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› SIHOO Doro C300 Pro V2 Ergonomic Office Chair Instruction Manual

SIHOO Doro C300 Pro V2

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Model: Doro C300 Pro V2

1. IMPORTANT SAFETY INFORMATION

Before assembly and use, please read all instructions carefully. Failure to follow these instructions may result in injury or damage to the product.

- Do not exceed the maximum weight capacity of 330 pounds (150 kg).
- Keep the chair away from heat sources and sharp objects to prevent damage to the materials.
- Ensure all screws and connections are securely tightened before use. Periodically check and re-tighten as necessary.
- Use the chair on a stable, level surface.

2. PACKAGE CONTENTS

Verify that all components are present before beginning assembly. If any parts are missing or damaged, please contact customer support.

- Backrest Assembly
- Seat Cushion Assembly
- Armrests (Left and Right)
- Chair Base
- Gas Lift Cylinder
- Casters (5 pieces)
- Footrest (if included with your model)
- Hardware Pack (screws, washers, Allen wrench)

3. SETUP AND ASSEMBLY

Follow the instructions step by step. Attach the parts with screws and tighten them using the provided tool. It is recommended to assemble the chair on a soft, clean surface to prevent damage.

[Assembly Video Guide](#)

For a visual guide, please refer to the official installation video:

Your browser does not support the video tag.

Video: SIHOO Doro C300 Pro V2 Installation Guide. This video demonstrates the step-by-step assembly process for the office chair.

Step-by-Step Assembly

1. **Attach Casters to Base:** Insert each of the five casters into the holes at the end of each leg of the chair base until they click securely into place.
2. **Insert Gas Lift:** Place the gas lift cylinder into the center hole of the chair base. Ensure it is seated firmly.
3. **Attach Mechanism to Seat:** Align the seat mechanism with the screw holes on the underside of the seat cushion. Secure with screws using the provided Allen wrench. Ensure the front of the mechanism faces the front of the seat.
4. **Connect Seat to Gas Lift:** Carefully place the assembled seat cushion onto the gas lift cylinder, ensuring the center hole of the mechanism aligns with the top of the gas lift.
5. **Attach Backrest:** Connect the backrest to the seat mechanism using the designated screws. Ensure proper alignment before tightening.
6. **Install Armrests:** Attach the armrests to the sides of the seat and backrest using the provided screws. Ensure they are oriented correctly (left and right).
7. **Install Headrest:** Slide the headrest into its designated slot at the top of the backrest. Adjust to desired height.
8. **Install Footrest (if applicable):** If your model includes a footrest, attach it according to the specific instructions provided in the package.

Full-Body Support That Moves with You

SyncroFlex Backrest

Personalized fit
and comfort from
the first sit



DynaCore Full-Body Tracking System

Synchronizes the chair
to support every part of you



Self-Adaptive Lumbar Support 2.0

Cradles your lower back,
exactly your way



8D Bionic Armrests

Fully customizable to support
every sitting style



Ultra-Wide 3D Headrest

Spacious, precise,
and targeted neck relief



Image: All components of the SIHOO Doro C300 Pro V2 chair laid out before assembly.

4. OPERATING INSTRUCTIONS AND ADJUSTMENTS

The SIHOO Doro C300 Pro V2 chair offers multiple adjustment points to customize your seating experience for optimal comfort and support.

Demonstration Video

Watch this video for a comprehensive demonstration of the chair's features and adjustments:

Your browser does not support the video tag.

Video: SIHOO C300 Pro V2 Demonstration Video. This video showcases the various adjustable features and ergonomic design of the chair.

Key Adjustments

- **Chair Height Adjustment:** Locate the lever on the right side beneath the seat. Pull the lever up while seated to lower the chair, or pull it up while standing to raise the chair. Release the lever at the desired height. The chair offers 5 height positions.
- **Recline and Tilt Lock:** The Smart Adaptive Mechanism 2.0 automatically adjusts recline resistance to your weight. Use the

right-side handle to lock the recline at 105°, 125°, or 135° for work or rest.

- **Seat Depth Adjustment:** Use the lever on the right side to slide the seat forward or backward. This helps to accommodate different leg lengths and reduce pressure on the thighs.
- **8D Bionic Armrests:** These armrests offer multi-directional adjustment. They can be moved up/down, forward/backward, inward/outward, and rotated. Adjust them to support your arms and shoulders comfortably, reducing tension. They also feature a flip-up function.
- **Self-Adaptive Lumbar Support 2.0:** The lumbar support automatically adjusts to your lower back's curve as you move, providing continuous support.
- **3D Superwide Headrest:** The headrest can be adjusted for height and angle to provide optimal neck and head support.
- **Footrest (if applicable):** Pull out the footrest from beneath the seat and extend it to your desired position for relaxation.

