



BDL B0C2V4ZD4Q Joist Adjustable Wall Mounted Pullup Bar Instruction Manual

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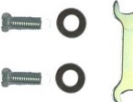




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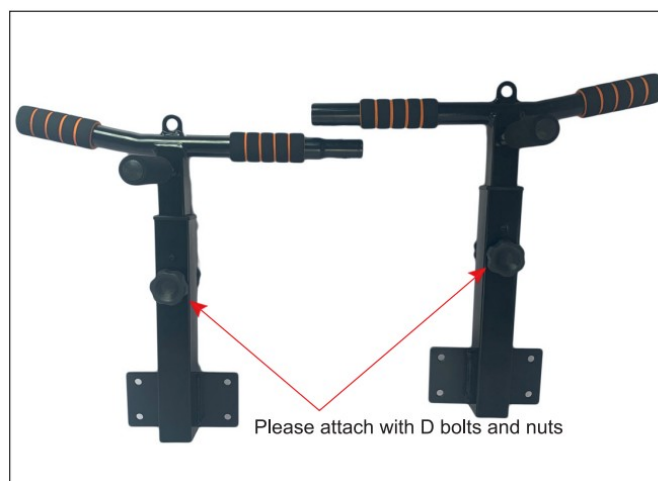
B0C2V4ZD4Q Joist Adjustable Wall Mounted Pullup Bar

	A Cross Bar Bolt
	B Cross Bar Ring
	C Handle Bolt
	D Anchor Bolts
	E Knob bolt and Nut

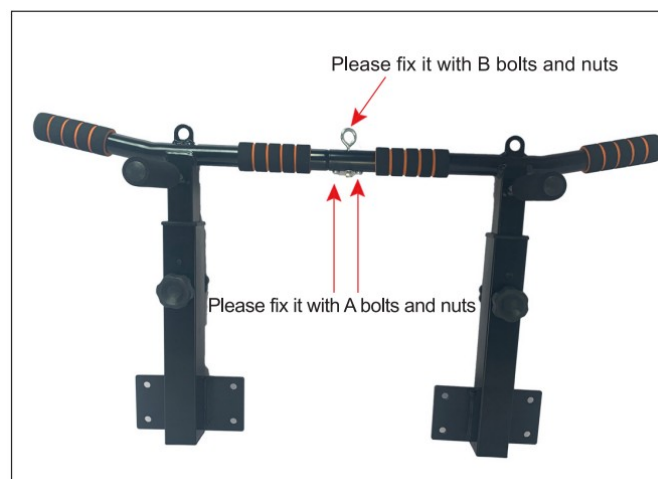
Step 1, Parts&Accessories Clarification



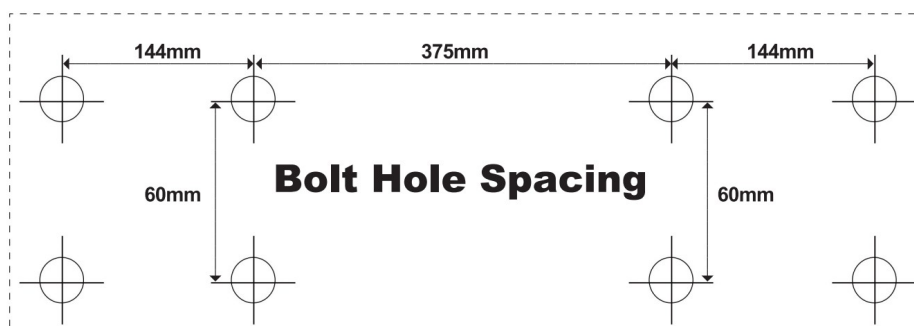
Step 2: Assemble the handle bar



Step 3: Assemble the main frame and cross bar

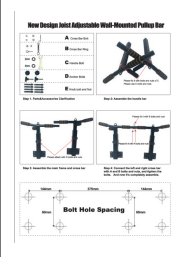


Step 4: Connect the left and right cross bar with A and B bolts and nuts, and tighten the bolts. And now it's completely assemble.





Documents / Resources

	<p>BDL B0C2V4ZD4Q Joist Adjustable Wall Mounted Pullup Bar [pdf] Instruction Manual B0C2V4ZD4Q Joist Adjustable Wall Mounted Pullup Bar, B0C2V4ZD4Q, Joist Adjustable Wall Mounted Pullup Bar, Adjustable Wall Mounted Pullup Bar, Wall Mounted Pullup Bar, Mounted Pullup Bar, Pullup Bar, Bar</p>
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References

- [User Manual](#)

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