

## Eko App User Guide

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### Eko App User Guide

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### Download the Eko App

#### Eko App

Download the Eko App to your mobile device using this QR code or search “Eko App” in the Apple App Store or Google Play Store.

It is important to have the Eko App ready to complete the setup of your DUO.



Scan with your phone’s camera to download the Eko App

You’ll also gain immediate access to real-time visualizations, recording features, important product and security updates, and even AI analyses.\*



## Setting Up the DUO

### Charge Your Device

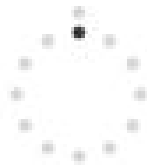
Plug the charging pad into an outlet using the included micro USB and wall adapter. Place DUO on the wireless charging pad. The lights circling the center button will turn on, indicating that the DUO is charging and properly placed. An orange light will also appear on the charging pad. The lights on DUO will turn off once fully charged.



## DUO Light Patterns



DUO is on, blinking.  
In pairing mode.



DUO is on.  
Paired with device.



DUO is on.  
20% Battery.



DUO is on, blinking.  
10% Battery.



DUO is charging.  
Lights circle button.



DUO is fully  
charged. Lights  
are off.

## Install DUO Earpiece

### Hear Audio

If you purchased an Eko Earpiece, insert the connector into the audio jack and twist counterclockwise to secure. DUO can also be used with most wired 3.5mm headphones.

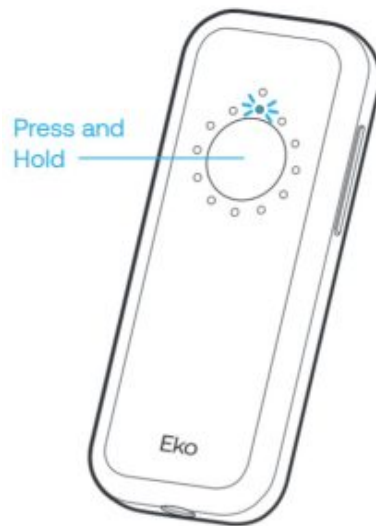


## Powering On and Off

### Turn DUO On/Off

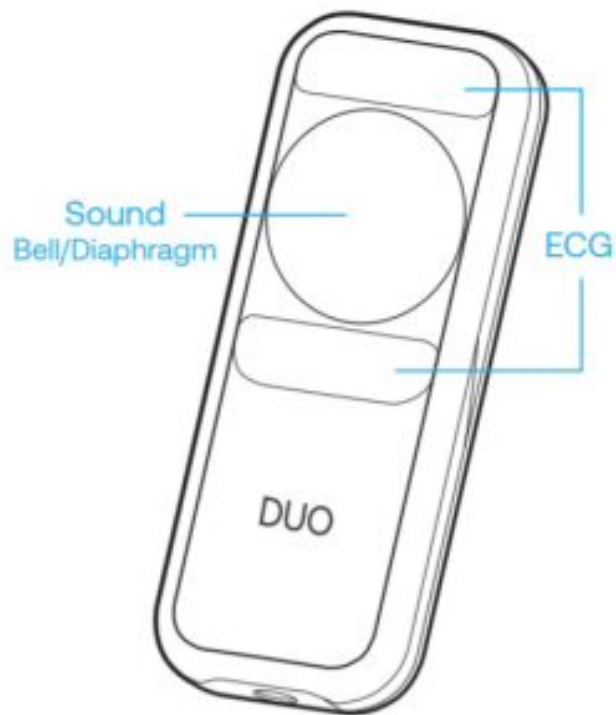
To turn on, press and hold the center button for 1 second, then release. The lights will blink. When paired with Eko App, the light will turn solid.

To turn off, press and hold the button for 2 seconds, then release. The lights will turn off.



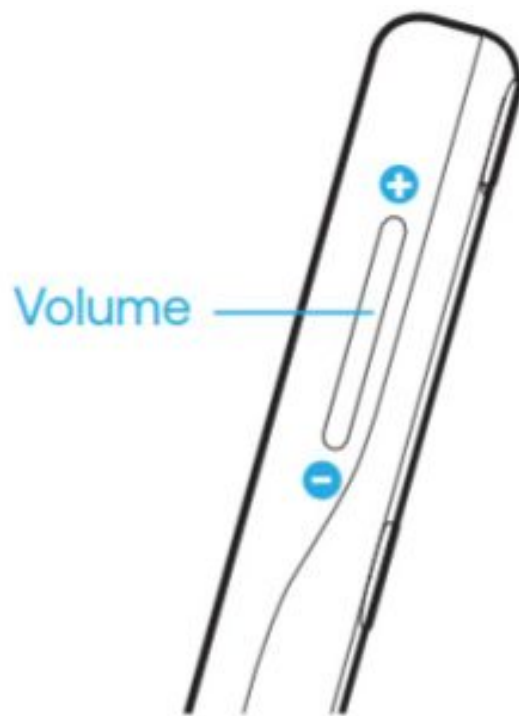
### **Sounds + ECG**

DUO is equipped with a digital stethoscope diaphragm and 2 ECG electrodes.



### **Volume Control**

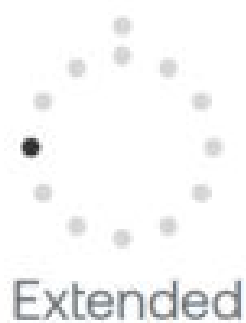
Click the side button to adjust the body sound amplification in the Earpiece.



## Adjusting the Audio Filters

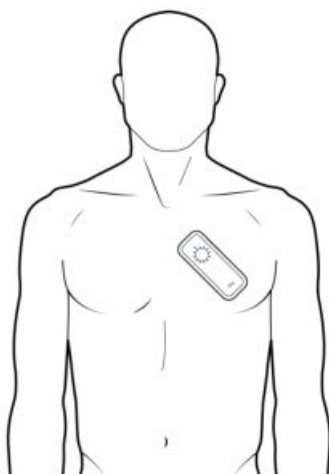
### Change Audio Filter

The DUO has 4 different audio filters. You can change to a different audio filter by clicking the center button three times.



### Placement

DUO streams a single-lead ECG. Best placement can vary.  
ECG electrodes must be placed on the skin.  
DUO can also be used to auscultate at all anatomical positions.

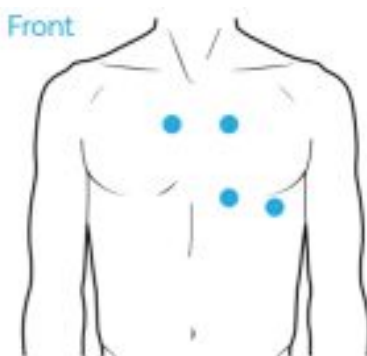


### Sound-Capturing High-Quality Heart and Lung Sounds

#### Placement

These dots indicate generally accepted DUO placement positions for listening to the heart (front) and lungs (back).

DUO is sensitive to vibration and hand noise. Remember to apply firm and constant pressure against the body to ensure good contact.



Please see the full Instructions for Use at [support.ekohealth.com/DUO](https://support.ekohealth.com/DUO) or contact us at [support@ekohealth.com](mailto:support@ekohealth.com)

**Eko**

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**Documents / Resources**

<div><div>DUO</div><div>Quick Start Guide</div><div>Eko</div></div>	<div><a href="#">Eko Eko App</a> [pdf] User Guide</div> <div>Eko, App, Eko App</div>
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