

FUNMILY Walking Pad Treadmill

FUNMILY Walking Pad Treadmill Under Desk User Manual

INTRODUCTION

Thank you for choosing the FUNMILY Walking Pad Treadmill. This manual provides essential information for the safe and effective use, maintenance, and troubleshooting of your new walking pad. Please read it thoroughly before operation and retain it for future reference.

IMPORTANT SAFETY INSTRUCTIONS

- Always place the walking pad on a flat, stable surface.
- Keep children and pets away from the walking pad during operation.
- Ensure adequate clearance around the walking pad (at least 2 feet on all sides).
- Do not operate the walking pad if it has a damaged cord or plug, or if it is not working properly.
- Wear appropriate athletic footwear when using the walking pad.
- Do not exceed the maximum weight capacity of 300 lbs.
- Unplug the walking pad from the power outlet when not in use, before cleaning, or before performing maintenance.
- Consult a physician before starting any exercise program.

PRODUCT OVERVIEW

Components Included

- FUNMILY Walking Pad Treadmill
- Remote Control
- Tool Kit
- Lubricant
- User Manual

Key Features

- **Motor:** 2.5HP / 3.0HP Quiet Motor (operates at approximately 45 decibels)
- **Speed Range:** 0.5 - 4.0 MPH
- **Weight Capacity:** 300 lbs
- **Incline:** Adjustable 8% manual incline
- **Display:** Integrated LED display showing Time, Speed, Distance, and Calories
- **Control:** Remote control operation
- **Portability:** Ultra-thin 4.1-inch profile, 50 lbs item weight, with built-in wheels for easy storage



Image: The FUNMILY Walking Pad Treadmill, showcasing its compact design.

SETUP

The FUNMILY Walking Pad Treadmill requires no assembly. Follow these steps for initial setup:

1. **Unpack:** Carefully remove the walking pad from its packaging.

2. **Placement:** Choose a flat, stable surface for the walking pad. Ensure there is sufficient space around the unit for safe operation.
3. **Power Connection:** Plug the power cord into a grounded electrical outlet.
4. **Remote Control:** Ensure the remote control has batteries installed and is ready for use.

Clear Data Display

Keep track of your workout at a glance



Image: The walking pad shown in various storage locations, highlighting its small and lightweight design for easy placement under furniture.

OPERATING INSTRUCTIONS

Powering On/Off

- To power on, press the power button on the remote control. The LED display will illuminate.
- To power off, press and hold the power button on the remote control until the display turns off.

Using the Remote Control

The remote control allows you to start, stop, and adjust the speed of the walking pad.

- **Start/Pause:** Press the central button to start or pause the walking pad.
- **Speed Adjustment:** Use the '+' button to increase speed and the '-' button to decrease speed.

Your browser does not support the video tag.

Video: Demonstrates the quiet operation and compact nature of the walking pad, suitable for home or office use.

LED Display

The integrated LED display provides real-time workout data:

- **TIME:** Duration of your workout.
- **SPEED:** Current walking speed in MPH.
- **DIST:** Distance covered during your workout.
- **CAL:** Estimated calories burned.

Whisper-Quiet Performance

Powerful yet ultra-quiet motor won't disturb your family or neighbors.



The image shows a woman in a pink sports top and grey leggings running on a black treadmill in a modern living room. In the background, a young child is sleeping on a light-colored sofa. Above the treadmill, a horizontal scale shows decibel levels from 20dB to 70dB. The treadmill is positioned at the 45dB mark, which is highlighted with a red circle and the text '<45dB'. Below the scale, icons represent different sound levels: Leaves (20dB), Library (30dB), Our Treadmill (<45dB), Conversation (60dB), and Phone Ringtone (70dB). A pink speech bubble in the bottom right corner contains a speaker icon and the text '<45dB Ultra Silent'.

20dB	30dB	<45dB	60dB	70dB
Leaves	Library	Our Treadmill	Conversation	Phone Ringtone

*Tested by our lab under no-load condition.

Image: Close-up of the LED display on the walking pad, showing workout metrics.

Adjusting Incline

The walking pad features an 8% manual incline. To adjust the incline:

1. Ensure the walking pad is powered off and unplugged.
2. Locate the incline adjustment mechanism at the rear of the unit.
3. Manually adjust the incline to the desired position. Ensure it is securely locked before use.

