediately and consult your physician before using the device again.
charge of static electricity. This may result in a sudden discharge of the watch's battery and/or heating of same as the human body is a conductive element and can cause a reaction to people with sensitive skin, redness, irritation, etc.

If you notice redness, swelling, itching, or any other form of irrita-tion, remove the Smartwatch immediately and consult your physi-cian before using the device again in case you are suffering from any type of reaction, allergic or otherwise.

Welcome to use our high-performance wrist smart watch which creates thoughtful and health experi-ence for you
Device maintenance

Please remember the following tips when you maintain your smart watch:

– Clean the smart watch regularly, especially its inner side, and keep it dry.
– Adjust the smart watch tightness to ensure air circulation.

– Excessive skincare product should not be used for the wrist wearing the smart watch.

– Please cease wearing the smart watch in case of skin allergy or any discomfort.

Downloading and binding of smart watch APP

1. Download from Apple Store or Google play and install APP or scan QR code with mobile phone to download APP.

APP / APK: Da Fit

2. Pairing smart watch with APP: Please do not pair the watch directly to your phone's Bluetooth.

If you have already performed this operation, please remove it from the list of paired devices as it will prevent the connection to the APP.

2.1. Open the APP

2.2. Update your personal details (gender, birth year, etc.) and press the check mark.

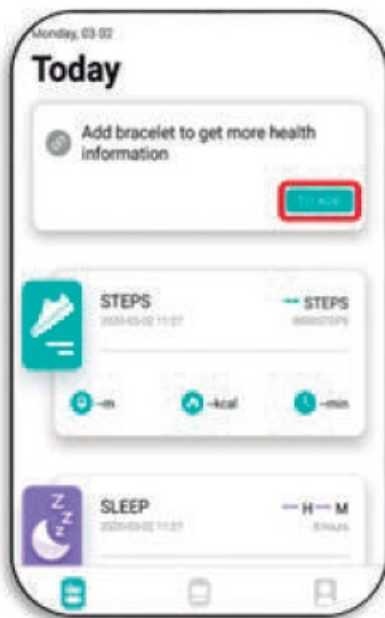Once done, grant all permissions requested by the APP.

2.3. To link the watch to your phone press "To Add".

2.4. The phone will search, and display, SW-25P

Select it to pair the watch to your phone.

Once synchronization is complete your watch will display local date and time.

2.5. When you press the watch icon (bottom middle) you will see the following screen:

Here you can set up notifications, SW-25P alarms and the background image (can be personalized).

In "Others" you can establish time format (12/24 hours), reminders, etc.
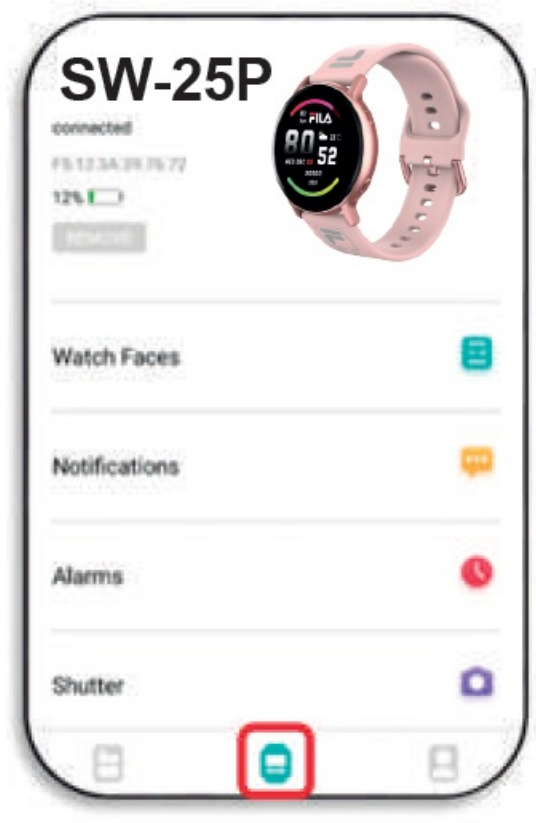
2.6. The last icon, on the lower right, will show "My" screen. Here you can complete the details of your profile and establish your objectives.
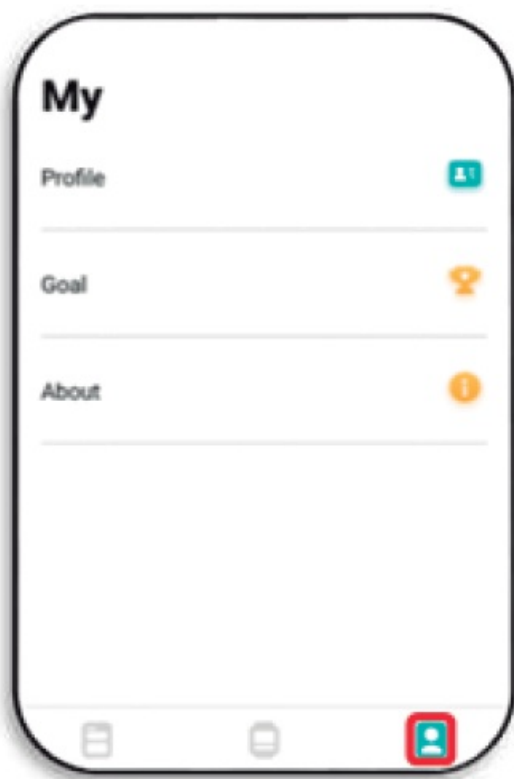

