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KIPTUMTEK T7

KIPTUMTEK T7 Smart Watch User Manual

Model: **T7** | Brand: **KIPTUMTEK**

Introduction

This manual provides detailed instructions for setting up and operating your KIPTUMTEK T7 Smart Watch. The T7 Smart Watch features a 1.83-inch HD display, Bluetooth calling, comprehensive health monitoring (heart rate, blood oxygen, sleep, female cycle), multi-sport modes, and smart notifications. Please read this manual thoroughly to ensure proper use and to maximize your device's potential.

What's in the Box

Verify that all items are present in your package:

- Smart Watch (T7)
- Charging Cable
- 1 × Silicone Strap
- Watch Band (additional, likely a fabric band as seen in images)
- User Manual

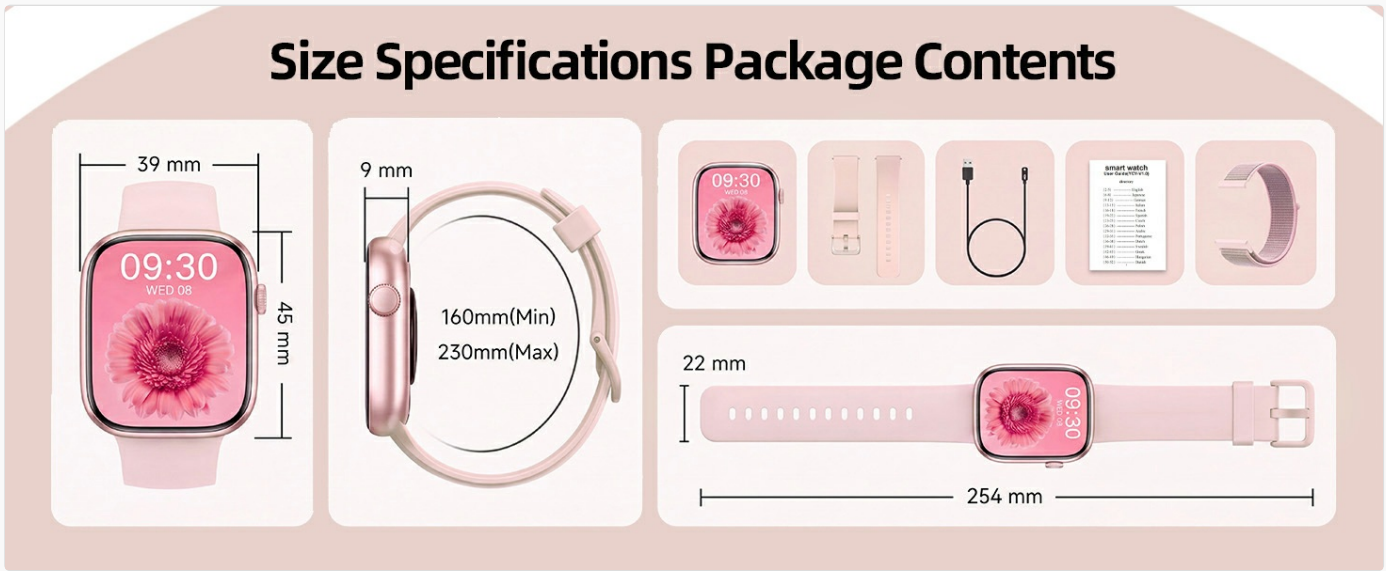


Image: The KIPTUMTEK T7 Smart Watch package contents, including the watch, charging cable, silicone strap, and an additional watch

band. Dimensions of the watch and straps are also shown.

Setup Guide

1. Initial Charging

Before first use, fully charge your T7 Smart Watch. Connect the provided charging cable to the watch's charging port and a USB power source. A full charge typically takes approximately 2 hours. The watch can last up to 10 days with typical usage or up to 5 days with heavy use.



Image: The KIPTUMTEK T7 Smart Watch connected to its charging cable, illustrating the charging process and indicating typical battery life durations.

2. App Download and Pairing

To unlock all features, download and pair your watch with the**GloyFit** app on your smartphone (compatible with Android 7.0+ and iOS 11.0+).

