

Renestar 8560

Renestar Treadmill Model 8560 User Manual

Important information for safe and effective use.

1. SAFETY GUIDELINES

Read all instructions carefully before using the Renestar Treadmill Model 8560. Keep this manual for future reference.

General Safety Precautions

- Ensure the treadmill is placed on a flat, stable surface with adequate clearance around it (at least 2 feet on sides and 6 feet behind).
- Keep children and pets away from the treadmill during operation.
- Always wear appropriate athletic footwear.
- Do not operate the treadmill if it is damaged or malfunctioning.
- Consult a physician before starting any exercise program.
- The maximum user weight capacity for this treadmill is **300 lbs**.
- Always attach the safety key clip to your clothing before starting a workout. In case of emergency, pulling the safety key will immediately stop the treadmill.



Image: The Renestar Treadmill in use, highlighting the safety key location on the console.

2. ASSEMBLY AND INITIAL SETUP

The Renestar Treadmill Model 8560 arrives 90% pre-assembled, allowing for quick setup, typically within 15 minutes.

Included Components

Verify that all components are present before beginning assembly:

- Power Cord (1 pcs)
- Screws M10*16 (2 pcs)
- Large hole plugs (2 pcs)
- Safety key (1 pcs)
- Small hole plugs (2 pcs)

- User manual (1 pcs)
- Lubricating oil (1 pcs)
- Hexagonal wrenches 8mm (1 pcs)
- Hexagonal wrenches 6mm (1 pcs)

Assembly Steps

1. Carefully remove all packaging materials and place the treadmill base on a clear, level surface.
2. Lift the console frame into the upright position.
3. Secure the console frame to the base using the provided screws and hexagonal wrenches.
4. Insert the hole plugs into the designated openings.
5. Ensure all connections are secure before plugging in the power cord.



Image: Overview of the Renestar Treadmill's pre-assembled state and the tools provided for final assembly.

3. OPERATING YOUR TREADMILL

Control Panel Overview

The treadmill features an extra-large **19-inch LED touchscreen** display for monitoring your workout data and controlling settings. A **12-inch device holder** is integrated for your tablet or phone.

- **Metrics Displayed:** Speed, Distance, Incline, Time, Calories Burned.
- **Connectivity:** AUD, Bluetooth, TYPE-C, USB ports are available for media and device charging.

Extra-Large Touchscreen Display

Intuitive Control for a Smarter Workout



DISTANCE



INCLINE



TIME



SPEED



CALORIES



Image: The treadmill's control panel, showing the LED display and device holder.

Starting a Workout

1. Ensure the power cord is securely plugged into a grounded outlet.
2. Stand on the side rails of the treadmill.
3. Attach the safety key clip to your clothing and insert the safety key into its designated slot on the console.

4. Press the 'START' button on the console. The belt will begin to move at a low speed.
5. Carefully step onto the running belt and begin walking.

Adjusting Speed and Incline

- **Speed:** Use the 'SPEED+' and 'SPEED-' buttons to adjust the belt speed from **0.5 MPH to 8.5 MPH**. Quick-select speed buttons (e.g., 2, 4, 6 MPH) may also be available.
- **Incline:** The treadmill features a **25% auto-incline system** with 25 levels (0-25%). Use the 'INCLINE+' and 'INCLINE-' buttons to adjust the incline. Quick-select incline buttons (e.g., 3, 6, 9%) may also be available.
- **Programs:** Select from **24 preset programs** by pressing the 'PROG.' button to vary your workout intensity.

Professional-Grade **25%** Auto Incline

Unique Patented Design



Burn Calories. Conquer the Climb.

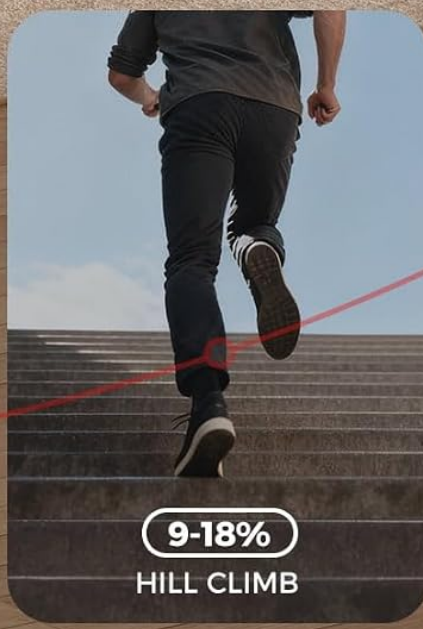
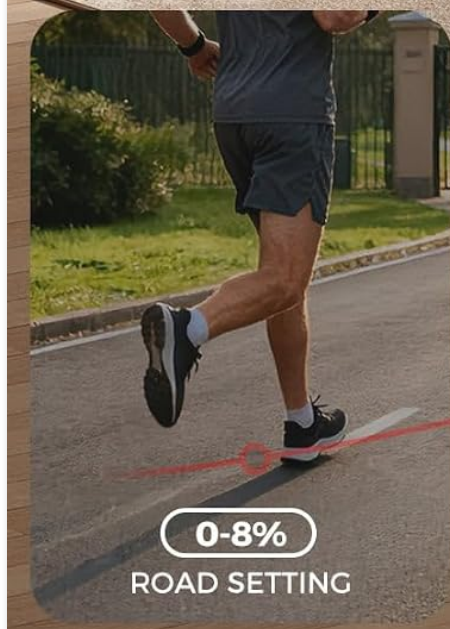


