



CINCOM CM-028AS Rechargeable Leg Massager Operating Instructions

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CINCOM CM-028AS Rechargeable Leg Massager



Please read instructions carefully before use and keep it well for further reference.

Safety Precautions

Warnings

- Those with any of the following conditions or persons who are receiving medical treatment should consult the doctor before using the machine:
 - Using pacemakers or other medical devices which are susceptible to electrical interference;
 - Suffering from malignant tumors;
 - Suffering from cardiac diseases;
 - Having serious peripheral neuropathy dysfunction or sensory disturbance caused by diabetes;
 - Being unsuitable to do the massage because of traumas on the body;
- Keep it out of the reach of infants, children, and people without the ability to use it independently.
- Don't use another power adapter but the original one.
- Don't scratch, damage, process, excessively bend, pull, or twist the power cord of the power adapter. Otherwise, it may cause fire or electric shock.
- It is not allowed to be used when the power adapter dysfunctions or the plug is loose.
- Don't plug or unplug the power adapter with wet hands.
- Don't put the controller in the quilt or use the machine in high-temperature conditions.
- It is forbidden to remodel, disassemble, or repair the machine without permission.



Cautions

- Stop using it immediately if you feel unwell. Don't use it again before consulting the doctor.
- Don't use it in the bathroom or other humid places.
- Unplug the power adapter from the socket before you clean and maintain it.
- Unplug the power adapter when you are not using it.

Troubleshooting FAQs

How does this product massage?

- There are 2+2 airbags inside. It will be inflated and deflated to simulate the kneading and stroking of tissues like human hands. It can relax our muscles, increase circulation and relieve pain.

How many massage modes, and what's the difference?

- There are 3 massage modes,

- **Mode 1: Sequence Mode**

In this mode, the sleeve will be inflated and deflated from lower to upper.



Mode 1: Sequence Mode

- **Mode 2: Circulation Mode**

In this mode, the sleeve will be inflated and deflated circularly from lower to upper.



Mode 2: Circulation Mode

- **Mode 3: Whole Mode**

In this mode, the sleeve will be inflated and deflated simultaneously and wholly.



Mode 3: Whole Mode,

What should I do if I feel the massage strength is too light or too tight?

- There are 3 levels of massage strength selectable via the controller, please select the intensity that is fit for you. You can also adjust the strength by changing the tightness of the Velcro on the wraps.

How long should we use it?

- We suggest you use it 2~3 times every day and 20 minutes per time. You can also use it for a long time if you feel too tired or want to continue to enjoy it.

Why does the controller get hot?

- As we suggest, you can use it 20 minutes per time normally. If it keeps working too a long time, the controller will get hot, it's a normal phenomenon.

Why does the controller make a sound?

- The sound comes from the working air pump in the controller, providing air continuously to the airbags in the wraps, it's a normal phenomenon.

Troubleshooting

Problems	Causes & Solutions
1. Doesn't work and the Indicator light is off	Make sure the power adapter is connected well and press the power button of the controller.
2. Break off during operation.	The massager will shut off automatically in 20 minutes.
3. Too light or tight.	1 . There are three massage levels to choose from. 2. You can adjust the width of the wrap to make the strength suitable. 3. Turn off the machine if you cannot bear the strength.
4. The controller gets hot.	It is normal if the controller gets hot after a long time of use. We suggest you shut it down for 10 minutes.

