



DOOGEE D06 Smartwatch User Guide

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DOOGEE D06 Smartwatch



Product Information

The DG Ares is a smartwatch designed to track your daily activities and provide various features to enhance your lifestyle. It comes with a touch screen interface, full-screen touch operation, and a built-in heart rate monitor. The watch is compatible with both iOS and Android devices and requires Bluetooth 4.0 for connectivity. The device

also supports various sports modes, sleep monitoring, blood oxygen monitoring, and can control your mobile music player remotely. It has multiple dial styles to choose from and can display real-time weather information when connected to the app.

Product Usage Instructions

Charging and Activation

Before using the watch for the first time, it is important to charge and activate it:

1. Use the provided magnetic charger to connect to the metal points on the watch surface.
2. Connect the other end of the charger to a USB charging head or a computer USB entry.
3. Ensure the watch is fully charged before proceeding.

Basic Operation

Follow these steps for basic operation of the DG Ares:

1. Wear the watch on your right wrist, ensuring that the bottom of the sensor is installed on your skin. The strap should be a finger's width apart from your wrist.
2. Use the touch screen for full-screen touch operation. Click to select and long-press to enter or confirm.
3. The watch also has keys for navigation. Tap the key to return or close notifications.

Installing Watch App

To unlock additional features and functionalities, you need to install the GloryFit app on your smartphone:

1. Scan the QR code provided or visit any app store to download and install the GloryFit app.
2. Ensure your device meets the requirements: iOS 9.0 or higher; Android 4.4 and above with Bluetooth 4.0 support.

Main Functional Interface

The main functional interface of the DG Ares includes the following:

- Main Interface/Dial: Press and hold the touch screen on the home screen, swipe left and right to switch, and click to select.
- Choose from 6 different dial styles.
- Real-Time Resolution Menu: Short press the key on the dial page to access various icons including Status, Exercise, Heart Rate, Oxygen, Sleep, Weather, Music, Info, Stopwatch, Countdown, Find, Download, Flashlight, Theme, and Settings. Refer to the user manual for detailed instructions on each feature and how to navigate through the menu options.

Operation instruction

- When using the device for the first time, please read the instructions carefully and follow the steps in the

instructions for your convenience. Watch quick instructions

- Watch charging and activation The watch needs to be charged before the first use of activation, the use of equipped with magnetic charger adsorption to the watch surface metal points, the other end of the charger is connected to the USB charging head or computer USB entry.
- Charging diagram

basic operation



1. Wear a: ensure that the bottom of the sensor installed on the skin, right wrist strap and should be a finger and wrist apart.
2. Touch operation: DG Ares supports full-screen touch operation. Click to select. Long press: Enter or confirm.
3. Keys: DG Ares has keys. Tap: To return to or close the notification. Install watch APP Scan a QR code or go to any app store and download and install "GloryFit."



Device requirements: IOS9.0 or higher; Android4.4 and above, support Bluetooth 4.0.

- Main functional interface
- Main interface/dial

Press and hold the touch screen on the home screen, swipe left and right to switch, and click OK. Dial 6 styles optional.



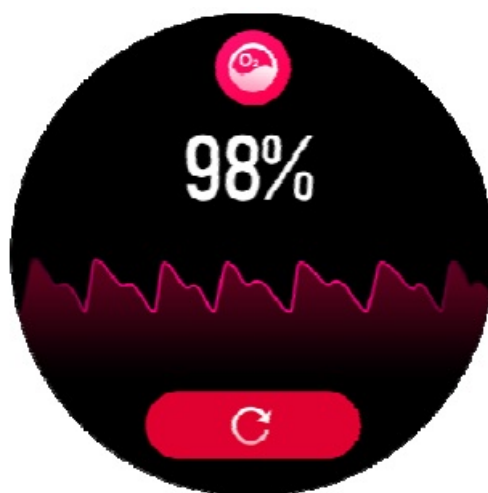
- **Read-time resolution**

menu

Dial page short press the key. ICONS include (Status, exercise, heart rate, oxygen, sleep, weather, music, info, stopwatch, countdown, Find, download, flashlight, theme, Settings) state Keep track of steps taken, distances covered and calories burned throughout the day. It can be synchronized to the APP in time to view the sports data. Heart rate monitoring Switch to the heart rate test interface to enter the real-time heart rate monitoring, measurement data can be timely synchronized to the APP, and there is a test report.

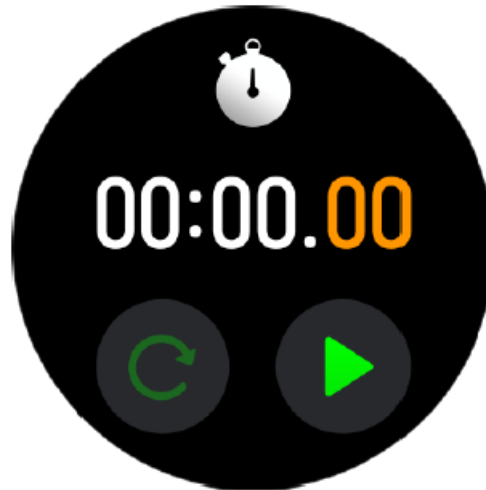
sleep monitoring

When you fall asleep, the watch will automatically judge when you enter sleep detection, automatically detect the length of deep sleep/light sleep/wakefulness throughout the night, and calculate your sleep quality; Detailed sleep data can only be viewed on the APP side Blood oxygen

