



BenchK D8 2 In 1 Pull Up Bar Installation Guide

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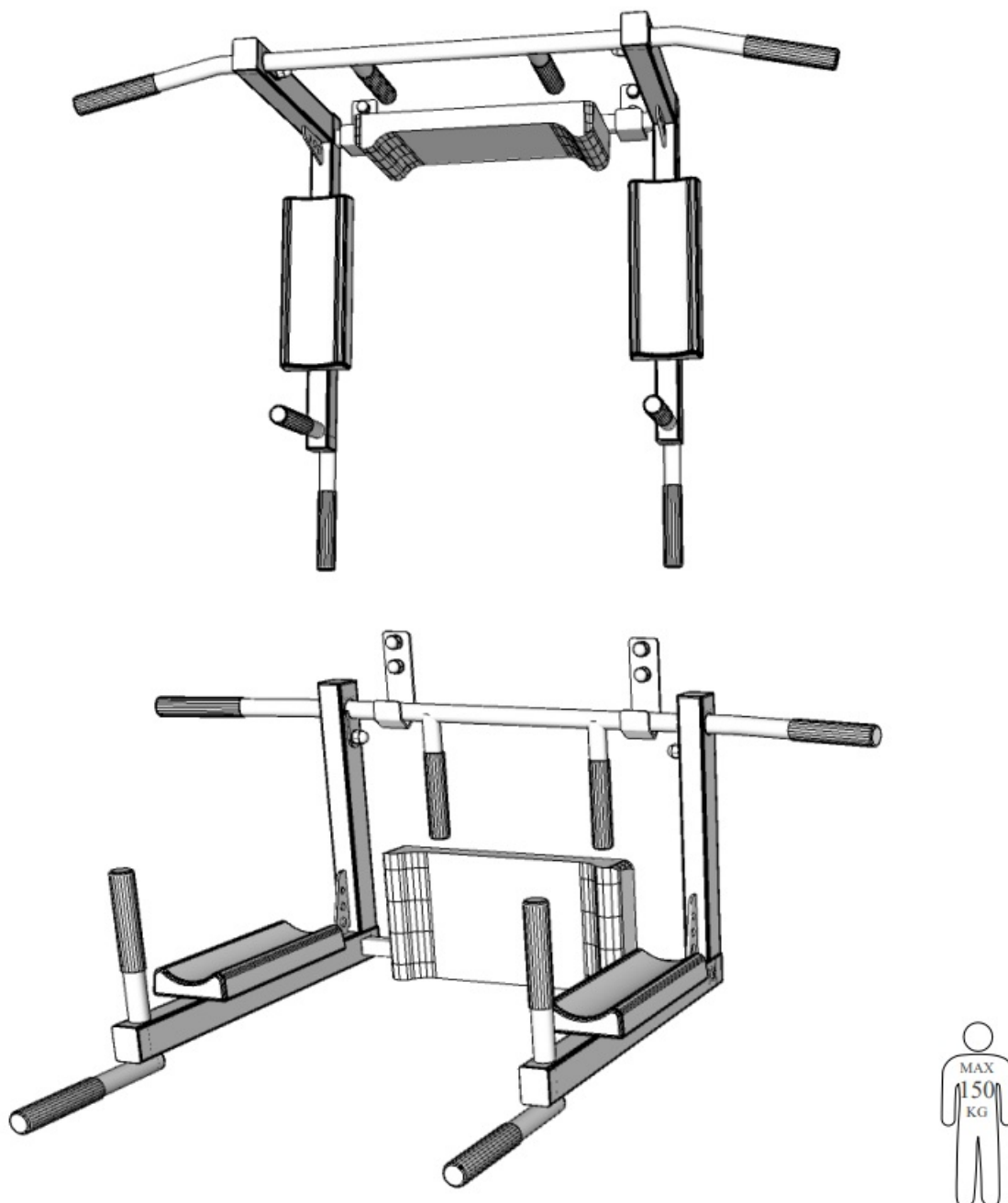


BenchK D8
Do not throw away before assembly

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D8 2 In 1 Pull Up Bar



Made in Poland

Safety Precautions

- Only one person at a time can exercise on the BenchK D8.
- Before each use, check the technical condition of the BenchK D8 – fasteners and other elements.
- The product should be attached only to vertical surfaces (walls) of appropriate design and strength, taking into account the weight of the product and the weight of the user.
- BenchK D8 is not suitable for use by children under the age of 3.
- Children and adolescents from 3 to 14 years of age may use the device under the supervision of adults.
- The maximum user weight of the BenchK D8 is 150 kg.
- Make sure there is enough space around the bar to safely exercise.
- To minimize the risk of injury, use an exercise mattress or mat.
- For maintenance wipe BenchK D8 with a dry or slightly damp cloth.

- When disassembling, store the BenchK D8 in a dry room with low air humidity.
- Avoid strenuous exercise. The level of difficulty and intensity of exercise should be selected depending on the health and condition of the person exercising.

