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> UMay L20 Foldable Electric Treadmill User Manual

## UMAY UMay L20

# UMAY L20 Foldable Electric Treadmill User Manual

Model: UMay L20 | Brand: UMay

## INTRODUCTION

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Thank you for choosing the UMay L20 Foldable Electric Treadmill. This manual provides essential information for the safe assembly, operation, and maintenance of your new fitness equipment. Please read this manual thoroughly before first use to ensure proper function and to prevent injury.

The UMay L20 treadmill is designed for home use, featuring a 16% adjustable incline, a maximum speed of 14 km/h, a heart rate monitor, and a clear LED display. Its foldable design makes it ideal for spaces with limited room.

## IMPORTANT SAFETY INFORMATION

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**WARNING:** Before starting any exercise program, consult your physician. This is especially important for individuals over the age of 35 or those with pre-existing health conditions.

- Always place the treadmill on a flat, stable surface.
- Keep children and pets away from the treadmill during operation.
- Wear appropriate athletic footwear and clothing.
- Do not operate the treadmill if it is damaged or malfunctioning.
- Ensure the safety key is properly attached before starting your workout.
- Do not attempt to lubricate the running belt while the treadmill is in motion.
- Unplug the treadmill from the power outlet when not in use or before cleaning/maintenance.
- The maximum user weight for this treadmill is 180 kg (396 lbs).

## WHAT'S IN THE BOX

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Upon unpacking, ensure all components are present:

- UMay L20 Treadmill (main unit)

- User Manual
- Safety Key
- Assembly Tools (if required, though largely pre-assembled)



Image: The UMAX L20 treadmill is largely pre-assembled, showing the main unit, safety key, and user manual.

## SETUP AND ASSEMBLY

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The UMAX L20 treadmill comes 90% pre-assembled, significantly reducing setup time. Follow these steps to prepare your treadmill for use:

1. **Unpack:** Carefully remove the treadmill from its packaging.
2. **Unfold:** Lift the console and handlebar assembly into the upright position until it locks securely.
3. **Connect Power:** Plug the power cord into a grounded electrical outlet.
4. **Attach Safety Key:** Ensure the safety key is placed in its designated slot on the console.

# Design completamente piegabile



Image: Illustration of the treadmill's folding mechanism, showing how it can be folded vertically for storage and unfolded for use.



Image: The Umay L20 treadmill folded flat, demonstrating its compact storage capabilities, such as under a bed.

## OPERATING INSTRUCTIONS

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### Console and Controls

The Umay L20 features a multi-function handlebar and an intuitive LED display for easy control during your workout.



Image: Close-up of the treadmill's console and handlebar, highlighting the heart rate sensors, speed controls, start/stop buttons, and safety key slot.



Image: The digital display interface showing various control options and settings menu in a dark theme with white text.

- **Start/Stop Buttons:** Located on the handlebar for quick control.
- **Speed Adjustment:** Use the '+' and '-' buttons on the handlebar to increase or decrease speed (up to 14 km/h).
- **Heart Rate Monitor:** Grip the sensors on the handlebar to display your heart rate on the LED screen.
- **LED Display:** Shows time, speed, distance, calories burned, and heart rate.
- **Cup Holders:** Two integrated cup holders for convenience.

## Adjusting Incline

The UMAX L20 offers 3 levels of manual incline adjustment, up to 16%.

1. Ensure the treadmill is stopped and unplugged before adjusting the incline.
2. Locate the manual incline adjustment mechanism at the rear of the treadmill.
3. Adjust to your desired incline level (0%, 12%, or 16%).
4. Ensure the mechanism is securely locked in place before resuming your workout.

# 0%-16%

## 3 Livelli di inclinazione manuale



Image: A user running on the Umay L20 treadmill, illustrating the 0-16% manual incline feature and its impact on calorie burn.

### Folding and Storage

To save space, the treadmill can be easily folded:

1. Stop the treadmill and remove the safety key.
2. Lift the running deck until it locks into the vertical position.
3. The display screen can be rotated 90 degrees for compact storage.

4. Utilize the transport wheels to move the folded treadmill to a storage location, such as under a bed or against a wall.



Image: A sequence showing the Umay L20 treadmill being folded from an upright position to a compact, flat storage position, and then being moved using its transport wheels.

## MAINTENANCE

Regular maintenance ensures the longevity and optimal performance of your Umay L20 treadmill.

- **Cleaning:** Wipe down the treadmill surfaces with a damp cloth after each use. Avoid abrasive cleaners.
- **Belt Lubrication:** The running belt requires periodic lubrication. Refer to the detailed instructions in the included user manual for the correct procedure and frequency.
- **Belt Tension:** Check the running belt tension regularly. If the belt slips or feels loose, adjust it according to the instructions in the full user manual.
- **Motor Cover:** Periodically remove the motor cover and vacuum any dust or debris that may have accumulated. Ensure the treadmill is unplugged before doing so.

