

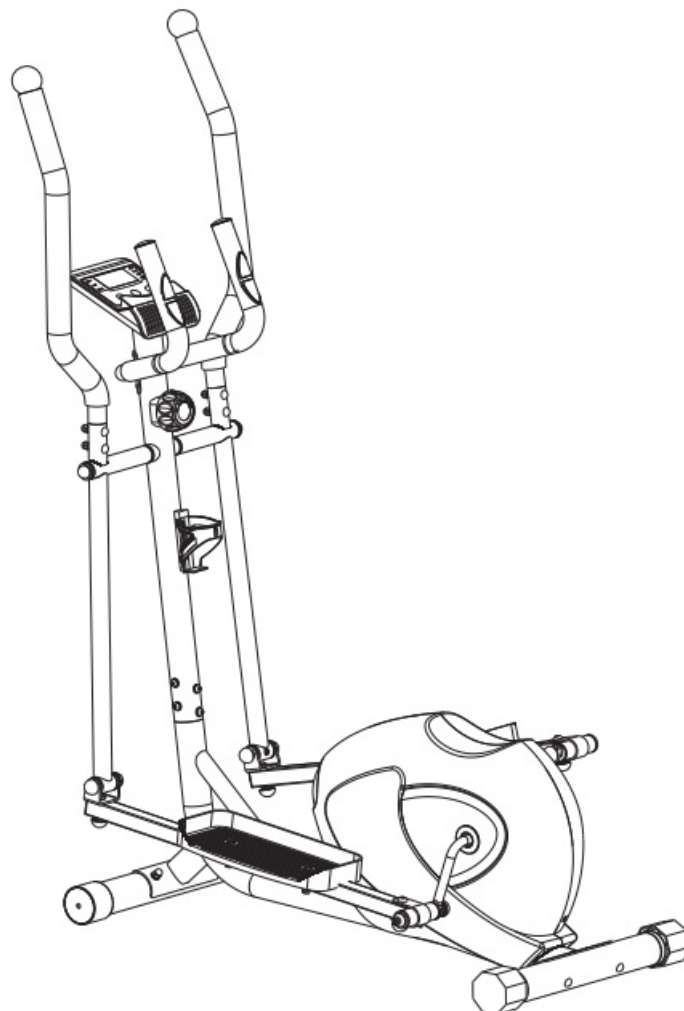


Dripex C17V2M96eUL Magnetic Elliptical Machine User Manual

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DRiPEX

Magnetic Elliptical Machine



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C17V2M96eUL Magnetic Elliptical Machine



<https://youtu.be/4wK1zT0QV2o>

You can scan the QR code with the iPhone/iPad camera or a software which can scan the QR code to get the installation video on YouTube. If you can not scan the QR code, you also can enter the following URL to get the video.

Elliptical Machine Assemble Video: <https://youtu.be/4wK1zT0QV2o>

Safety Information

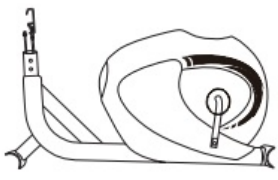
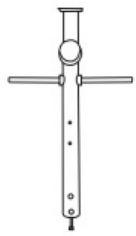



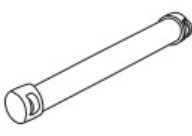
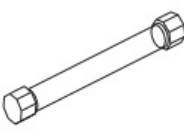


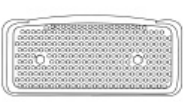
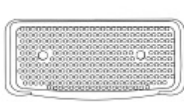


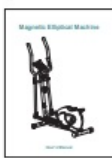
1. We recommend consulting a physician before starting out with an exercise program. Please read all instructions before using Our Magnetic Elliptical Machine. Great care has been taken to design these instructions and following them will help you with quicker assembly and minimize the risk of injury. It is important that you keep these instructions for future reference.
2. Always assemble and operate the equipment on a level surface. Ensure the equipment is stable before use. Always ensure that the equipment has adequate space on each side.
3. Always wear suitable clothing and footwear. (e.g. tracksuit / shorts / training shoes).
Remove all personal jewelry before exercising. Ensure you warm-up well before using the equipment as this will help to prevent muscle strain.

4. Never overload the equipment. (See maximum user weight) Never use the equipment in any other manner other than the ways explained in these instructions and any wall-chart supplied.
5. Injuries to health may result from incorrect or excessive training.
6. Parents and others in charge of children should be aware of their responsibility, because the natural play instinct and the fondness of experimenting of children can lead to situations and behavior for which the training equipment is not intended.
7. The equipment is under no circumstances suitable as a children's toy. If children are allowed to use the equipment, their mental and physical development and above all their temperament should be taken into account. They should be controlled and instructed in the correct use of the equipment.
8. The maximum user weight is 120KG. The free movement space of this equipment should be larger than 100*120*200cm (LxWxH).
9. This product is not suitable for therapeutic purposes.
10. This appliance is not intended for use by persons (including children) with reduced physical, sensory or mental capabilities, or lack of experience and knowledge, unless they have been given supervision or instruction concerning use of the appliance by a person responsible for their safety.
11. This product has been tested for use in a home environment and is warranted for In Home, personal, family or household use.
12. **CAUTION:** Children and pets are not allowed to approach the elliptical machine when it is in use. Failing to do so can lead to injury.




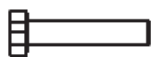












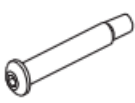
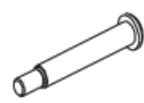








Please Note: The instruction must be followed carefully in the assembly, use and maintenance of your equipment. The warranty doesn't cover warranty due to negligence of the assembly, adjustment and maintenance instructions described herein.