1. **Download GloyFit App:** Search for "GloyFit" in your phone's app store (Google Play Store or Apple App Store) and install it. *Do not download "GloryFitPro".*
2. **Enable Bluetooth:** Turn on Bluetooth on your smartphone.
3. **Open App and Search:** Open the GloyFit app and follow the on-screen instructions to search for your device. Keep the watch close to your phone during this process.
4. **Connect:** Once "T7" appears in the app, select it to connect. A confirmation message will indicate successful pairing.

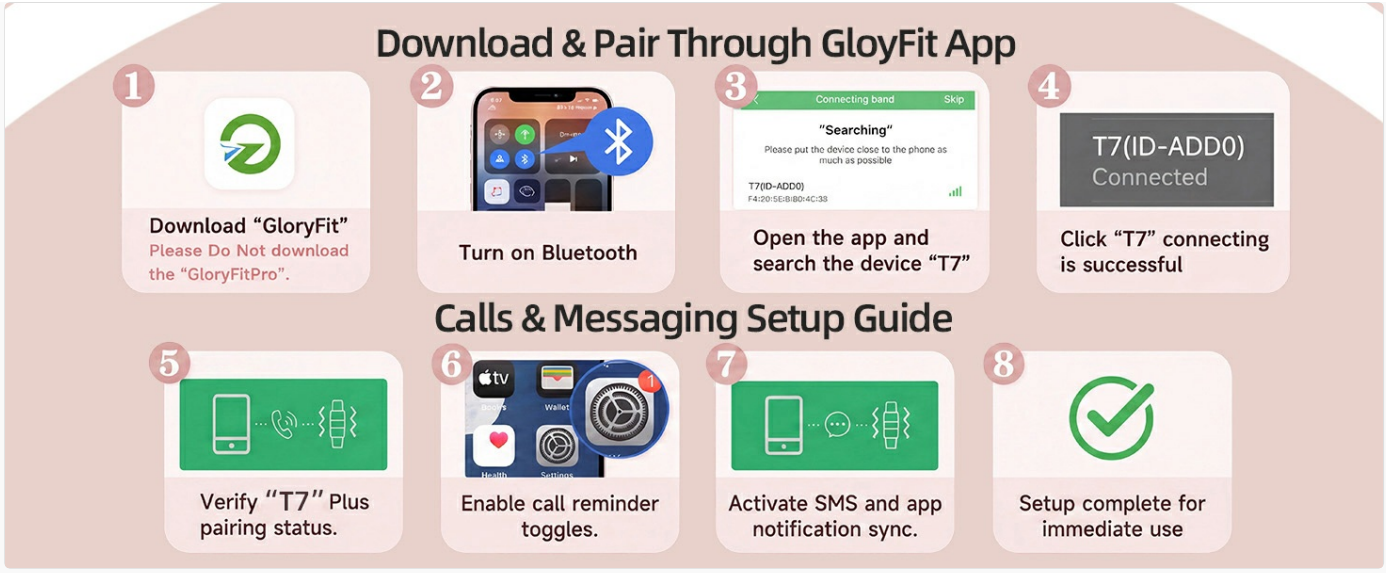


Image: Step-by-step guide for downloading the GloyFit app and pairing the KIPTUMTEK T7 Smart Watch via Bluetooth.

3. Calls & Messaging Setup

After initial pairing, configure call and message notifications:

1. **Verify Pairing:** In the GloyFit app, verify that "T7 Plus" pairing status is active.
2. **Enable Call Reminders:** Go to your phone's Bluetooth settings and ensure the watch is connected for calls. In the GloyFit app, enable call reminder toggles.
3. **Activate SMS & App Notifications:** Within the GloyFit app, grant necessary permissions and activate SMS and other application notification synchronization.

Note: The watch can receive notifications but cannot send message replies.

Operating Instructions

Display and Customization

The T7 Smart Watch features a 1.83-inch HD full touch screen for clear visuals and smooth interaction. You can personalize your watch face:

- **Pre-set Watch Faces:** Choose from over 100 stylish watch faces available through the GloyFit app.
- **DIY Dials:** Upload your own photos to create custom watch faces directly from the app.



Image: The KIPTUMTEK T7 Smart Watch displaying its 1.83-inch HD full touch screen with examples of customizable watch faces, including personal photos.