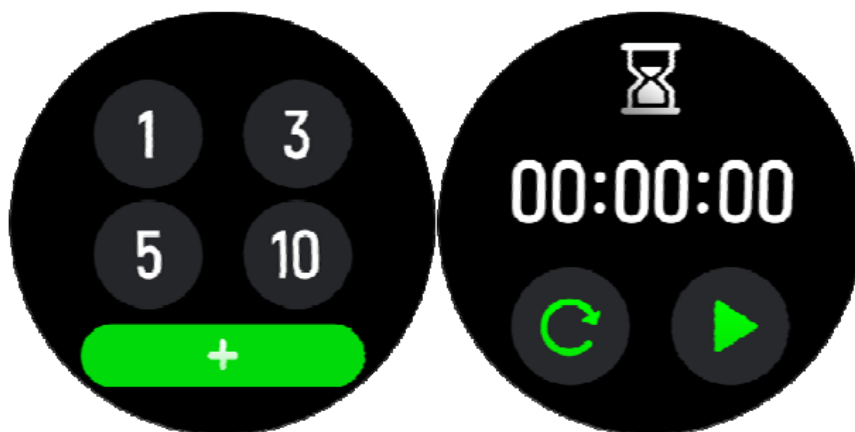


The weather screen displays the current weather. Weather information can only be obtained after connecting to the APP. If the connection is disconnected for a long time, the weather information will not be updated. Remote music After watch to connect to the APP, can control the mobile music player “up a song, the next song”, “play and pause” songs. movement Slide to the right on the main interface to enter the menu interface and click the motion icon to enter the motion mode detection. (Running, hiking, cycling, mountaineering, yoga, skipping rope, tennis, baseball, basketball, badminton, football, rugby, table tennis) Click the exercise icon on the menu interface to

enter, slide up and down to switch, single machine to start calculation, and slide right to exit the current exercise mode. stopwatch



Click the stopwatch icon to enter the stopwatch function. Swipe right to exit. Message interface Slide into the message interface on the main interface, click the message icon to view the information, turn the page on a single machine, and exit after viewing the message or slide right to exit. countdown

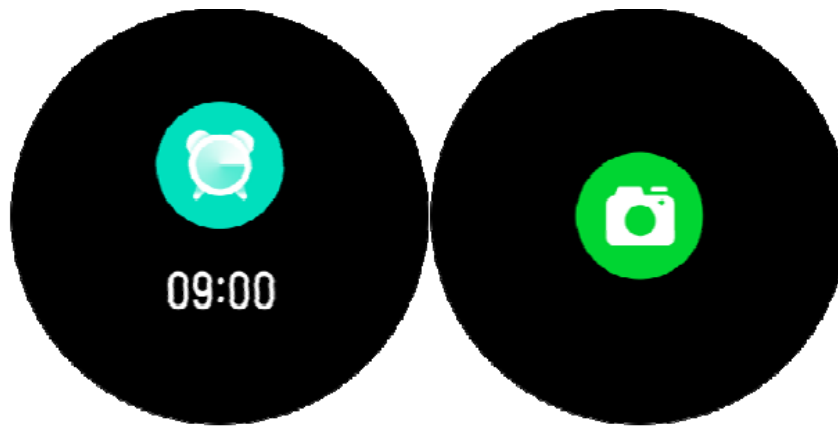


You can set a timer on the watch for a preset time, and when the timer expires, the timer will remind you; You can customize the timer time. Status bar Slide down from the main interface to enter the setting function interface, you can select “flashlight, do not disturb mode, brightness adjustment, find mobile phone, set” option, click the icon to enter the corresponding setting function set

1. You can switch the watch face stored locally on the watch
2. Adjust the brightness of the watch
3. Control the watch to restore factory Settings and shut down (after restoring factory Settings, all data in the watch will be cleared)

Brightness regulation

Click the brightness adjustment icon to freely select the screen brightness Find the mobile phone interface Connect the status bar, click the “Find” icon to enter, the single phone will send our vibration and ring prompt, the watch will shake twice prompt. About interface Click on the About icon to display the device name, Bluetooth address and versi number Shutdown interface



The functions of long-seated reminder, incoming call reminder, goal achievement reminder, alarm clock reminder and reminder need to open the reminder switch on the APP terminal, keep the Bluetooth connection between the phone and the watch as successful, and remind the screen of vibration when there is a message.

FCC Warning Statement

Changes or modifications not expressly approved by the party responsible for compliance could void the user's authority to operate the equipment. This equipment has been tested and found to comply with the limits for a Class B digital device, pursuant to Part 15 of the FCC Rules. These limits are designed to provide reasonable protection against harmful interference in a residential installation. This equipment generates uses and can radiate radio frequency energy and, if not installed and used in accordance with the instructions, may cause harmful interference to radio communications. However, there is no guarantee that interference will not occur in a particular installation. If this equipment does cause harmful interference to radio or television reception, which can be determined by turning the equipment off and on, the user is encouraged to try to correct the interference by one or more of the following measures:

- Reorient or relocate the receiving antenna.
- Increase the separation between the equipment and receiver.
- Connect the equipment into an outlet on a circuit different from that to which the receiver is connected.
- Consult the dealer or an experienced radio/TV technician for help.

This device complies with part 15 of the FCC Rules. Operation is subject to the following two conditions:

1. This device may not cause harmful interference, and
 2. this device must accept any interference received, including interference that may cause undesired operation.
- The device has been evaluated to meet general RF exposure requirement. The device can be used in portable exposure condition without restriction.



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D06, 2AX4Y-D06, 2AX4YD06, D06 Smartwatch, Smartwatch