Parts List

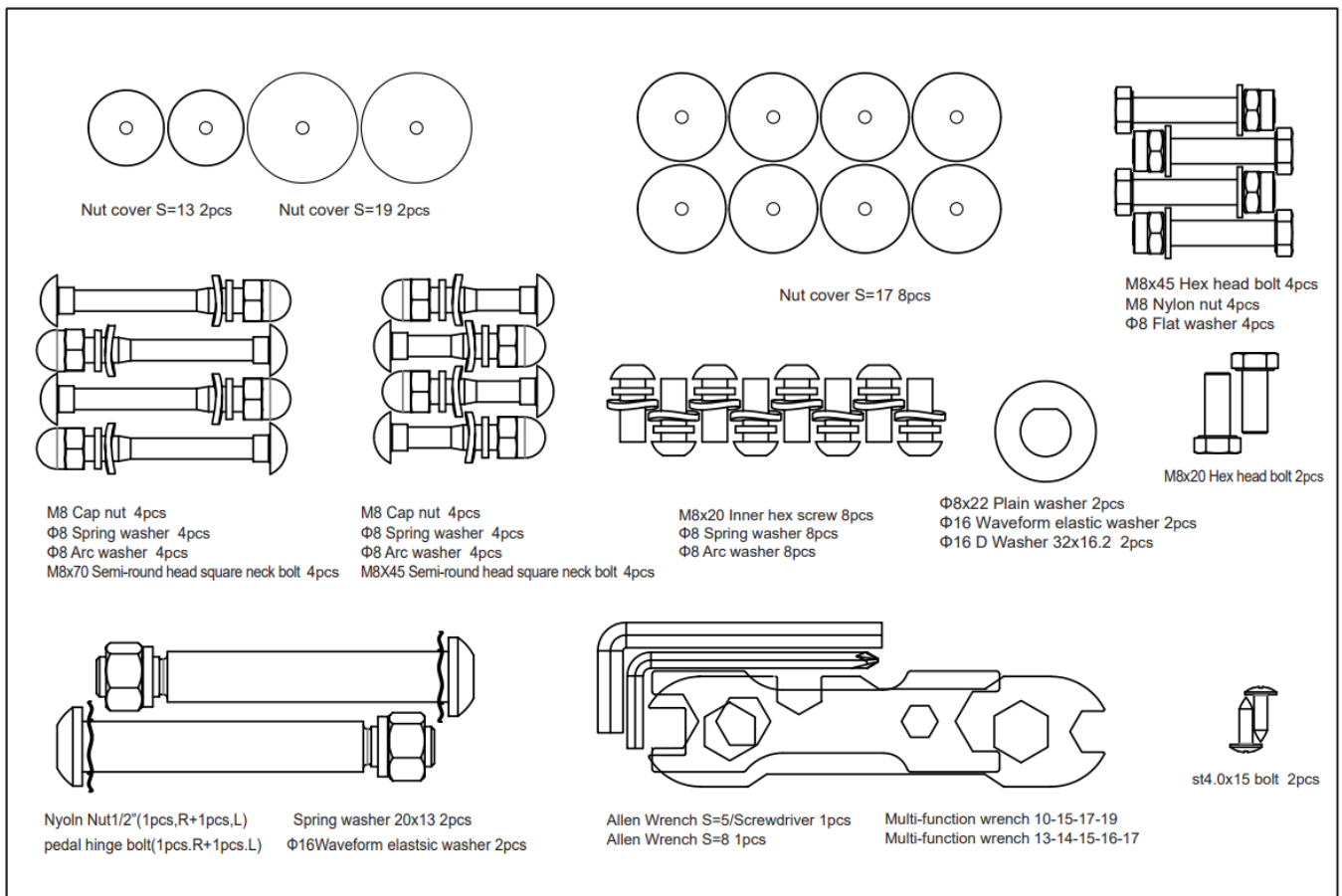
Make sure you have the following parts when you open the package.

<p>1</p> 	<p>2</p> 	<p>3</p> 	<p>4</p> 
<p>5</p> 	<p>6</p> 	<p>7</p> 	<p>8</p> 
<p>9</p> 	<p>10</p> 	<p>11</p> 	<p>12</p> 
<p>13</p> 	<p>14</p> 		

NO	Description	Qty
1	Main Frame	1
2	Centre Bar	1
3	Left Swing Arm	1
4	Right Swing Arm	1
5	Heart Rate Grip	1
6	Front Foot Tube	1
7	Rear Foot Tube	1
8	Left Handlebar	1
9	Right Handlebar	1
10	Left Pedal	1
11	Right Pedal	1
12	Monitor	1
13	Bottle Holder	1
14	User's Manual	1

<p>15</p>  <p>Nut cover S=13 *2</p>	<p>16</p>  <p>Nut cover S=19 *2</p>	<p>17</p>  <p>Nut cover S=17 *8</p>	<p>18</p>  <p>M8x45 Hex head bolt *4</p>
<p>19</p>  <p>M8 Nylon nut *4</p>	<p>20</p>  <p>Φ8 Flat washer *4</p>	<p>21</p>  <p>M8x70 Semi-round head square neck bolt *4</p>	<p>22</p>  <p>M8 Cap nut *8</p>
<p>23</p>  <p>Φ8 Spring washer *16</p>	<p>24</p>  <p>Φ8 Arc washer *16</p>	<p>25</p>  <p>M8x45 Semi-round head square neck bolt *4</p>	<p>26</p>  <p>M8x20 Inner hex screw *8</p>
<p>27</p>  <p>Φ8x22 Plain washer *2</p>	<p>28</p>  <p>Φ16 Waveform elastic washer *4</p>	<p>29</p>  <p>Φ16 D Washer 32x16.2 *2</p>	<p>30</p>  <p>M8x20 Hex head bolt *2</p>
<p>31</p>  <p>Left Pedal hinge bolt *1</p>	<p>32</p>  <p>Right Pedal hinge bolt *1</p>	<p>33</p>  <p>Left Nylon Nut 1/2" *1</p>	<p>34</p>  <p>Right Nylon Nut 1/2" *1</p>
<p>35</p>  <p>20x13 Spring washer *2</p>	<p>36</p>  <p>Allen Wrench S=5 / Screwdriver *1</p>	<p>37</p>  <p>Allen Wrench S=8</p>	<p>38</p>  <p>Multi-function wrench 10-15-17-19 *1</p>
<p>39</p>  <p>Multi-function wrench 13-14-15-16-17 *1</p>	<p>40</p>  <p>st4.0x15 bolt *2</p>		

Hardware Pack



Assembly Instruction

Step 1

Install the rear foot tube

Use the Multi-function wrench(39) applied, M8x70 Semi-round head square neck bolts(21), Φ8 Arc washer(24), Φ8 Spring washer(23) and M8 Cap nut(22), fasten the rear foot tube(7) to the Main Frame (1). (see fig.1)

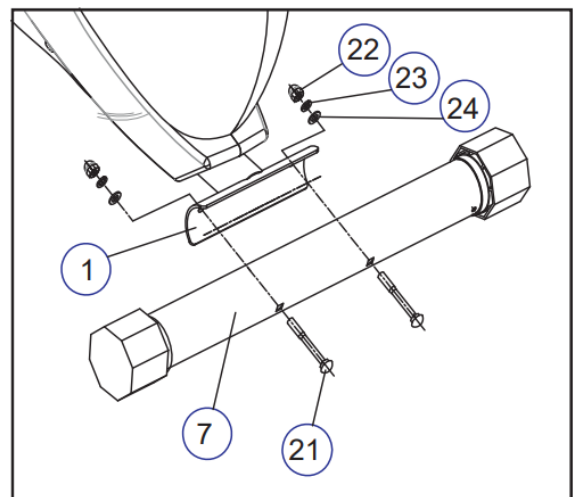
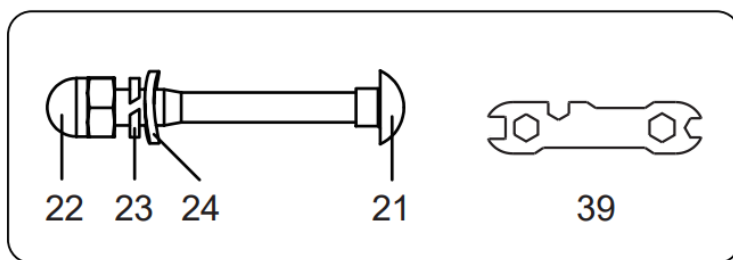


