

DrFinger Rest Hand Splint



## DrFinger Rest Hand Splint User Manual

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### DrFinger Rest Hand Splint



1. Insert 4 fingers into the corresponding finger holes.
2. Fix the thumb with the thumb strap.
3. Fix 4 fingers with a palm strap.
4. Fix the wrist with the middle wrist strap.
5. Bend the lowest wrist support forcefully to make it more suitable for your arm.
6. Fix the arm with the bottom wrist strap.
7. Fix one end of the separate palm strap on the palm obliquely 45 degrees as shown.
8. Pass between the thumb and the palm, and wrap the palm strap around the palm.
9. Fix another end of the separate palm strap.
10. Bend the palm rest to a comfortable angle.
11. Bend the thumb splint to a comfortable angle.
12. Bend the splint at the wrist to a comfortable angle. Finish.

## Specifications

<b>Fits</b>	Men or Women
<b>Material</b>	Foam, Fabric, Aluminum, Nylon
<b>Care</b>	Hand wash and air dry
<b>Color</b>	Black, Blue

- This resting hand splint is designed by DrFinger's health technology team and orthopedics doctors through continuous research and testing to conform to the ergonomic shape of the resting splint. It is very suitable for patients with stroke fingers, ruptured metacarpal bones, tendinitis, joint sprain treatment, postoperative care, carpal tunnel syndrome, other wrist injuries, and various hand dysfunctions.
- If you feel that our Hand Splint is working, we would appreciate your sharing your experience on Amazon so other customers can make more informed choices and we will know our efforts pay off.
- If you think our Rest Hand Splint can be improved in some way, you can also leave a review on Amazon or email us. Your valuable suggestions will be highly appreciated and we will improve our products and services upon your suggestions.
- Maybe your suggestions will make a better world. Wish you a quick recovery in your hand.

## Product Details

- High-density aluminium material inside the splint can adjust the shape.
- Available in two colours: Blue and Black.

## FAQ

How do I adjust the splint to fit my hand?

You can bend the aluminum support inside the splint to conform to your wrist and hand for a comfortable fit.

Is the Rest Hand Splint washable?

Yes, the splint should be hand washed and air-dried.

Can this splint be used for both left and right hands?

The manual does not specify, but it is designed to fit both men and women, so it may be universal.

What should I do if the splint does not relieve my symptoms?

If the splint is not effective, you can contact DrFinger Co. for a refund, as they offer a satisfaction guarantee even past Amazon's 30-day return period.

## Instructions

### How to use this rest hand splint?

#### Step 1

- Insert 4 fingers into the corresponding finger holes.



## Step 2

- Fix the thumb with the thumb strap.



## Step 3

- Fix 4 fingers with a palm strap.



## Step 4

- Fix the wrist with the middle wrist strap.



### Step 5

- Bend the lowest wrist support forcefully to make it more suitable for your arm.



### Step 6

- Fix the arm with the bottom wrist strap.



**How to use this rest hand splint?**

### Step 7

- Fix one end of the separate palm strap on the palm obliquely 45 degrees as shown.



### Step 8

- Pass between the thumb and the palm, and wrap the palm strap around the palm.



### Step 9

- Fix another end of the separate palm strap.



### Step 10

- Bend the palm rest to a comfortable angle.



### Step 11

- Bend the thumb splint to a comfortable angle.



### Step 12

- Bend the splint at the wrist to a comfortable angle. Finish.



- **Fits:** Men or Women
- **Material:** Foam, Fabric, Aluminum, Nylon
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## WARRANTY

We solemnly promise the reputation of the company. If you contact us by email, we promise that the product guarantee period will be extended to 12 months for you. Just tell us your order number, and we will register this order number in our 12-month warranty system.

As long as you let us register the order number for you if you find that any quality problem causes the product to not be used normally within 12 months from the date of purchase, we promise that we will send you a new product for free. If you think this product is not effective for your symptoms, we will refund you the full amount, even though Amazon's 30-day return period has passed.

Email: [DrFinger-service@outlook.com](mailto:DrFinger-service@outlook.com).



Promiser: *Doris Pan*  
CEO of DrFinger Co., Ltd.

High-density aluminium material inside the splint can adjust the shape.





Blue

Black

## Documents / Resources



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Rest Hand Splint, Rest Splint, Hand Splint, Rest Hand, Rest, Splint

## References

- [User Manual](#)

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