Notes:

– Only connect the device via APP and not via the Bluetooth setting of the smartphone.
– The personal data is used to calculate the calorie consumption and distance correctly.
– You can only connect one watch via APP. The use of multiple watches with one smartphone at the same time is

not supported.
– After successful connection, the data, time and weather data are transferred from the smartphone to the watch.
– Time / date cannot be set manually.

Wear it properly

The wristband is best worn after the ulnar styloid. The sensor should be close to the skin to avoid moving.
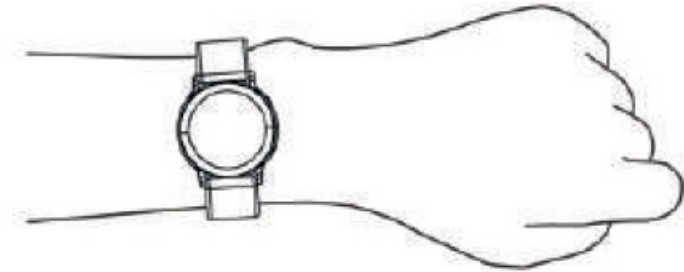
Charge the bracelet

Use it for the first time to ensure that the battery is in normal condition. If the power is not turned on normally, please connect the charger to charge the device.

Smart Watch Features

Sleep
If you keep wearing Smart Watch in your sleep , it can provide the hours slept and quality of sleep stats on both the screen and the APP.

NOTE: Sleep stats reset to zero at 8:00 pm.

Heart Rate Test

The Smart Watch could record your heart rate all day.

You also could tap on the page to start measuring heart rate. Sports Smart Watch automatically tracks Steps taken on the screen. NOTE: Your movement stats reset to zero at midnight Training
Tap the training icon on the menu to start a new training measure recording, there are 8 sport modes to be chosen.

The last training recording will be shown on the training page.

Blood Pressure Test
Tap on the blood pressure page to start measuring your blood pressure.

On the blood pressure page, It can show the blood pressure measured data of the last times

SpO2 Test
Tap the SpO2 page to start measuring your SpO2.
On the SpO2 page, It can show the SpO2 measured data of the last times.

Weather
It could show the weather info of current and tomorrow on the weather page.
Weather info is synced after connecting with the APP, it will not be updated after a long disconnected.

Messages Reminder
The device can sync incoming noti-fications from Twitter, Facebook, Whatsapp, Instagram etc.Recently 5 messages can be stored.

Note: You can switch of/off the incoming notification in the APP Remote Shutter
After connecting the device,you can remote control the camera on your phone

Player Shutter
After connecting the device,you can remote control the music player on your phone

Other Features
Other features include stopwatch, alarm, timer, brightness, mute on/off, theater mode, factory reset, power off and about

Stop Watch
Tap the start button on stopwatch page to start timing, and tap the stop button to stop timing

Silent Alarms
Set up the alarm on the APP, the device will vibrate to remind on time.