Manufacturer's warranty

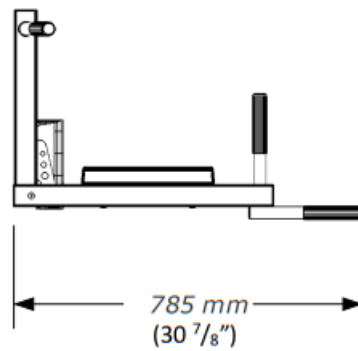
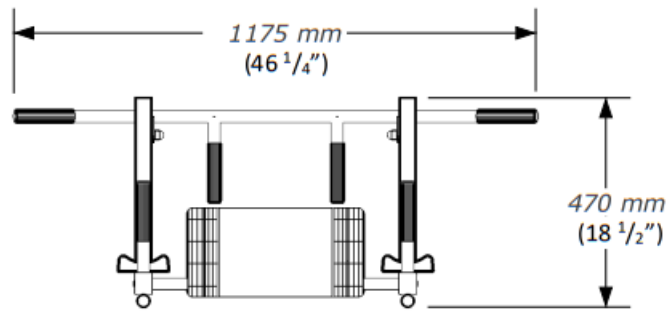
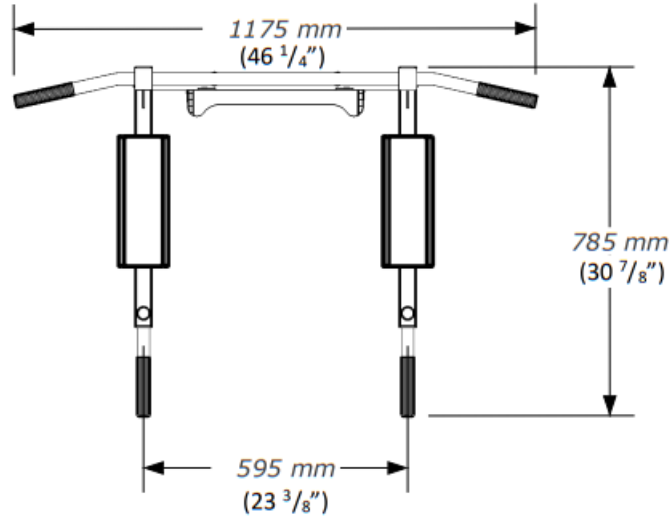
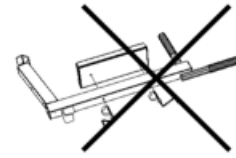
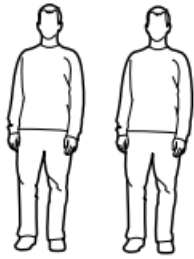
- The manufacturer guarantees the product for 10 years for metal elements and 24 months for other elements, from the date of purchase, provided that the installation and operation regulations are complied with.
- In the event of mechanical damage during transport, assembly or during the use of the product by the Buyer, the Seller shall not be liable.
- In the event of finding defects or low-quality components, not attributable to the Buyer, please contact the Benchmark customer service office (biuro@benchk.com).














Comments

Due to the continuous work on improving the BenchK D8, minor changes to the design are possible, but not reducing the quality.

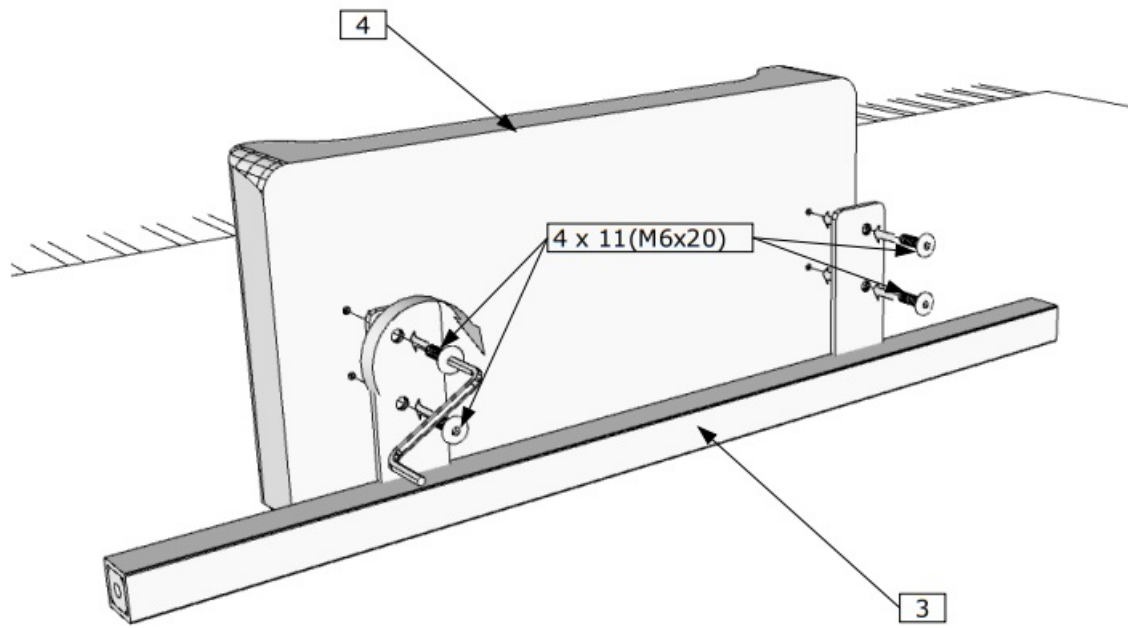
Wall plugs and screws are not included in the kit. The type of fixture should be selected depending on the type of wall to which the BenchK D8 will be attached.

The product meets the safety requirements of PN-EN 913: 2019-03, PN-EN 12197: 2000.