Figure 1

Step 2

Install the front foot tube

Use the Multi-function wrench(39) applied, M8x70 Semi-round head square neck bolts(21), Φ8 Arc washer(24), Φ8 Spring washer(23) and M8 Cap nut(22), fasten the front foot tube(6) to the Main Frame (1). (see fig.2)

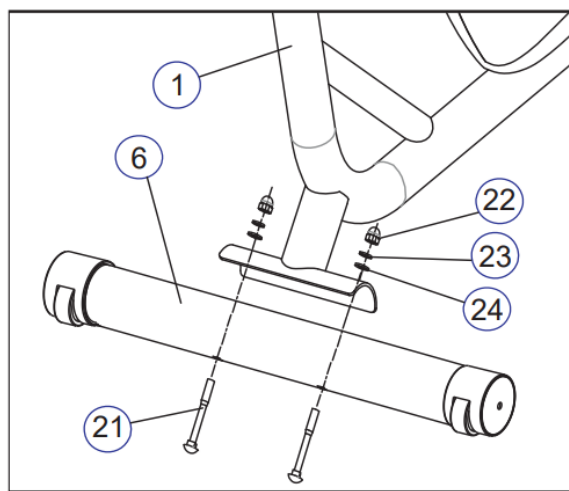
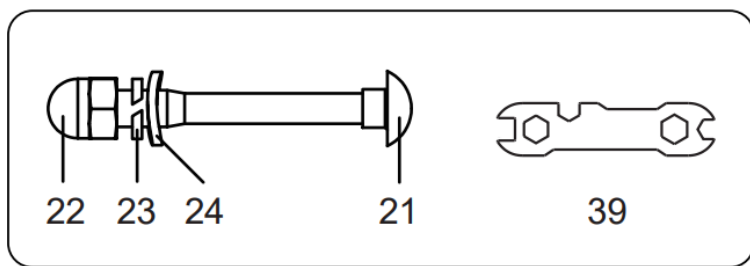


Figure 2

Step 3

Install the Resistance cable and the centre bar.

Before you install the resistance cable, please turn the resistance knob to the level 8 and let the resistance cable extends to the longest to install easily. (see fig.3).

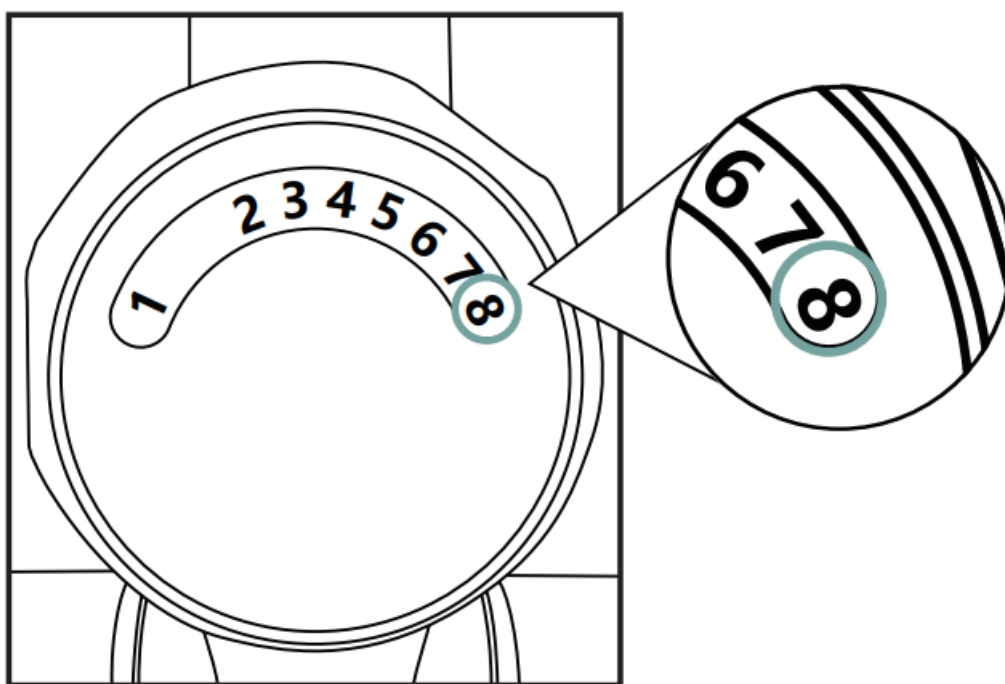


Figure 3



Please make sure to strictly follow this step to install, otherwise it will be very stiff when you pedalling.

3.1 Connect the resistance cable with the lower cable firmly, then pull the resistance cable up and hang it on the hole of the metal bracket. (see fig. 4).

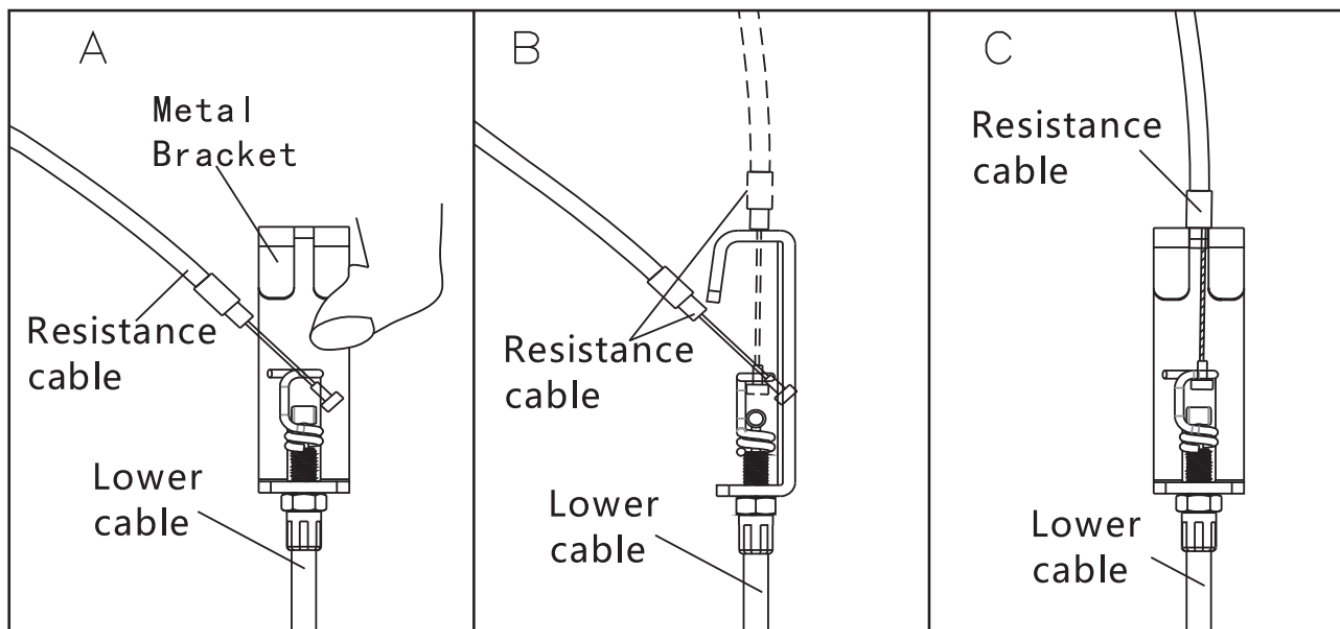


Figure 4

3.2 Connect the Sensor cable 1(41) with the Sensor cable 2(42) firmly. (see fig.5)

3.3 Use the Screwdriver (36) applied, M8x20 Inner hex screw (26), $\Phi 8$ Spring washer(23) and $\Phi 8$ Arc washer(24), connect the Centre bar (2) to the Main frame(1). (see fig.5)

