

INVICTA ITECH-002

Invicta I-Tech 2 ITECH-002 Smartwatch User Manual

Model: ITECH-002

1. INTRODUCTION

Welcome to the user manual for your Invicta I-Tech 2 ITECH-002 Smartwatch. This guide provides essential information on setting up, operating, maintaining, and troubleshooting your device. The Invicta ITECH-002 is a sophisticated smartwatch designed for men, featuring a 45 mm stainless steel case and a precise smartwatch movement. It is part of the distinguished Invicta I-Tech collection.

2. PRODUCT OVERVIEW

The Invicta I-Tech 2 ITECH-002 Smartwatch combines robust design with advanced functionality. It features a durable stainless steel case, a vibrant display, and a comfortable silicone band. The watch is engineered for various activities and conditions.

Key Features:

- 45 mm Stainless Steel Case with Black Dial
- Precise Smartwatch Movement
- Water Resistance up to 3 Bars (30 meters)
- 1.43" AMOLED Screen
- Built-in USB Charging
- Bluetooth V5.3 Connectivity
- Compatibility with iOS & Android



Figure 2.1: Invicta I-Tech 2 ITECH-002 Smartwatch showcasing key specifications including 3 ATM water resistance, 1.43" AMOLED screen, 45.6 mm case size, metal case material, 8-day working time, built-in USB charging, Bluetooth V5.3, 370 mAh battery, Panda Glass crystal, and iOS & Android compatibility.



Figure 2.2: The Invicta I-Tech 2 Smartwatch features a resistant design built for extreme conditions, offering 30m/100ft water resistance.

3. SETUP

3.1. Initial Charging

Before first use, fully charge your Invicta I-Tech 2 Smartwatch. Connect the included USB charging cable to the watch's charging port and a compatible USB power source. The watch will display a charging indicator. A full charge typically takes a few hours.

3.2. Powering On/Off

- **To Power On:** Press and hold the side button until the Invicta logo appears on the screen.
- **To Power Off:** Press and hold the side button, then select the 'Power Off' option on the screen.

3.3. App Installation and Pairing

To unlock the full potential of your smartwatch, download the official Invicta I-Tech app on your smartphone. The app is compatible with both iOS and Android devices.

1. Scan the QR code in the watch's quick start guide or search for "Invicta I-Tech" in your smartphone's app store (Apple App Store for iOS, Google Play Store for Android).
2. Install the app and create an account or log in.
3. Ensure Bluetooth is enabled on your smartphone.
4. Open the Invicta I-Tech app and follow the on-screen instructions to pair your smartwatch. You may need to confirm a pairing code on both your watch and phone.

4. OPERATING INSTRUCTIONS

4.1. Basic Navigation

- **Touchscreen:** Swipe left, right, up, or down to navigate through menus and widgets. Tap to select an item.
- **Side Button:** Press to return to the home screen or wake the display. Long press for power options or to access specific functions as configured.

4.2. Display Features

- **AMOLED HD Screen:** Provides clear and vibrant visuals.
- **Always-On Display:** Keep essential information visible without needing to wake the screen. Configure this setting in the companion app.

4.3. Connectivity and Notifications

- **Bluetooth Calling:** Make and receive calls directly from your watch when connected to your

smartphone.

- **App Notifications & Quick Replies:** Receive alerts from your smartphone apps. Some apps may allow for quick, pre-set replies directly from the watch.
- **Social Notifications:** Stay updated with alerts from your social media applications.
- **Text & WhatsApp:** View incoming messages and respond with quick replies.

4.4. Health and Fitness Tracking

The Invicta I-Tech 2 offers comprehensive health and fitness monitoring capabilities.



Figure 4.1: The Invicta I-Tech 2 Smartwatch supports over 100 disciplines, including HR, SpO2, VO2 Max monitoring, Readiness Score, AI-Coach, Daily Activity tracking (steps, calories, distance), Vita Virtual Assistant, and 24/7 HR monitoring.