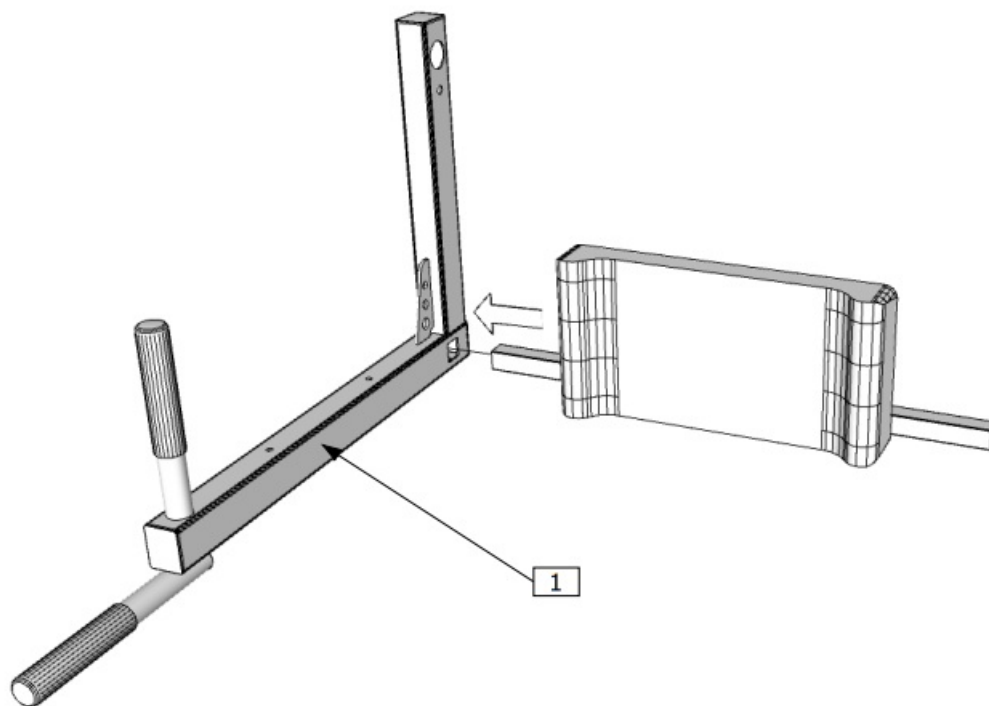


<i>No</i>	<i>Item</i>	<i>Warehouse Operative</i>	<i>Quantity</i>
1			2 (L+R)
2			1
3			1
4			1
5			2
6			2
7			2
8		M10 x 30	2
9		M6 x 60	4
10		M6 x 25	2
11		M6 x 20	4
12		M10	2
13		M10	1
14			1
15			1
Screws:		Package:	