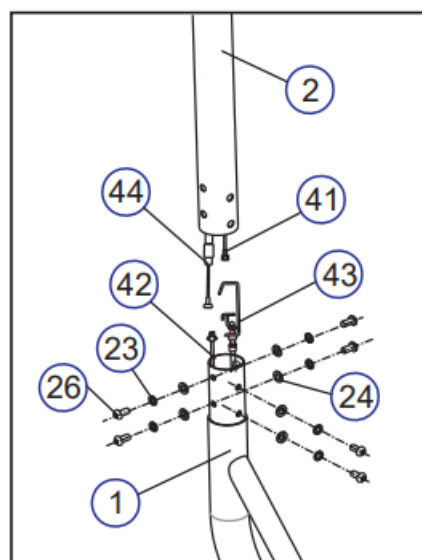
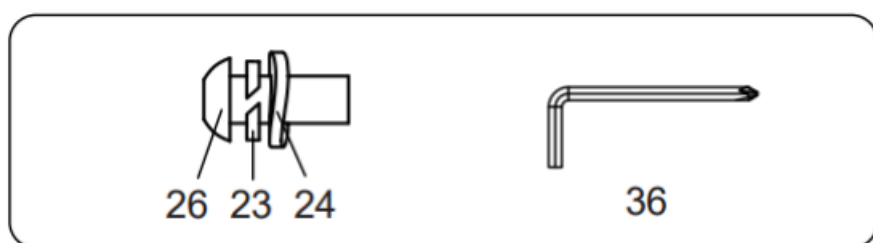


Figure 5

Step 4

Install the Heart Rate Grip

Pass the Heart rate cable(45) through the small hole on the back of the Centre Bar(2), and then pass out from the upper port. Use the Screwdriver (36) applied, M8x20 Inner hex screw (26), $\Phi 8$ Spring washer(23) and $\Phi 8$ Arc washer(24), fasten the Heart rate grip(5) to the Centre Bar(2). (see fig.6)

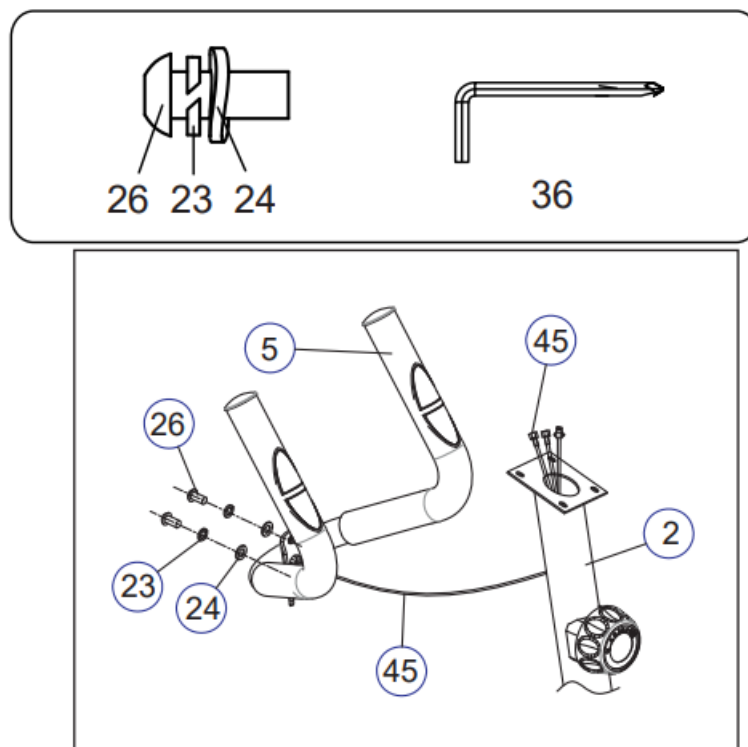


Figure 6

Step 5

Install the Digital Monitor

5.1 Connect the Heart rate cable(45) and the Sensor cable 1(41) to the connectors of the Monitor(12) in one-to-one correspondence, and then plug these cables into the centre bar.

5.2 Use the Screwdriver (36) applied and M5x10 Pan head screw to fasten the Monitor(12) to the Centre bar (2). (see fig.7)

Note: Battery Model Required: 2x 1.5V AAA Battery (Battery not included)



The M5x10 Pan head screw are pre-attached on the back of the monitor.

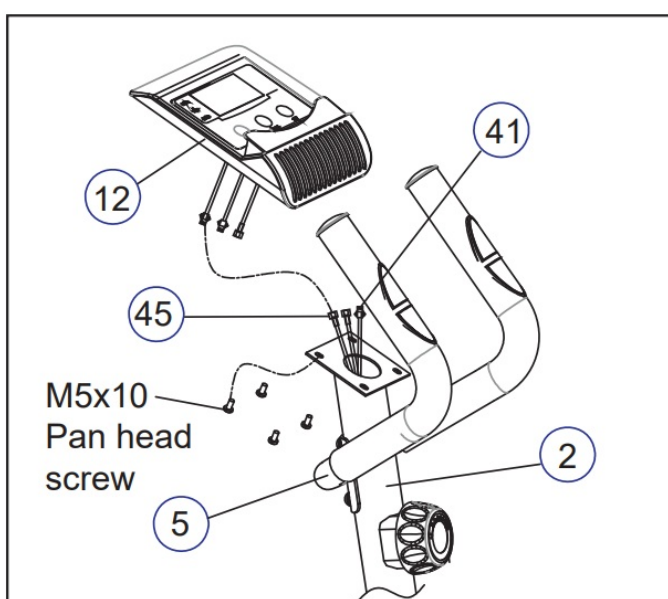
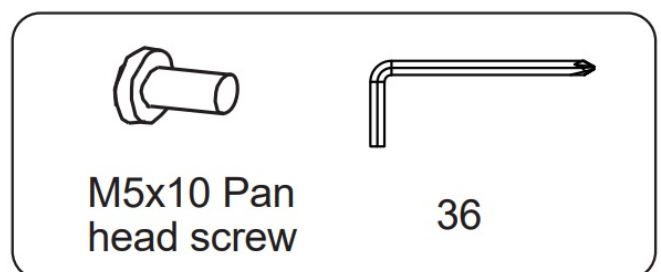


Figure 7



Step 6

Install the Right Swing Arm (As well as the Left Swing Arm)