- **HR, SpO2, VO2 Max Monitoring:** Track your heart rate, blood oxygen levels, and aerobic capacity.
- **Readiness Score:** Provides insights into your body's recovery and readiness for activity.
- **Sleep Analysis:** Monitor your sleep patterns and quality.
- **Stress Monitoring:** Track your stress levels throughout the day.
- **Daily Activity:** Records steps, distance, and calories burned.
- **In-App GPS Tracking:** Utilize GPS for accurate tracking of outdoor activities.
- **Up To 100 Sports Mode Tracking:** Select from a wide range of sports modes for tailored tracking.
- **Sedentary Alert:** Reminds you to move after periods of inactivity.
- **Female Ovulation Monitoring:** Provides specific tracking features for female health.
- **AI-Coach:** Offers personalized guidance and insights.



Figure 4.2: The smartwatch provides detailed stress monitoring, sleep scores, waterproof activity summaries (e.g., outdoor swimming duration and distance), and in-app GPS tracking.

4.5. Other Smart Features

- **Offline Music Playback:** Store and play music directly from your watch.
- **Calendar:** View your schedule and appointments.
- **Vita Virtual Assistant:** Interact with a virtual assistant for various tasks.

5. MAINTENANCE

5.1. Cleaning Your Smartwatch

Regularly clean your smartwatch to ensure optimal performance and hygiene.

- Wipe the screen and case with a soft, lint-free cloth.
- For stubborn dirt, slightly dampen the cloth with water. Avoid using harsh chemicals or abrasive materials.
- Clean the charging contacts periodically to ensure proper charging.

5.2. Water Resistance

The Invicta I-Tech 2 ITECH-002 is water resistant up to 3 bars (30 meters). This means it is suitable for splashes, rain, and brief immersion in water, such as washing hands. It is **not** recommended for swimming, diving, or high-pressure water activities.

5.3. Battery Care

- Avoid fully discharging the battery frequently.
- Store the watch in a cool, dry place when not in use for extended periods.
- Use only the provided charging cable or a certified replacement.

6. TROUBLESHOOTING

6.1. Watch Not Powering On

- Ensure the watch is fully charged. Connect it to the charger for at least 30 minutes.
- Try performing a soft reset by pressing and holding the side button for 10-15 seconds.

6.2. Connectivity Issues (Bluetooth)

- Ensure Bluetooth is enabled on both your watch and smartphone.
- Make sure the watch is within the Bluetooth range of your smartphone.
- Restart both your watch and smartphone.
- Unpair and re-pair the watch through the Invicta I-Tech app.

6.3. Inaccurate Health Data

- Ensure the watch is worn snugly on your wrist, but not too tight.
- Clean the sensor on the back of the watch.
- Ensure your personal information (height, weight, age) is accurately entered in the companion app.

6.4. App Syncing Problems

- Check your internet connection on your smartphone.
- Ensure the Invicta I-Tech app is updated to the latest version.
- Close and reopen the app.

7. SPECIFICATIONS

Feature	Specification
Brand	INVICTA
Model Name	I-Tech
Model Number	ITECH-002

Item Model Number	ITECH-002
ASIN	B0GSW17ZCQ
UPC	886678696550
Item Weight	44.3 Grams
Product Type Name	Smart Watch
Age Range Description	Adult
Display Type	Digital
Watch Movement Type	Automatic (Smartwatch Movement)
Power Source	Battery Powered
Water Resistance Depth	30 Meters (3 Bars)
Clasp Type	Buckle
Style	Strap
Item Shape	Round
Band Color	Yellow
Dial Color	Black
Band Material Type	Silicone
Case Material Type	Stainless Steel
Dial Window Material Type	Synthetic Sapphire
Case Diameter	45 Millimeters
Band Width	21 Millimeters
Case Thickness	14 Millimeters
Band Length	210 Millimeters
Manufacturer	Invicta
First Available Date on Amazon.fr	May 11, 2026
Spare Parts Availability	Information unavailable on spare parts

8. WARRANTY INFORMATION

The Invicta I-Tech 2 ITECH-002 Smartwatch comes with a **Limited Warranty**. For detailed information regarding the terms, conditions, and duration of your warranty, please refer to the warranty card included with your product or visit the official Invicta website. Keep your proof of purchase for warranty claims.

9. SUPPORT AND CONTACT

For further assistance, technical support, or inquiries regarding your Invicta I-Tech 2 ITECH-002 Smartwatch, please contact Invicta customer service.

- **Manufacturer:** Invicta
 - **Official Website:** Visit the official Invicta website for support resources, FAQs, and contact information.
 - **Seller:** For purchase-related inquiries, you may contact "Official Invicta Stores EU" if purchased through Amazon.
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