Image: A selection of diverse watch faces and options for creating personalized DIY dials on the KIPTUMTEK T7 Smart Watch.

Health Monitoring

The T7 Smart Watch provides continuous health tracking:

- **Heart Rate Monitoring:** Real-time heart rate readings are available on your wrist and in the app.
- **Blood Oxygen Tracking:** Monitor your blood oxygen levels. *Note: This feature is for wellness use only and not a substitute for medical apparatus.*
- **Sleep Monitoring:** Tracks deep, light, and awake sleep cycles to help you understand and improve your sleep patterns.
- **Female Cycle Tracking:** Designed for women's daily health care, it records menstrual periods and ovulation patterns.

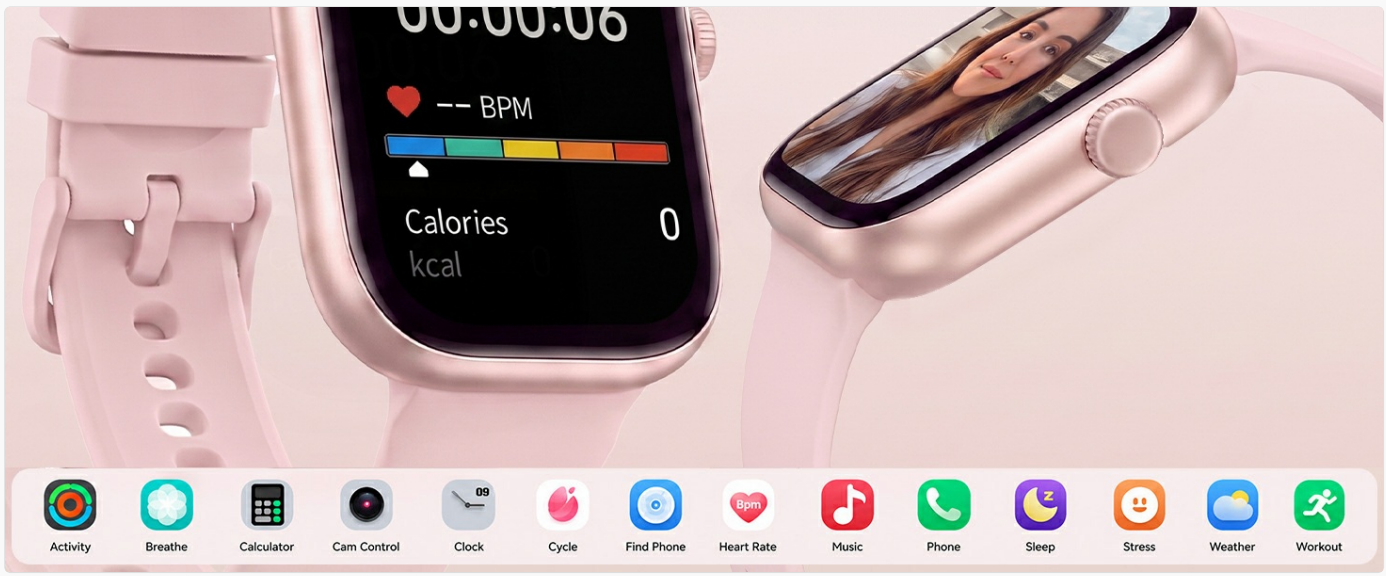


Image: Overview of the KIPTUMTEK T7 Smart Watch's health monitoring capabilities, including female cycle tracking, heart rate, blood oxygen, and sleep analysis.