Attached the Arc spacer (the arc is inward), the $\Phi 16$ Waveform elastic washer(28) and the Right swing arm(4) on the right swing shaft of the Center bar(2) in sequence. Use the Multi-function wrench(39) applied, $\Phi 16$ D Washer 32 \times 16.2 (29), $\Phi 8\times 22$ Plain washer (27) and M8x20 Hex head bolt (30) to tight it and cover with the Nut cover s=13(15). (see fig.8)

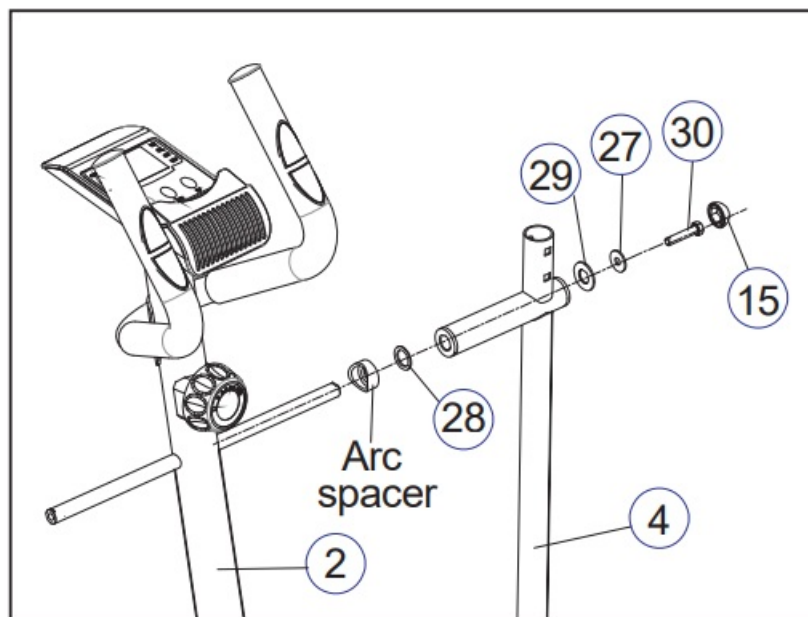





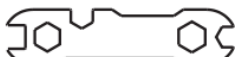


Figure 8



The Arc spacer are pre-attached on the swing shaft of the Center bar.

		
28	29	27
		
30	15	39

Step 7

Install the Left Pedal Shaft (As well as the Right Pedal Shaft)

Use the Allen wrench S=8(37), Multi-function wrench(38), Left pedal hinge bolt(31), $\Phi 16$ Waveform elastic washer(28), 20 \times 13 Spring washer(35) and Left Nylon Nut 1/2"(33) supplied to attach the rear weldment of the left swing arm to the left crank and cover with the Nut cover s=19(16). (see fig.9)

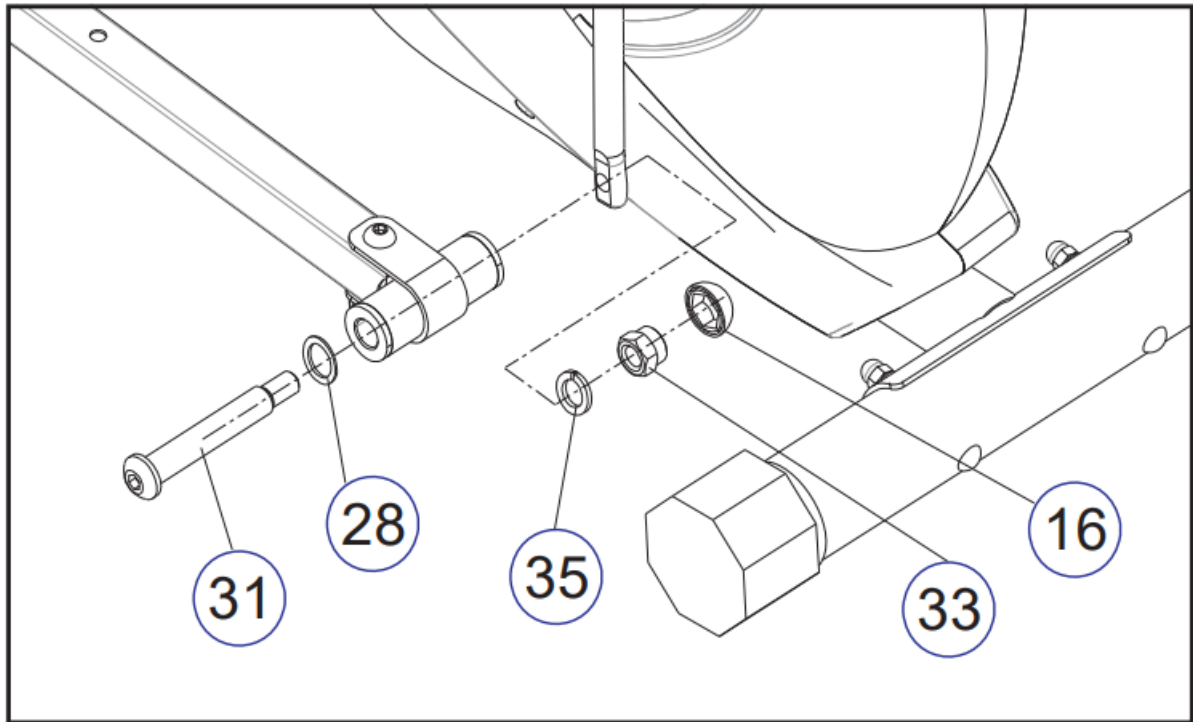
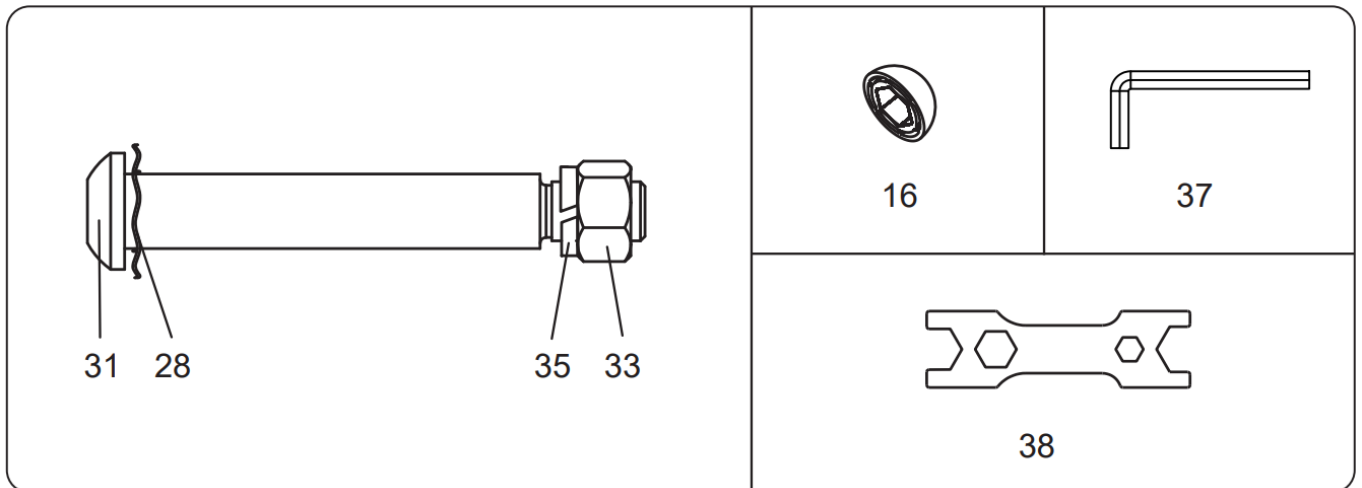


Figure 9



The left pedal hinge bolt is screwed into the left crank in a counterclockwise direction and then the left nylon nut is tightened in a clockwise direction. Oppositely, the right pedal hinge bolt is screwed into the right crank in a clockwise direction and then the right nylon nut is tighten in a counterclockwise direction.