Enjoy Hiking at Home Anytime 8% Manual incline for more fat burning

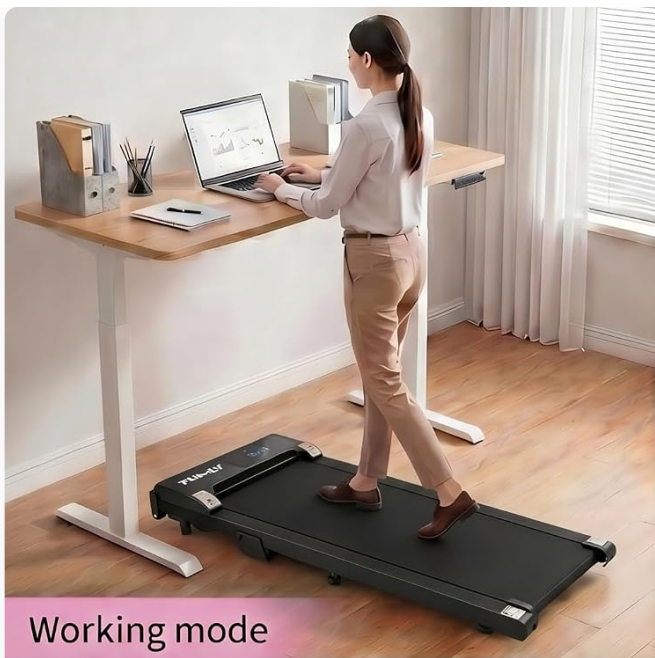


Image: Illustration of the walking pad with an 8% incline, demonstrating how it can increase calorie burn compared to a flat surface.

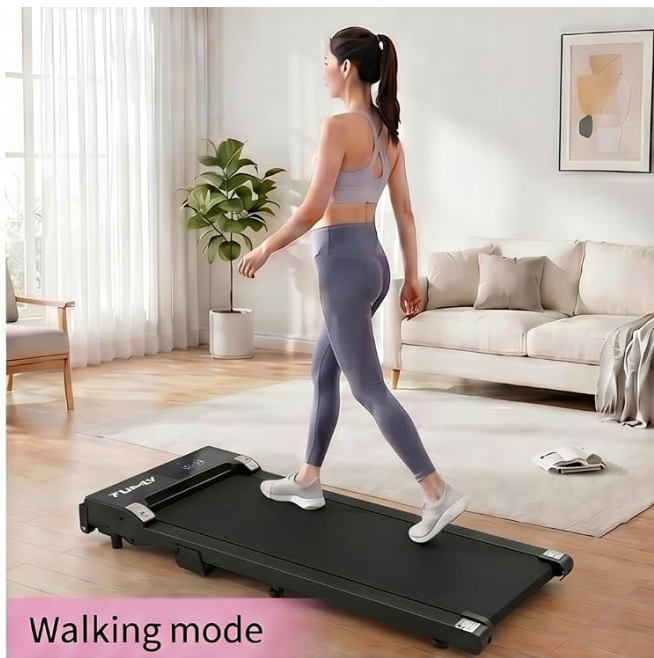
Workout Modes

The walking pad supports various modes of use:

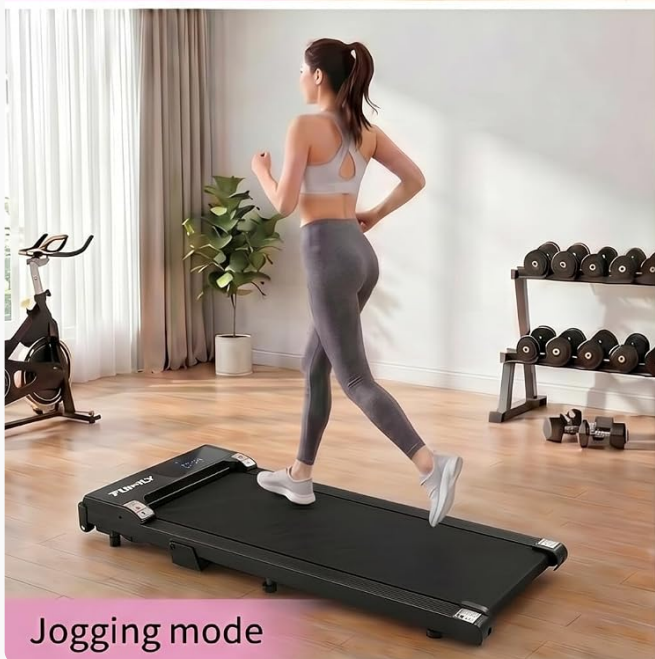
- **Working Mode:** Use while standing at a desk for light activity.
- **Walking Mode:** Standard walking exercise.
- **Jogging Mode:** For a more intense workout at higher speeds.
- **Climbing Mode:** Utilize the 8% incline for an uphill simulation.