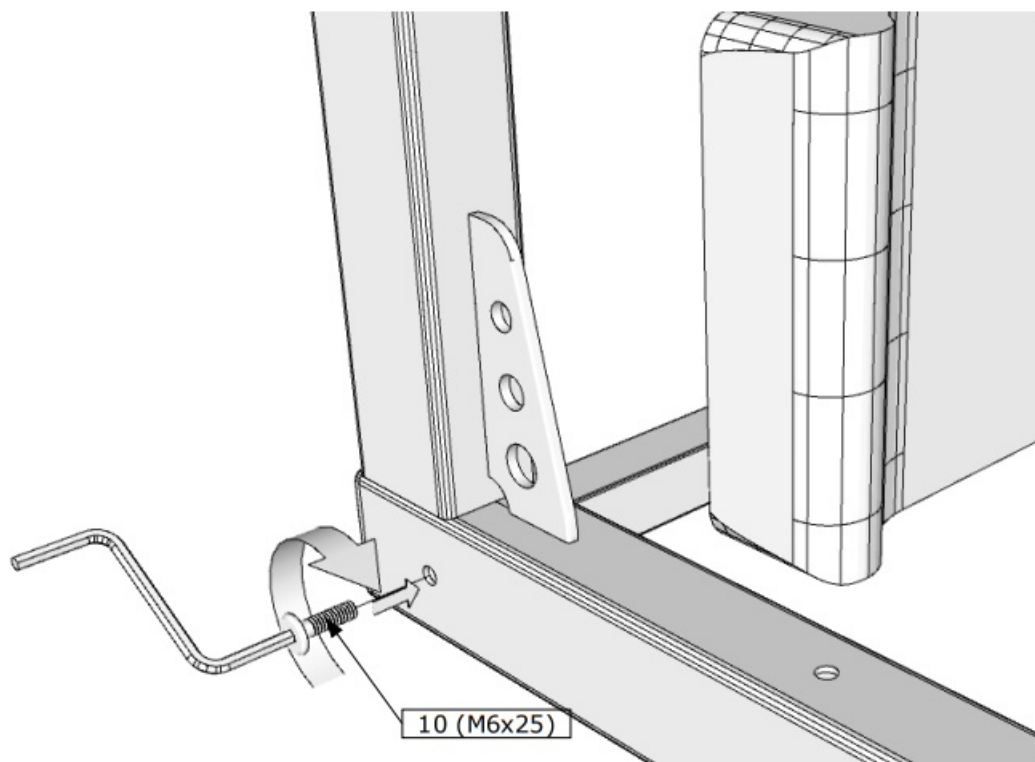
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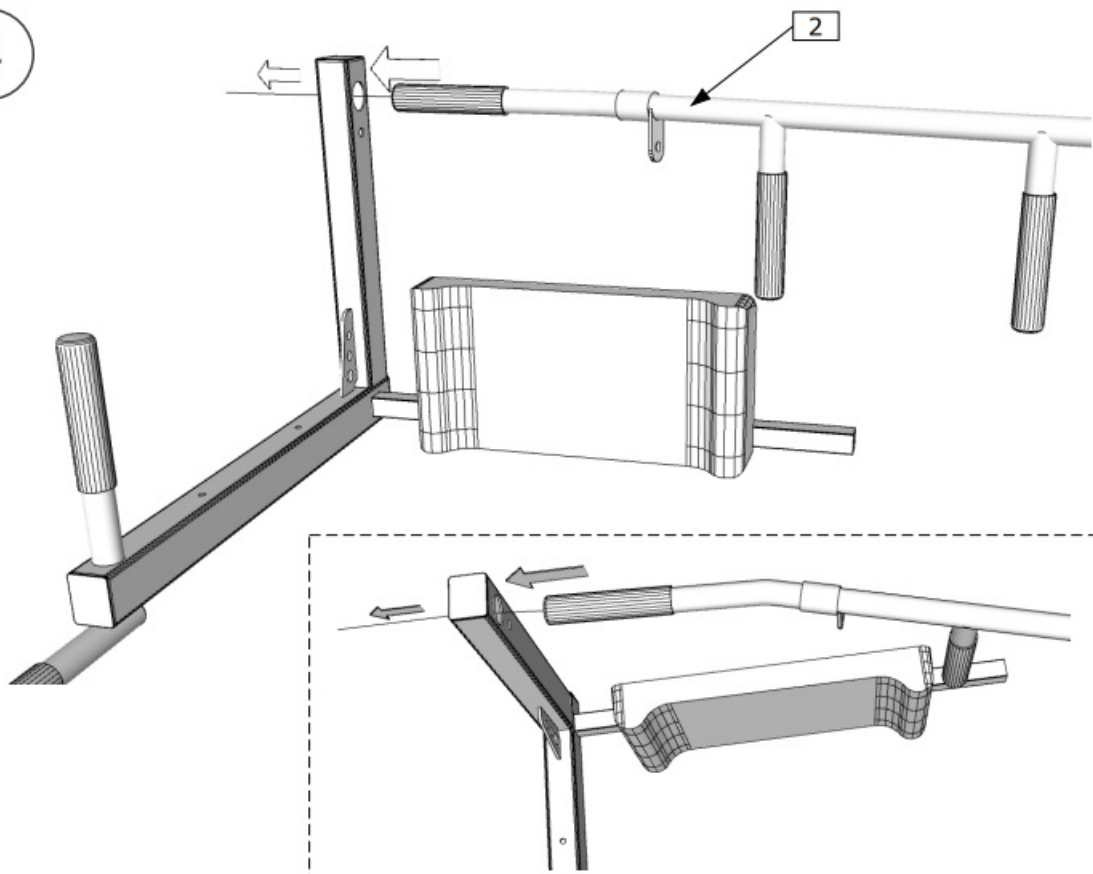
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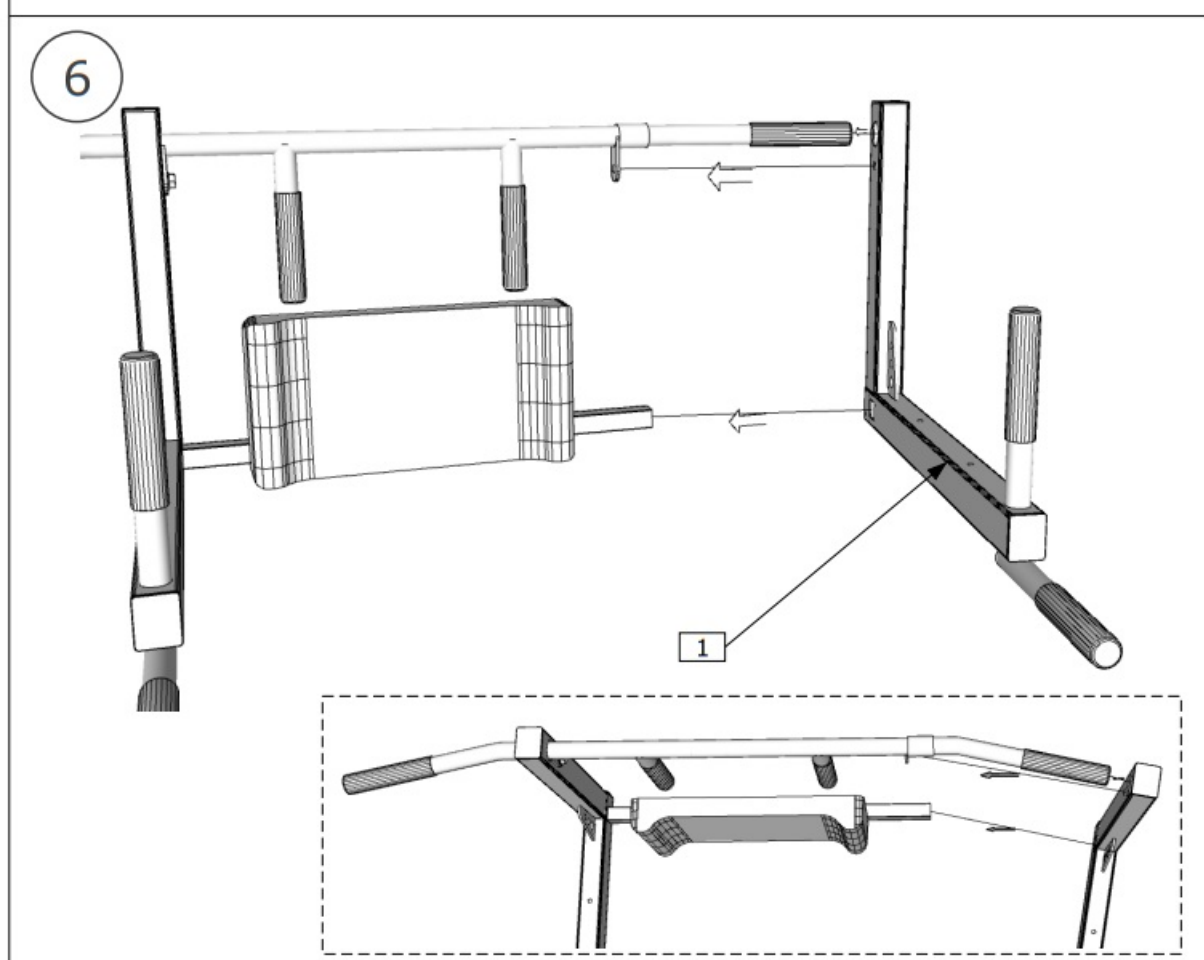
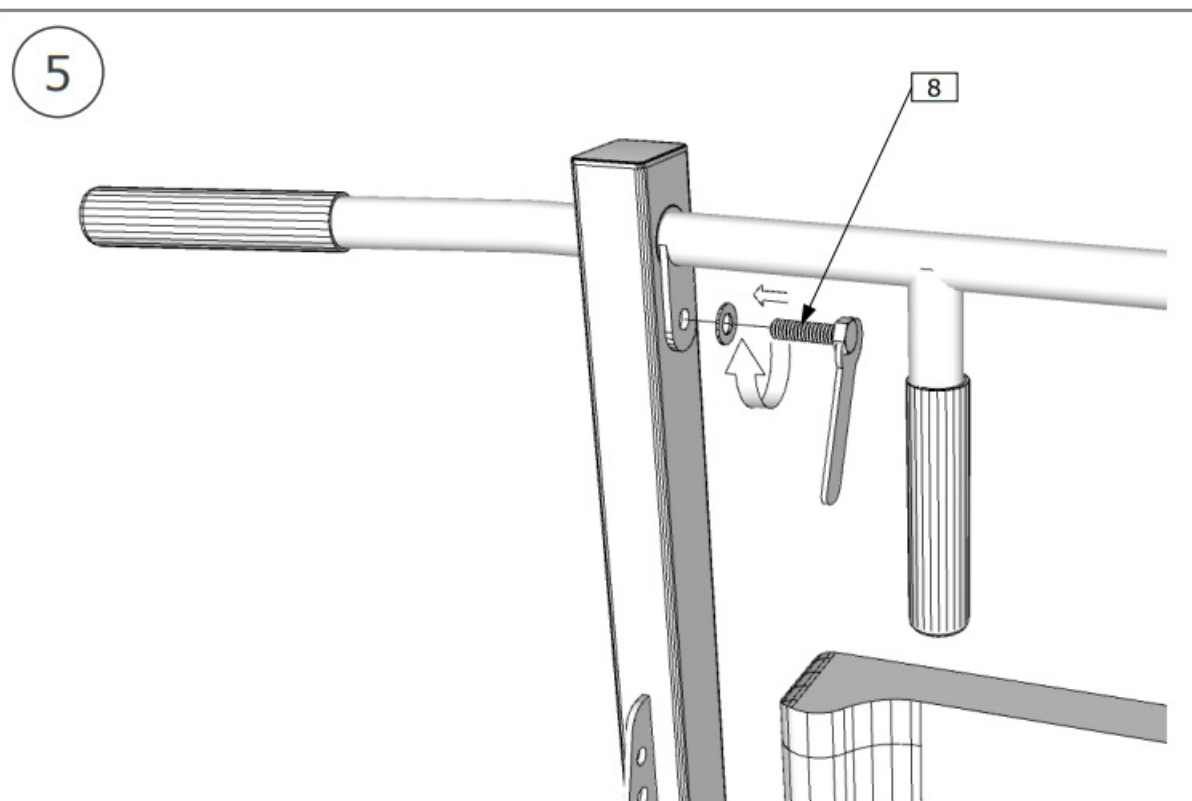


