Saved from manuals.plus.
Open the live page for links to other documents and user manuals.

KIPTUMTEK T7

KIPTUMTEK T7 Smart Watch User Manual

Model: T7

1. Introduction

Thank you for choosing the KIPTUMTEK T7 Smart Watch. This manual provides essential information for setting up, operating, and maintaining your device. Please read it carefully to ensure optimal performance and longevity of your smart watch.



Image 1.1: KIPTUMTEK T7 Smart Watch, Jet Black.

The KIPTUMTEK T7 Smart Watch is designed to be a versatile companion for your daily life, offering Bluetooth calling, comprehensive health monitoring, and various fitness tracking features.

2. What's in the Box

Please check the contents of your package. If any items are missing or damaged, please contact customer support.

- KIPTUMTEK T7 Smart Watch
- Magnetic Charging Cable
- User Manual



Image 2.1: Package contents including the T7 Smart Watch, charging cable, and user manual.

This image displays the KIPTUMTEK T7 Smart Watch, its magnetic charging cable, and the included user manual, all neatly arranged in their packaging.

3. Product Overview

Familiarize yourself with the components of your KIPTUMTEK T7 Smart Watch.



Image 3.1: KIPTUMTEK T7 Smart Watch component diagram.

This diagram illustrates the key physical features of the smart watch, including the 1.83" display, touch slide functionality, side button, silicone strap, heart rate sensor, and magnetic charging port. Dimensions of the watch case and strap are also shown.

- **1.83" Display:** High-definition full touch screen for clear visuals and easy interaction.
- **Touch Slide:** Navigate menus and functions by swiping across the screen.
- **Button:** Used for power on/off, returning to the home screen, or accessing specific functions.
- **Silicone Material:** Durable and comfortable strap for everyday wear.

- **Heart Rate Sensor:** Located on the back, used for health monitoring.
- **Magnetic Charging Port:** For connecting the charging cable.

4. Setup

4.1. Charging the Smart Watch

Before first use, fully charge your smart watch. A full charge typically takes about 2 hours.

1. Connect the magnetic end of the charging cable to the charging port on the back of the watch.
2. Connect the USB end of the cable to a USB power adapter (5V/1A) or a computer's USB port.
3. The watch display will show a charging indicator.



Image 4.1: Smart Watch charging.

This image shows the KIPTUMTEK T7 Smart Watch connected to its magnetic charger, displaying a 100% charge. It also highlights the battery life: up to 5 days with heavy use and up to 10 days with typical usage.

4.2. App Installation and Pairing

To unlock the full features of your smart watch, you need to install the companion app and pair it with your smartphone.

