

BOULT Dive+ Bluetooth Calling Smartwatch User Manual

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BOULT Dive+ Bluetooth Calling Smartwatch



Product Information

The product is a smartwatch that offers various features such as exercise tracking, phone calling, sleep monitoring, and heart rate monitoring. It supports IOS 9 and Android 5 or above operating systems. The user manual provides important notes and instructions for using the product.

Notes:

- The company reserves the right to modify the contents of this manual without any further notification. Some functions may vary in certain software versions.
- Before using the product, it is recommended to charge it with the provided cable for at least 2 hours.
- To use the product, you need to connect the APP for synchronization and set your personal information.
- The product is IP68 rank waterproof but not suitable for deep sea diving. It is also not resistant to hot water, tea, or other corrosive liquids. Using the product in such conditions will void the warranty and maintenance services.

Product Usage Instructions

How to wear

- 1. Wear the device on your wrist correctly, positioning it about one finger from the carpal area.
- 2. Adjust the device to a comfortable position. Refer to the picture in the manual for reference.

Tip: When using the heart rate monitor, wear the device slightly tighter.

How to download & connect to APP

There are three methods to download and install the APP:

- A. Find the QR code on the settings page of the watch. Turn on the watch, go to Settings > About > Download QR code, then scan the QR code to download and install the BoultFit APP.
- B. Scan the provided BoultFit QR code to download and install the BoultFit APP.
- C. Search for "BoultFit" in the App Store or Play Store to download and install the BoultFit APP.

Open the BoultFit APP and select "Add Device" on the device page. Follow the instructions on the screen to connect the device to the APP.

DIVE+

To connect to the BT call feature:

- For most Android phones: After the watch is connected to the APP correctly, a PAIR pop-up reminder will appear. Choose to pair with "Dive+_PHONE" to complete the connection.
- For all IOS mobile phones and some Android mobile phones: After the watch is connected to the APP correctly, go to the Bluetooth settings page of your mobile phone. Search for and select "Dive+_PHONE" in the Bluetooth list, then click to pair. The BT call feature can be used after pairing.

Operating Instructions

- Quick Settings: Slide down from the main page to access the shortcut page.
- Main Menu Page: Slide up from the main page to change the menu styles by double-clicking on the side button or changing it on the settings page.
- Recent Features: Slide right from the main page to enter the split-screen view. Press the side button or slide left to return.
- Smart Features Page: Slide right from the main page to enter the smart components page. There are 7 components. Click "+" to add features and long-press to delete.
- Quick access to change watch faces: Long-press the watch face on the main page and slide left or right to choose watch faces.
- Power on/off: Press and hold the side button for 3 seconds on the dial interface.
- Normal operation: Press the side button to return to the previous page. On the main page, press the side button to turn on/off the screen.

Function introduction

- Exercise: The device records daily steps, distance, and calories. More details can be viewed in the app.
- **Phone Calling:** Please refer to section 02.3 to connect and use the phone calling feature. You can check contacts and call records.
- Sleep: The device records your sleep status. More details can be viewed in the app.
- **Heart rate monitoring:** Click on the heart rate page to measure your heart rate. More monitoring operations and test data can be viewed in the app.

Notes:

• The company reserves the right to modify the contents of this manual without any further noti?cation. It is

normal that some functions may vary in certain versions of software.

- Please charge this product with the con?gured cable for no less than 2 hours before using it.
- Before using the product, you need to connect the APP synchronization time and set your personal information.
- This product supports IP68 rank waterproof, not suitable for deep sea diving. Hot water, tea and other corrosive liquids are destructive to the watch, and will not be able to enjoy the product warranty and free maintenance services.

How to wear

Please wear the device on your wrist correctly, about one ?nger from the carpal and adjust it to comfortable position. Below picture as reference. Tip: Please wear the device a bit little tighter when using heart rate monitor.



How to download & connect to APP

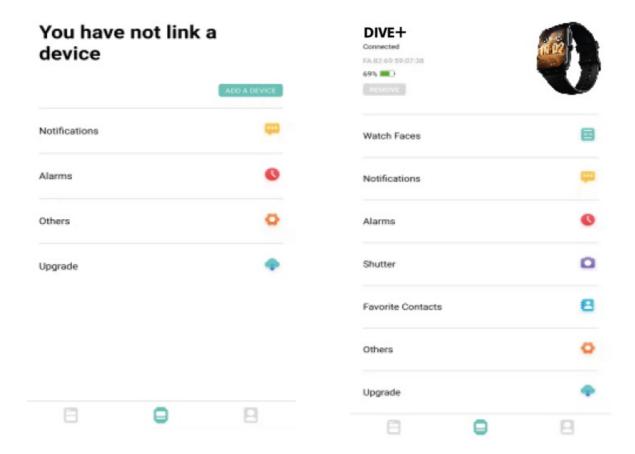
3 methods to download & install APP:

- Find the QR code on setting page. Turn on the watch, open "Settings-About-Download QR code", scan QR code to download and install "Boultfit" APP.
- Scan below "BoultFit" QR code to download and install "BoultFit" APP
- Search "BoultFit" in App Store or Play Store to download and install "BoultFit" APP.