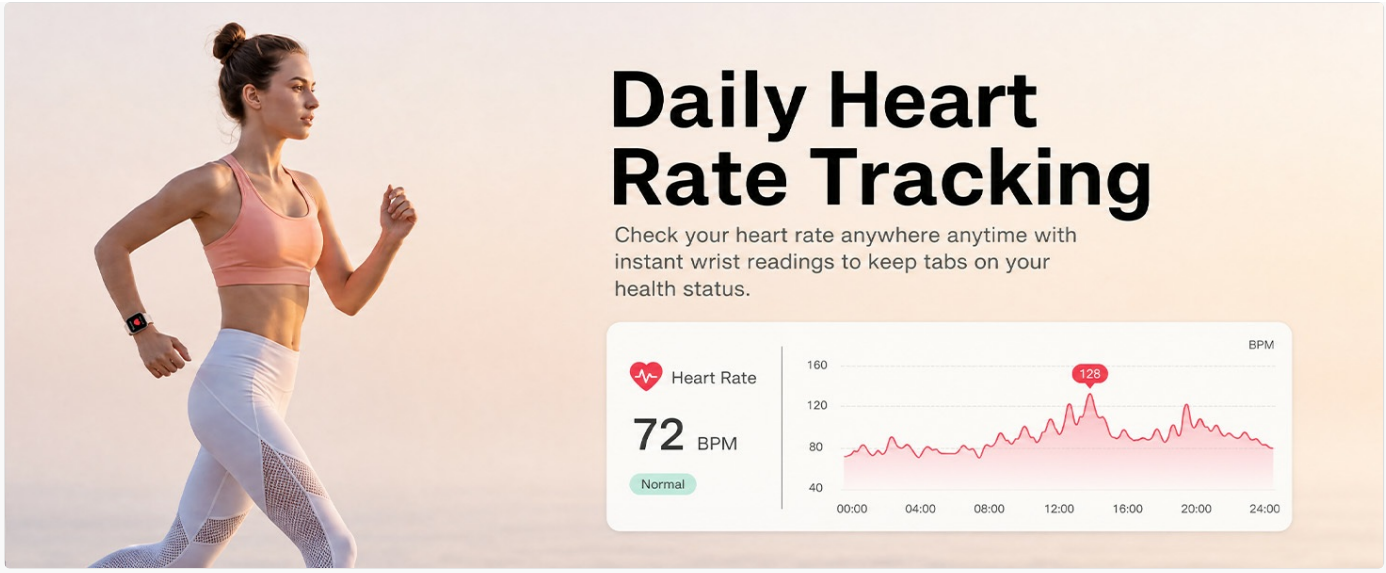


Image: A woman running while wearing the KIPTUMTEK T7 Smart Watch, with a graphic showing daily heart rate tracking data.



Image: A woman climbing, wearing the KIPTUMTEK T7 Smart Watch, with a graphic illustrating blood oxygen tracking data. A disclaimer notes it's for wellness use only.

