



Baixingcheng LC21 Smart Watch Instruction Manual

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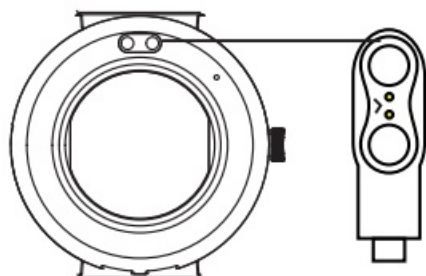
Please read the instructions carefully before using it.

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The Charging and Activation of Smartwatch

Use a 5V-1A charger to charge, charging time is more than 2 hours, if the watch is not used for a long time, be sure to turn off the watch, and keep charging once a month.



APP “FitCloudPro” downloading

Android: Search for Fit Cloud Pro in the App marketplace to download it.

IOS: Search Fit Cloud Pro in the App Store for downloading.

Or download it by scanning the QR code.



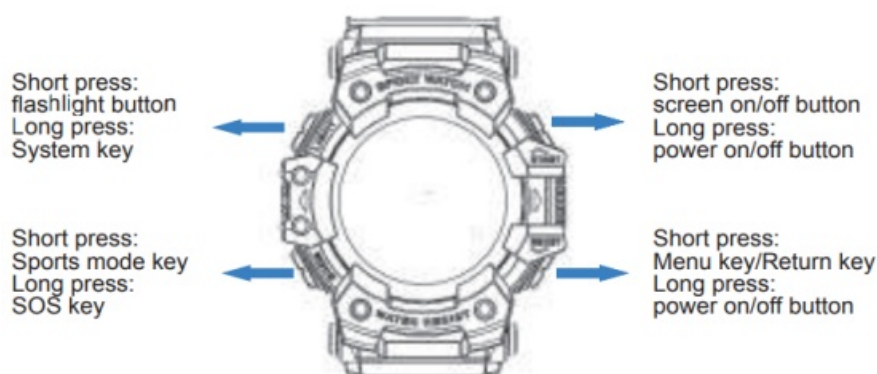
Procedure for bluetooth connection

Connect to Bluetooth: Open the Fit Cloud pro APP, please turn on the Bluetooth function of the phone and the watch. When searching for Bluetooth, you can use the Bluetooth name or MAC address of the watch. Please make sure that the watch is not bound to other accounts, and the watch and the phone are as close as possible. Before using Bluetooth to make a call, ensure that the call icon in the watch control screen is open, so that you can search the Bluetooth of the watch normally. Open the About interface under the Watch Settings menu. After the watch binding is successful, the watch will automatically connect with the mobile phone every time you open the client. You can synchronize data by dropping down on the client data page.

Operation instruction

Quick function	operation method
Open the Control Panel	The home page of the dial slides down from the top
Open the information interface	The home page of the dial swipes up and down
Enter the menu function	The home page of the dial swipes to the left
Split screen display	The home page of the dial swipes to the right
Quick access to the dial for replacement	Press the dial for 3 seconds and slide the dial around to switch

Key function



1. Control center

Function overview: non-disturbing, Power-saving mode, flashlight, Voice assistant, audio switch brightness, settings, phone tracking, power saving mode, system information

2. Call function

This function requires the connection of audio bluetooth. When entering the dial, you can press the phone number and dial it as required. Long press 2s on keyboard 7 and 9 to enter * and #.

3. Common contact

Common contacts: You need to set and add them in the common contacts bar of the app side, and the set common contacts will be automatically synchronized to the device. A maximum of 10 contacts can be added.

4. Call record

You can save the latest 10 call records.

5. Voice bluetooth

Call Bluetooth: Divided into “call audio” and “media audio” switch.

Call audio: It is used to switch to call by bluetooth.

Media audio: It is used to switch to play media audio. (Disabled by default.)

1. You can turn on the media audio only when the voice audio is enabled.
2. When “media audio” is on, turn off “call audio,” media audio “switch will be closed simultaneously;
3. In the case of (2), turn on “call audio”, and the “media audio” switch will be opened synchronously

6. sports data

Display the number of steps, distance and calorie data recorded on the day and the number of steps in the latest seven days. You can set the target number of steps, distance and calorie in the APP

7. sports

Sports mode options: 8+1 (walking, running, mountaineering, cycling, skipping, basketball, badminton, football, yoga (as alternative sports that can be pushed), click the icon to start sports, you can support 11 O+ kinds of sports push in the APP terminal

8. **sports record**

On this screen, you can view your latest 10 exercise history records, including exercise duration, heart rate, and calories

9. **heart rate**

When entering the heart rate measurement interface, the green light at the bottom will start to measure. When the measurement is completed in about 45 seconds, there will be a vibration reminder. If the warning is “no watch”, you need to wear the watch again. It can display the user’s current heart rate interval and 24-hour heart rate curve.

10. **blood pressure**

When entering the blood pressure measurement interface, the green light at the bottom will start to measure, and there will be a vibration reminder when the measurement is completed in about 45 seconds. The measurement is based on PPG technology. The user’s last seven blood pressure readings can be displayed.

