



# BLUEFIN Task 2.0 2 in 1 Folding Under Desk Treadmill User Manual

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# BLUEFIN

**BLUEFIN Task 2.0 2 in 1 Folding Under Desk Treadmill**



## Product Information

### Specifications

- Max User Weight: 120Kgs
- Size of the Track: 122cm x 40cm
- Top Speed: 8km/h

## Product Usage Instructions

### Connecting to the FitShow App:

The FitShow App is pre-calibrated to synchronize with your smartphone mobile or tablet device. To connect to the app:

1. Download the FitShow App from the app store.
2. Open the app and wait for the treadmill to show up.

### Tracking and Analyzing Performance:

The FitShow App allows you to track and analyze your running performance and journey. It measures speed, distance, time, and heart-rate. Follow these steps:

1. Ensure that your smartphone or tablet is connected to the treadmill through the FitShow App.
2. Start your running session on the treadmill.
3. The app will display real-time data including speed, distance, time, and heart-rate.

### Sharing and Competing:

You can share your running data and compete with friends via social media using the FitShow App. To share and compete:

1. Connect your FitShow App to your social media accounts (e.g., Facebook, Twitter).

2. Select the option to share your running data.
3. Your friends can view and compare their performance with yours.

### **Using the Heart-Rate Monitor:**

The treadmill comes with a heart-rate monitor chest band and two in-built heart-rate sensors on the hand-rail. Follow these steps to use the heart-rate monitor:

1. Adjust the heart-rate monitor chest band to fit your size.
2. Connect the heart-rate monitor to your LCD display and/or FitShow App.
3. During your running session, the heart-rate monitor will track your pulse frequency.

### **Assembling the Product:**

The treadmill is relatively simple to assemble. Follow these steps:

1. Have two people work together to assemble the unit.
2. Refer to the 3-step instruction guide in the manual.
3. Follow the instructions step by step to ensure proper assembly.

### **Folding and Storing the Product:**

The treadmill track easily lifts and folds away for compact storage when not in use. To fold and store the product:

1. Lift the treadmill track using the designated mechanism.
2. Once folded, the treadmill height is 145cm, making it suitable for storage in small spaces.

### **FAQ (Frequently Asked Questions)**

What is the size of the track?

The track measures 122cm x 40cm.

What is the maximum user weight?

The maximum user weight is 120Kgs.

What is the top speed of the treadmill?

The treadmill can reach speeds of 8km/h.

How Do You Connect To The App And What Is It For?

The FitShow App is pre-calibrated to synchronise with your smartphone mobile or tablet device. Track & analyse your running performance & journey by measuring speed, distance, time & heart-rate. You can share

your data & compete with friends via social media to push the boundaries of your fitness goals. Simply download from the app store, open the app and wait for the treadmill to show up.

What Is the Black Band For That Is In The Box With My Treadmill?

The heart-rate monitor chest band is included, enabling you to track your pulse frequency to an even greater level of accuracy. The monitor synchronises with your LCD and/or FitShow App & is fully size-adjustable. The treadmill also benefits from two in-built heart-rate sensors on the hand-rail.

Can you Amend the Speed/Incline When Using One Of The Preset Programmes?

Speed, yes. Incline, sadly not. The preset programs have been designed specifically based on the determined inclines to give you the best workout. The speed can be adjusted if you want to give yourself an easier or tougher workout – the choice is yours.

How Easy Is the Product To Assemble?

Our customer feedback has conveyed that the treadmill is pretty simple to construct. We recommend two people work together to assemble the unit and follow through the instructions step by step. There's a 3-step instruction guide in our manual which demonstrates clearly which parts need to go where, so there's less time building and more time running.

When I Want to Store The Product, How Tall Is It Once Folded/Lifted?

The treadmill track easily lifts & folds away for compact storage when not in use. When folded, the treadmill is 145cm, so there's plenty of room to store it even in small spaces.

What Is the Max User Weight?

120Kgs

What Is the Size of the Track?

The track measures 122cm x 40cm

What is the top Speed?

The treadmill can reach speeds of 8km/h



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