8D Multifunctional Bio-Sync Armrests

Full-range, effortless adjustment



3.46" Up and down



360° Rotation



40° Elevation angle



4.92" Inward/Outward Shift



20° Downward angle



1.57" Front-to-back adjustment



36° Backfold



Synchronized backward lean



Image: The SIHOO Doro C300 Pro V2 chair reclined with the footrest extended, demonstrating its relaxation capabilities.

Customizable to Fit Various Bodies



Image: A detailed view of the 8D adjustable armrest, highlighting its multi-directional movement.

5. MAINTENANCE

Proper maintenance ensures the longevity and optimal performance of your SIHOO Doro C300 Pro V2 office chair.

- **Cleaning:** Wipe clean with a damp cloth. Avoid harsh chemicals or abrasive cleaners that may damage the mesh fabric or frame.

- **Inspection:** Periodically inspect all screws and connections. Re-tighten any loose fasteners to maintain stability and safety.
- **Caster Care:** Keep casters free of hair, dust, and debris to ensure smooth rolling.
- **Mesh Fabric:** The breathable mesh (Nylon, Polyester) is designed for durability. Avoid sharp objects that could tear or snag the fabric.

6. TROUBLESHOOTING

If you encounter any issues with your chair, refer to the following common troubleshooting tips:

- **Chair Sinks or Does Not Stay Up:** Ensure the gas lift lever is fully engaged. If the issue persists, the gas lift cylinder may need replacement. Contact customer support for assistance.
- **Chair Wobbles:** Check all assembly screws, especially those connecting the seat to the mechanism and the backrest. Re-tighten any loose screws. Ensure the casters are fully inserted into the base.
- **Difficulty Rolling:** Inspect casters for debris (hair, lint, etc.). Clean them thoroughly. Ensure the chair is used on an appropriate surface (hard floor or carpet).
- **Armrests Feel Loose:** Check the screws securing the armrests to the chair. Re-tighten as needed. Note that 8D armrests are designed for multi-directional movement, so some fluidity is normal.
- **Recline Mechanism Not Working:** Ensure the recline lock lever is disengaged. Check for any obstructions beneath the seat mechanism.

7. SPECIFICATIONS

Detailed specifications for the SIHOO Doro C300 Pro V2 Ergonomic Office Chair.

Brand	SIHOO
Model Name	Doro C300 V2
Manufacturer Part Number	C300-PRO-V2
Color	Grey
Material	Mesh (Nylon, Polyester)
Product Dimensions (D x W x H)	28.93"D x 27.56"W x 51.18"H
Item Weight	25.15 Kilograms
Maximum Weight Recommendation	330 Pounds
Arm Style	8D Flip-up
Reclining Positions	3 (105°, 125°, 135°)
Adjustable Features	Headrest, Height, Lumbar, Armrests, Seat Depth, Recline
Required Assembly	Yes

Why Upgrade to Pro V2?



C300 Pro V2



C300

Body Support	DynaCore Full-Body Support Aadaptive support for every zone	Dynamic Full-Body Support
Lumbar Support	Self-Adaptive Dynamic Lumbar Support 2.0 3-level adjustable fit	Self-Adaptive Lumbar Support. Dynamic lower back support
Backrest	SyncroFlex Backrest Instant personalized comfort	Flexible Backrest Contours with every twist
Armrests	8D Armrests Ready for every position	6D Armrests 6 ways adjustable
Seat Cushion	Pressure-Free Cushion 1.57" depth adjustment, zero thigh pressure	Waterfall Seat Cushion Cool comfort

Image: A diagram illustrating the key dimensions of the SIHOO Doro C300 Pro V2 office chair.

8. WARRANTY AND SUPPORT

Warranty Information

The SIHOO Doro C300 Pro V2 Ergonomic Office Chair comes with a **3-year free parts replacement warranty**. This warranty covers manufacturing defects and component failures under normal use.

Customer Support

For any questions, assistance with assembly, troubleshooting, or warranty claims, please contact SIHOO customer support. Refer to your purchase documentation for specific contact details or visit the official SIHOO website.

You can also refer to the [User Manual \(PDF\)](#) for additional information.