**Saved from manuals.plus.**
**Open the live page for links to other documents and user manuals.**

**001**

# Generic 001 3D Hand-Type Electric Massager User Manual

Model: 001

## 1. Introduction

Thank you for choosing the Generic 001 3D Hand-Type Electric Massager. This device is designed to provide a comfortable and relaxing massage experience for your neck, shoulders, back, and other body parts. Featuring 3D massage nodes, infrared heating, and a portable USB-C rechargeable design, it aims to help relieve muscle tension and promote relaxation. Please read this manual carefully before use to ensure safe and optimal operation.

## 2. Important Safety Instructions

To reduce the risk of electric shock, burns, fire, or injury, always follow these basic safety precautions:

- Read all instructions before using this appliance.
- Do not use this massager near water or in damp environments.
- Always unplug the device immediately after use and before cleaning.
- Do not operate under a blanket or pillow. Excessive heating can occur and cause fire, electric shock, or injury to persons.
- Close supervision is necessary when this appliance is used by, on, or near children, invalids, or disabled persons.
- Use this appliance only for its intended use as described in this manual. Do not use attachments not recommended by the manufacturer.
- Never operate this appliance if it has a damaged cord or plug, if it is not working properly, if it has been dropped or damaged, or dropped into water.
- Keep the cord away from heated surfaces.
- Never use while sleeping or drowsy.
- Never drop or insert any object into any opening.
- Do not use where aerosol (spray) products are being used or where oxygen is being administered.
- Do not use on sensitive skin areas or in the presence of poor circulation.
- Consult your doctor before using if you are pregnant, have a pacemaker, suffer from diabetes, phlebitis, thrombosis, or are at an increased risk of developing blood clots.
- This appliance is for household use only.

## 3. Package Contents

Please check the package for the following items:

- 1 x Generic 001 3D Hand-Type Electric Massager
- 1 x USB-C Charging Cable

*Note: A power adapter/wall charger is not included. Please use a standard USB power adapter (e.g., from a smartphone charger) for charging.*




Image: The massager unit and its accompanying USB-C charging cable, illustrating the contents of the package.

## 4. Product Features

- **3D Enveloping Massage:** Features movements designed to provide a comfortable and relaxing experience.
- **Infrared Heating:** Combines massage with gentle heat for enhanced relaxation and comfort.
- **Ergonomic Design:** Modern, ergonomic finish with raised buttons for easy operation, high-quality soft silicone massage nodes, and comfortable soft leather straps for secure positioning.
- **USB-C Charging:** Convenient and modern USB-C port for recharging the internal battery.
- **Quiet Operation:** Designed for a tranquil and pleasant experience without excessive noise.
- **Versatile Use:** Ideal for various body parts including neck, shoulders, back, lumbar area, arms, legs, calves, and feet.
- **Compact and Portable:** Lightweight and easy to transport for use at home, in the office, or during travel.
- **Easy to Use:** Simple and intuitive operation for practical relaxation.
- **4 Massage Points:** Anatomically shaped massage points for deep and enveloping movements.




Image: Detailed view of the massager's ergonomic design, highlighting raised buttons, high-quality silicone, and soft leather straps.




Image: Illustration of the four anatomically shaped massage points, emphasizing their enveloping movements for relaxation.




Image: A user wearing the massager, with visible red light indicating the infrared heating function is active on the neck area.

# 5. Setup

## 5.1 Initial Charging

Before using your massager for the first time, it is recommended to fully charge the device. Refer to the 'Charging the Device' section for detailed instructions.

## 5.2 Positioning

The massager is designed with adjustable straps to help you position it comfortably on various body parts. Adjust the straps to secure the device firmly but comfortably to the desired area (neck, shoulders, back, etc.).

# 6. Operating Instructions

The massager features simple controls for ease of use.




Image: A close-up view of the control panel on the massager, showing the power button and heat function button.

## 6.1 Power On/Off

- To turn on the massager, press and hold the **Power Button** (usually marked with a power symbol). The massage function will start.
- To turn off the massager, press and hold the **Power Button** again.