11. **Blood oxygen**

When entering the Blood oxygen measurement interface, the green light at the bottom will start to measure, and there will be a vibration reminder when the measurement is completed in about 45-60 seconds. The measurement is based on PPG technology. The user’s last seven Blood oxygen readings can be displayed.

12. **sleeping**

21 :30-12:00 Display the sleep monitoring status of the day and the latest seven days. The data is updated every day, which can be synchronously saved when connected to the APP, and the device will recalculate the data information of the next day. Sleep monitoring period: 21 :30-12:00

13. **woman health**

After the watch is connected to the APP, women’s health alert can be shown on the APP to view women’s health alert information on the watch

14. **music**

When the watch is connected to the APP, it can control the pause and start of the mobile music player, volume adjustment and song switching

15. **weather**

After the watch is connected to the APP, the weather interface will display real-time weather temperature and weather type.

16. **information**

After the watch is connected to the APP, you can open the push to read the relevant information on the APP terminal. The watch terminal can receive the corresponding push messages and save up to 15 latest messages

17. **clock**

After the watch is connected to the APP, you can set a single alarm clock, or a cyclic alarm clock, or up to five alarms

18. **stop watch**

Click the start button to start the timing, click the pause button to stop the timing, click the reset button to return the timing to zero. A maximum of 99 records can be saved

19. **timer**

In the timer function, the system preset a common time period. You can click the corresponding time period to start the time quickly or click the customized button to set the time. Click the start button to start the timing, click

the pause button to stop the timing, click the reset button to return the timing to zero

20. mobile phone checking

After the watch is connected to the APP, click to find the mobile phone, the mobile phone terminal will ring and the watch terminal will show that the search is successful; If the watch is not connected to the APP, the watch terminal will prompt that it is not connected.

21. setting

The settings function includes screen display (switching dial, brightness adjustment for screen duration, turning wrist screen duration), language, vibration intensity menu style, battery, two-dimensional code, and system, Added custom keys

22. Breathing training

During breathing exercises, there are options of 1 minute and 2 minutes. Users click on the corresponding time to perform breathing training. Click start and follow the icons in the breathing training to inhale when zooming in and exhale when zooming out

23. calculator

Numeric input is up to 7 digits (negative input is not processed), and the calculated result is up to 8 digits. If the result exceeds the calculated value, the —display means it cannot be calculated

24. calendar

Display the current year, month and day, slide down to display the calendar.

25. water-drinking reminder

It can be opened in App[device-drink water reminder], after opening, you can set the start time, ending time and reminder interval

26. sedentary reminder

It can be opened in APP[device – sedentary reminder], after opening, you can set the start time, ending time and non-disturbing period

27. Voice assistant:

After the watch is connected to the APP, enter the voice assistant and say the functions and software you want to open on the phone.

28. Business card

Support social business card push

29. Camera

Activate the watch end and shake it to take a picture

F&Q

The watch cannot be turned on.

Press and hold the power button for more than 3 seconds. Or the power of battery is low. Charge it in time

The bluetooth is not connected or cannot be connected

1. Restart the watch and reconnect it
2. Please try to restart the bluetooth of the phone and connect it again
3. Do not connect the phone to other bluetooth devices at the same time

Measuring heart rate/blood pressure/oxygen/ECG is not accurate

1. Generally when doing the measurement, the watch sensor and the human body have poor contact.
2. Please pay attention to the full contact of the sensor and wrist when measuring
3. For people with darker skin and more arm hair, please do the enhanced measurement in App[device -enhanced measurement]

Sleep data are not accurate enough

1. Sleep monitoring simulates the natural time of falling asleep and getting up. The watch should be worn normally.
2. Sleep too late or sleep before wearing, there may be errors
3. Sleep data is not monitored during the day, and the default sleep monitoring is from 9:30 PM to 12:00 noon the next day. For more frequently asked questions, please visit the App[my-FAQ].

FCC Warning Statement

This equipment has been tested and found to comply with the limits for a Class B digital device, pursuant to part 15 of the FCC Rules. These limits are designed to provide reasonable protection against harmful interference in a residential installation. This equipment generates, uses and can radiate radio frequency energy and, if not installed and used in accordance with the instructions, may cause harmful interference to radio communications. However, there is no guarantee that interference will not occur in a particular installation. If this equipment does cause harmful interference to radio or television reception, which can be determined by turning the equipment off and on, the user is encouraged to try to correct the interference by one or more of the following measures:


- Reorient or relocate the receiving antenna.
- Increase the separation between the equipment and receiver.
- Connect the equipment into an outlet on a circuit different from that to which the receiver is connected.
- Consult the dealer or an experienced radio/TV technician for help.

Caution: Any changes or modifications to this device not explicitly approved by manufacturer could void your authority to operate this equipment.

This device complies with part 15 of the FCC Rules. Operation is subject to the following two conditions: (1) This device may not cause harmful interference, and (2) this device must accept any interference received, including interference that may cause undesired operation.

The device has been evaluated to meet general RF exposure requirement.

Documents / Resources

	Baixingcheng LC21 Smart Watch [pdf] Instruction Manual 2BCWB-LC21, 2BCWBLC21, lc21, LC21 Smart Watch, LC21, Smart Watch, Watch
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References

- [User Manual](#)

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