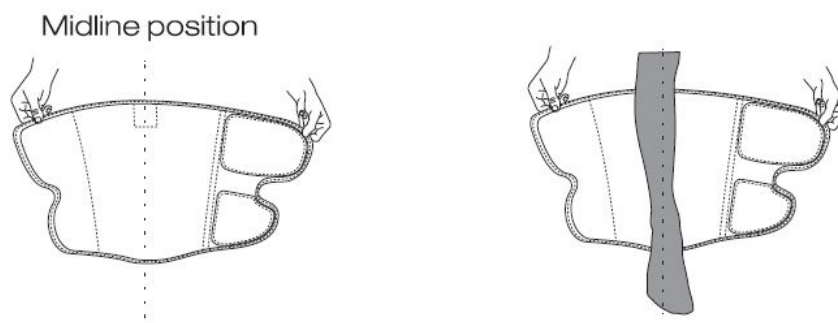
Product Charging Instructions

1. For first charging, please make sure the machine is fully recharged, which is good for the battery.
2. If the light of the power button is flashing, it means that the machine is out of power. You can continue to use it by the adapter or stop using it until it is fully recharged.
3. When it is recharging, the indicator of the power button keeps flashing; and when it is fully recharged, the indicator is always on.

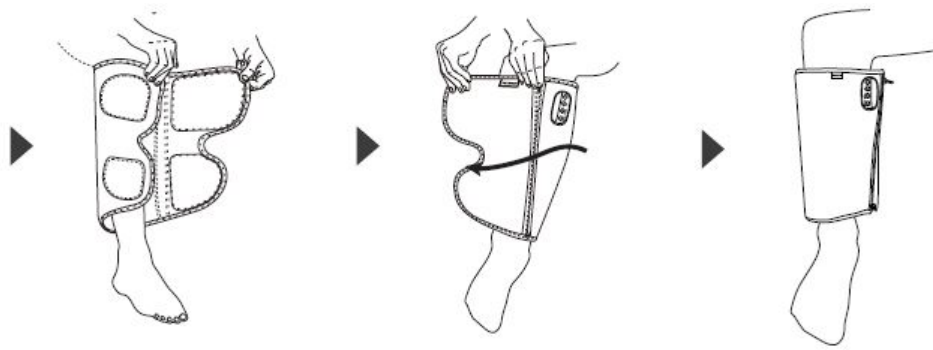
Usage Of The Sleeves

- **Cautions:** please read Safety Precautions carefully before use. In order to get a better massage, please wear the sleeves properly.
- **For Calves:** (Take the right leg as a reference.)

