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EvoSpark 2026 Dual Motor Vibration Plate Exercise Machine User Manual

Model: 2026 EvoSpark Dual Motor Vibration Plate

INTRODUCTION

Thank you for choosing the EvoSpark 2026 Dual Motor Vibration Plate Exercise Machine. This manual provides essential information for the safe and effective use of your new fitness equipment. Please read it thoroughly before operation and retain it for future reference.

IMPORTANT SAFETY INSTRUCTIONS

- Consult a physician before starting any new exercise program, especially if you have pre-existing health conditions.
- Ensure the machine is placed on a stable, level surface. The 4 anti-slip suction cups provide stability.
- Do not use the machine if you are pregnant, have a pacemaker, or any other medical implant.
- Keep children and pets away from the machine during operation.
- Do not exceed the maximum weight recommendation of 450 lbs (204 kg).
- Unplug the machine when not in use and before cleaning.
- If you experience dizziness, nausea, or pain, stop exercising immediately.

PRODUCT COMPONENTS

Your EvoSpark Vibration Plate comes with the following components:

- EvoSpark Vibration Plate Exercise Machine
- Wireless Remote Control
- Resistance Bands (2)
- Power Cord
- User Manual (this document)

Easy To Control & Store



Touch Screen
Control



Remote
Control



No Installation



Save Space



Image: All components of the EvoSpark Vibration Plate, including the main unit, remote control, and resistance bands.

SETUP GUIDE

The EvoSpark Vibration Plate requires minimal setup. Follow these steps to get started:

1. **Unpack:** Carefully remove all components from the packaging.
2. **Placement:** Place the vibration plate on a firm, level surface. Ensure the anti-slip suction cups are securely gripping the floor.
3. **Power Connection:** Insert the power cord into the machine's power port and then into a suitable electrical outlet.
4. **Power On:** Locate the red power switch on the side of the machine and flip it to the 'ON' position. The LED display will illuminate.
5. **Resistance Bands (Optional):** If desired, attach the resistance bands to the metal brackets located on the sides of the machine.

Designed for Comfort with Up to 90% Vibration Buffering



Image: Detailed view of the power connection, resistance band attachment points, and the LED display on the EvoSpark Vibration Plate.

OPERATING THE EVOSPARK VIBRATION PLATE

Power On/Off

To power on the machine, flip the red switch on the side to 'ON'. To power off, flip the switch back to 'OFF'.

Using the Remote Control

The wireless remote control allows for convenient adjustment of settings during your workout. It features buttons for power, start/stop, program selection, speed adjustment, and quick time intervals.



Image: A user comfortably adjusting the vibration plate settings using the wireless remote control.

Adjusting Speed and Programs

The machine offers 120 adjustable speed levels and multiple automatic modes (walking, jogging, running). You can select preset programs (P1, P2, P3) or manually adjust the speed using the remote or the touch screen controls on the plate.

Bluetooth Connection

The EvoSpark Vibration Plate features integrated speaker drivers for audio playback. To connect your mobile phone via Bluetooth:

1. Turn on the machine.
2. Enable Bluetooth on your mobile phone and search for devices.
3. Select "Music-017D" from the list of available devices.
4. A successful connection will be confirmed by a tone from the machine.



Image: Illustration of the 40mm speaker drivers and 360-degree sound coverage for an immersive workout experience.

RECOMMENDED EXERCISE POSTURES

The EvoSpark Vibration Plate offers three vibration zones based on foot placement: Walking (Relax), Jogging (Comfortable), and Running (Strong). Adjust your foot position to target different muscle groups and intensity levels.

120 Speed Levels 3 Vibration Zones

Only need to move your feet distance, you can experience low, medium, high three -gear zones.



Image: Visual guide to foot placement for different vibration intensities and workout types.

Utilize the included resistance bands for upper body and full-body exercises. The manual provides various postures to maximize your workout, including squats, push-ups, and stretches.

Full-Body Shaping, Powered by EvoSpark



Image: Examples of full-body exercises using the vibration plate and resistance bands.

