



TWO130B
Electronic Scale



Eldom TWO130B Electronic Scale User Manual

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SAFETY MEASURES

The device can be used by children aged 8 and older and by persons with limited physical, sensory, or mental capabilities, or persons without sufficient experience and knowledge only under supervision or if previously instructed on the safe use of the appliance and the possible risks. Children shall not play with the appliance. Cleaning and maintenance are the responsibility of the user and shall not be carried out by children without supervision. Protect the appliance and the power cord against children under 8 years old.

- For home use only
- Keep the scale in a dark and dry place
- While storing do not press with other objects
- The precision of the scale measurements depends on the way of its maintenance
- Repairs can be made only by the authorized service center. All modifications or use of parts other than the original is forbidden and may have adverse effects on the operational safety of the appliance

ENVIRONMENTAL PROTECTION

- the appliance is made of materials that can be recycled
- it should be handed over to the applicable collection point for the recycling of electrical and electronic equipment.

TECHNICAL DETAILS

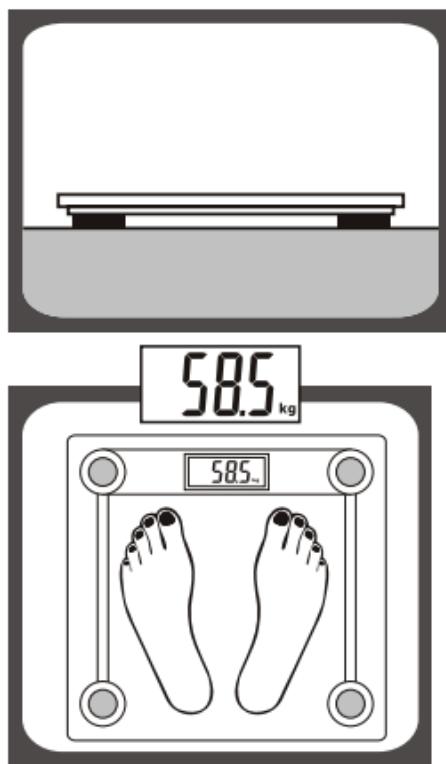
- weight capacity 150kg (330lb)
- resolution 100g (0,2lb)
- accuracy of measurement: 1kg
- power: CR2032

This product is specially designed to test body fat/hydration and help keep a close eye on the daily change of your body fat, hydration, and weight, providing information for your reference. Based on the analysis of your height,

weight age, etc., it tells your body fat status and gives you an idea of your body condition. Please read this instruction carefully before use.

During Measuring

1. Always remove your shoes and socks, and wipe clean your feet before using them.
2. It is advisable to measure at the same time of the day.



3. Measured results could be misleading after intensive exercise, excessive dieting, or under extreme dehydration conditions.
4. Always weigh/use the scale on a hard and flat surface. When you are measuring, please keep still.
5. The body fat/hydration measured data of the following people may have deviations:
 - Children under 10 or adults over 70 (can only use the device under normal weighing mode)
 - Body-building athletes or other occupational athletes.
6. People with the following conditions should not use the device:
 - Pregnant women
 - Those on dialysis treatment
 - Those who use heart pacemakers or other implanted medical devices.

Safety Warning

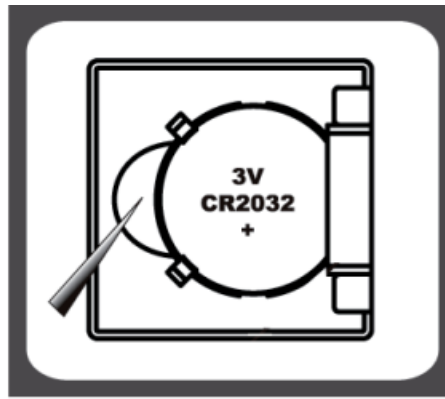
The Fat% Hydration% Muscle% content evaluated by this device is only for reference (not for medical purposes). If your Fat% Hydration% content is over/below the normal level, please consult your doctor for more advice.

BATTERY

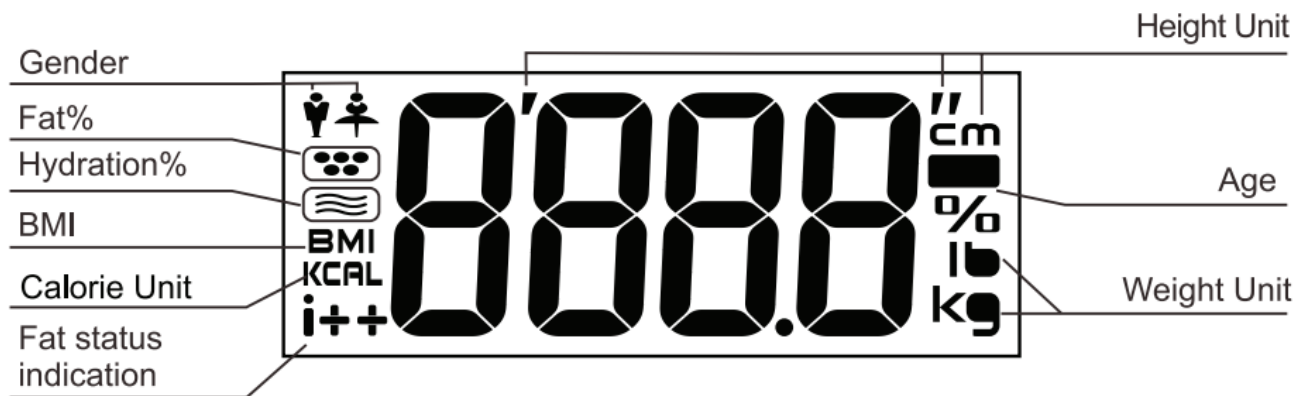
Used batteries should be discarded in special collection bins. Please remove the isolation sheet from the battery contact before use.

