



# CINCOM CM-020G Percussion Muscle Massager Operating Instructions

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**CINCOM CM-020G Percussion Muscle Massager**



Please read the instructions carefully before use and keep it well for further reference.

## Instruction

Thanks for purchasing our product. Please read the instructions carefully before use and keep it well for further reference. If you have any problem during using of this product, please feel free to contact us through Amazon or by emailing [service@cincomhealth.com](mailto:service@cincomhealth.com) to us. Our professional customer service team will help you!

## Safety Precautions

### Warnings & Cautions

1. Those with any of the following conditions or persons who are receiving medical treatment should consult the doctor before using the machine:
  - Using pacemaker or other medical devices which are susceptible to electrical interference;
  - Suffering from malignant tumors;
  - Suffering from cardiac diseases;
  - Having serious peripheral neuropathy dysfunction or sensory disturbance caused by diabetes;
  - Being unsuitable to do the massage because of traumas on the body;
2. Keep it out of the reach of infants, children and people without the ability to use it independently.
3. Do not immerse in water. Keep away from liquids or heat sources. Keep ventilation ports free from dust and debris.
4. Do not remove screws or attempt to disassemble.
5. Do not drop or misuse the Percussion Massage Gun.
6. Do not use the machine continuously for more than one hour, stop using it until you have a rest for 30 minutes.
7. Unplug the charger from the device after charging or before use.
8. It can only be used on soft tissues of the body, which will not cause pain or discomfort. Do not use on any hard

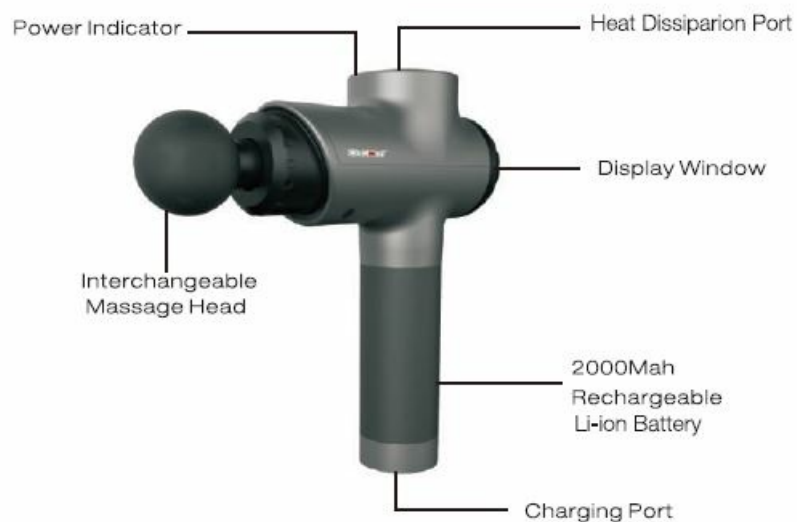
or bony area of the head or body.

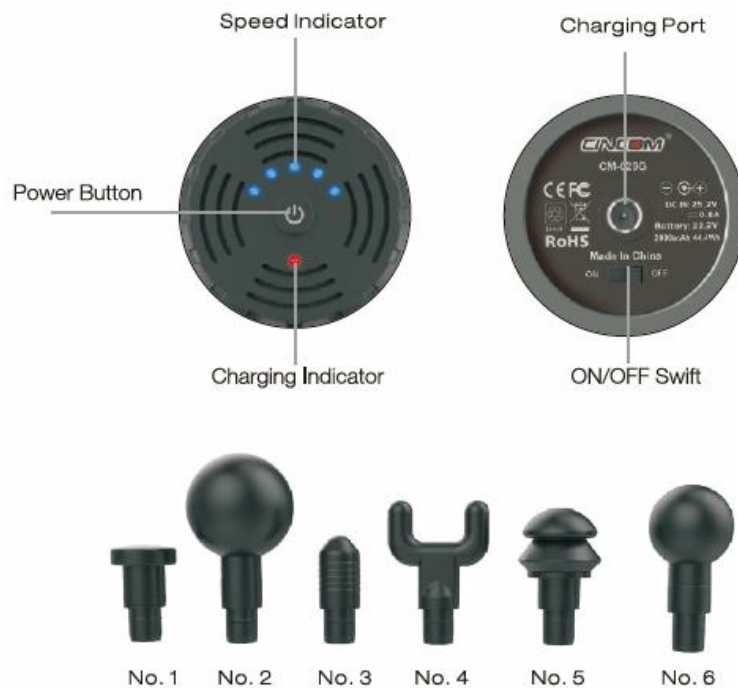
9. Fingers, hair, or any other part of the body should be kept away from the pole and back of the machine to avoid clipping.
10. Abrasions may occur during use no matter how much intensity you choose. Always check the area for treatment and stop at the first sign of pain or discomfort.