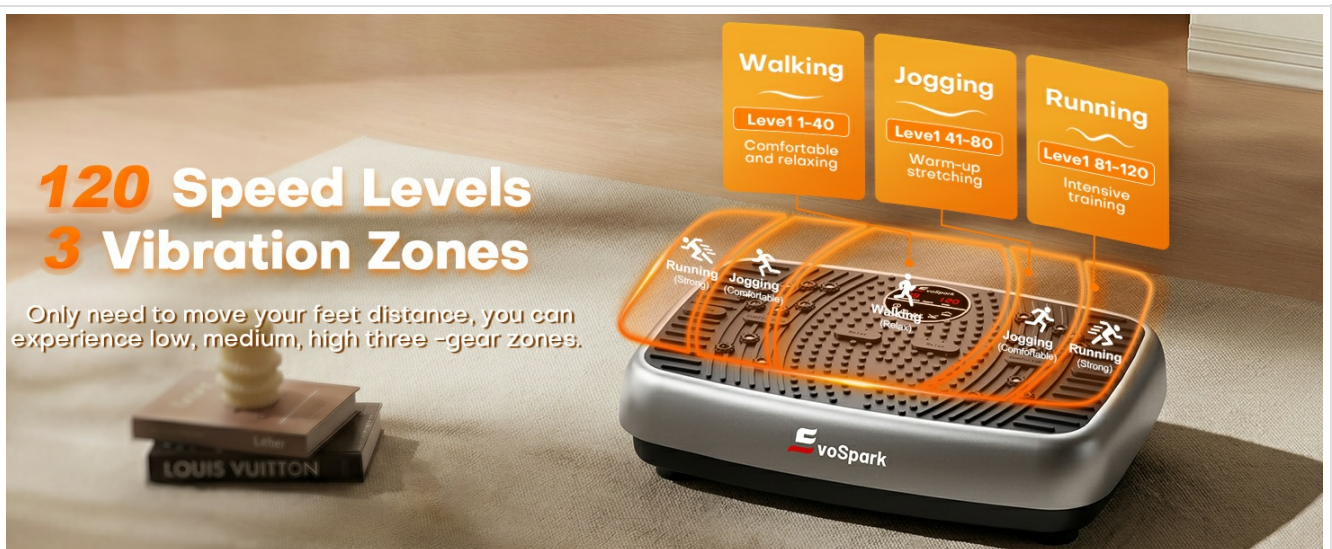


Image: Benefits of vibration plate use, including lymphatic drainage and skeletal protection.

CARE AND MAINTENANCE

- **Cleaning:** Wipe the machine with a soft, damp cloth after each use. Do not use abrasive cleaners or solvents.
- **Storage:** Store the machine in a cool, dry place away from direct sunlight and moisture. Its compact design allows for easy storage under furniture.
- **Inspection:** Regularly check the power cord and all connections for any signs of damage.



Image: The vibration plate's compact design allows for convenient storage in various home settings.

TROUBLESHOOTING GUIDE

Problem	Possible Cause	Solution
Machine Does Not Work After Power Is On	Power switch is not turned on; Power switch and socket connection is poor.	Turn on the power switch; Check the power socket and connection.
No Response From the Machine When Using the Remote Control	Remote control batteries are not installed properly or are depleted; Remote control is too far from the machine.	Install or replace batteries; Reduce distance to the machine.
Machine Makes "Hissing" or "Clicking" Sounds	These sounds are caused by the mechanical structure of the product.	This is a normal sound.
Machine Moves Slightly and Light Turns On When Power Is Off	The machine is activated by movement from stepping on it, generating induction power in the motor.	No action needed.
Power Cord Is Damaged, Product Emits Odor or Smoke	Internal electrical fault.	Immediately stop use and send for repair.

PRODUCT SPECIFICATIONS

Feature	Detail
Brand	EvoSpark

Feature	Detail
Model	2026 Dual Motor Vibration Plate
Motor Power	150W Dual-Motor System
Speed Levels	120 Adjustable Levels
Vibration Modes	Manual, Automatic (Walking, Jogging, Running)
Weight Capacity	Up to 450 lbs (204 kg)
Material	Industrial-grade Acrylonitrile Butadiene Styrene (ABS)
Special Features	Acupressure Surface, Foot Magnet Massage, 4 Anti-slip Suction Cups, Bluetooth Speakers, Wireless Remote Control
Item Weight	7.64 Kilograms

WARRANTY AND CUSTOMER SUPPORT

EvoSpark is committed to providing quality fitness equipment and excellent customer service.

- **After-Sales Service:** We have a strong after-sales service team.
- **Warranty:** Enjoy 12 months of free after-sales service.
- **Technical Support:** Lifetime technical support is provided.
- **Returns:** A 30-Day unconditional return policy is available.

For any inquiries or support, please refer to the contact information provided with your purchase or visit the official EvoSpark website.