## 6.2 Activating/Deactivating Heat Function

- While the massager is on, press the **Heat Button** (usually marked with a wavy lines or temperature symbol) to activate the infrared heating function.
- Press the **Heat Button** again to deactivate the heating function.

## 6.3 Usage Recommendations

- Start with shorter sessions (e.g., 10-15 minutes) and gradually increase as desired.
- Do not use the massager for prolonged periods in one area to avoid discomfort.
- Adjust the position and pressure using the straps for optimal comfort and effectiveness.



Image: A woman comfortably using the massager on her neck while relaxing, demonstrating typical usage.




Image: A woman using the massager on her neck while seated at a desk, illustrating its suitability for office or work environments.

## 7. Charging the Device

The massager is equipped with a rechargeable battery for cordless operation.

- Locate the USB-C charging port on the device.
- Connect the provided USB-C cable to the massager's charging port.
- Connect the other end of the USB-C cable to a standard USB power adapter (not included) or a computer's USB port.
- The charging indicator light (if present) will illuminate or change color to indicate charging status.
- A full charge typically takes approximately **60 minutes**.
- Once fully charged, disconnect the charging cable.

*Note: Do not use the massager while it is charging.*




Image: The massager unit shown alongside its USB-C charging cable, illustrating the connection for recharging.

# 8. Maintenance and Care

## 8.1 Cleaning

- Always unplug the device before cleaning.
- Wipe the surface of the massager with a soft, slightly damp cloth.
- Do not use abrasive cleaners, solvents, or harsh chemicals.
- Do not immerse the massager in water or any other liquid.

## 8.2 Storage

- Store the massager in a cool, dry place, away from direct sunlight and extreme temperatures.
- Keep it out of reach of children.

## 9. Troubleshooting

If you encounter any issues with your massager, please refer to the following common problems and solutions:

| Problem | Possible Cause | Solution |
|---|---|---|
| Massager does not turn on. | Battery is depleted. | Charge the device fully. |
| | Power button not pressed correctly. | Press and hold the power button for a few seconds. |
| Heat function is not working. | Heat function not activated. | Ensure the massager is on, then press the heat button. |
| | Device battery is low. | Charge the device fully. |
| Device is not charging. | USB-C cable not connected properly. | Ensure both ends of the USB-C cable are securely connected. |
| | Faulty USB power adapter or cable. | Try a different USB power adapter or cable. |
| Massage feels weak. | Battery is low. | Charge the device fully. |

If the problem persists after trying these solutions, please contact customer support.

## 10. Specifications

| Feature | Detail |
|---|---|
| Model Number | 001 |
| Power Source | USB-C Rechargeable |
| Battery Type | 1 Non-standard battery (included) |
| Charging Time | Approximately 60 minutes |
| Product Dimensions (L x W x H) | 15 x 20 x 15 cm (approximate) |
| Product Weight | 159.99 g (approximate) |
| Material | Plastic |
| Special Features | Rechargeable, Silent Operation, Infrared Heating |
| Intended Use | Body (Neck, Shoulders, Back, Lumbar, Arms, Legs, Calves, Feet) |




Image: Visual representation of the massager's compact dimensions (15cm x 20cm x 15cm) and approximate weight (160g), highlighting its portability.

## 11. Warranty and Support

This product is covered by the standard warranty provided by the retailer or manufacturer. Please refer to your purchase documentation for specific warranty terms and conditions.

For technical support, troubleshooting assistance, or warranty claims, please contact the seller or the customer service department of the place of purchase. Please have your purchase receipt and product model number (001) ready when contacting support.

© 2026 Generic. All rights reserved.

### Ask a question about this manual

Ask about setup, troubleshooting, compatibility, parts, safety, or missing instructions. Manuals+ will review the question and use this page's manual context to help answer it.

**Name**

Anonymous

**Email**

you@example.com

After a successful submission, we securely hash the supplied account or form email before sending it to Microsoft Advertising for conversion attribution. Privacy details.

**Question**

Example: How do I reset this device or fix this error?

**Details**

Model number, symptoms, what you tried, or the section of the manual you are using.

Submit question

**Open the live page**

**https://manuals.plus/asin/B0HJBCVDXY**

More documents and user manuals: **https://manuals.plus/**