BATTERY REPLACEMENT

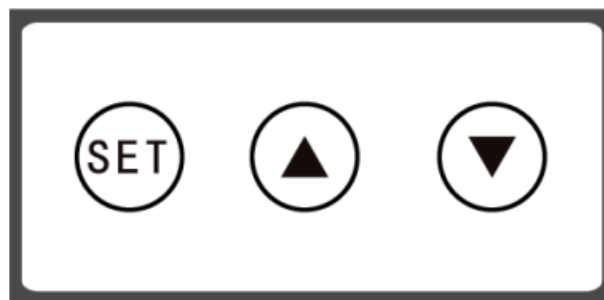
1. Open the battery cover at the bottom of the device.



2. Carefully lever the battery and take it out.
3. Insert a new battery and press it gently until the retaining clip snaps in place.
4. Please pay attention to the polarization.
5. Close the lid.



Key Illustration (Touch button)



- SET** Turn on the scale and prompt to next parameter.
(Please refer to the Setting Personal Parameter overleaf)
- ▲** Advance the value by one interval each press. Continuous pressing will speed up the advance of value.
- ▼** Decrease the value by one interval each press. Continuous pressing will speed up the decrease of value.

TO SET WEIGHT UNIT



- Press "SET" and it will get ready for use when the screen shows "0,0kg" after "8888" and you can press **▲** and **▼** switch within different units (kg/lb)



FOR WEIGHT ONLY

- Press “SET”
- Step on the scale gently, position your feet evenly near the center and keep your body still until the scale stabilizes your weight.
- The scale will be auto-off if no further use.

PRESS THE “SET” KEY FOR SECONDS TO SET YOUR DATA WHEN THE SCREEN SHOWS “0,0kg.



- Press ▲ or ▼ key to select a number from P0 to P9 as your code.
- Please press “SET” to confirm
- Press ▲ or ▼ key to choose  Male or  Female.
- Please press “SET” to confirm
- Press ▲ or ▼ key to reach your target age (10-80).
- Please press “SET” to confirm.

- Press  or  key to reach your target height (100-240cm).
- Please press “SET” to confirm.

Body fat and hydration ranges table. Step on the scale gently and keep your bare feet in touch with the electrodes. Stand still and erect to get your weight measured and your body fat, hydration, muscle, and bone percentage will be displayed respectively on the screen within seconds. These results will be repeated two times and the scale will be auto for no further use. The personal data will be stored once you set it. Just confirm your code when you use the scale again and your other information will be shown so there is no need to program them again.

Body fat and hydration ranges table.

Age	Female		Male		Display
	Fat %	Hydration %	Fat %	Hydration %	
<=30	4.0-20.5	66.0-54.7	4.0-15.5	66.0-58.1	Underfat
	20.6-25.0	54.6-51.6	15.6-20.0	58.0-55.0	Healthy
	25.1-30.5	51.5-47.8	20.1-24.5	54.9-51.9	Overfat
	30.6-80.0	47.7-13.8	24.6-80.0	51.8-13.8	Obese
>30	4.0-25.0	66.0-51.6	4.0-19.5	66.0-55.4	Underfat
	25.1-30.0	51.5-48.1	19.6-24.0	55.3-52.3	Healthy
	30.1-35.0	48.0-44.7	24.1-28.5	52.2-49.2	Overfat
	35.1-80.0	44.6-13.8	28.6-80.0	49.1-13.8	Obese

Body muscle and bone range table

Age	Female		Male	
	Muscle %	Bone %	Muscle %	Bone %
16-50	>31	>8	>38	>10

BMI parameter

Low	Normal	Overweight	Fat
<18.5	18.5~25	25~30	>30

Warning Indications

- Low Battery Indication.
- The battery power is running low, please replace it with a new battery.



Over-load Indication

The weighing subject on the platform exceeds the maximum capability of scale. Please step off to avoid damage.

- Rate too low a level of fat.
- Too high a level of fat.

Message redo the measurements



If the body percentage is less than 5%, then the screen will show "FATL". If more than 50% it will display "FATH" and "ERR2" indicating that the measuring makes an error.

ENVIRONMENTAL PROTECTION

- The appliance is made of materials that can be recycled,

- it should be handed over to the applicable collection point for the recycling of electrical and electronic equipment.

The disposal of used electrical and electronic equipment (applies to European Union countries and other European countries with separate waste-collection systems). This symbol on the product or its packaging indicates that it should not be classified as household waste. It should be handed over to an appropriate company dealing with the collection and recycling of electrical and electronic equipment. The correct disposal of the product will prevent potential negative consequences for the environment and human health resulting from hazardous substances present in the product.

Electrical devices must be handed over to restrict their re-use and further treatment. If the device contains batteries, remove them, and hand them over to a storage point separately. **DO NOT THROW EQUIPMENT INTO THE MUNICIPAL WASTE BIN.** Material recycling helps to preserve natural resources. For detailed information on how to recycle this product, please contact your local authority, the recycling company, or the shop where you bought it.

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References

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