

SOUYIE H95

SOUYIE Smart Watch H95 User Manual

Model: H95

1. PACKAGE CONTENTS

Verify that all items are present in the package:

- 1 x SOUYIE Smart Watch
- 1 x Regular Silicone Strap
- 1 x Extended Silicone Strap
- 1 x Instruction Manual
- 1 x Charging Cable



Image: Contents of the SOUYIE Smart Watch H95 package.

2. GETTING STARTED

2.1 Charging the Device

Before initial use, fully charge your SOUYIE Smart Watch H95. Connect the magnetic charging cable to the charging contacts on the back of the watch and plug the USB end into a power adapter (not included) or a computer USB port. A full charge typically takes approximately 2 hours. The watch features a 200mAh battery, providing 3-6 days of active use or up to 30 days of standby time.



Image: The SOUYIE Smart Watch H95 charging via its magnetic cable.

2.2 App Installation

To unlock the full functionality of your smart watch, download and install the **FitCloudPro** app on your smartphone. The app is compatible with iOS 9.0+ and Android 4.4+ devices.

1. Scan the QR code provided in the physical manual or search for "FitCloudPro" in your phone's app store (Apple App Store for iOS, Google Play Store for Android).
2. Install the app on your smartphone.

2.3 Device Pairing

After installing the app, pair your smart watch with your smartphone via Bluetooth:

1. Ensure Bluetooth is enabled on your smartphone.
2. Open the **FitCloudPro** app.
3. Navigate to the "Device" section within the app and tap "Add Peripheral" or a similar option to search for devices.
4. Select "H95" from the list of available devices to initiate the connection.
5. On your watch, confirm the binding request by tapping the checkmark or "Agree".
6. If prompted on your phone, tap "Pair" to complete the Bluetooth pairing.
7. Allow notifications when prompted to ensure the watch receives alerts.
8. Once connected, the app will display "Connection complete."



Image: Visual guide for connecting the SOUYIE Smart Watch H95 to the FitCloudPro app.

3. BASIC OPERATION

3.1 Navigating the Interface

The SOUYIE Smart Watch H95 features a 1.47-inch HD curved touchscreen and a side button for navigation.

- **Swipe Up/Down:** Scroll through menus and notifications.
- **Swipe Left/Right:** Access quick functions or different data screens.
- **Tap:** Select an item or confirm an action.
- **Side Button:** Press to return to the home screen or wake the device.

3.2 Customizing Watch Faces

Personalize your watch by choosing from a variety of watch faces or setting your own photo as the background:

1. Open the **FitCloudPro** app on your smartphone.
2. Navigate to the "Dial" or "Watch Face" section.
3. Browse the available watch faces and select your preferred design.
4. Follow the on-screen instructions to apply the watch face to your device. You can also upload a custom photo.



Image: Examples of customizable watch faces for the SOUYIE Smart Watch H95.

4. HEALTH MONITORING

The SOUYIE Smart Watch H95 provides comprehensive health tracking features:

- **Heart Rate Monitoring:** Continuously tracks your heart rate 24/7. View real-time data on the watch or detailed trends in the app.
- **Blood Oxygen (SpO2) Monitoring:** Measures your blood oxygen levels throughout the day.
- **Blood Pressure Monitoring:** Provides continuous blood pressure readings.
- **Sleep Tracking:** Automatically records your sleep patterns, including deep sleep, light sleep, and awake time. Analyze your sleep quality in the FitCloudPro app.
- **Women's Cycle Tracking:** Log periods and predict fertile windows within the app.
- **Breathing Exercises:** Guided breathing exercises are available on the watch to help manage stress.

All health data is synchronized to the FitCloudPro app for historical viewing and trend analysis.

Image: Overview of health and wellness tracking features on the SOUYIE Smart Watch H95.

Your browser does not support the video tag.

Video: Demonstrates the SOUYIE Smart Watch H95's health tracking capabilities and sports modes.

5. ACTIVITY TRACKING

The SOUYIE Smart Watch H95 is designed to track your daily activity and workouts:

- **All-Day Activity:** Automatically tracks steps, distance, and calories burned throughout the day.
- **110+ Sports Modes:** Select from over 110 exercise modes, including running, cycling, walking, yoga, and more. During workouts, the watch records real-time heart rate, steps, calories, distance, and duration.
- **GPS via Smartphone:** For outdoor activities, the watch can use your smartphone's GPS to map your route and provide more accurate distance data.

After your workout, sync data to the FitCloudPro app to review your exercise history, track weekly trends, and refine your fitness plan.

Image: The SOUYIE Smart Watch H95 tracking activity with over 110 sports modes.

6. SMART FEATURES

6.1 Smart Message Notifications

Receive alerts directly on your wrist:

- **Incoming Call Alerts:** Displays caller ID with an option to reject calls.*Note: The watch does not support making or answering calls as it lacks a microphone and speaker.*
- **Message Alerts:** Receive vibration alerts for SMS, emails, and app messages (e.g., Facebook, Twitter, WhatsApp).

Image: The SOUYIE Smart Watch H95 receiving smart notifications.