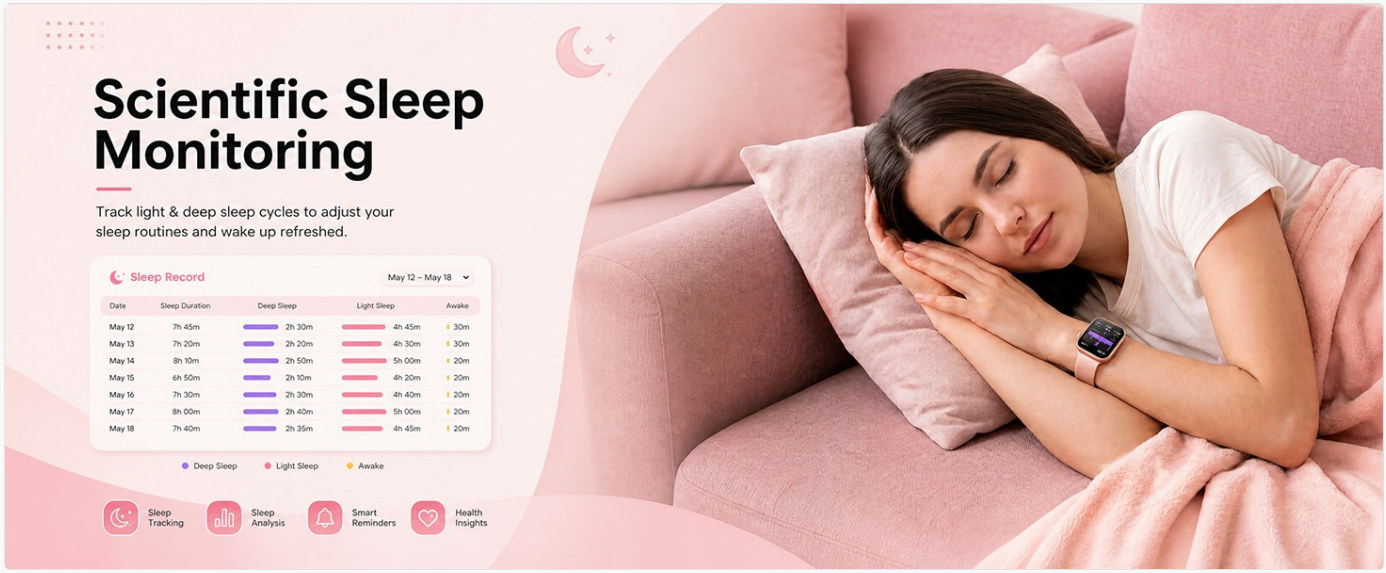


Image: A woman sleeping peacefully, with an overlay showing the KIPTUMTEK T7 Smart Watch's scientific sleep monitoring record, detailing deep, light, and awake sleep durations.



Image: A woman relaxing, wearing the KIPTUMTEK T7 Smart Watch, with a calendar graphic illustrating the watch's women's health tracking feature for menstrual cycles and ovulation patterns.

Bluetooth Calls & Smart Notifications

Stay connected directly from your wrist:

- **Bluetooth Calling:** Make and receive calls directly on your watch using its built-in speaker and microphone.
- **Smart Notifications:** Receive real-time alerts for texts, emails, and app notifications (e.g., WhatsApp, Facebook, Instagram) directly on your wrist.



Image: A person interacting with the KIPTUMTEK T7 Smart Watch to answer an incoming call, demonstrating the Bluetooth calling functionality.

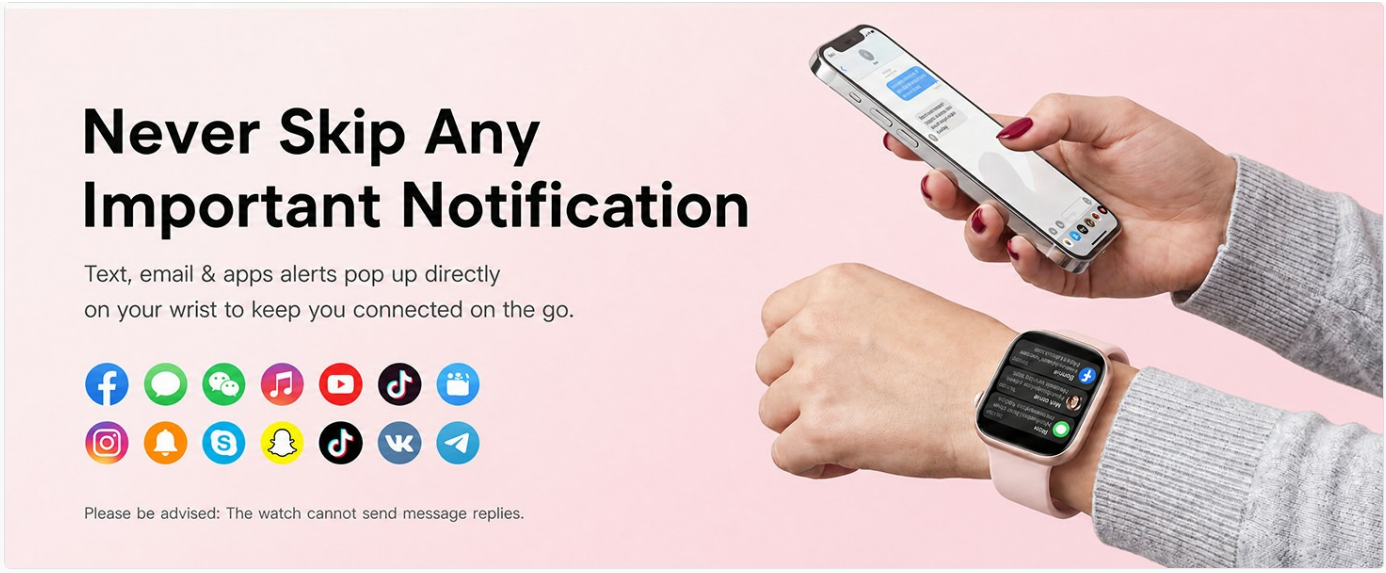


Image: A person viewing notifications from various social media and messaging apps on the KIPTUMTEK T7 Smart Watch, while also holding a smartphone.

