GUGTTR QW026

GUGTTR Under Desk Elliptical Machine QW026 User Manual

Model: QW026

1. Introduction

The GUGTTR Under Desk Elliptical Machine (Model QW026) is a compact, electric leg exerciser designed for low-impact workouts. It offers both automatic and manual modes with adjustable speeds and directions, making it suitable for various users, including seniors and individuals working in office environments. This manual provides essential information for safe and effective use of your elliptical machine.

2. Safety Information

- Read all instructions before use.
- Place the machine on a stable, flat surface.
- Ensure adequate space around the machine during operation.
- Keep children and pets away from the machine during use.
- Do not use if the power cord is damaged.
- Consult a physician before starting any new exercise program.
- Stop exercising immediately if you feel pain, dizziness, or discomfort.
- The machine is designed for seated use only. Do not stand on the pedals.

3. What's in the Box

- 1x Under Desk Elliptical Machine
- 1x User Manual
- 1x Remote Control
- 1x Power Cord

4. Setup

The GUGTTR Under Desk Elliptical Machine comes fully assembled and ready for use.

1. Place the elliptical machine on a flat, stable surface near an electrical outlet.

2. Connect the power cord to the machine and then plug it into a standard electrical outlet.
3. Ensure the remote control has batteries (not included).



Image: The GUGTTR Under Desk Elliptical Machine out of its packaging, ready for use.

Video: This video demonstrates the unboxing and initial setup of the GUGTTR Under Desk Elliptical Machine, highlighting its pre-assembled nature.

5. Operating Instructions

5.1 Powering On/Off

To power on the machine, press the **"POWER"** button on the remote control or the **"Start/Stop"** button on the main unit. To power off, press the **"POWER"** button again.

5.2 Modes of Operation

The machine offers two primary modes:

Manual Mode

- In Manual Mode, you can adjust the speed and direction of the pedals.
- Use the **"SPEED +"** and **"SPEED -"** buttons on the remote or the main unit to select from 12 different speed levels.
- Use the **"DIRECTION"** button to switch between forward and backward pedaling.

Automatic Modes (Pre-set Programs)

- The machine features three pre-set automatic programs (P1, P2, P3) that vary speed and direction automatically for a diverse workout.
- Press the **"MODE"** button on the remote or the main unit to cycle through P1 (Soft Mode), P2 (Walking Mode), and P3 (Exercise Mode).
- These modes typically run for 30 minutes with automatic speed and direction adjustments.

5.3 LCD Display Functions

The integrated LCD display tracks your workout data:

- **SCAN**: Cycles through all metrics.
- **TIME**: Duration of your workout.
- **DISTANCE**: Distance covered.
- **SPEED**: Current pedaling speed.
- **COUNTER**: Total number of rotations.
- **CALORIE**: Estimated calories burned.



Image: Close-up view of the GUGTTR Under Desk Elliptical Machine's LCD display and remote control, showing the various buttons for mode, speed, direction, and start/stop.

Video: This video demonstrates how to operate the GUGTTR Under Desk Elliptical Machine using both the remote control and the on-board display, showcasing speed and direction changes.

6. Maintenance

- **Cleaning**: Wipe the machine with a damp cloth after each use. Avoid abrasive cleaners.
- **Storage**: Store in a cool, dry place away from direct sunlight.
- **Inspection**: Periodically check all parts for wear and tear. Ensure all connections are secure.
- **Lubrication**: No special lubrication is required for this model.

7. Troubleshooting

Problem	Possible Cause	Solution
Machine does not power on	Power cord not properly connected; No power from outlet.	Check power cord connection; Try a different outlet.
Pedals are not moving smoothly	Obstruction; Machine not on a flat surface.	Check for any foreign objects; Ensure machine is on a stable, level surface.
Remote control not responding	Batteries low/dead; Remote out of range.	Replace remote batteries; Ensure remote is within 33ft range and pointed towards the machine.
Unusual noise during operation	Loose components; Internal issue.	Check for any loose parts and tighten if necessary; Contact customer support if noise persists.

For issues not listed, please refer to the Warranty and Support section.

8. Specifications

Feature	Detail
Model Name	QW026
Brand	GUGTTR
Color	Black Orange
Product Dimensions	16.5"D x 14"W x 8"H
Material	Vinyl
Resistance Mechanism	Manual
Number of Resistance Levels	12
Maximum Weight Recommendation	500 Pounds
Item Weight	7.37 Kilograms

9. Warranty and Support

GUGTTR offers a three-month return service and lifetime after-sales support.

For any questions or concerns regarding your GUGTTR Under Desk Elliptical Machine, please contact customer support through Amazon messages or email.

The product includes a 1-year warranty.

For more information, visit the official GUGTTR Store on Amazon:GUGTTR Store.

Ask a question about this manual

Ask about setup, troubleshooting, compatibility, parts, safety, or missing instructions. Manuals+ will review the question and use this page's manual context to help answer it.

Name

Anonymous

Email

you@example.com

After a successful submission, we securely hash the supplied account or form email before sending it to Microsoft Advertising for conversion attribution. Privacy details.

Question

Example: How do I reset this device or fix this error?

Details

Model number, symptoms, what you tried, or the section of the manual you are using.

Submit question