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## LifePro LP-ALVRDPMCR-BLK-VC

# Lifepro Allevanced Pro Micro Red Light Therapy Belt User Manual

Brand: LifePro | Model: LP-ALVRDPMCR-BLK-VC

## 1. INTRODUCTION

The Lifepro Allevanced Pro Micro Red Light Therapy Belt is designed to provide targeted comfort and wellness support using a combination of 660nm (red light) and 850nm (near-infrared) wavelengths. This portable and rechargeable device is ideal for use on various body parts, including the back, shoulders, arms, legs, and feet, to aid in daily comfort and recovery.

## 2. SAFETY INFORMATION

Please read all instructions carefully before using the Lifepro Allevanced Pro Micro Red Light Therapy Belt. Keep this manual for future reference.

- Statements regarding dietary supplements have not been evaluated by the FDA and are not intended to diagnose, treat, cure, or prevent any disease or health condition.
- The device may get warm but should not become hot. If discomfort occurs, discontinue use.
- Allow at least 3 hours between uses to ensure the device cools completely.
- Consult a healthcare professional before use if you have any pre-existing medical conditions or concerns.

## 3. PRODUCT OVERVIEW

The Lifepro Allevanced Pro Micro Red Light Therapy Belt features triple-chip LEDs emitting both red (660nm)

and near-infrared (850nm) light. It includes a detachable control unit with a built-in rechargeable battery, offering portability and ease of use.

### What's in the Box

- Lifepro Allevared Pro Micro Red Light Therapy Belt
- Detachable Control Unit / Remote
- USB-C Charging Cable
- Power Adapter
- Velcro Extender Strap
- User Manual

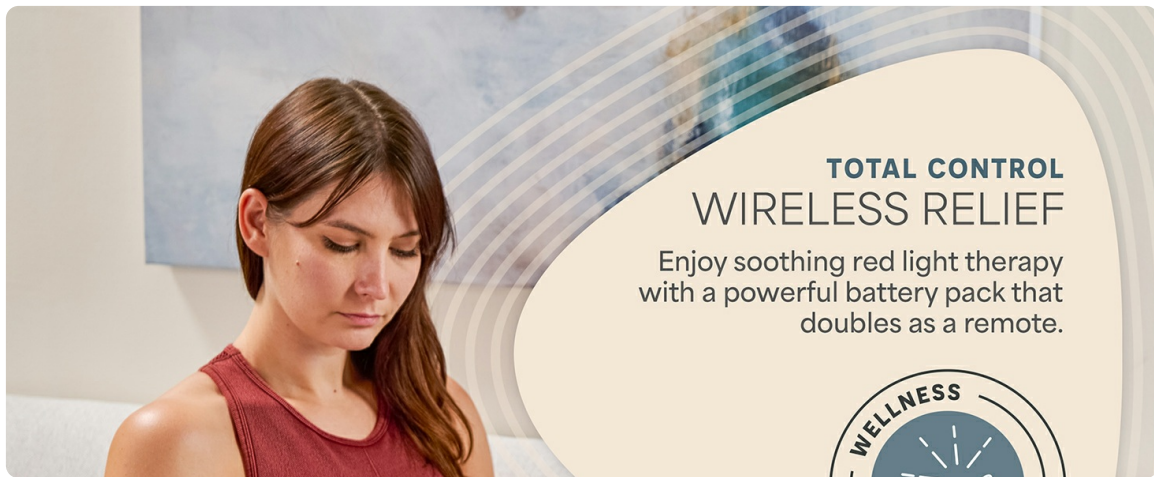
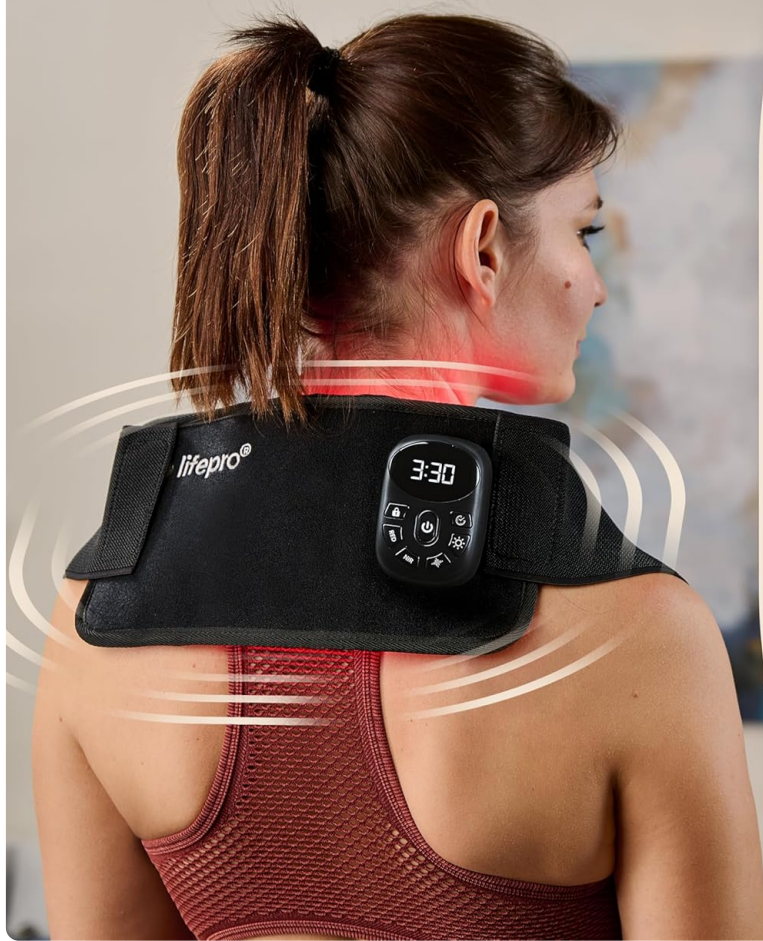


Image: Lifepro Allevared Pro Micro Red Light Therapy Belt and its included components.