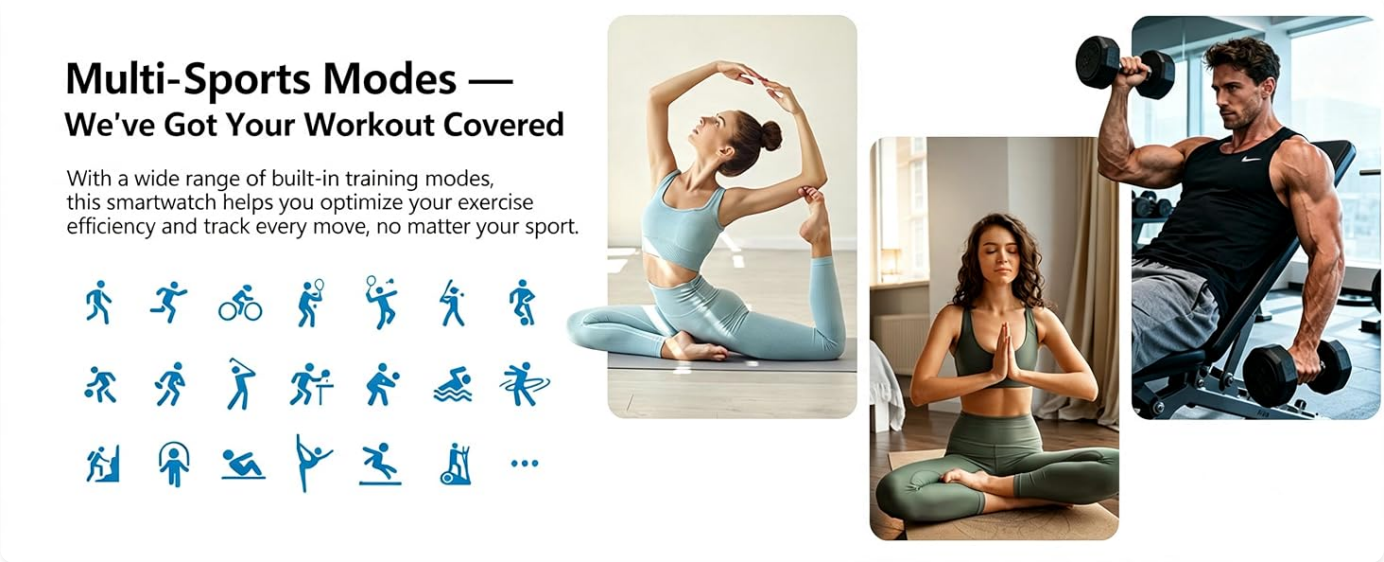


Image 4.2: Bluetooth connection guide.

This detailed image provides a step-by-step guide on how to connect the KIPTUMTEK T7 Smart Watch to a smartphone via Bluetooth. It covers downloading the 'GloryFit' app, enabling Bluetooth on the phone, searching for the device in the app, and confirming the connection. It also shows how to enable call and message alerts within the app and phone settings.

1. **Download the App:** Scan the QR code on the watch screen or search for **"GloryFit"** in your smartphone's app store (App Store for iOS, Google Play Store for Android). *Do not download "GloryFitPro".*
2. **Enable Bluetooth:** Ensure Bluetooth is turned on in your smartphone's settings.
3. **Open App and Search:** Open the GloryFit app, navigate to the device section, and search for your smart watch. It should appear as **"T7"**.
4. **Connect:** Tap on "T7" to connect. The app will indicate when the connection is successful.

4.3. Turning On Call & Message Alerts

After pairing, configure the app to receive notifications on your watch.

1. **Open App Settings:** In the GloryFit app, go to the settings or notification management section.
2. **Enable Calls & Reminders:** Turn on permissions for calls and other reminders.
3. **Add Contacts (Optional):** In your phone's settings, you may need to add frequently used contacts to allow them to sync or display on the watch.
4. **Open SMS Reminder:** Ensure SMS notification permissions are enabled in the app and your phone's settings.

5. Operating Instructions

5.1. Basic Navigation

- **Touchscreen:** Swipe up, down, left, or right to navigate through menus and screens. Tap to select an item.
- **Side Button:** Press to wake the screen, return to the main watch face, or access the app list.

5.2. Bluetooth Calling

Make and answer calls directly from your wrist.

- Ensure your watch is connected to your phone via Bluetooth.
- Access the call function on your watch to dial numbers or view recent calls.
- When a call comes in, you can answer or reject it from the watch.



Image 5.1: Stay connected with Bluetooth calling.
This image shows a man in a car using the KIPTUMTEK T7 Smart Watch to manage calls and notifications, demonstrating its hands-free communication capabilities and quick access to phone functions.

5.3. Smart Notifications

Receive real-time alerts for texts, emails, and app notifications.

- Ensure notification permissions are granted in the GloryFit app and your phone's settings.

- Notifications will appear on your watch screen. Swipe up or down to view them.

5.4. AI Voice Assistant

Control your watch and phone with voice commands.

- Activate the AI assistant feature on your watch.
- Use commands like "Call Nina," "Set an alarm for 7 AM," or "What's the weather today?"

5.5. Health Monitoring

Your KIPTUMTEK T7 Smart Watch continuously monitors various health metrics.