Step 8

Install the Left Pedal (As well as the Right Pedal)

Use the Multi-function Wrench (39), M8x45 Hex head bolt (18), $\Phi 8$ Flat washer(20) and M8 Nylon nut(19) supplied to assemble the Left Pedal (10) and tight them properly. (see fig.10)

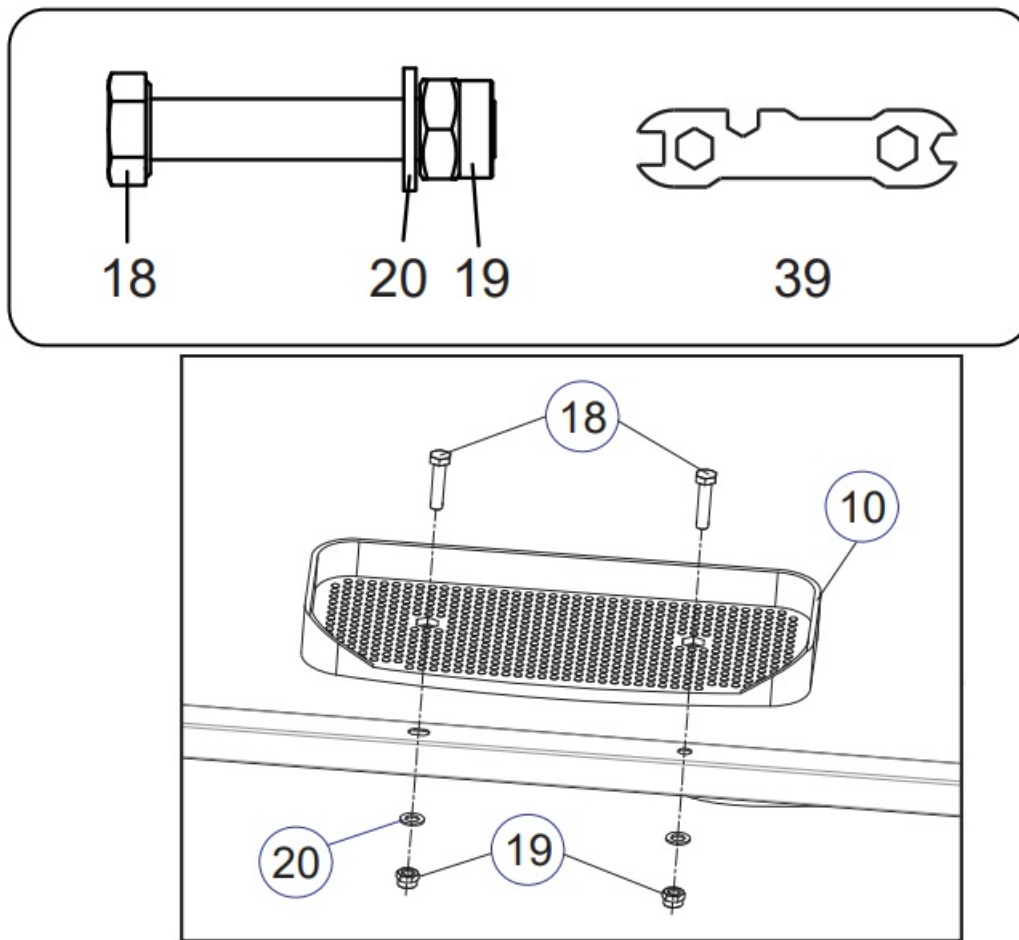


Figure 10

Step 9

Install the Left Handlebar(As well as the Right Handlebar).

Attach the Left handlebar(8) to the upper ends of the Left swing arm (3), and adjust them till the tapping holes aligned.

Use the Multi-function wrench(39) supplied, M8x45 Semi-round head square neck bolt(25), $\Phi 8$ Arc washer(24), $\Phi 8$ Spring washer(23) and M8 Cap nut(22) to tighten it. (see fig.11)

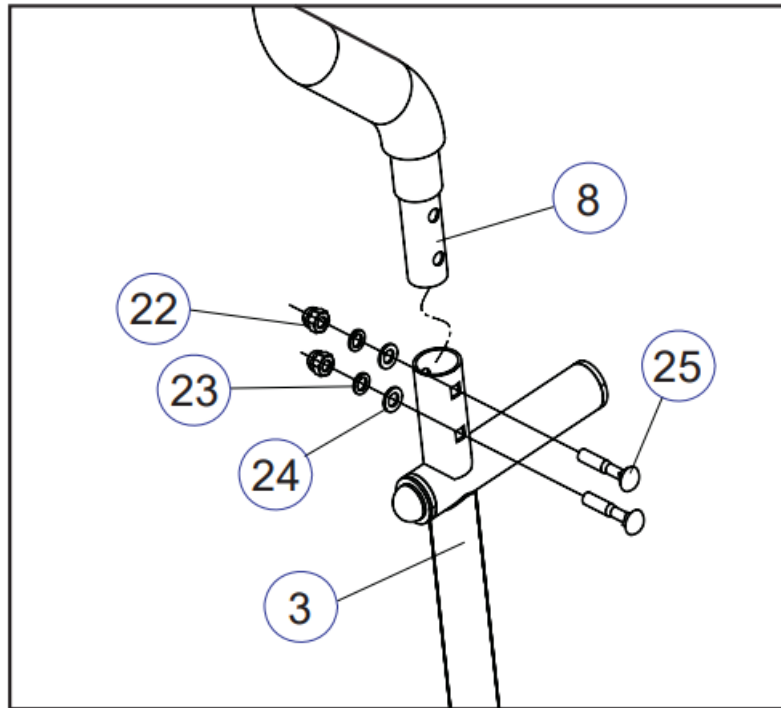
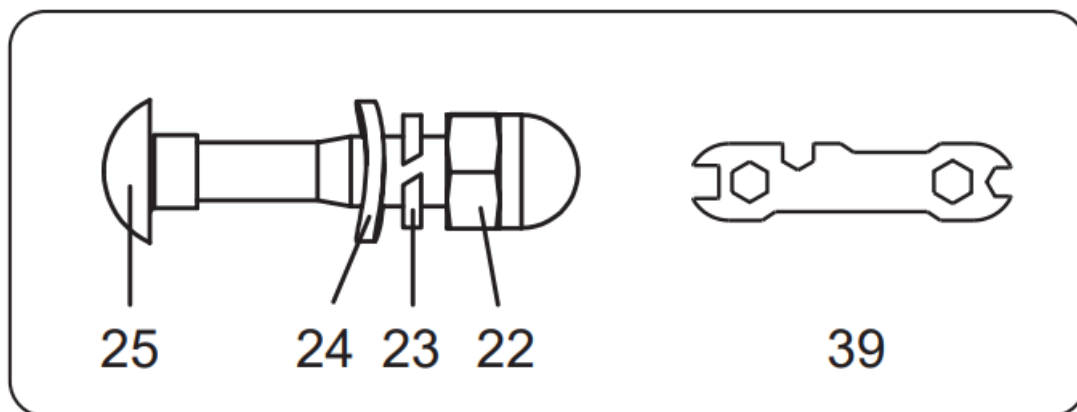