# ADVANCED BATTERY PACK



2500mAh Built-in  
Battery



60 Double Chip LEDs  
660nm, 850nm



2 Pulse Settings  
10Hz, 40Hz



3 Light Modes &  
4 Intensity Levels



Vibration

Image: Key features of the Lifepro Alleaved Pro Micro, highlighting its 2500mAh battery, 60 triple-chip LEDs (660nm & 850nm), 2 pulse settings (10Hz, 40Hz), 3 light modes, 4 intensity levels, and vibration function.

## 4. SETUP

### Charging the Device

Before first use, fully charge the detachable control unit. Connect the USB-C charging cable to the unit and the power adapter, then plug into a wall outlet. The display will indicate charging status.

### Attaching the Control Unit

The control unit attaches magnetically to the designated area on the therapy belt. Ensure the magnetic connectors are properly aligned for a secure connection.



Image: The Lifepro Allevared Pro Micro Red Light Therapy Belt with its detachable control unit, ready for use.

## 5. OPERATING INSTRUCTIONS

The control unit allows you to customize your therapy session. Ensure the unit is securely attached to the belt before operation.

### Power On/Off

- Press and hold the power button (usually marked with a circle and a vertical line) on the control unit to turn the device on or off.

### Adjusting Settings

The control unit features buttons for adjusting time, vibration, light mode, and intensity. Refer to the video below for a detailed demonstration.

Video: Detailed instructions on how to use the Lifepro Allevared Micro remote control, covering power, modes, intensity, and timer settings.

- **Time:** Use the timer button to set session duration (e.g., 5, 10, 20, 30 minutes).
- **Vibration:** Select from multiple vibration levels (S1-S5) or turn off.

- **Light Mode:** Cycle through Red Light (660nm), Near-Infrared (850nm), or Combined modes.
- **Intensity:** Adjust the light intensity (L1-L4).
- **Pulsed Light:** Activate pulsed light settings (10Hz or 40Hz) for varied therapy.



Image: A woman demonstrating the use of the therapy belt on her lower back and leg, highlighting its versatility.

## 6. USAGE GUIDELINES

For optimal results, ensure the therapy belt is in direct contact with your skin. Use the included Velcro extender strap to comfortably secure the belt around larger areas.

- **Target Areas:** Apply to the lower back, waist, upper back, arms, legs, feet, and other areas requiring comfort and wellness support.
- **Session Duration:** Recommended session duration is typically 20-30 minutes.
- **Frequency:** Use 2-3 times per day, with at least 3 hours between sessions.

Extender: up to 43 inches

11.8"

5.9"

**COMFORT WHERE YOU NEED IT**

# COMPACT YET POWERFUL

The compact design and extender belt deliver powerful comfort experience exactly where you need it.

Image: A man using the therapy belt on his shoulder, illustrating its compact yet powerful design and dimensions (11.8" x 5.9").

### Wellness On-The-Go

The compact and lightweight design, coupled with its rechargeable battery, makes the Alleaved Pro Micro ideal for use anywhere – at home, in the office, or while traveling.

## WELLNESS ON-THE-GO



Image: Demonstrating the portability of the therapy belt, showing it being easily stored in a tote bag and a pocket.

### 7. MAINTENANCE

- Clean the surface of the belt with a soft, damp cloth. Do not use harsh chemicals or abrasive cleaners.
- Ensure the device is completely dry before storing.
- Store in a cool, dry place away from direct sunlight.
- Regularly charge the control unit to maintain battery health.

### 8. TROUBLESHOOTING

- **Device not turning on:** Ensure the control unit is fully charged and securely attached to the belt.
- **Lights not visible:** Near-infrared light (850nm) is invisible to the human eye. If in NIR mode, the device is still operating even if no light is visible.
- **Remote not responding:** Check battery level. Ensure proper connection between the remote and the belt.

- For further assistance, refer to the full user guide or contact customer support.

## 9. SPECIFICATIONS

- **Product Dimensions:** 6.54 x 4.57 x 4.02 inches; 1.2 Pounds
- **Item Model Number:** LP-ALVRDPMCR-BLK-VC
- **Manufacturer:** LifePro
- **Wavelengths:** 660nm (Red Light) & 850nm (Near-Infrared)
- **LED Type:** Triple Chip LEDs
- **Battery:** 2,500 mAh Rechargeable
- **Pulse Settings:** 10Hz, 40Hz
- **Intensity Levels:** 4
- **Light Modes:** 3 (Red, NIR, Combined)

## 10. WARRANTY & SUPPORT

LifePro stands behind its products with a commitment to customer satisfaction.

- **Warranty:** This product comes with a lifetime warranty.
- **Customer Support:** For support, please call our dedicated helpline at 800-XXX-XXXX (placeholder, as actual number not provided) or visit the [LifePro Store](#).
- **Online Community:** Join our online community for exclusive training videos and live support. See the user manual for details on how to join.