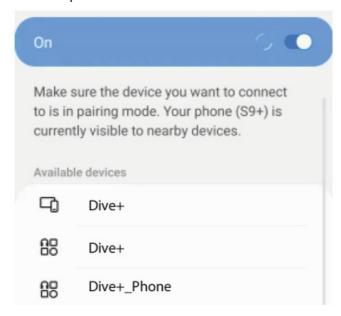


Open "BoultFit" and select "Add Device" on the device page, then follow the instructions on the screen.



How to connect to BT call feature:

- 1. For most android phones, after watch connected to APP correctly, there will be a "PAIR" pop-up reminder, chose to pair to Dive+_PHONE, then connection ?nished.
- 2. For all IOS mobile phones and some Android mobile phones, after watch connected to APP correctly, you should go to setting page of mobile phones, search and select Dive+_PHONE in bluetooth list, then click to pair, BT call feature can be used after paired.



Tips:

- 1. Please upgrade the app to the latest version to get a better experience.
- 2. It is recommended mobile phone system of Android 5.0 or IOS 9.0 or above.

- 3. For the first-time connection with iPhone, a "Pair" reminder will pop up, click to pair, then incoming calls and instant messages will be pushed.
- 4. For the first-time connection with android, a "Permissions" reminder will pop up, please follow up on the guidance and allow permissions to ensure all functions working properly.
- 5. To connect successfully, please turn on the mobile phone's Bluetooth, GPS, and Mobile network/WIFI.
- 6. If the device cannot be searched or connected during use, please reset or turn off the watch and try again.

Operating Instructions

• Quick Settings: Slide down from main page, go to shortcut page.



• Main Menu Page: Slide up from the main page, change the menu styles by double click on side button or change on setting page.

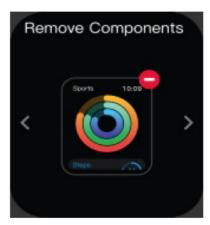


• **Recent Features:** Slide right from the main page to enter into split-screen, press the side button or slide left to return.



• Smart Features page: Slide right from the main page enter into smart components page, there are 7 components, click "+" to add Features long press to delete.

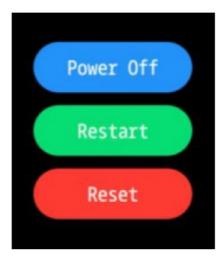




 Quick access to change watch faces: Long press the watch face on main page, slide left or right to choose watch faces.



• Power on/off: press and hold the side button for 3 seconds on the dial interface.



• Normal operation, press the side button to return back to previous page; On main page, press the side button to turn on/off the screen.

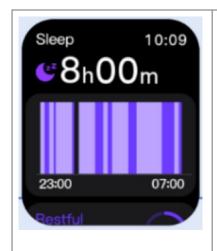
Function introduction



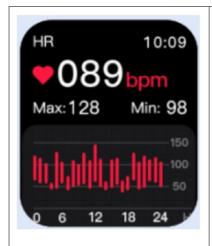
Exercise: Record daily steps, distance, and calories. More details can be vie wed in app.



Phone Calling: Please refer to 02.3 to connect and use phone calling feature . You can check contacts and calls record.



Sleep: Record your sleep status. More details can be viewed in APP.



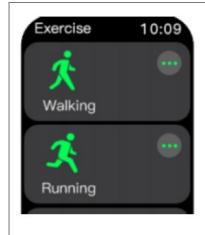
Heart rate monitoring: Click on heart rate page to measure heart rate. More APP monitor operation and test data can be viewed on in app



Blood pressure monitor: Record your blood pressure status. More details can be viewed in APP. The value is for reference only and cannot be used as a medical basis.



Blood oxygen monitor: Record your blood oxygen status. More details can b e viewed in APP. The value is for reference only and cannot be used as a me dical basis.

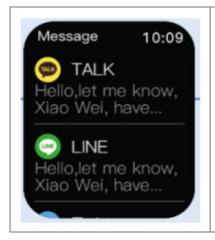


Multi-sport mode: are supported. More details can be viewed in APP.