Theater Mode
The device will turn off the vibration and turn down the brightness when the theater mode is turned on.
Note: You can turn on/off the theater mode in the control center.

Remind to Move
The device will vibrate to remind you that you have to move. Note: You can switch on/off the feature in the APP Specifications
BT 5.0 / Step / Calories / Distance / Sport modes / Sleep / Notifica-tions / Remote camera / Sedentary reminder / Female physiologi-cal cycle / Weather / Music control / Remote photo / Alarm / Health data / Battery: 150 mAh /

Working time About 3-5 days / Stanby time about 15 days / Screen TFT 1.09" / BT frequency band: 2.4 GHz / Maximum emitted RF power < 100 mW Precaution

– The watch is not waterproof
– Do not expose the watch at extreme temperatures, the batteries could exploit.

Customer Service
Only in English or Spanish

Servicio de atención al cliente / Customer Service:

+34 91 713 94 98
Horario de atención al cliente:

De lun. a Jue. de 08:00 a 14:00 y de 15:30 a 17:30 y los Vier. de 09:00 a 14:00
Working hours: Mon to Thu from 08:00 to 14:00 and from 15:30 to 17:30 and Fri. from 09:00 to 14:00
sac@innovacelular.com
Declaration of conformity
Through this document INNOVA CELLULAR, it declares that the SMART WATCH F25P (SW/25P (KM17)) complies with the essential requirements and any other applicable or enforceable provisions of Directives 2014/53/EU and RoHS 2011/65/EU annex II (EU) 2015/863 as last amended by Directive (EU) 2017/2102.
To see the complete declaration of conformity, you can access it through the following link:
http://www.innovacelular.com/images/web/descargas/descargas/declaracion/declaracion_sw-25p.pdf
Guarantee

GUARANTEE

DEVICE

ITEM: _____

Serial number: _____

ESTABLISHMENT

Purchase date: _____

FILA

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INNOVA CELULAR SL
C/ Severo Ochoa N° 9 nave 8B
28521 Rivas-Vaciamadrid
Madrid

Establishment signature

CE ⚠ ♻ 🗑 ✓ RoHS 🏠

NOTE: The SMART WATCH F25P (SW/25P (KM17)) It has a 3-year warranty from the date of purchase.

Special importance in the durability of the products have the elements that compose it and that suffer from degradation and loss of capacities due to their use, being understood as normal wear that they lose capacity, especially in the case of rechargeable batteries, depending largely on infinity of external factors (hours of use, charge and discharge cycles, use of inappropriate chargers, temperatures of use, not respecting the recommended charging times, etc…)

For the guarantee of wear and tear parts, it must be taken into account that the loss of autonomy of the battery as a result of its aging does not imply a manufacturing defect, so it is considered considered normal that after 6 months have a loss of 10%, at 15 months 20% – 30% at 24 months 45%, all correspon-ding to proper use of the battery and the charge and discharge cycles carried out.

Any battery that presents symptoms other than those listed in this manual, will be inspected by the technical service and assessed for its affectation to guarantee. If after 24 months from its purchase the battery presents symptoms different from those detailed, it will be understood to be exempt from guarantee for the reasons stated above and will be left out of the inspection process, becoming the customer who, if they so wish, must reliably demonstrate that the battery presented defects other than those detailed in this manual before those 24 months.

Specifications

- Model: F25P
- APP/APK: Da Fit
- Compatibility: iOS, Android
- Features: Health data tracking, Notifications, Distance

  tracking, Women's cycle tracking
- Charging: USB charger
- Language Options: English, Italiano

FAQ

Q: Can I connect multiple watches to one smartphone simultaneously?

A: No, only one watch can be connected via the app at a time.
Multiple watch connections are not supported.

Q: Can I manually set the time/date on the watch?

A: No, time/date settings are transferred from the smartphone and cannot be set manually on the watch.

Q: Where can I find the declaration of conformity and warranty information?

A: For the declaration of conformity and warranty details, visit the following link:
Declaration of Conformity

Documents / Resources

FILA SW25P Smart Watch [pdf] User Manual
SW25P Smart Watch, SW25P, Smart Watch, Watch

References

- [**User Manual**](#)