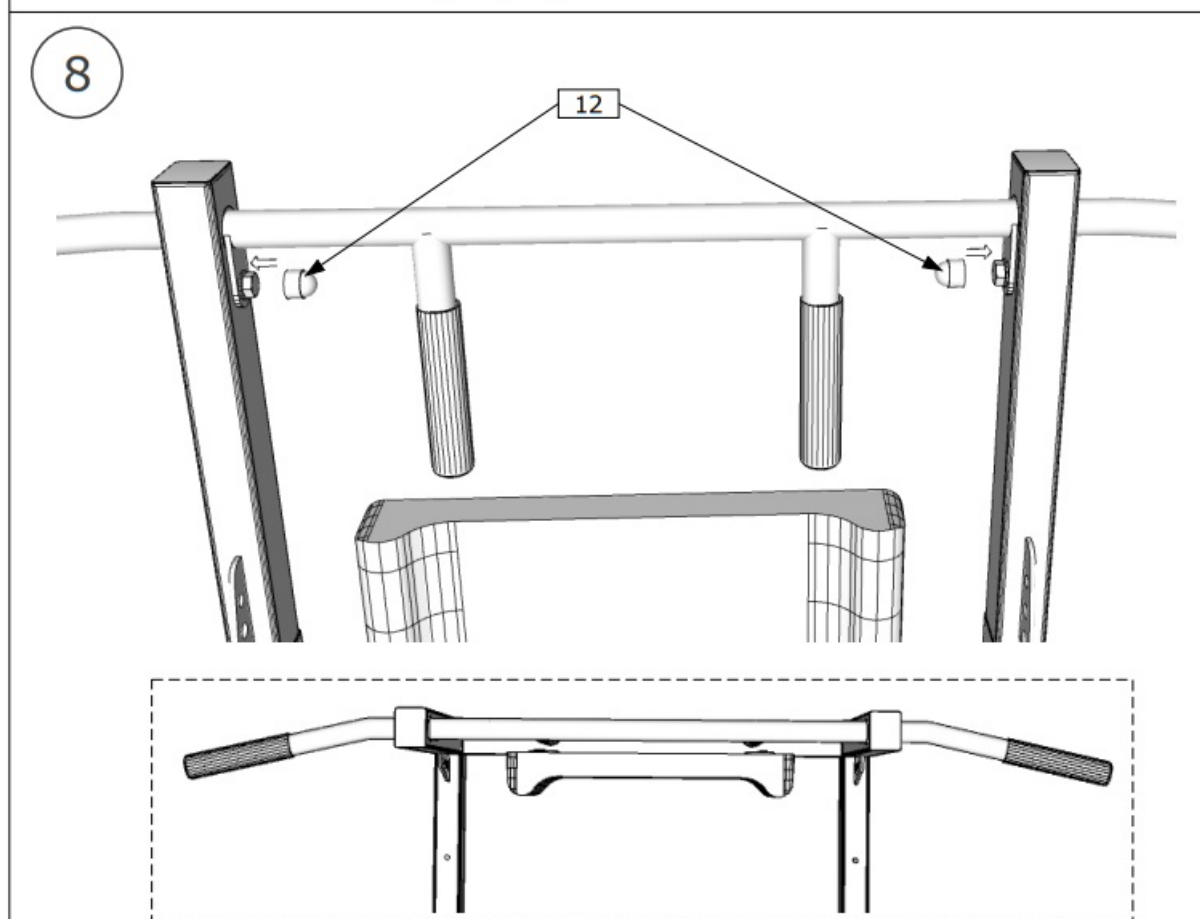
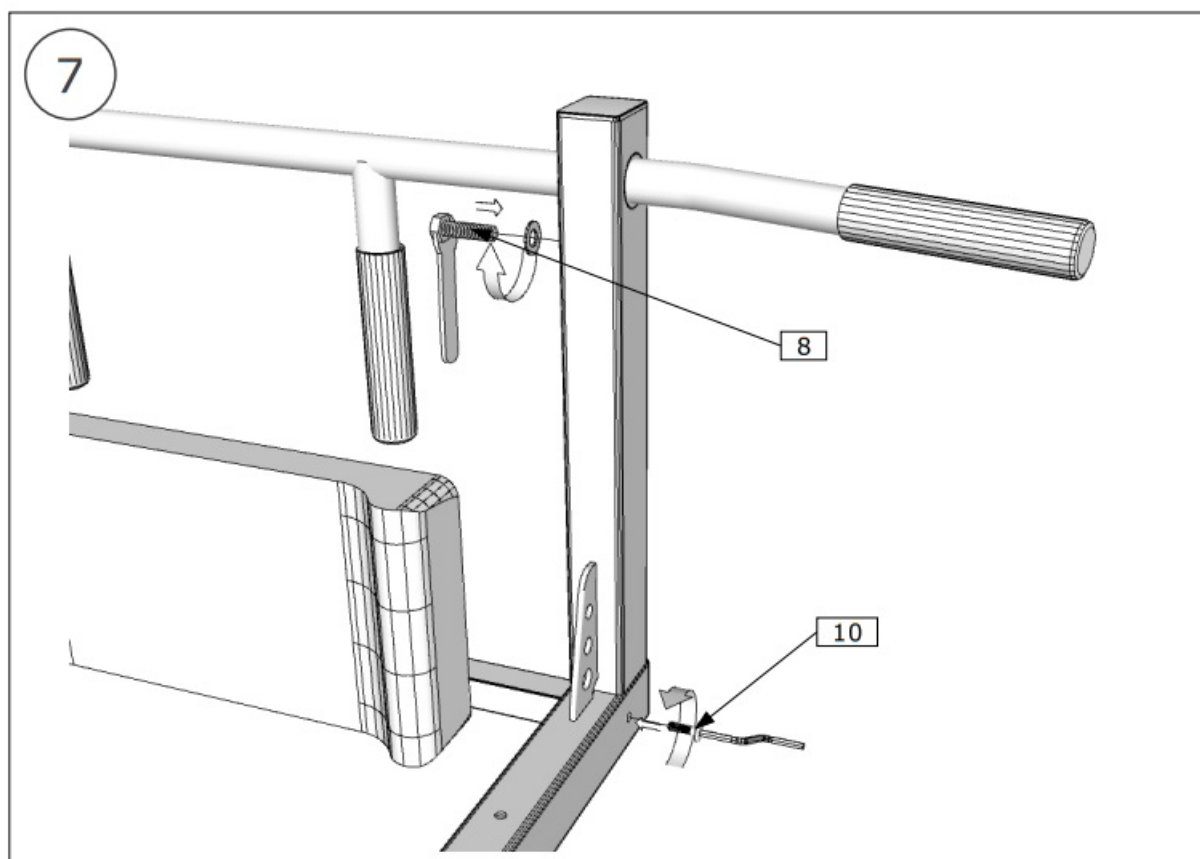
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