Figure 11



The M8x45 Semi-round head square neck bolts must be inserted correctly into the holes of swing arm. Besides, you also can use your own wrench to tighten the screws as tight as possible.



Step 10

Install the Nut cover and the Bottle Holder

10.1 After the whole machine is finished installing, cover the Nut cover S=17 (17) at the joints of the U-shaped seat weldment of the left and the right swing arm. (see fig.12) 10.2 Use the Screwdriver (36) applied and st4.0x15 bolt (40) to fix the bottle holder(13) on the Centre bar(2). (see fig.13)

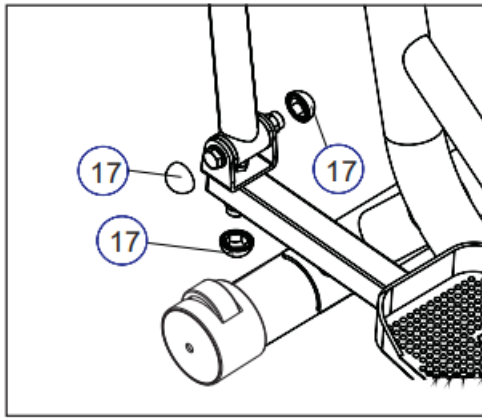


Figure 12

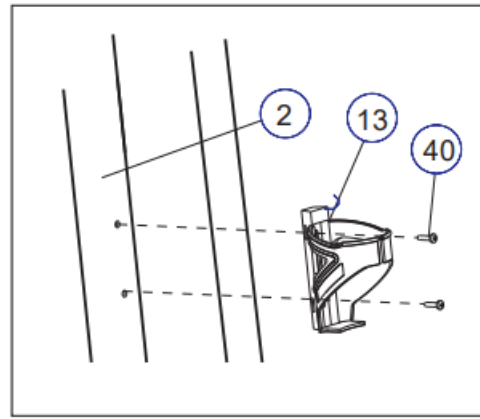
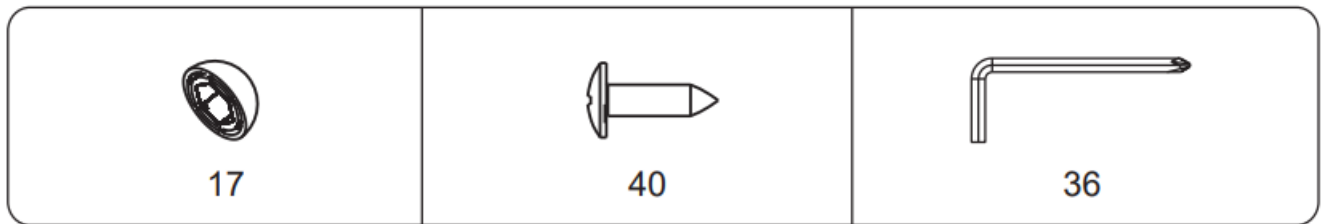


Figure 13

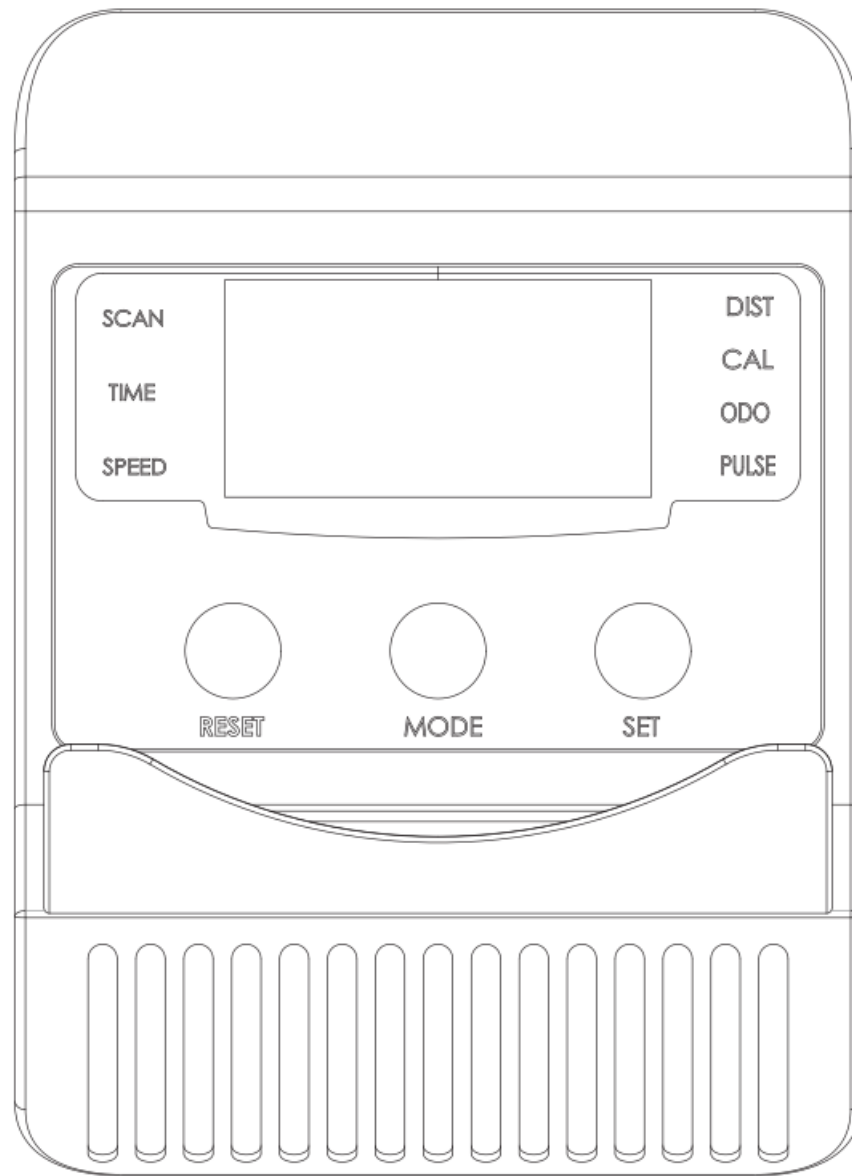


Monitor Instruction

Scanning: when the mode is scanning, the values of each mode are displayed cyclically in the main window, and each item is displayed for 6 seconds. Time: displays the time from the beginning to the end of the movement. If the middle movement is paused, the time is also paused. Time range: 0 :00- 99: 59 minutes.