Fitness Tracking

Track your workouts and daily activity with precision:

- **Multi-Sport Modes:** Supports over 20 sports including running, cycling, yoga, hiking, basketball, and more.
- **Activity Metrics:** Accurately measures steps, distance, calories burned, and workout duration.

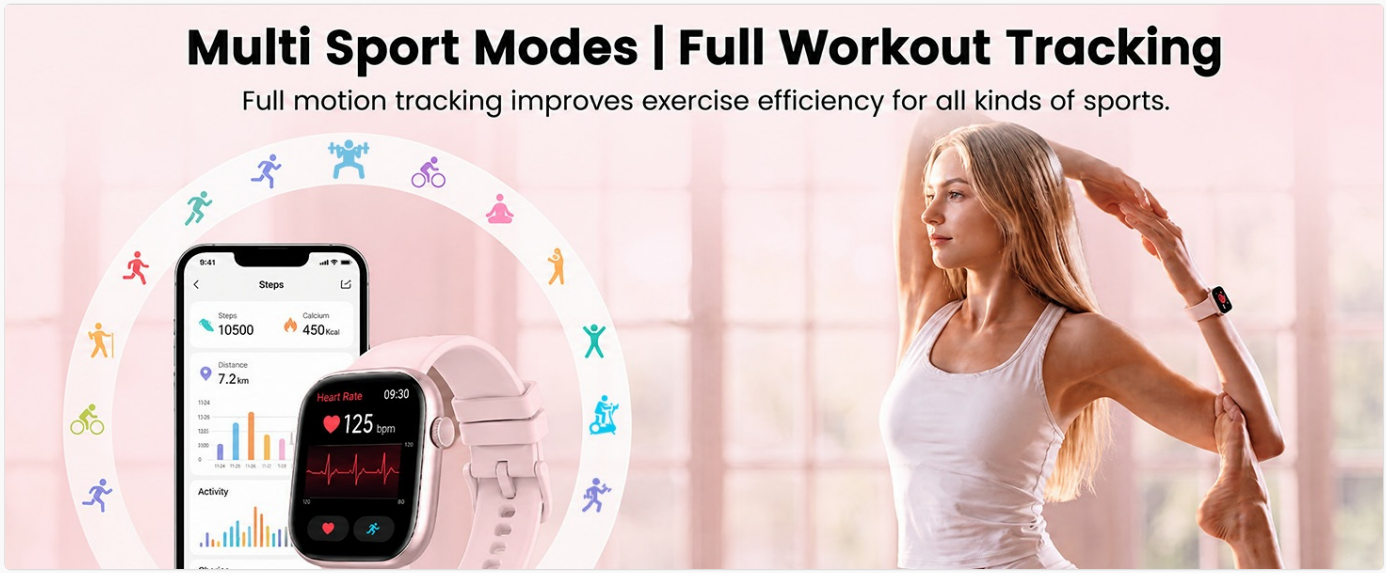


Image: Various icons representing different sports modes, with a woman performing yoga and another cycling, showcasing the KIPTUMTEK T7 Smart Watch's multi-sport tracking capabilities.

Other Features

The T7 Smart Watch includes additional tools for daily convenience:

- **AI Voice Assistant:** Control your phone's voice assistant hands-free for calls, music, weather, and alarms.
- **Stopwatch & Timer:** For precise timekeeping during activities.
- **Find Phone:** Locate your misplaced smartphone.
- **Calculator:** Perform basic calculations on your wrist.
- **Weather Forecast:** Get current weather information.
- **Sedentary Reminder:** Prompts you to move after periods of inactivity.
- **Breathing Training:** Guided exercises to help you relax.

- **SOS Function:** For emergency situations.
- **Remote Camera Control:** Use your watch as a remote shutter for your phone's camera.