6.2 Everyday Tools & Wellness Reminders

The watch includes several practical tools and reminders:

- **Weather Information:** Get current weather updates.
- **Music Control:** Control music playback on your smartphone.
- **Camera Control:** Remotely trigger your smartphone's camera.
- **Find Phone:** Locate your misplaced smartphone.
- **Stopwatch & Alarm:** Essential timekeeping functions.
- **Hydration Reminders:** Prompts to drink water.
- **Sedentary Alerts:** Reminds you to move after periods of inactivity.
- **Do-Not-Disturb Mode:** Silence notifications when needed.

Image: Various everyday tools and functions available on the SOUYIE Smart Watch H95.

7. CARE AND MAINTENANCE

7.1 Water Resistance

The SOUYIE Smart Watch H95 has an **IP67 waterproof rating**. This means it is protected against sweat, splashes, and rain, and can be worn while washing hands or performing light water tasks. It is resistant to immersion in water up to 1 meter for 30 minutes.

Important: The IP67 rating does not cover hot water, saunas, or diving. Avoid exposing the watch to high-pressure water or prolonged immersion.



Image: The SOUYIE Smart Watch H95 demonstrating its IP67 water resistance.

7.2 Cleaning and Storage

To maintain your watch, clean it regularly:

- Wipe the watch and strap with a soft, damp cloth.
- Ensure the charging contacts are clean and dry before charging.
- Store the watch in a cool, dry place when not in use.

7.3 Strap Care

The watch comes with a premium liquid silicone strap, designed for comfort and breathability. Clean the strap regularly to prevent skin irritation, especially after workouts.



Image: The premium liquid silicone strap of the SOUYIE Smart Watch H95.

8. TROUBLESHOOTING

If you encounter issues with your SOUYIE Smart Watch H95, refer to the following common solutions:

- **Watch not turning on:** Ensure the watch is fully charged. Connect it to the charging cable and a power source for at least 10 minutes.
- **Unable to pair with phone:**
 - a. Confirm Bluetooth is enabled on your phone and the watch is within range.
 - b. Restart both your phone and the watch.
 - c. Ensure the FitCloudPro app has necessary permissions (Bluetooth, location).
 - d. If previously paired, try unpairing the device from your phone's Bluetooth settings and then re-pairing through the app.
- **Notifications not received:**
 - a. Check if notifications are enabled in the FitCloudPro app for specific applications.
 - b. Ensure the watch is not in Do-Not-Disturb mode.
 - c. Verify that the FitCloudPro app is running in the background on your phone.
- **Inaccurate health data:**
 - a. Ensure the watch is worn snugly on your wrist, about one finger's width from your wrist bone.
 - b. Keep the sensor area on the back of the watch clean.
 - c. Note that smart watch readings are for reference and not intended for medical diagnosis.
- **Short battery life:**

- a. Reduce screen brightness or screen-on time.
- b. Disable continuous monitoring for certain health metrics if not needed 24/7.
- c. Close unused apps running in the background on the watch (if applicable).

9. PRODUCT SPECIFICATIONS

Model Name	H95
Brand	SOUYIE
Screen Size	1.47 Inches
Display Type	Digital
Operating System	Android & iOS (Compatible with Android 4.4+ and iOS 9.0+)
Connectivity Technology	Bluetooth
Battery Capacity	200 Milliamp Hours
Battery Life (Average)	3-6 days (active use), up to 30 days (standby)
Charging Time	2 Hours
Waterproof Rating	IP67 (Water Resistant up to 1 meter)
Band Material Type	Silicone
Case Material Type	Aluminum
Metrics Measured	Heart Rate, Blood Oxygen, Blood Pressure, Sleep Duration
Special Features	Text Notification, Heart Rate Monitor, Blood Pressure Monitor, Sleep Tracker, Activity Tracker, Calorie Tracker, Pedometer, Menstrual Cycle Tracking, Breathing Exercises, Weather, Music Control, Camera Control, Alarm Clock, Stopwatch, Find Phone, Hydration Reminder, Sedentary Reminder

10. WARRANTY AND SUPPORT

10.1 Warranty Information

The SOUYIE Smart Watch H95 comes with a **1-year limited warranty** from the date of purchase. This warranty covers manufacturing defects under normal use. It does not cover damage caused by misuse, accidents, unauthorized modifications, or failure to follow the instructions in this manual.

Additionally, a 30-day free return policy is available.

10.2 Customer Support

For any questions, technical assistance, or warranty claims, please contact SOUYIE customer support. You can typically reach support through the "Contact Seller" option on your purchase platform or refer to the contact information provided in the original product packaging. SOUYIE offers 24/7 customer support to assist you.

ASK A QUESTION ABOUT THIS MANUAL

Ask about setup, troubleshooting, compatibility, parts, safety, or missing instructions. Manuals+ will review the question and use this page's manual context to help answer it.

Name

Anonymous

Email

you@example.com

After a successful submission, we securely hash the supplied account or form email before sending it to Microsoft Advertising for conversion attribution. [Privacy details](#).

Question

Example: How do I reset this device or fix this error?

Details

Model number, symptoms, what you tried, or the section of the manual you are using.

Submit question

Open the live page

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