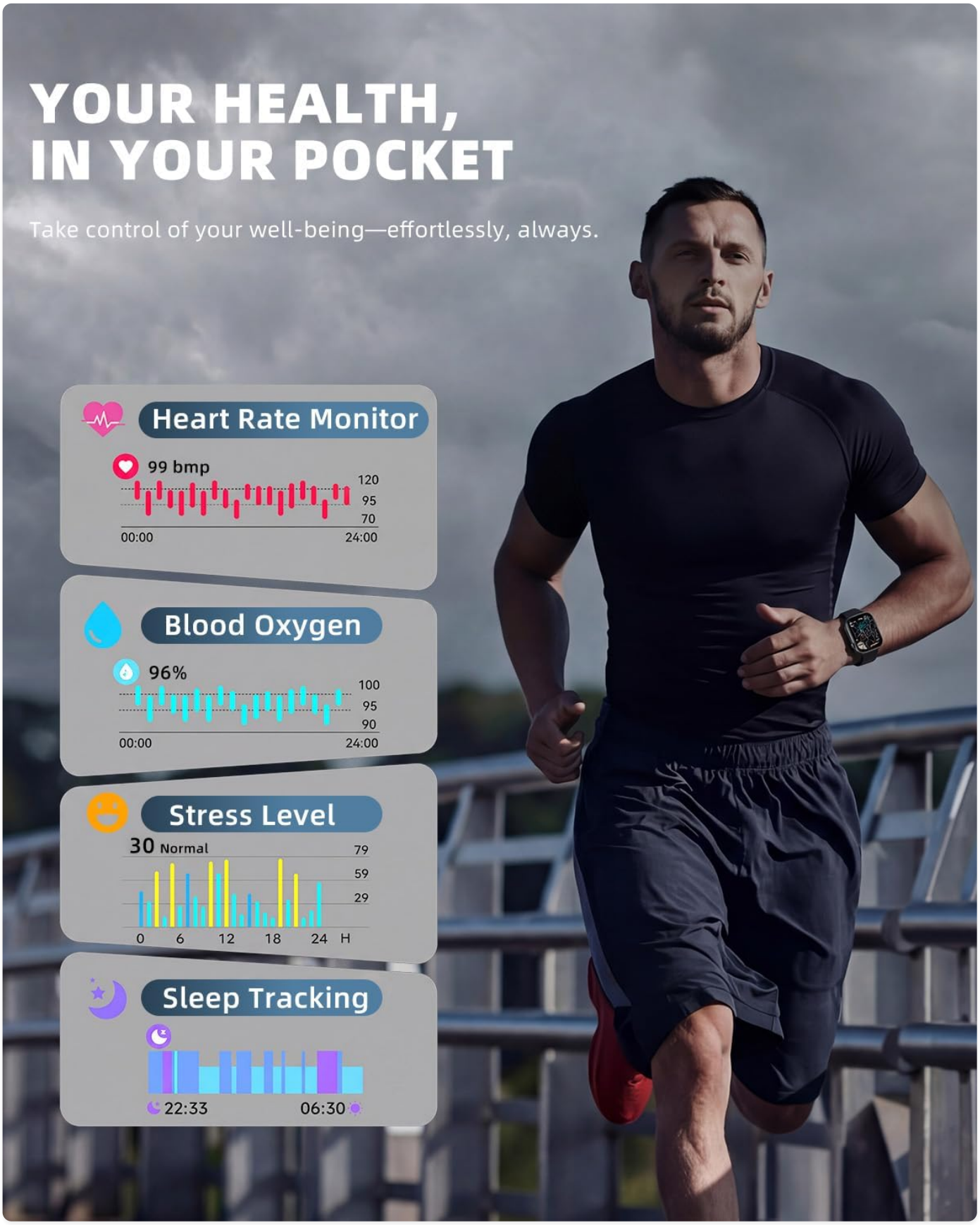


Image 5.2: Comprehensive health tracking.
This image highlights the KIPTUMTEK T7 Smart Watch's health monitoring capabilities, including heart rate, blood oxygen, stress level, and sleep tracking, displayed alongside a person jogging.

- **Heart Rate Monitor:** Tracks your heart rate 24/7. View real-time data on the watch or detailed trends in the app.
- **Blood Oxygen (SpO2):** Measures your blood oxygen saturation levels.
- **Stress Level:** Monitors your stress levels throughout the day.
- **Sleep Tracking:** Automatically tracks your sleep stages (deep, light, awake) and provides insights into your sleep

quality.

- **Menstrual Cycle Tracking:** Designed for women's health, it helps track and predict menstrual cycles.

5.6. Fitness Tracking

Track your workouts and daily activity with multiple sport modes.