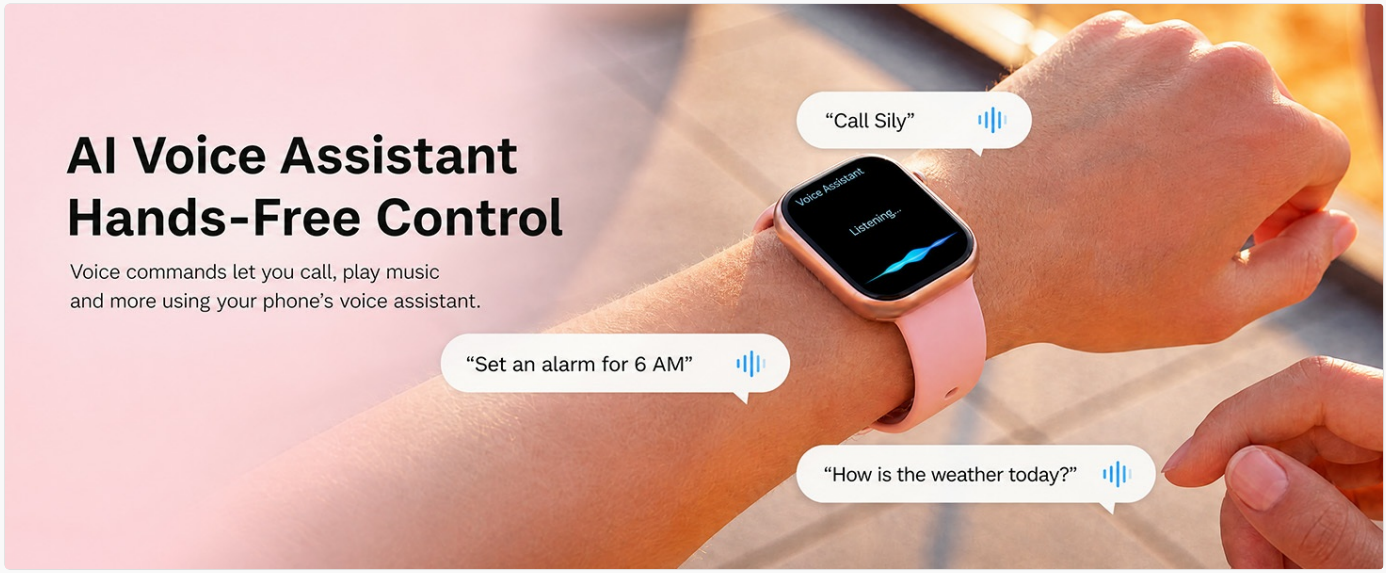


Image: A person interacting with the KIPTUMTEK T7 Smart Watch using voice commands for the AI Voice Assistant, demonstrating hands-free control for tasks like setting alarms or checking weather.