## Feature

1. Powerful Brush less High-Torque Motor with Quiet Glide Technology
2. Rechargeable Lithium-Ion Battery (4-6 Hours of Use Per Charge)
3. Multi- Speed Settings (5 Speed) for Optimal Pressure
4. Cordless and Lightweight (2 Lbs)
5. ON/ OFF Power Switch
6. One-button-control
7. Interchangeable Massage Heads (x6)

## Product Diagram





- **No. 1: Flat Head**

Suitable for relaxing and muscle shaping.

- **No. 2: Big Ball Head**

Suitable for back, buttocks, etc.

- **No. 3: Bullet Head**

Suitable for meridians, palms, soles, etc.

- **No. 4: U-Shaped Head**

Suitable for neck, spine, achilles tendon, etc

- **No. 5: Rubber Gas Head**

Suitable for all parts of the body

- **No. 6: Small Ball Head**

Suitable for arms, thighs, calves, etc ..

## Operating

1. Choose a massage head, slightly push it into the massage gun.
2. Turn on the device by moving the power switch on the bottom to "ON" position, the power indicator light is on (a blue ring light on the top of the massage gun).
3. Long press the power button(3s) to start the massage, the speed indicator light is on and it will begin with speed level 1 (the lowest intensity).
4. Adjust the speeds via the power button from Level 1-5, massage your desired body part with suitable speed, the selected speed level will be shown via the speed indicator.
5. Long press the power button(3s)to stop massage, speed indicator light will go out.
6. Turn off the device by moving the bottom switch to "OFF" position and power indicator light will go out.

## Notes:

- The device will automatically turn off after using for 15 minutes, you can press the power button to start a new

session.

- If you wanna massage with another different massage head, turn off the device, slight tug to remove the old one and slight push to put the new one in, then repeat steps 2-5.

## Charging Instruction

1. For first charging, please make sure the machine is fully recharged, which is good for the battery.
2. If the charging indicator is flashing, it means that the massage gun runs out of battery. Please stop using and charge it
3. To recharge, connect the charging adapter to the device's charging port.
4. When it is recharging, the indicator of power button keeps flashing; and when it is fully recharged, the indicator is always on.
5. The average running time is 4+ hours depending on speed level and pressure applied during use.

## Maintenance, Cleaning & Storage

- Use a slightly damp towel to clean device and a dry with a soft cloth.
- For storage or travel, Turn off the bottom power button and store in supplied portable box.

## Package Included

- 1 x Percussion Muscle Massager
- 1 x Power Adapter/ DC 25.2V 0.8A
- 1 x Operating Instruction
- 1 x Carrying Case
- 6 x Interchangeable Massage Heads

## Specifications

Model	CM-029G
Name	Percussion Muscle Massager
AC / DC Adapter	AC InpuU00-240V 50/60Hz, DCOutput:25.2V 0.8A
Battery Capacity	2000Mah
Working Hour	4-6H
Charging Time	2.5-3H
No-load Speed	1800-2800 Rpm
Speed Levels	5 Speeds Adjustment

## Contact Us

We provide 2-year warranty and lifelong after-sale service for all products in or store, if you have any problems while using, feel free to contact us via

- **email:** [service@cincomhealth.com](mailto:service@cincomhealth.com).

If you want to follow up our new products and latest promotional information, please visit our official website and Facebook account.



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## FREQUENTLY ASKED QUESTIONS

What is the primary use of the CINCOM CM-020G Percussion Muscle Massager?

The massager is designed for whole-body use.

What is the power source of the CINCOM muscle massager?

The massager is battery-powered.

What material is used in the construction of the CINCOM CM-020G?

The massager is made of silicone.

What is the weight of the CINCOM Percussion Muscle Massager?

The massager weighs 2 pounds.

What is the model number of the CINCOM Percussion Muscle Massager?

The model number is CM-020G.

How does the CINCOM muscle massager provide deep tissue massage?

It sends pulses of pressure that penetrate deep into muscle tissue.

How does the vibration design of the massager benefit muscle health?

The powerful multi-frequency vibration design can relieve muscle soreness, promote blood flow, and improve soft tissue health.

What technology is used to make the motor ultra-quiet?

The massager utilizes unique quiet glide technology and a brushless high-torque motor.

How does the massager dissipate heat during operation?

It has an ultra-strong heat dissipation function, ensuring a smooth and comfortable massage experience.

How many intensity modes does the percussion massager offer?

The massager has 5 vibration speed modes.

How many massage heads come with the CINCOM CM-020G?

There are 6 massage heads provided for targeted treatment of various muscle groups.

Can the massage heads be easily removed and installed?

Yes, the massage heads can be quickly and easily removed and installed.

What is the battery capacity of the CINCOM CM-020G?

The massager is equipped with a 2000mAh high-quality rechargeable lithium-ion battery.

How long does the battery last on a single charge?

The massager can work for up to about 6 hours per charge.

What is the design of the handle, and why is it ergonomic?

The handle is made of ergonomic silicone, providing a comfortable grip.

## VIDEO – PRODUCT OVERVIEW



[Download the PDF link to download the 2023 26 INCH CM-020E Percussion-Muscle-Massager Operating Instructions](#)  
[Percussion-Muscle-Massager-Operating-Instructions.mp4](#)

## References

- [User Manual](#)