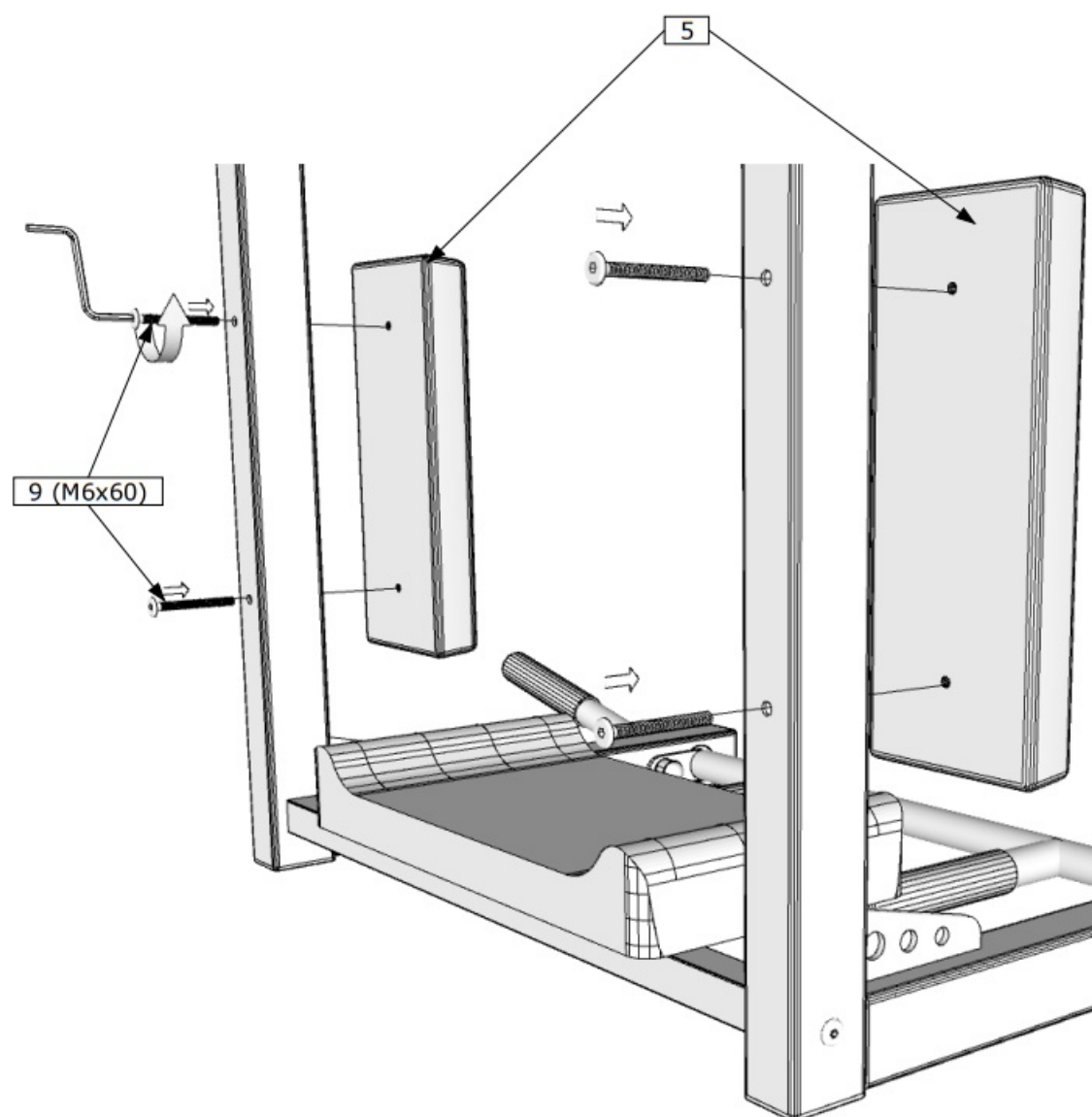
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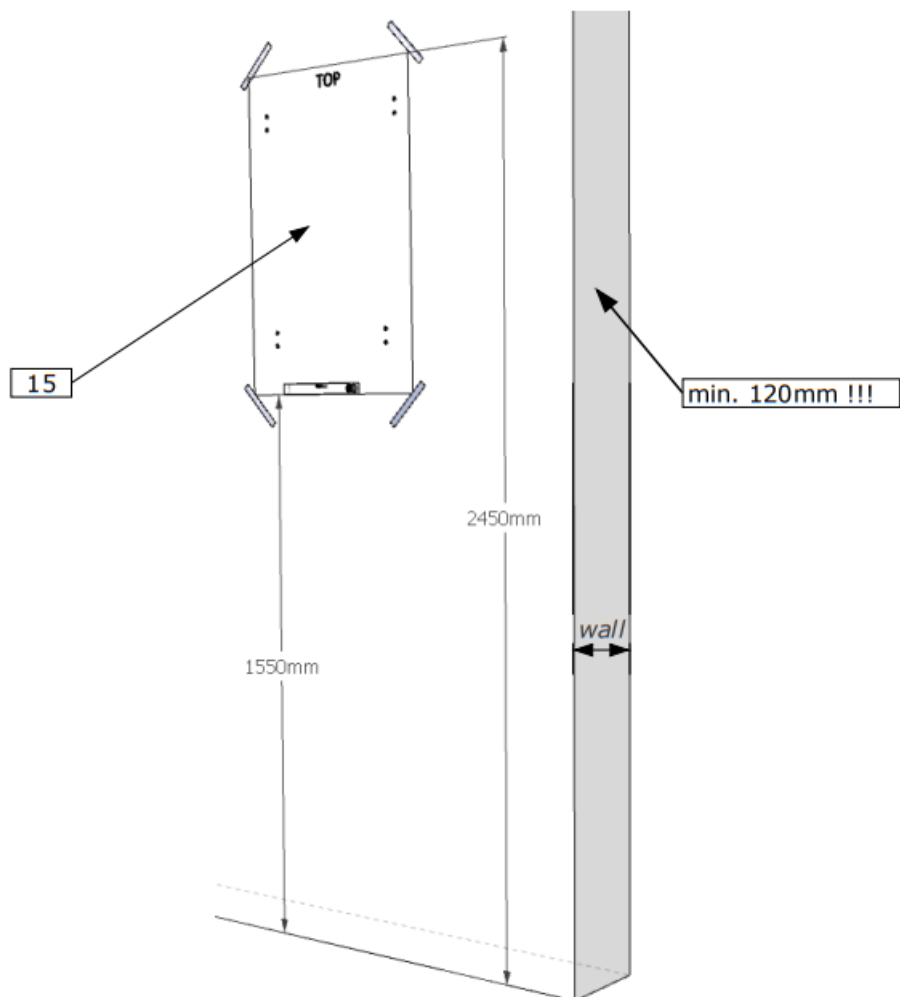