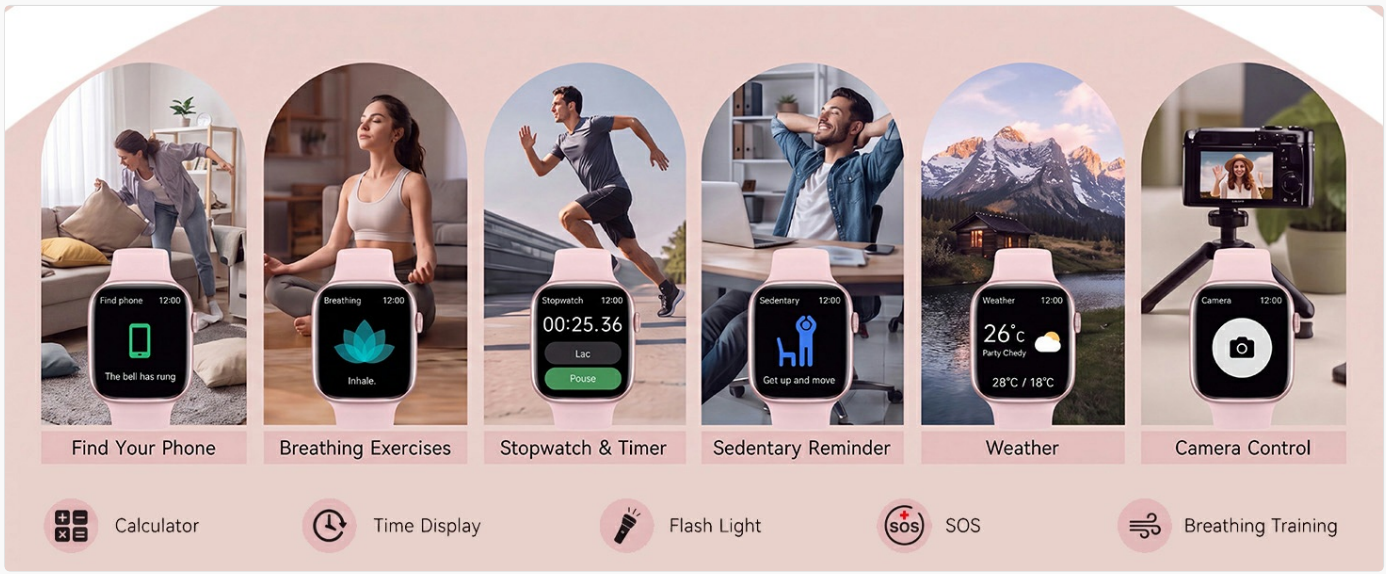


Image: A collage showcasing several additional features of the KIPTUMTEK T7 Smart Watch, including Find Your Phone, Breathing Exercises, Stopwatch & Timer, Sedentary Reminder, Weather, Camera Control, Calculator, Time Display, Flashlight, and SOS.

Maintenance

- **Cleaning:** Regularly wipe your watch and bands with a soft, dry cloth. If necessary, use a slightly damp cloth and dry thoroughly.
- **Water Resistance:** The T7 Smart Watch has an IP67 water-resistant rating, making it suitable for sweat, rain, and handwashing. **It is not recommended for swimming or hot showers.**Prolonged exposure to water or hot steam may damage the device.
- **Storage:** Store the watch in a cool, dry place when not in use. Avoid extreme temperatures.

Troubleshooting

If you encounter issues with your KIPTUMTEK T7 Smart Watch, try the following solutions:

1. **Watch Not Turning On:** Ensure the watch is fully charged. Connect it to the charging cable and a power source for at least 30 minutes.
2. **Cannot Pair with Phone:**
    - Ensure Bluetooth is enabled on your phone.
    - Make sure the watch is within Bluetooth range (typically 10 meters/33 feet).
    - Restart both your phone and the watch.
    - Check if the GloyFit app has all necessary permissions enabled.
    - If previously paired, try unpairing and re-pairing the device through the app.
3. **Notifications Not Received:**
    - Verify that the watch is successfully paired via Bluetooth.
    - Ensure notification permissions are granted to the GloyFit app in your phone's settings.
    - Check that specific app notifications are enabled within the GloyFit app.
    - Confirm that your phone is not in 'Do Not Disturb' mode.
4. **Inaccurate Health Data (e.g., Sleep, Heart Rate):**
    - Ensure the watch is worn snugly on your wrist, not too loose or too tight.
    - Clean the sensor on the back of the watch.
    - Note that environmental factors and individual physiology can affect accuracy.
5. **Short Battery Life:**
    - Frequent use of features like Bluetooth calling, continuous heart rate monitoring, and screen brightness can reduce battery life.
    - Reduce screen brightness and turn off unnecessary features to conserve power.
    - Ensure the watch is charging correctly.

Specifications

Feature	Detail
Model Name	T7
Screen Size	1.83 inches
Display Type	LCD
Connectivity Technology	Bluetooth 5.3
Operating System	Custom Android OS
Battery Capacity	230 mAh (Lithium Polymer)
Battery Charge Time	Approx. 1 hour
Typical Usage Battery Life	Up to 10 days
Heavy Usage Battery Life	Up to 5 days

Feature	Detail
Water Resistance Level	IP67 (Water Resistant)
Metrics Measured	Heart Rate, Blood Oxygen, Sleep Duration, Step Count, Calories Burned, Distance, Menstrual Cycle
Compatible Devices	Android Devices (7.0+), iOS Devices (11.0+)
Item Weight	2.99 ounces
Case Material Type	Plastic
GPS	No GPS

Warranty Information

The KIPTUMTEK T7 Smart Watch comes with a **1-Year Limited Warranty**. This warranty covers manufacturing defects and issues arising from normal use. Please retain your proof of purchase for warranty claims. For specific terms and conditions, refer to the warranty card included in your package or contact customer support.

Customer Support

For further assistance, technical support, or warranty inquiries, please refer to the contact information provided in your product packaging or visit the official KIPTUMTEK store online:

KIPTUMTEK Official Store

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