

TechCare Massager Mobilis Mini

TechCare Massager MOBILIS MINI Portable Massage Gun User Manual

Model: Mobilis Mini

INTRODUCTION

Thank you for choosing the TechCare Massager MOBILIS MINI Portable Massage Gun. This device is designed to provide targeted percussion therapy for muscle tension and soreness, offering relief for various muscle groups, including the back. Its compact, pocket-sized design ensures portability and convenience for use at home, in the office, at the gym, or while traveling. Please read this manual thoroughly before operating the device to ensure safe and effective use.

SAFETY GUIDELINES

- Do not immerse the device in water or use it in excessively wet environments. The device is not water resistant.
- Keep the device away from heat sources and direct sunlight.
- Do not operate the device if it has been damaged or dropped.
- Consult a physician before use if you have any medical conditions, are pregnant, or have a pacemaker.
- Do not use the device on open wounds, swollen areas, or areas with skin irritation.
- Keep out of reach of children.
- Statements regarding dietary supplements have not been evaluated by the FDA and are not intended to diagnose, treat, cure, or prevent any disease or health condition.

PACKAGE CONTENTS

- MOBILIS MINI Portable Massage Gun
- Flat Massage Head Attachment
- USB Type-C Charging Cable
- User Manual

PRODUCT OVERVIEW

The MOBILIS MINI is a compact, handheld percussion massager. It features a durable ABS plastic casing and is equipped with a flat massage head for broad coverage.



Image: The TechCare Massager MOBILIS MINI Portable Massage Gun, showcasing its compact design and flat massage heads.



Image: Diagram highlighting key features of the MOBILIS MINI: Type-C charging port, original flat massage head, and its pocket-sized portability.

SETUP

1. Charging the Device

1. Before first use, fully charge the MOBILIS MINI.
2. Locate the Type-C charging port on the device.
3. Connect the provided USB Type-C cable to the device and plug the other end into a compatible USB power adapter (not included).
4. The charging indicator lights will illuminate, indicating the charging status. A full charge typically takes approximately 1.5 hours.
5. Once fully charged, disconnect the charging cable.

2. Attaching Massage Heads

- The MOBILIS MINI comes with an original flat massage head.
- To attach, gently push the desired massage head into the opening on the device.
- To remove, gently pull the massage head out.

OPERATING INSTRUCTIONS

1. Power On/Off

- To power on, press and hold the power button for 2 seconds. The device will start at the lowest speed setting.
- To power off, press and hold the power button for 2 seconds.

2. Adjusting Speed Settings

- The MOBILIS MINI features 3-speed settings.
- While the device is on, short press the power button to cycle through the speed levels (Level 1 → Level 2 → Level 3 → Level 1).
- Indicator lights will show the current speed level.

3. Using the Massage Gun

1. Select the desired massage head and attach it securely.
2. Power on the device and select your preferred speed setting.
3. Gently apply the massage head to the target muscle area. Do not apply excessive pressure.
4. Move the device slowly over the muscle, avoiding bones and joints.
5. For back pain relief and large muscle groups, the flat massage head provides broad, even pressure.
6. Limit each massage session to 15-20 minutes per muscle group to prevent over-stimulation.

DESK-SIDE MUSCLE RELIEF



Image: A person using the MOBILIS MINI massage gun for muscle relief while seated at a desk, demonstrating its portability and ease of use in various settings.



Image: The MOBILIS MINI massage gun placed on a wooden surface next to a small bottle of essential oil, illustrating its compact size and suitability for personal wellness routines.

MAINTENANCE

1. Cleaning

- Ensure the device is powered off and disconnected from the charger before cleaning.
- Wipe the surface of the device with a slightly damp cloth. Do not use harsh chemicals or abrasive cleaners.
- Allow the device to air dry completely before storing or recharging.

2. Storage

- Store the MOBILIS MINI in a cool, dry place, away from direct sunlight and extreme temperatures.
- Keep the device and its accessories in a safe place to prevent damage.

TROUBLESHOOTING

Problem	Possible Cause	Solution
Device does not turn on.	Low battery.	Charge the device for 1.5 hours using the provided Type-C cable.
Device stops during use.	Low battery or automatic shutdown after prolonged use.	Recharge the device. If not battery related, allow the device to cool down before restarting.
Weak vibration or unusual noise.	Massage head not properly attached or internal issue.	Ensure the massage head is securely attached. If the problem persists, contact customer support.

SPECIFICATIONS

Feature	Detail
Model Name	Mobilis Mini
Brand	TechCare Massager
Dimensions (L x W x H)	12 x 3.5 x 15 inches
Weight	8 ounces
Power Source	Battery Powered (1 Lithium Ion battery included)
Charging Type	USB Type-C
Charging Time	Approximately 1.5 hours
Speed Settings	3-speed Settings
Massage Head Type	Flat Massage Head
Massage Technique	Vibration / Percussion Therapy
Material	ABS Plastic
Water Resistance Level	Not Water Resistant
Target Use Body Part	Back (and other large muscle groups)

WARRANTY AND SUPPORT

For warranty information or technical support, please contact TechCare Massager customer service. Details can typically be found on the product packaging or the official TechCare Massager website.

Please have your model number (Mobilis Mini) and purchase information ready when contacting support.

ASK A QUESTION ABOUT THIS MANUAL

Ask about setup, troubleshooting, compatibility, parts, safety, or missing instructions. Manuals+ will review the question and use this page's manual context to help answer it.

Name

Anonymous

Email

you@example.com

After a successful submission, we securely hash the supplied account or form email before sending it to Microsoft Advertising for conversion attribution. [Privacy details](#).

Question

Example: How do I reset this device or fix this error?

Details

Model number, symptoms, what you tried, or the section of the manual you are using.

Submit question