

Contents [[hide](#)]

- [1 Electronica VT715 Smart Body Fat Scale](#)
- [2 Description](#)
- [3 Packing list](#)
- [4 Main features](#)
- [5 YOUNGDO Body Fat Scale](#)
- [6 Know yourself better](#)
- [7 Large platform 30*30cm](#)
- [8 Installation & Setup](#)
- [9 FAQs](#)
- [10 Documents / Resources](#)
 - [10.1 References](#)



Electronica VT715 Smart Body Fat Scale



Description

High Precision BMI Bluetooth Smart Digital Body Fat Scale, 23 Functions, Body Weight Composition Monitor.

Packing list

- Body fat scale 1
- USB charging cable 1
- User manual 1

Main features

- 23 essential body measurements
- Tracking the management of 999 users
- Automatic calibration, bright LED light
- Amazon Cloud.storage, historical data tracking
- Auto connection, auto on/off
- Send data to Apple Health, Google Fit
- APP Name: Scale Up
- Material: high-strength ABS protection
- Weighing surface material: 6mm high-strength tempered glass
- Weighing range: 1-180 kg (11-396 lb)
- Weight unit: kg/Lb/St-Lb (exchange unit by mobile app)

YOUNGDO Body Fat Scale

Compared with traditional scales, our scale can analyze 23 body data, including body score, body type, BMI, nutritional status, weight, BFR, muscle, visceral fat, water, bone mass, BMR, fat weight, protein, ideal weight, weight control, fat control, muscle control, body age, fat-free weight, etc. All of this helps users better understand their physical condition and perform specific health activities.

Know yourself better

Weight is not the only determinant of body shape. Even if two people are the same weight, different degrees of fat and muscle can make their bodies look different.

YOUNGDO Bluetooth Body Fat Scale: Smart, Affordable Ways to Track Body

Compositions.

Large platform 30*30cm

Many scales measure only 26*26 cm. This time, enjoy a spacious platform (30*30cm) that makes measurements more accurate.

USB rechargeable

The built-in long-lasting battery takes only 2-4 hours to fully charge, enough for 2-3 months of use. Use any USB source to charge the smart scale, such as a USB cable (included) with a computer, laptop, etc.

23 Essential Body Measurements

Using BIA technology to accurately measure your physical information, including weight, body fat, body type, visceral fat, body water percentage, muscle mass, bone mass, BMR, BIM, metabolic age, etc.

Accurate Measurement

4 high-sensitivity electrodes with new bioelectrical impedance analysis (BIA) technology ensure fast and accurate weight measurements up to 180 kg.

Intelligent

- Our “Scale Up” App syncs your smartphone seamlessly with the scale and allows you to easily track your body composition with a simple touch.
- Compatible with FitBit, Google Fit, and Apple Health.

Baby Mode & Athlete Mode

- Athlete mode is suitable for people who have been doing physical activities for a long time or who exercise regularly more than 3 times a week.
- Update: Baby mode is for younger family members.

Installation & Setup

1. Unbox & Insert Batteries

- Open the battery compartment underneath.
- Insert 4 × AAA batteries, matching the +/– polarity.
- Place the scale on a hard, flat, dry surface — not on carpet

2. Install the App & Activate Bluetooth

- Scan the QR code or search for “Fitdays” (Android/iOS)
- Install the app, enable Bluetooth on your phone (iOS≥8.0 or Android≥6.0), and register an account.

3. Pair the Scale

- After launching the app, add the device and follow the on-screen pairing steps while Bluetooth is on

4. Calibrate the Scale

- Place it on a level surface.
- Step on with one foot until numbers appear, then step off scale will self-calibrate and return to “0.0”

FAQs

Q1: How do I take a measurement?

- Tap lightly or step on to power it up → wait for “0.0” → step on with bare, dry feet.
- The scale locks weight, then measures heart rate and sends full readings (body fat, BMI, muscle, etc.) to the app.

Q2: Why only weight and BMI sometimes? The weight/BMI display works with socks.

- To get **complete body composition**, ensure you’re barefoot and feet + sensors are dry.

Q3: Measurement limitations?

- Weight range: 6kg to 180kg (13–400lb)
- Children under 6 years: weight only; under 10 years: weight + BMI only.
- Not recommended for pregnant women or users with pacemakers

Documents / Resources



[Electronica VT715 Smart Body Fat Scale \[pdf\]](#) User Guide

VT715 Smart Body Fat Scale, VT715, Smart Body Fat Scale, Body Fat Scale, Fat Scale

References

- [User Manual](#)

Body Fat Scale, Electronica, Fat Scale, Smart Body Fat Scale, VT715, VT715 Smart Body Fat Scale

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