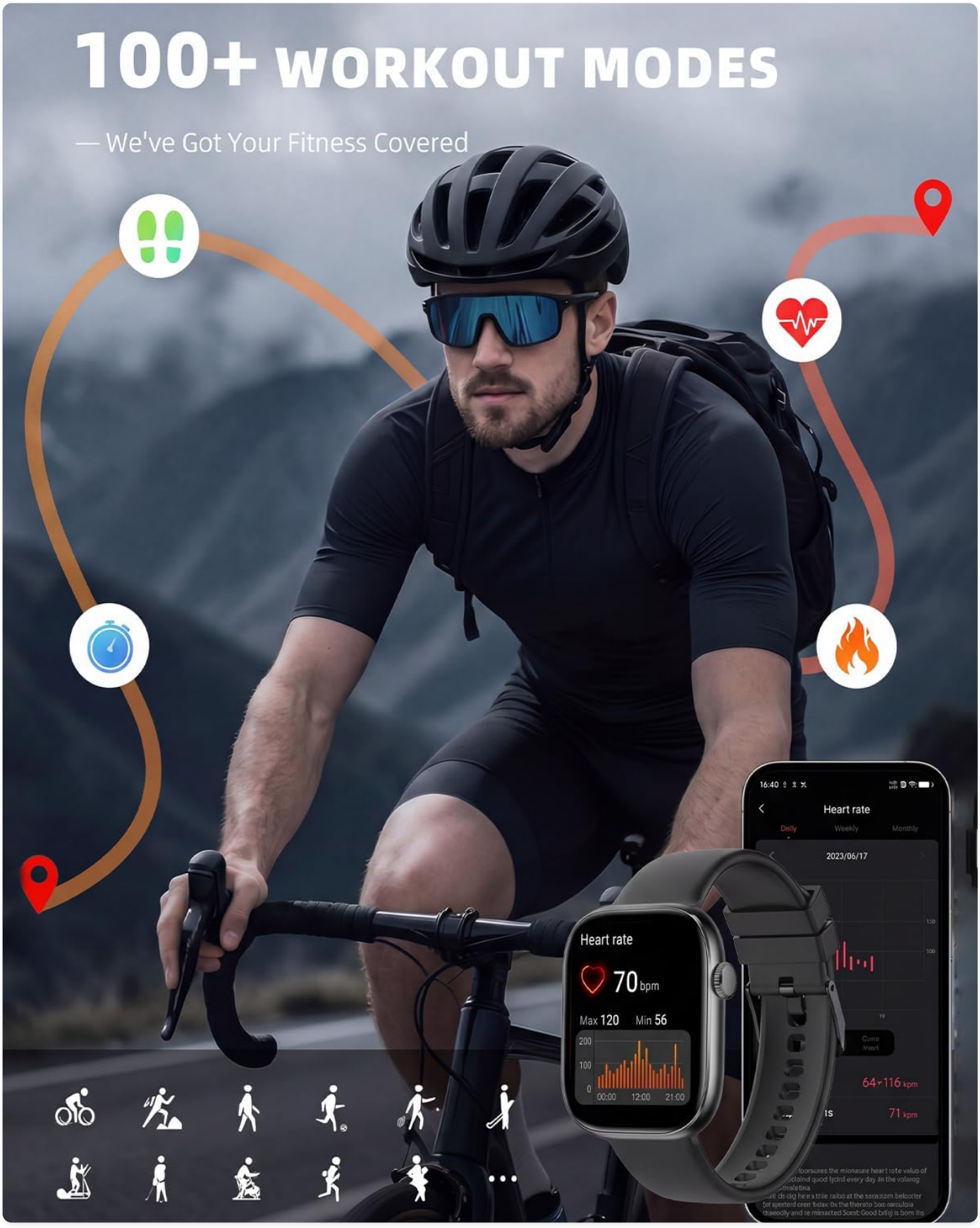


Image 5.3: 100+ workout modes.

This image features a man cycling, with the KIPTUMTEK T7 Smart Watch displaying heart rate data. It visually represents the watch's capability to track over 100 workout modes, covering various activities from running to yoga.

- Select your desired sport mode (e.g., running, cycling, yoga) from the watch menu.
- The watch will track metrics such as steps, distance, calories burned, and workout duration.
- Review your workout data on the watch or in the GloryFit app for detailed analysis.

5.7. Customizing Watch Faces

Personalize your smart watch with over 100 watch faces or your own photos.



Image 5.4: 1.83" Full Touch HD Screen with 100+ watch faces.
This image showcases the vibrant 1.83" HD touchscreen of the KIPTUMTEK T7 Smart Watch, surrounded by a selection of over 100 customizable watch faces, including options to upload personal photos.

- Long-press the watch face on the main screen to enter the watch face selection menu.
- Swipe left or right to browse available watch faces and tap to select.
- You can also customize watch faces and upload personal photos through the GloryFit app.

5.8. Other Features

Your KIPTUMTEK T7 Smart Watch includes several useful tools for daily convenience.



Image 5.5: More features, all you need.

This image illustrates the KIPTUMTEK T7 Smart Watch's additional functionalities, such as timer, stopwatch, find phone, sedentary reminder, alarm clock, breathing exercises, and drink water reminder, with a remote camera control feature shown on the watch face.