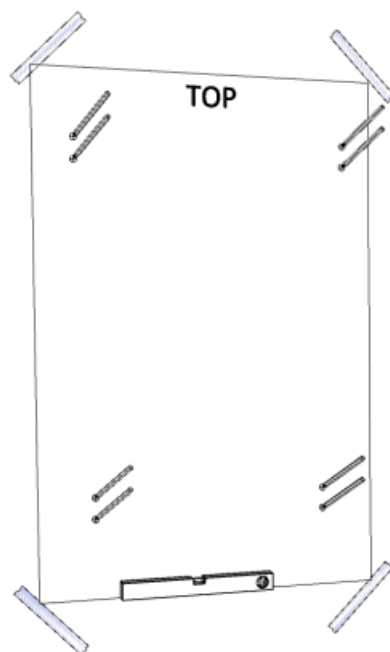
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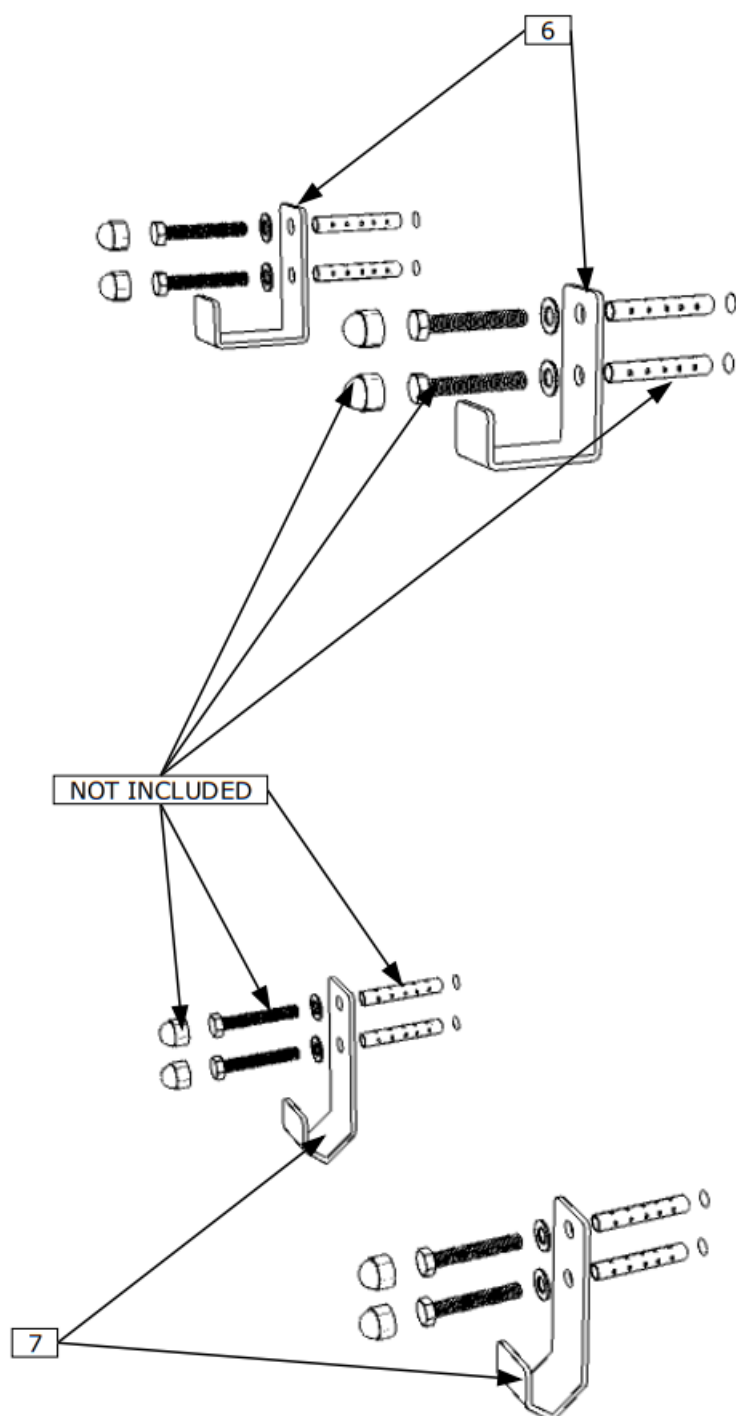