## TROUBLESHOOTING

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If you encounter any issues with your UMay L20 treadmill, refer to the following common problems and solutions:

Problem	Possible Cause	Solution
Treadmill does not start.	Power cord not plugged in; Safety key not in place; Circuit breaker tripped.	Ensure power cord is securely plugged in; Insert safety key correctly; Reset circuit breaker.
Running belt slips.	Belt tension is too loose.	Adjust belt tension according to the user manual.
Unusual noise during operation.	Loose parts; Lack of lubrication; Foreign object under the belt.	Check and tighten all bolts; Lubricate the belt; Inspect under the belt for obstructions (unplug first).
Heart rate monitor not reading.	Hands not properly placed on sensors; Dry hands.	Ensure full contact with both sensors; Slightly moisten hands if too dry.

For issues not listed here, please contact UMay customer support.

## SPECIFICATIONS

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Key technical specifications for the UMay L20 Treadmill:

- **Model Number:** UMay L20
- **Brand:** UMay
- **Motor Power:** 3.5 HP (Brushless)
- **Speed Range:** 0-14 km/h
- **Incline:** 0-16% (3 manual levels)
- **Maximum User Weight:** 180 kg (396 lbs)
- **Running Area:** 107 cm x 40 cm (Length x Width)
- **Product Dimensions (Unfolded):** 128 cm (Length) x 60 cm (Width) x 106 cm (Height)
- **Product Dimensions (Folded for compact storage):** Approximately 126.4 cm (Length) x 62.4 cm (Width) x 11.5 cm (Height) (for under-bed storage). The treadmill can also be folded vertically for upright storage.
- **Net Weight:** 27 kg
- **Material:** Carbon Steel
- **Display Type:** LED
- **Special Features:** Heart Rate Monitor, Transport Wheels, Manual Incline, Foldable, Bottle Holder, Multi-cushioning system.

- Noise Level: < 45 dB

# 3.5 CV Motore brushless potente & silenzioso

**0-14km/h**

Intervallo di velocità

**3.5CV**

Potenza

**4000 ore**

Durata di vita

**≤45dB**

Rumore ridotto

**180KG**

Capacità di peso



Image: Details of the UMay L20 treadmill's 3.5 HP brushless motor, highlighting its power, quiet operation (<45dB), and 180 kg weight capacity.

# Cinghia di corsa larga 107cmx40cm



## Sistema di assorbimento degli urti



## Cinghia di corsa multicamera

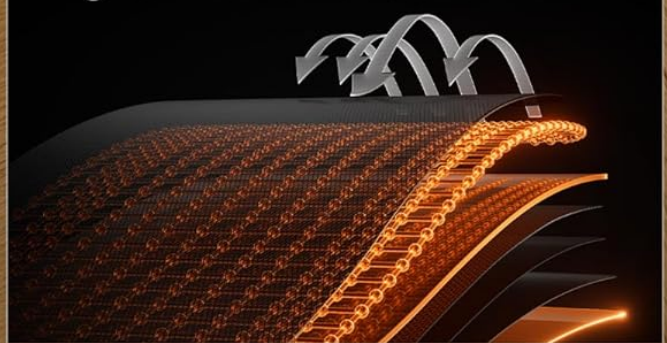


Image: The wide running belt (107cm x 40cm) of the UMAX L20 treadmill, showcasing its multi-layer cushioning system for joint protection.

## La nostra cinta di corsa



0%-16% Inclinazione manuale ✓

3.5HP Motore brushless ✓

180KG Poids maximum ✓

3 amortisseurs de chocs ✓

Cinghia di corsa ✓

Dimensioni: 107cm×40cm ✓

## Altre cinte di corsa ordinarie



0%-8% Inclinazione manuale ✗

2.0HP Motore rumoroso generale ✗

113KG Peso solo ✗

Amortizzatore di urti semplice e sottile ✗

Cinghia di corsa corta ✗

Image: A comparison table highlighting the superior features of the Umay L20 treadmill, such as 0-16% manual incline, 3.5 HP brushless motor, 180 kg max weight, and multi-shock absorbers, against ordinary treadmills.



Image: Close-up views of the Umay L20 treadmill's multi-layer running belt and its anti-slip diamond pattern for enhanced grip and safety.

## WARRANTY AND SUPPORT

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**Warranty:** The Umay L20 Treadmill comes with a **2-year product warranty** from the date of purchase. This warranty covers manufacturing defects and material flaws under normal use conditions.

**Customer Support:** For any questions, technical assistance, or warranty claims, please contact Umay customer support. Refer to the contact information provided in your original purchase documentation or visit the official Umay website. You can also visit the [UMAY Store on Amazon](#) for more information and support resources.