- **Stopwatch & Timer:** For timing activities.
- **Remote Shutter:** Control your phone's camera remotely.
- **Weather:** Get real-time weather updates.
- **Find Phone:** Locate your misplaced smartphone.

- **Calculator:** Basic calculations on your wrist.
- **Sedentary Reminders:** Prompts you to move after periods of inactivity.
- **Alarm Clock:** Set alarms directly from the watch.
- **Breathing Exercises:** Guided breathing for relaxation.
- **Drink Water Reminder:** Helps you stay hydrated.

6. Maintenance

6.1. Cleaning

- Wipe the watch screen and strap regularly with a soft, dry, lint-free cloth.
- Avoid using harsh chemicals, abrasive cleaners, or solvents, as they may damage the watch.
- Ensure the charging contacts are clean and dry before charging.

6.2. Water Resistance

The KIPTUMTEK T7 Smart Watch has an IP67 waterproof rating.

- It is resistant to sweat, rain, and splashes from handwashing.
- **Do not use it for swimming, showering (especially hot showers), or diving.**
- Avoid exposing the watch to hot water or steam, as this can compromise the water seal.
- If the watch gets wet, dry it thoroughly before charging or using the buttons.

6.3. Battery Care

- Charge the watch regularly, even if not in use, to maintain battery health.
- Avoid fully discharging the battery frequently.
- Do not expose the watch to extreme temperatures (hot or cold), as this can reduce battery life.

7. Troubleshooting

7.1. Watch Not Turning On

- Ensure the watch is fully charged. Connect it to the charger for at least 30 minutes.
- Press and hold the side button for several seconds.

7.2. Cannot Pair with Phone

- Make sure Bluetooth is enabled on your phone.
- Ensure the watch is charged and within range of your phone.
- Restart both your phone and the smart watch.
- Try unpairing the watch from your phone's Bluetooth settings (if previously paired) and then re-pair through the GloryFit app.
- Ensure the GloryFit app has necessary permissions (location, Bluetooth).

7.3. Notifications Not Appearing

- Check if the watch is successfully connected to the GloryFit app.
- Verify that notification permissions are enabled in the GloryFit app for specific apps (e.g., WhatsApp, SMS).
- Ensure your phone's notification settings allow the GloryFit app to display notifications.

- On iOS, check if notifications are set to show on the lock screen and in the notification center.

7.4. Inaccurate Health Data

- Ensure the watch is worn snugly on your wrist, about one finger's width above the wrist bone.
- Keep the sensor clean and free from dirt or sweat.
- Avoid excessive movement during measurements.

8. Specifications

Feature	Specification
Model Number	T7
Screen Size	1.83 inches
Display Type	HD Touchscreen
Memory Storage Capacity	8 GB
Wireless Communication	Bluetooth, 802.11bgn
Battery Cell Composition	Lithium Polymer
Typical Usage Battery Life	Up to 10 days
Heavy Usage Battery Life	Up to 5 days
Charging Time	Approximately 2 hours
Water Resistance Rating	IP67
Compatible Devices	iOS and Android Smartphones
Metrics Measured	Heart Rate, Blood Oxygen, Stress, Sleep
Item Weight	45 g

9. Safety Information

- This device is not a medical device and should not be used to diagnose or treat any medical condition. Consult a medical professional for health concerns.
- Keep the device and its accessories out of reach of small children to prevent choking hazards.
- Do not attempt to disassemble or modify the device, as this may cause damage or injury and will void the warranty.
- Avoid exposing the device to extreme temperatures, direct sunlight, or strong magnetic fields.
- If you experience skin irritation after wearing the watch, remove it and consult a doctor.

10. Warranty and Support

KIPTUMTEK products come with a standard manufacturer's warranty. Please refer to the warranty card included in your package or visit our official website for detailed warranty terms and conditions.
For technical support, troubleshooting assistance, or warranty claims, please contact our customer service team through the contact information provided on our official website or through your purchase platform.

Ask a question about this manual

Ask about setup, troubleshooting, compatibility, parts, safety, or missing instructions. Manuals+ will review the question and use this page's manual context to help answer it.

Name

Anonymous

Email

you@example.com

After a successful submission, we securely hash the supplied account or form email before sending it to Microsoft Advertising for conversion attribution. Privacy details.

Question

Example: How do I reset this device or fix this error?

Details

Model number, symptoms, what you tried, or the section of the manual you are using.

Submit question

Open the live page

https://manuals.plus/asin/B0HC5RLMGV

More documents and user manuals: **https://manuals.plus/**