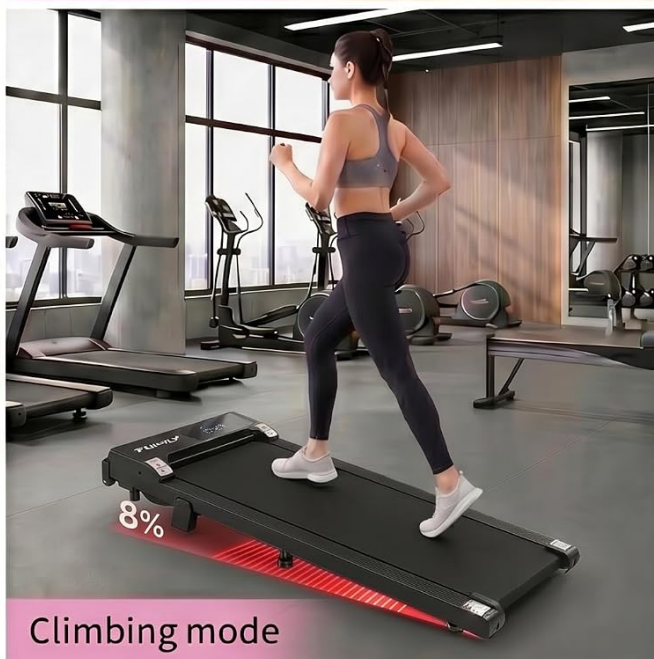
Working mode



Walking mode



Jogging mode



Climbing mode

Image: Visual representation of the walking pad being used in different scenarios: under a standing desk, for walking, jogging, and with incline for climbing.

Your browser does not support the video tag.

Video: Shows the walking pad in use under a desk, demonstrating its suitability for working and exercising simultaneously.

MAINTENANCE

Regular maintenance ensures the longevity and optimal performance of your walking pad.

Lubrication

The walking belt requires periodic lubrication to reduce friction and wear. Use the provided lubricant and follow these steps:

1. Turn off and unplug the walking pad.
2. Lift the edge of the walking belt and apply a small amount of lubricant to the center of the deck, underneath the belt.

3. Plug in the walking pad and run it at a low speed (e.g., 1 MPH) for a few minutes to distribute the lubricant evenly.
4. Frequency: Lubricate every 3 months or after 50 hours of use, whichever comes first.

Cleaning

- Wipe down the walking pad with a damp cloth after each use to remove sweat and dust.
- Do not use abrasive cleaners or solvents.
- Keep the area around the walking pad clean and free of obstructions.

Belt Adjustment

If the walking belt feels loose or is slipping, it may need adjustment. Refer to the detailed instructions in the full user manual for specific belt tensioning procedures, which typically involve adjusting screws at the rear of the unit.

TROUBLESHOOTING

Here are solutions to common issues you might encounter:

Problem	Possible Cause	Solution
Walking pad does not power on.	Power cord not plugged in; power switch off; circuit breaker tripped.	Check power cord connection; ensure power switch is on; reset circuit breaker if necessary.
Remote control not working.	Dead batteries; remote not paired.	Replace remote control batteries; refer to the full manual for remote pairing instructions.
Walking belt slips or hesitates.	Belt too loose; insufficient lubrication.	Adjust belt tension (refer to full manual); lubricate the walking belt.
Unusual noise during operation.	Loose components; belt misalignment; motor issue.	Inspect for loose parts and tighten; check belt alignment; if noise persists, contact customer support.

SPECIFICATIONS

Feature	Detail
Brand	FUNMILY
Model Name	Walking Pad Treadmill
Product Dimensions (D x W x H)	50"D x 24"W x 5.5"H
Item Weight	50 Pounds
Material	Alloy Steel
Maximum Speed	3.8 Miles per Hour
Minimum Speed	0.6 Miles per Hour

Feature	Detail
Maximum Horsepower	2.5 Horsepower
Maximum Weight Recommendation	300 Pounds
Display Type	LED
Power Source	Corded Electric
Assembly Required	No

WARRANTY

The FUNMILY Walking Pad Treadmill comes with a **1-year warranty** from the date of purchase. This warranty covers manufacturing defects and material flaws under normal use. Please retain your proof of purchase for warranty claims. The warranty does not cover damage caused by misuse, neglect, accident, or unauthorized modification.

CUSTOMER SUPPORT

For any questions, technical assistance, or warranty claims, please contact FUNMILY customer support. Refer to the contact information provided on the product packaging or the official FUNMILY website.

ASK A QUESTION ABOUT THIS MANUAL

Ask about setup, troubleshooting, compatibility, parts, safety, or missing instructions. Manuals+ will review the question and use this page's manual context to help answer it.

Name

Email

After a successful submission, we securely hash the supplied account or form email before sending it to Microsoft Advertising for conversion attribution. [Privacy details](#).

Question

Details

Submit question