Image: Visual representation of the 25% auto-incline feature, illustrating varying levels of intensity.

Stopping a Workout

- Press the 'STOP' button to gradually bring the treadmill to a halt.
- Alternatively, pull the safety key to immediately stop the treadmill.

Using the Bluetooth Speaker

The treadmill includes a Bluetooth speaker for audio playback. To connect:

1. Ensure Bluetooth is enabled on your mobile device.
2. Search for available Bluetooth devices and select 'RENESTARSpeaker' (or similar name).
3. Once paired, audio from your device will play through the treadmill's speakers.

Your Run, Evolved Data-Driven Training & Games

25% AUTO INCLINE

Zwift

Kinomap

4. MAINTENANCE AND CARE

Regular maintenance ensures the longevity and optimal performance of your treadmill.

Cleaning

- Wipe down the console and exterior surfaces with a damp cloth after each use. Avoid abrasive cleaners.
- Periodically vacuum underneath the treadmill to prevent dust buildup.

Lubrication

The running belt requires periodic lubrication to reduce friction and extend its lifespan. Use the provided lubricating oil or a silicone-based treadmill lubricant.

1. Unplug the treadmill from the power outlet.
2. Loosen the rear roller bolts to slightly lift the running belt.
3. Apply a small amount of lubricant evenly under the center of the running belt.
4. Tighten the rear roller bolts and plug in the treadmill.
5. Run the treadmill at a low speed (e.g., 1 MPH) for 5 minutes to distribute the lubricant.

Belt Adjustment

If the running belt becomes off-center or slips, it may require adjustment. Refer to the detailed instructions in the full user manual for proper belt tracking and tension adjustment.

5. TROUBLESHOOTING COMMON ISSUES

This section addresses minor issues you might encounter. For more complex problems, contact customer support.

- **Treadmill does not power on:** Ensure the power cord is securely plugged in and the main power switch (if present) is in the 'ON' position. Check the circuit breaker.
- **Running belt stops unexpectedly:** Verify the safety key is properly inserted. If the issue persists, contact support.
- **Unusual noises:** Check for loose parts or foreign objects under the belt. If the noise is from the motor, discontinue use and contact support.
- **Belt slippage:** The running belt may need tension adjustment or lubrication. Refer to the Maintenance section or contact support.

6. PRODUCT SPECIFICATIONS

Feature	Specification
Brand	Renestar
Model Number	8560
Product Dimensions (D x W x H)	58"D x 46"W x 28"H
Item Weight	112 Pounds

Material	Alloy Steel
Maximum Speed	8.5 Miles per Hour
Minimum Speed	0.5 Miles per Hour
Maximum Incline Percentage	25% (25 levels)
Maximum Horsepower	3.5 HP
Maximum Weight Recommendation	300 Pounds
Running Belt Dimensions (L x W)	47.3" x 17.7"
Display Type	19-inch LED Touchscreen
Number of Programs	24 Preset Programs
Connectivity Technology	AUD, Bluetooth, TYPE-C, USB
Noise Level	Below 45 dB
Shock Absorption System	6 Shock Absorbers, Dual Non-slip Cushioning Layers

7. WARRANTY AND CUSTOMER SUPPORT

Warranty Information

The Renestar Treadmill Model 8560 comes with a **1-Year Manufacturer's Warranty**. This warranty covers defects in materials and workmanship under normal use. Please retain your proof of purchase for warranty claims.

Customer Support

For technical assistance, troubleshooting, or warranty inquiries, Renestar offers **24/7 dedicated technical support**. Please refer to the contact information provided in your purchase documentation or visit the official Renestar website for support details.

ASK A QUESTION ABOUT THIS MANUAL

Ask about setup, troubleshooting, compatibility, parts, safety, or missing instructions. Manuals+ will review the question and use this page's manual context to help answer it.

Name

Anonymous

Email

you@example.com

After a successful submission, we securely hash the supplied account or form email before sending it to Microsoft Advertising for conversion attribution. [Privacy details](#).

Question

Example: How do I reset this device or fix this error?

Details

Model number, symptoms, what you tried, or the section of the manual you are using.

Submit question