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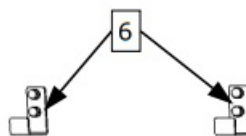
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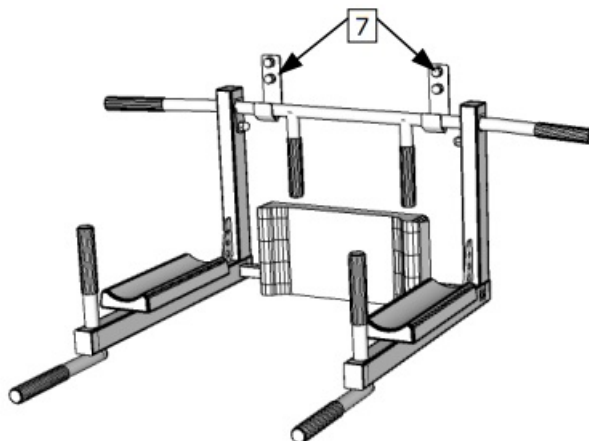


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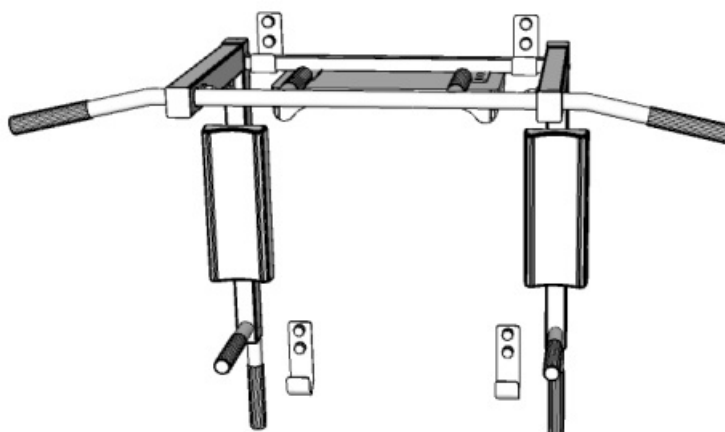


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lift yourself

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Documents / Resources



[BenchK D8 2 In 1 Pull Up Bar](#) [pdf] Installation Guide
D8, D8 2 In 1 Pull Up Bar, 2 In 1 Pull Up Bar, Pull Up Bar, Bar

References

- [BenchK Wall bars for children and adults for exercise | BenchK](#)
- [User Manual](#)

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