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Bash Yonex Arcsaber 7 Play Badminton Racket



Introduction

- The Arcsaber 7 Play is part of Yonex's renowned Arcsaber series, designed primarily
 for players who seek control and precision in their game rather than pure power.
 According to Yonex, the Arcsaber series emphasises "shuttle-hold" meaning the
 racket is engineered to hold the shuttle on the stringbed a little longer, giving you more
 control over placement and finesse.
- The "Play" variant (as opposed to "Pro" or "Tour") offers many of the same design cues at a more affordable cost, making it suitable for intermediate players wanting to upgrade their racket.

Specifications

Spec	Value
Weight / Grip	4U (Avg. ~83g)
Balance	Even balance (approx. 291–294 mm)
Length	675 mm (approx)
Flex	Flexible / Hi-Flex shaft (friendly to players who want some powe r assist)
Frame / Shaft mate rial	Graphite (frame & shaft)
Stringing advice	19-27 lbs (for 4U)
Head shape	ISOMETRIC™ (larger sweet spot)
Colour	Grey / Yellow

Usage / How to Use

• Who it's for: Intermediate players (singles or doubles) looking to improve control, shot-making and feel rather than brute smash power. The flexible shaft and even balance make it relatively forgiving.

Using the racket:

• Grip it with your normal badminton grip (G5 or G6 size typical for this model).

- Make sure your string tension is within the recommended range (19-27 lbs) for optimal performance and to avoid frame stress.
- Since the racket emphasizes shuttle-hold and precision, focus on technique: proper footwork, clean contact and placement rather than just trying to smash as hard as possible.
- For best results, string it with a quality string (Yonex suggests EXBOLT 63 for control or EXBOLT 65 for harder hitters) to match your playing style.

• Maintenance & storage:

- Always store the racket in a protective cover when not in use.
- Avoid leaving it in direct sunlight or in a hot car, as high temperatures can damage graphite materials.
- After use, wipe down with a dry cloth to remove sweat and dust, especially at the handle/grip area.

Yonex Arcsaber 7 Play

• AMAIN START

• MAIN TIE OFF

CROSS START

• CROSS TIE OFF

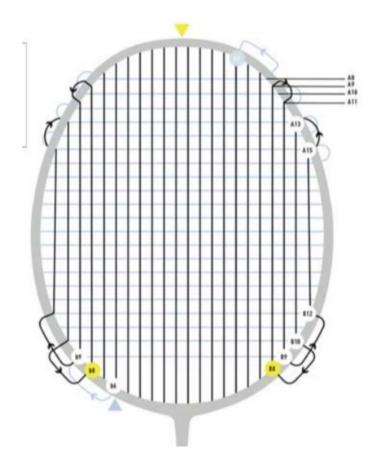
ARCSABER 7 PLAY

• MAIN TIE OFF: b8, B8

• CROSS TIE OFF: A5

MAINS

Start from top center, keep on stringing until B9 (skip A8 & AIO). Go through B12, directly to A15, and then straight to A13, down to BIO and tie off at B8. (Opposite side: the same procedure).



CROSSES

Make a knot at B6 and start crosses from B9. Keep on stringing until A8 (skip All & A9)i then directly to A5 and tie off

Safety & Care Tips

- When stringing or re-stringing, be sure to stay within the recommended tension (19-27 lbs) because exceeding this can warp or damage the frame.
- Do not hit the racket frame on the ground or other hard surfaces even though it's made of graphite, such impacts can create micro-cracks and shorten lifespan.
- Use it only for badminton (shuttlecock) do not use it to hit other objects (like tennis balls or hard surfaces) which could damage the stringbed or frame.
- Inspect the grommets (where the strings pass through the frame) regularly; worn grommets can cause string breakage and potential injury.
- Wear proper court shoes and warm up before playing; as the racket allows quicker motions, improper warm-up or poor footwork could increase risk of shoulder or elbow strain.

FAQs

Q1: Can this racket suit both singles and doubles play?

A1: Yes — the Arcsaber 7 Play has an even balance and flexible shaft, which gives it versatility. In singles you'll appreciate its control and shot placement; in doubles you'll benefit from its relatively light weight (4U) and faster racket speed for net play and defence.

Q2: If I string it at a higher tension (e.g., 27 lbs), will I get more power?

A2: You might gain a little more "bite", but higher tension means a stiffer stringbed which may reduce the "shuttle-hold" effect this racket emphasises (which is designed for control). Also, higher tension increases the risk of frame damage if it exceeds the recommended limit. It's important to balance your playing style: if you are a hard hitter with strong technique, you might use higher tension; if you prefer control and placement, stay toward the lower end of 19-24 lbs.

Documents / Resources



Bash Yonex Arcsaber 7 Play Badminton Racket [pdf] Instructions
7 Play, Yonex Arcsaber 7 Play Badminton Racket, Yonex Arcsaber 7 Play,
Badminton Racket, Racket

References

- User Manual
 - ▼ 7 Play, Badminton Racket, Bash, Racket, Yonex Arcsaber 7 Play, Yonex Arcsaber 7 Play Badminton
- Bash Racket

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