**Rejuvacare BackMassager01**

# Rejuvacare Triple Method Back Massager User Manual

Model: BackMassager01

## Product Overview

The Rejuvacare Triple Method Back Massager is designed to provide comfort and relief for your lower back. It integrates lumbar arch support, infrared heat, and vibration massage into a single, easy-to-use device. This manual provides instructions for safe and effective use.




Image: Rejuvacare Triple Method Back Massager, showcasing its design and components.

## Key Features:

- **Triple Method Relief:** Combines lumbar arch support, infrared heat, and vibration massage.
- **Soothing Infrared Heat:** Gentle warmth penetrates back muscles for relaxation.
- **Targeted Vibration Massage:** Three settings (low, medium, high) and an auto mode to release muscle tension.
- **Lumbar Arch Support:** Equipped with dual vertical supports for posture and comfort.
- **Adjustable Dual-Strap System:** Secure and breathable design for a comfortable fit over clothing.
- **Simple Operation:** Easy to use with automatic 15 to 30-minute sessions.
- **Portable Design:** Compact for use at home, office, or while traveling.

## Safety Information

Please read all safety instructions before using the Rejuvacare Triple Method Back Massager to ensure safe operation

and prevent injury.

### Before Use:

- Consult a healthcare professional before use if you have existing medical conditions, use medical devices, or are pregnant.
- Do not use the device on open wounds, swollen areas, inflamed skin, or any areas with skin irritation.

### Skin Safety:

- Discontinue use immediately if skin irritation, discomfort, or allergic reactions occur.

### Heat & Massage:

- The device uses infrared heat and vibration massage. The surface temperature operates within a comfortable range for safe daily use.
- Always begin with the lowest intensity settings and gradually increase as desired.

### Use & Duration:

- Do not exceed 30 minutes per session.
- Use no more than twice daily.
- Allow adequate rest between applications.
- Do not use while sleeping.

### General Safety:

- Use only as described in this manual.
- Keep the device away from water and moisture.
- This device is not intended for use by children.
- Dispose of the device responsibly according to local regulations.

## What's Included

Your Rejuvacare Triple Method Back Massager package includes the following items:

- Rejuvacare Triple Method Back Massager Unit
- USB-A to USB-C Charging Cable
- User Manual
- Premium Gift Box

## Setup

### 1. Charging the Device

It is recommended to fully charge the device before first use.

- Connect the USB-C charging cable to the control unit on the massager.
- Plug the other end (USB-A) into a 5V power adapter (not included).
- Charging typically takes about 4 hours for a full charge.

**Charging Indicators:**

- Red light: Indicates the device is currently charging.
- Blue light: Indicates the device is fully charged.

If the battery is low, the indicator light will flash briefly, and the device will turn off. Recharge before using again.

### 2. Wearing the Massager

The massager is designed to be worn comfortably around your lower back.




Image: Step-by-step guide on how to wrap, secure, power on, and relax with the back massager.

1. **Wrap:** Place the massager around your lower back with the control unit centered.
2. **Secure:** Fasten the dual straps comfortably over clothing or directly over a fitted layer. Adjust for a snug, supportive fit.

## Operating Instructions

### 1. Power On/Off

- To turn the device **ON**, press and hold the Power button (usually located on the control unit). The massager will start with vibration and heat activated.
- To turn the device **OFF**, press and hold the Power button again.

### 2. Adjusting Modes

The control unit allows you to customize your massage experience.

- **Vibration Modes:** Short press the Power button to cycle through the three vibration settings: Low, Medium, High, and an Auto mode that cycles through the sequence automatically.
- **Infrared Heat:** Short press the Heat button (often indicated by a flame icon) to turn the heat function ON or OFF.

The device runs automatic 15 to 30-minute sessions. After selecting your desired mode, you can relax and let the device work.

## Maintenance

To ensure the longevity and proper functioning of your Rejuvacare Triple Method Back Massager, follow these maintenance guidelines:

- **Cleaning:** Wipe the device with a soft, damp cloth. Do not use abrasive cleaners or immerse the device in water.
- **Storage:** Store the massager in a cool, dry place away from direct sunlight and extreme temperatures.
- **Avoid Damage:** Do not bend or twist the device excessively. Keep it away from sharp objects.

## Troubleshooting

If you encounter any issues with your Rejuvacare Triple Method Back Massager, please refer to the following common problems and solutions:

| Problem | Solution |
|---|---|
| Device will not turn on. | Ensure the device is fully charged and the USB-C cable is properly connected. Press and hold the Power button to turn on. |
| Device works for only a few minutes after charging. | The battery may be low. Fully recharge the device before use. |
| The device is not heating. | Ensure the heat function is activated by pressing the Heat button. The surface temperature operates within a comfortable range (35°C-40°C). |

## Specifications

| Feature | Detail |
|---|---|
| Product Dimensions | 5 x 3 x 2 inches (L x W x H) |
| Model Name | Triple Method Back Massager |
| Model Number | BackMassager01 |
| Manufacturer | Rejuvacare |

| Feature | Detail |
|---|---|
| Target Use Body Part | Back |
| Massager Form | Massage Belt |
| Massage Therapy Technique | Vibration |
| Special Features | Portable, Infrared Heat, Lumbar Arch Support |
| Material Type | Cotton |
| Color | Blue |

## Warranty Information

Rejuvacare stands by the quality of its products. The Rejuvacare Triple Method Back Massager comes with a **90-day promise**. For specific details regarding warranty coverage and claims, please refer to the documentation included with your product or contact customer support.

## Customer Support

If you have any questions, require assistance, or need to report an issue with your Rejuvacare Triple Method Back Massager, please contact our customer support team:

- **Email:** support@rejuvacare.com (24/7 Support)
- **Phone:** +1 (302) 247-9613 (Available 8:00 AM - 5:00 PM EST)
- **Website:** www.rejuvacare.com


### Ask a question about this manual

Ask about setup, troubleshooting, compatibility, parts, safety, or missing instructions. Manuals+ will review the question and use this page's manual context to help answer it.

**Name**

Anonymous

**Email**

you@example.com

After a successful submission, we securely hash the supplied account or form email before sending it to Microsoft Advertising for conversion attribution. Privacy details.

**Question**

Example: How do I reset this device or fix this error?

**Details**

Model number, symptoms, what you tried, or the section of the manual you are using.

Submit question

## Answered questions about this manual

**What is the small sealed packet included with the Rejuvacare Triple Method Back Massager (BackMassager01) and what is it used for?**

Based on the Rejuvacare Triple Method Back Massager (Model: BackMassager01) manual and standard electronics packaging, the small sealed packet is most likely a silica gel desiccant.What it is: It is a small sachet filled...

Read full answer

**Why will my Rejuvacare Triple Method Back Massager (BackMassager01) not turn on even after a full charge?**

If your Rejuvacare Triple Method Back Massager (Model: BackMassager01) is fully charged but will not start, please try the following troubleshooting steps based on the user manual:Verify the Power-On Method: To turn the device...

Read full answer

**What is the purpose of the additional strap included with the Rejuvacare Triple Method Back Massager (BackMassager01)?**

Based on the Rejuvacare Triple Method Back Massager manual, the device features an Adjustable Dual-Strap System. While the manual does not explicitly list a separate "additional" strap in the box contents, these massagers often...

Read full answer