1. Wear the wraps on calves correctly as below.

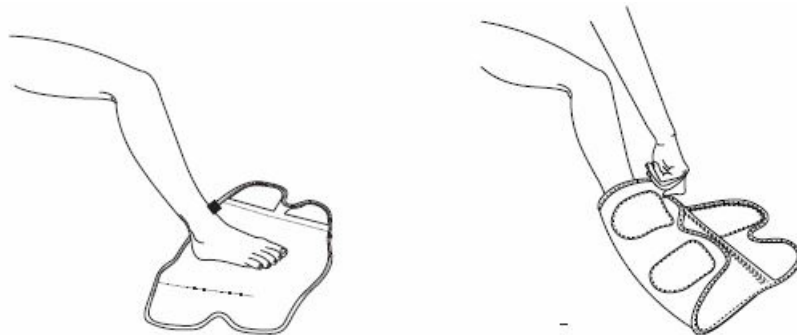


2. Check and adjust the position and tightness, don't wrap too tight.

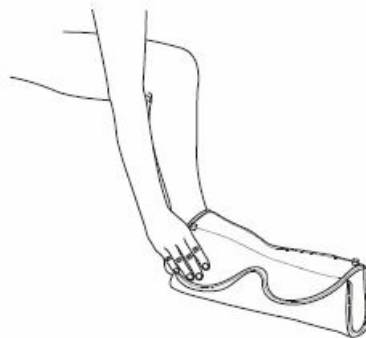


For Feet

1. Wear the wraps on your feet correctly as below.

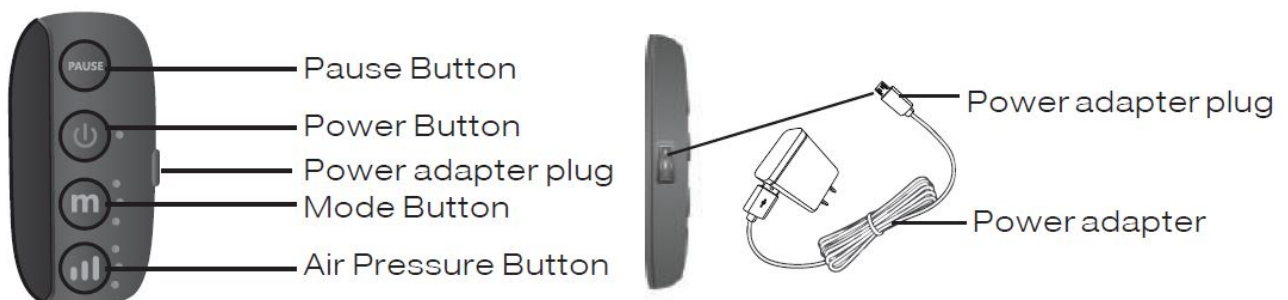



2. Check and adjust the position and tightness, don't wrap too tight.







Don't tie wraps too tightly and leave as some gap as possible for the first use.

Usage Of The Controller

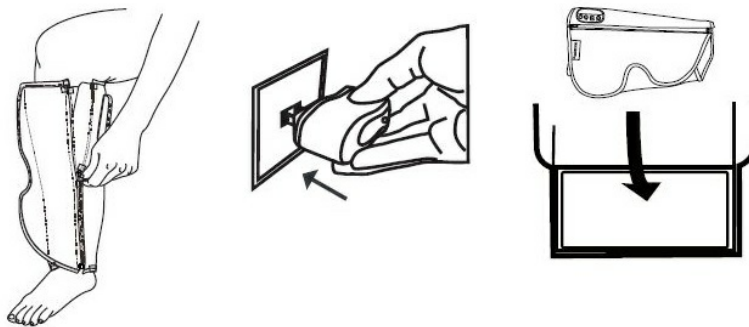


1. Press “” button and hold for three seconds to start the machine:
 - It will begin with mode 1 and strength 1 (The lowest) by default.
 - It will shut off after 20 minutes (You can restart it manually).

2. Press "  " button to switch and enjoy the different massage modes, the difference between these 3 modes can be seen on Page 2.
3. Press "  " button to select intensity.
 - Three pressure levels for choice. We suggest you use the lowest level at the beginning.
 - You can change the tightness of the warps to make the strength suitable as you like.
4. You can press "  " to pause massage anytime, and it will continue to massage when you press it again.
5. Press the "  " button to end the message.
 - **Warning** We suggest using it 20mins each time as the best. After 20 minutes of work, it will shut down automatically but you can restart it.

Notes after use

6. Smart design for the zipper, more convenient for you to wear on or take off the sleeves.
7. Unplug the power adapter from the socket.
8. Take off the wraps, and fold them into the storage bag or box.



Cleaning

Make sure to cut off the power when you clean the machine.



1. If dirty, please wipe the machine with a soft cloth moistened by soap solution.
2. Don't use gasoline, alcohol, diluent, and other irritating liquids to wipe the machine in case it causes malfunction or the components are damaged or discolored.
3. Toothpicks can be used to remove the hair or chippings attached to the Velcros.

Storage



- Keep it out of the reach of children
- Don't disassemble the machine by yourself.
- Don't place it in high temperature and humidity conditions.
- Avoid direct sunlight.
- Avoid needles puncturing the airbags and hoses.
- Don't place heavy stuff on it.

Disposal

Please adhere to the local regulations when you dispose of wasted

Specifications

Model	CM-028AS
Name	Air Compression Leg Massager
AC/DC Adapter	AC Input: 100~240 Volts, AC 50/60Hz, DC Output: 5V 1A
Rated power	5W
Operating Conditions	Temperature: + 5 ° C to 40 ° C (41 ° F to 104 ° F) Humidity : 1 % to 90 % non- condensing Atmospheric Pressure : 70 kPa to 106 kPa
Storage Conditions	Temperature: -20°C to 55°C Humidity : 5% to 90% non-condensing Atmospheric Pressure : 50 kPa to 106 kPa Keep dry and avoid direct sunlight exposure.
Timing	20 minutes

Package Included

- 1 x Leg Massager Wraps
- 1 x Power Adapter/ DC5V 1A
- 1 x User Manual
- 1 x Portable Storage Bag

Contact us

We provide 2-year warranty and long-term after-sale service. If you have any problems during using of this product, please feel free to contact us. Our professional customer service team will help you!