Weather: Current weather status and next 5 days forecast.

Make sure bluetooth connected correctly.



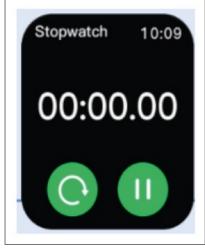
Message: Instant notifications reminder, 5 latest messages will be showed.(re quires permission to turn on the App side)showed.



Al voice assistant: When APP is successfully connected and the bluetooth c all function is successfully connected. By using the corresponding phone mod el's wake up "word" to wake-up Al voice assistant (for example, the wake-up word of Xiaomi phone is "Xiao Ai"), the user can use the Al voice assistant to wake up the phone function to operate it.



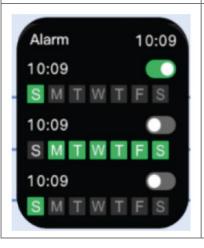
BT Camera Control: After connecting to the phone, the watch can be used a s a remote control for the phone's camera, and click on the watch camera cont rol page to control the phone camera shutter.



Stopwatch: Record time.



Breathing training: Record breath training.



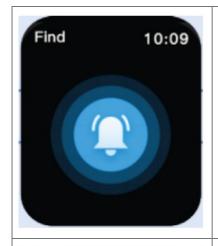
Alarm clock: 3 alarm clocks can be set.



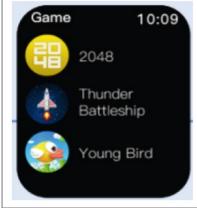
Music control: Connected to APP, operate on play/pause/previous/next and volume on the phone.



Flashlight: Light up the screen to illuminate it.



Find Phone Find the phone to confirm whether the connection with the watch is successful.



Games: 2048 /Thunder Battleship / Young Bird.



Brightness adjustment: Brightness or darkness can be adjusted.



Auto sleep: The screen-on time of 5/10/15/20s can be set.



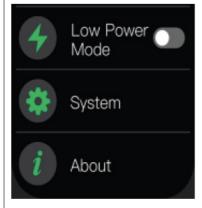
Dial switch: Long pressing the main page, you can slide left and right to selec t and set the dials.



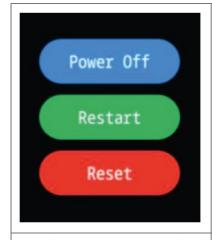
Menu view: The style of the main menu can be switched, and it can be switched to grid view or list view.



Do not disturb: After turn on , the watch will no longer receive message.



Power saving mode: When turned on it, the brightness drops to the lowest le vel, and the incoming message does not vibrate to remind, and turm o wrist lift to brighten the screen.



Power off, Restart, Reset: Press and hold the side button for 3 seconds on the dial page



Version: Displays the bluetooth name and version number.



APP download: Scan the QR code to download the APP.

Other functions

Find watch, 12/24h time system, sedentary reminder, low battery reminder, incoming call reminder, online dial/custom dial, unit setting, turning the wrist to wake the screen, drinking water reminder, heart rate warning reminder, physiological cycle reminder, Goal achievement reminder.

Charging

- Attach the charging cable to the watch charging port, ensuring the metal pins fully connected.
- Please use the correct charging adapters which are 5V 0.5A above.
- **Note:** If the smartwatch can not be powered on after being left unused for long time, please clean up the charging metal pins to make sure connecting well.

Warranty

- 1. One-year warranty for default hardware defectives, charging cable.
- 2. Below are reasons cause to defectives are not included in free warranty service:
 - Personal assemble or disassemble.
 - Falling damage during use.
 - All man-made damage or due to the third party's fault, improper use(such as: water in the smartwatch, external force shattering, scratch during use etc.
- 3. Please provide a warranty c2. Products with batteries cannot be disposed with ard with the details filled when request for after selling service.
- 4. Please contact with direct dealers for warranty service.
- 5. Please note all functions of the product are based on physical objects. Notes:
 - 1. To ensure waterproofing, please DO NOT:
 - 1. Wear the watch during hot shower or in hot tea and other corrosive liquids
 - 2. Remove any screws or buttons.
 - 2. Products with batteries cannot be disposed with household waste. Please send this product to WEEE collecting points near you.

Documents / Resources



ROULT AUDIO

BOULT Dive+ Bluetooth Calling Smartwatch [pdf] User Manual

Dive, Dive Bluetooth Calling Smartwatch, Bluetooth Calling Smartwatch, Calling Smartwatch, S martwatch

Manuals+,