



# CORE Honoree Sensor Pockets Three CES 2022 User Guide

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**CORE Honoree Sensor Pockets Three CES 2022**

**Specifications:**

- CORE sensor
- Adhesive patches
- Securing clips
- Magnetic USB charging cable
- Quick start guide
- Product information sheet

**Product Usage Instructions****What's in the Box?**

With each CORE device, you will find the following contents:

- CORE sensor
- Adhesive patches
- Securing clips
- Magnetic USB charging cable
- Quick start guide
- Product information sheet

**Charging**

Connect the charging cable to a USB power source and leave it on charge until the LED stops blinking. A full charge may take up to 2 hours.

**Powering On**

Disconnect the charging cable and shake the sensor until the green light starts blinking. This indicates that the device is ready to connect with your smartphone or other devices.

## **Connecting with the App**

The CORE App allows you to connect to sensors, view temperature data, perform firmware updates, and pair with a heart rate monitor. Follow the instructions in the app to set up your device.

## **Pairing with a Heart Rate Monitor**

Pairing with a heart rate monitor is essential for accurate data. Follow the instructions in the CORE App to pair your device with a heart rate monitor.

## **Pairing with 3rd Party Devices**

Once paired, most sports devices automatically find and connect to the CORE sensor. Refer to the setup guides for specific devices or software compatibility.

## **Wearing the CORE Device**

Position the sensor on the torso below the armpit for accurate measurements. Ensure consistent placement for reliable data.

## **Device Maintenance**

Rinse the CORE device with water and mild soap after each use. Disinfect with rubbing alcohol if needed. Avoid exposing the device to elevated temperatures for prolonged periods.

## **FAQ**

### **Q: How long does a full battery charge last?**

A: A full battery charge will last five to six days.

### **Q: Where should I position the CORE sensor for the most accurate measurements?**

A: For the most accurate measurements, position the sensor on the torso below the armpit using a heart rate monitor strap or provided patches.

### **Q: Can I wear the CORE sensor on other parts of my body?**

A: The CORE sensor can be worn on other parts of the body, but measurement accuracy may be reduced.

Everything you need to know to get started with your CORE device.

## **Let's Get Started**

### **SETTING UP YOUR CORE DEVICE**

#### **What's in the Box?**

With each CORE device you will find the following contents. (Look under the black cardboard insert):

- CORE sensor

- Adhesive patches
- Securing clips
- Magnetic USB charging cable
- Quick start guide
- Product information sheet



## Charging

Connect the charging cable to a USB power source (e.g. phone charger or computer, but not a power bank). Leave it on charge until the LED stops blinking. Note that it may take up to 30min to start blinking in the initial charging phase, and then may take up to another 2 hours for a full charge. A full battery charge will last five to six days.



## Powering On

Disconnect the charging cable and shake the sensor until the green light starts blinking. This indicates that the device has begun to measure and that it's ready to connect with your smartphone, smartwatch or sports computer.

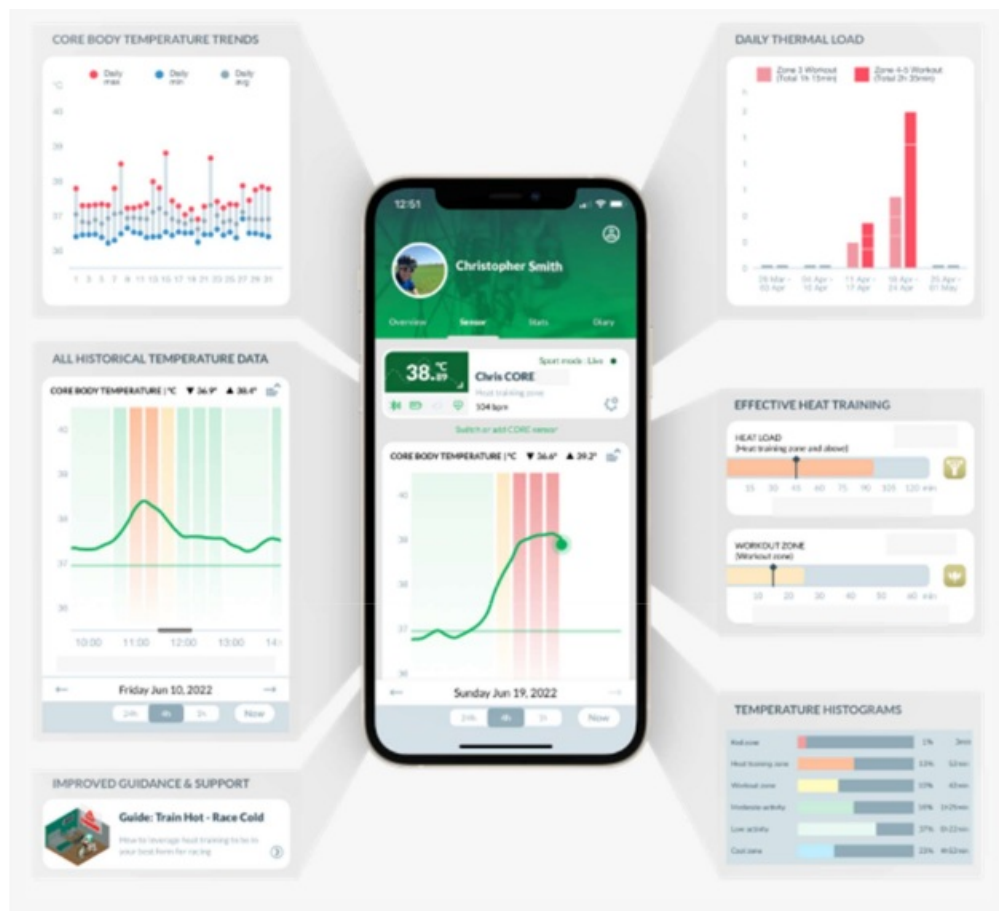


## Connecting with the App

The CORE App lets you:

- Connect to CORE sensors
- View your temperature data
- Perform firmware updates
- Pair to a heart rate monitor

1. Download and install the iOS CORE App or Android CORE App on your mobile device.
2. Start the CORE app and follow the instructions on the screen. Ensure Bluetooth is enabled on your mobile device.
3. Make sure to update to the latest firmware on your new CORE sensor.



## Pairing with a Heart Rate Monitor

Pairing with a HRM is critical for accurate data. The CORE sensor uses a complex algorithm to calculate core temperature. During sports, the lack of a heart rate signal will cause inaccurate data. The HRM only needs to be paired once (the sensor will connect automatically after that). Pairing is easy using the CORE iOS App or CORE Android App.

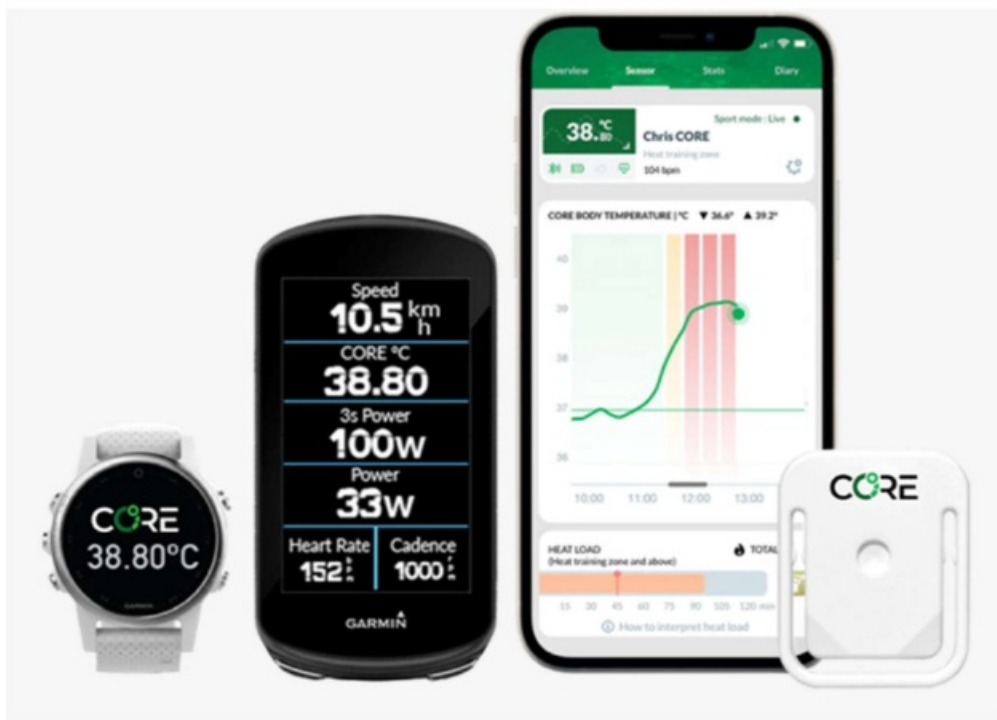


## Pairing with 3rd Party Devices

Once paired and the data fields are set up, most sports devices automatically find and connect to the CORE sensor and record the core body temperature into the FIT file.

- Garmin ANT+ Setup Guide
- Wahoo ANT+ Setup Guide
- COROS Bluetooth Setup Guide
- Suunto Bluetooth Setup Guide
- Hammerhead ANT+ Setup Guide

For a complete list of compatible devices and software, click 'learn more.'



## Wearing the CORE Device



For the most accurate measurements, position the sensor on the torso below the armpit using a heart rate monitor strap or the provided patches. Ensure consistent placement across sessions.

The CORE sensor can be worn elsewhere on the body such as on the arm or wrist; however measurement accuracy can be reduced.

When the sensor is mounted on a strap, remember to use one of the provided black plastic clips to hold it in place




## Device Maintenance

You can easily ensure you get a long life from your CORE device with these steps.

- Rinse your CORE device with water and mild soap after each use.
- The device can be disinfected with rubbing alcohol (ethanol or isopropanol).
- Elevated temperatures (such as a sauna or hot automobile) will shorten battery life. Store CORE in a dry and cool location.
- Regular charging of the sensor will prolong the battery life – the charge should ideally never drop below 10-20%.

## Documents / Resources

	<p><a href="#">CORE Honoree Sensor Pockets Three CES 2022</a> [pdf] User Guide Honoree Sensor Pockets Three CES 2022, Honoree, Sensor Pockets Three CES 2022, Pockets Three CES 2022, Three CES 2022, CES 2022</p>
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## References

- [User Manual](#)

[Manuals+](#), [Privacy Policy](#)

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