- **E-mail:** service@cincomhealth.com

Note: Please include the order number together with the problems you meet in the mail.

Cincom

- www.cincomhealth.com
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Cincom



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FREQUENTLY ASKED QUESTIONS

What is the primary purpose of the CINCOM CM-028AS Rechargeable Leg Massager?

The CINCOM CM-028AS Rechargeable Leg Massager is designed for compression therapy, aiming to stimulate tissue repair and provide relief from stress, fatigue, and pain, with applications for RLS, leg cramp relief, and leg edema.

Which body parts can the CINCOM CM-028AS Leg Massager be used on?

The CINCOM CM-028AS Leg Massager is versatile and can be used on hands, legs, feet, calves, thighs, and arms.

What is the power source of the CINCOM CM-028AS Rechargeable Leg Massager?

The CINCOM CM-028AS Rechargeable Leg Massager is powered by a rechargeable battery.

What material is used in the construction of the CINCOM CM-028AS Leg Massager?

The CINCOM CM-028AS Leg Massager is made of silicone.

How much does the CINCOM CM-028AS Leg Massager weigh?

The CINCOM CM-028AS Leg Massager weighs 3 pounds.

What is the model number of the CINCOM Leg Massager with rechargeable capabilities?

The model number of the CINCOM Leg Massager is CM-028AS.

What are the dimensions of the CINCOM CM-028AS Rechargeable Leg Massager?

The dimensions of the CINCOM CM-028AS Rechargeable Leg Massager are 14 x 8 x 3 inches.

How is the CINCOM CM-028AS Leg Massager powered, and what type of battery does it require?

The CINCOM CM-028AS Leg Massager is powered by 1 Lithium-Ion battery, and it is rechargeable.

What are the specific modes and intensities available in the CINCOM CM-028AS Leg Massager for pain relief?

The CINCOM CM-028AS Leg Massager offers 3 massage modes and 3 pressure intensities for customizable pain relief.

How does the pause function in the CINCOM CM-028AS Leg Massager enhance the user experience?

The CINCOM CM-028AS Leg Massager features a pause function, allowing users to pause the massage at any time and resume from where they left off.

What is the purpose of the velcro design in the leg wraps of the CINCOM CM-028AS Leg Massager?

The leg wraps of the CINCOM CM-028AS Leg Massager feature a velcro design, enabling users to adjust the

size to fit different leg sizes.

How does the Zipper on the CINCOM CM-028AS Leg Massager contribute to ease of use?

The CINCOM CM-028AS Leg Massager is equipped with a zipper for easy on/off, eliminating the need to re-adjust the velcro for the best size.

What is the maximum circumference that the CINCOM CM-028AS Leg Massager can accommodate?

The CINCOM CM-028AS Leg Massager can accommodate a maximum circumference of up to 23.6 inches.

How is the CINCOM CM-028AS Leg Massager charged, and what is its working time on a full charge?

The CINCOM CM-028AS Leg Massager can be charged using any USB device, and its working time on a full charge is up to 3 hours.

What are the portability features of the CINCOM CM-028AS Rechargeable Leg Massager?

The CINCOM CM-028AS Rechargeable Leg Massager is wireless, lightweight, and portable, making it convenient for use anywhere and anytime.

VIDEO – PRODUCT OVERVIEW



DOWNLOAD THE PDF LINK: [CINCOM CM-028AS/BH001 Leg Massager Operating Instructions Rechargeable-Leg-Massager-Operating-Instructions.mp4](#)

REFERENCE: [CINCOM CM-028AS Rechargeable Leg Massager Operating Instructions-Device.Report](#)

References

- [User Manual](#)