Speed: measure the moving speed. The measuring range is 0. 0~ 999_9KM/ H or mile/h

RESET key: press this key, and all values except the total distance will be displayed as zero



Distance: displays the distance from the beginning to the end of the movement.

Range: 0. 0~ 9999KM(ML).

Calories: measure the calories consumed from the beginning of exercise to the end of exercise.

Measuring range : 0.~0 9999 cal.

Total distance: record the total distance of movement, After replacing the battery, this value returns to 0, and the measuring range is 0. 0 9999KM/ H or mile/h.

PULSE: The heart rate (if any) is measured by holding the heart rate sensor in hand, and the measurement range is 4-240 beats/mm.

SET key: in the setting mode, adjust the target value of each mode , and the display of the set mode will change to count down.

Mode key:

1. In the stopped state: switch the setting display of each mode in the order: time setting → speed setting → distance setting → calorie setting → total distance setting → heart rate setting.
2. Working status. Switch the contents of the main display window in the order: scan → time → speed → distance → calorie → total distance → heart rate.
3. Long press the MODE key : all values except the total distance are displayed as zero.

Note: the polarity of the battery should be placed correctly; 15 seconds after battery replacement; after replacing the battery, all the memory data disappears; the normal service life of the battery is 1 year.

How to improve the exercise effects

Like muscle exercise, aerobic exercise also needs more blood flow and higher heart rate, which will improve the function of cardiovascular system. Heart rate is generally judged by your pulse reading, and it is safe and effective if your pulse is below the maximum training target level. The training target area is called between 87% and 72% of the maximum heart rate, and the training target should be gradually improved by making a training plan, at least 3-4 times a week, each time for 15-20 minutes.

The accurate method to measure heart rate is to press your fingers on the carotid artery or wrist artery between trachea and big neck muscle on the side of neck, count the number of beats every 10 seconds, and multiply it by 6, that is, the number of beats per minute. The electronic watch of this machine has hand-held heart rate display function, which can be used for reference during training.



Don't try to exercise beyond the target heart rate, you must step by step; If there is a medical history, it must be carried out under the guidance of a doctor; When you are over 35-40 years old and do not have normal training, we advise you not to go beyond the doctor's warning. It is important to keep in mind that there are several minutes to warm up and cool down (Figure B below).

Maintenance and troubleshooting methods

1. Regularly check whether the bolts and nuts of each part are fastened, whether the adjusting knob is locked, whether the rotating part is flexible, and whether there are worn or damaged parts. Only when these parts are in good condition can the safety of the equipment be guaranteed;
2. After discovering worn or damaged parts, they should be eliminated immediately or sent to the repair center for replacement, and can only be used after repair;
3. Keep the equipment clean, but do not wipe it with acidic, alkaline or organic solution.
4. Faults and troubleshooting methods:

Causal barrier	Original cause	Exclusion method	Reserve note
Uneven frame	1.uneven ground or sundries 2.The base is not leveled when the frame is assembled	1.Eliminate sundries 2.Loosen the frame connecting bolts, level the base, and then tighten the bolts 3. Adjust the eccentric foot sleeve of the rear bottom pipe	user
Unstable handle	Loose threads	Tighten bolts	user
Rotating parts have abnormal noise	Gap imbalance	Open the shield adjustment	service center
Rotational weakness	1.the magnetoresistance gap increases 2.The trimmer is damaged 3.The belt slips	1.Open the guard to adjust 2.Replace 3.Open the guard to adjust	service center

If the machine is slightly changed, no further notice will be given.

WARRANTY

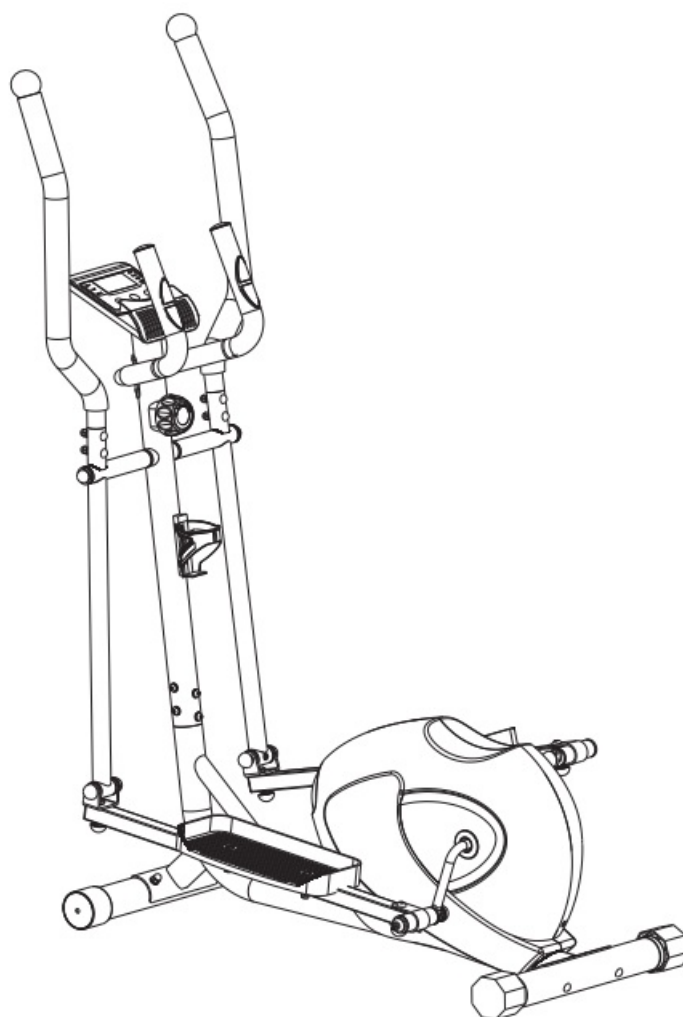
We offer an 12 month warranty after the original purchase date. If there are manufacturing defects on this product, please contact us with your order number and other details about the problem.

Customer Support

Should you require any assistance regarding this product please gather the following information and then contact us using the details below:


- Order Number: The number you receive after you make your purchase;
- Original purchase date
- Platform of Purchase, such as Amazon, Onbuy, etc;
- Information about the place and conditions of use;
- Precise description of the issue / defect.

The best way to contact us is via our official customer service email: dripex.co.uk@outlook.com



IMPORTANT Please retain your sales receipt, Our Fitness Customer Care may request proof of purchase to validate eligibility for warranty service. Warranty cover starts from the date shown on the proof of purchase.

DRIPEX

<p>Magnetic Elliptical Machine</p>  <p>User's Manual</p>	<p>Dripex C17V2M96eUL Magnetic Elliptical Machine [pdf] User Manual C17V2M96eUL Magnetic Elliptical Machine, C17V2M96eUL, Magnetic Elliptical Machine, Elliptical Machine, Machine</p>
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