

DeerRun under desk walking pad treadmill

DeerRun Walking Pad Treadmill with Incline - User Manual

Model: under desk walking pad treadmill

1. INTRODUCTION AND SAFETY INFORMATION

Thank you for choosing the DeerRun Walking Pad Treadmill with Incline. This manual provides essential information for the safe and effective use of your new fitness equipment. Please read all instructions carefully before assembly and operation. Keep this manual for future reference.

Important Safety Precautions:

- Always consult with a physician before starting any new exercise program.
- Place the treadmill on a flat, stable surface with adequate clearance around it (at least 2 feet on all sides).
- Keep children and pets away from the treadmill during operation.
- Wear appropriate athletic footwear and clothing.
- Do not operate the treadmill if it is damaged or malfunctioning.
- Unplug the treadmill from the power outlet when not in use or before cleaning/maintenance.
- Maximum user weight capacity: 300 lbs. Do not exceed this limit.

2. WHAT'S IN THE BOX

Upon unpacking, please ensure all components are present and undamaged. If any parts are missing or damaged, contact customer support immediately.

- DeerRun Walking Pad Treadmill
- Power Cord
- Remote Control
- Tool Kit (for minor adjustments and maintenance)
- User Manual (this document)

3. SETUP INSTRUCTIONS

The DeerRun Walking Pad Treadmill is designed for minimal assembly. Follow these steps to prepare your treadmill for first use:

1. **Unpack:** Carefully remove the treadmill and all accessories from the packaging.
2. **Placement:** Position the treadmill on a firm, level surface. Ensure there is sufficient space around the unit for safe operation and to prevent obstruction.
3. **Power Connection:** Plug the power cord into the treadmill's power input, then into a grounded electrical outlet.
4. **Incline Adjustment:** The treadmill features a 6% manual incline. To engage the incline, lift the rear of the treadmill and secure the support legs into the incline position. To disengage, return the support legs to the flat position.

Enjoy Hiking at Home Anytime

6% Manual incline for more fat burning

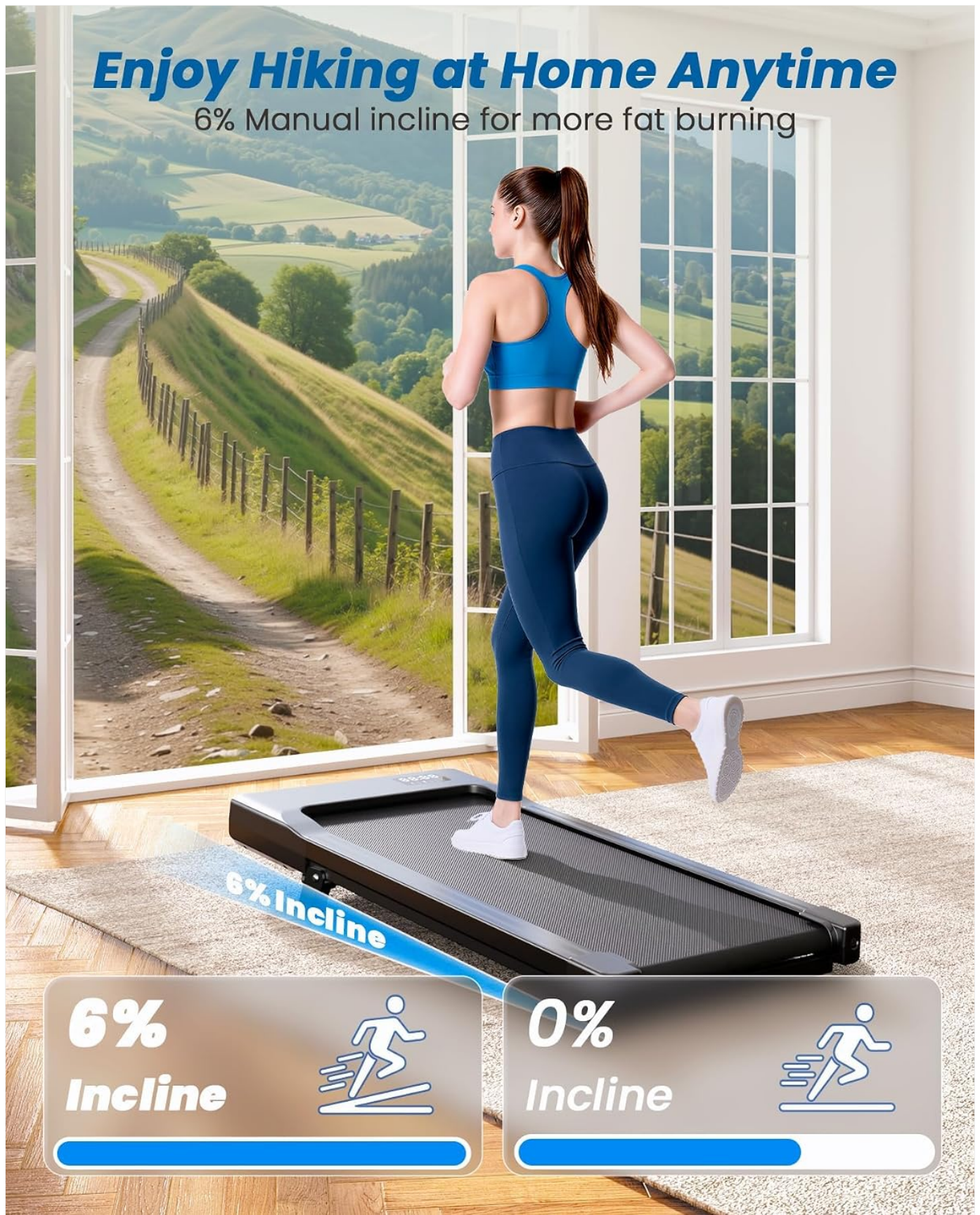


Image: The DeerRun Walking Pad Treadmill demonstrating its 6% manual incline feature. The treadmill can be set to a flat 0% incline or an elevated 6% incline for varied workouts.

Easy to Move and Space Saving

Convenient for home storage



Image: Two individuals demonstrating the easy movement and space-saving storage of the DeerRun Walking Pad Treadmill. One person slides it under furniture, while another stands it upright for compact storage.

4. OPERATING INSTRUCTIONS

Your DeerRun Walking Pad Treadmill offers various modes and controls for a personalized workout experience.

Getting Started:

1. **Power On:** Press the power button on the treadmill or remote control. The LED display will illuminate.
2. **Remote Control:** Use the provided remote control to start, stop, and adjust the speed of the treadmill.
3. **Speed Adjustment:** The treadmill operates between 0.6 MPH and 3.8 MPH. Use the '+' and '-' buttons on the remote to increase or decrease speed.
4. **Display Information:** The LCD display shows key workout metrics such as time, distance, speed, and calories burned.

LED Display & Remote Control

Easily track your fitness

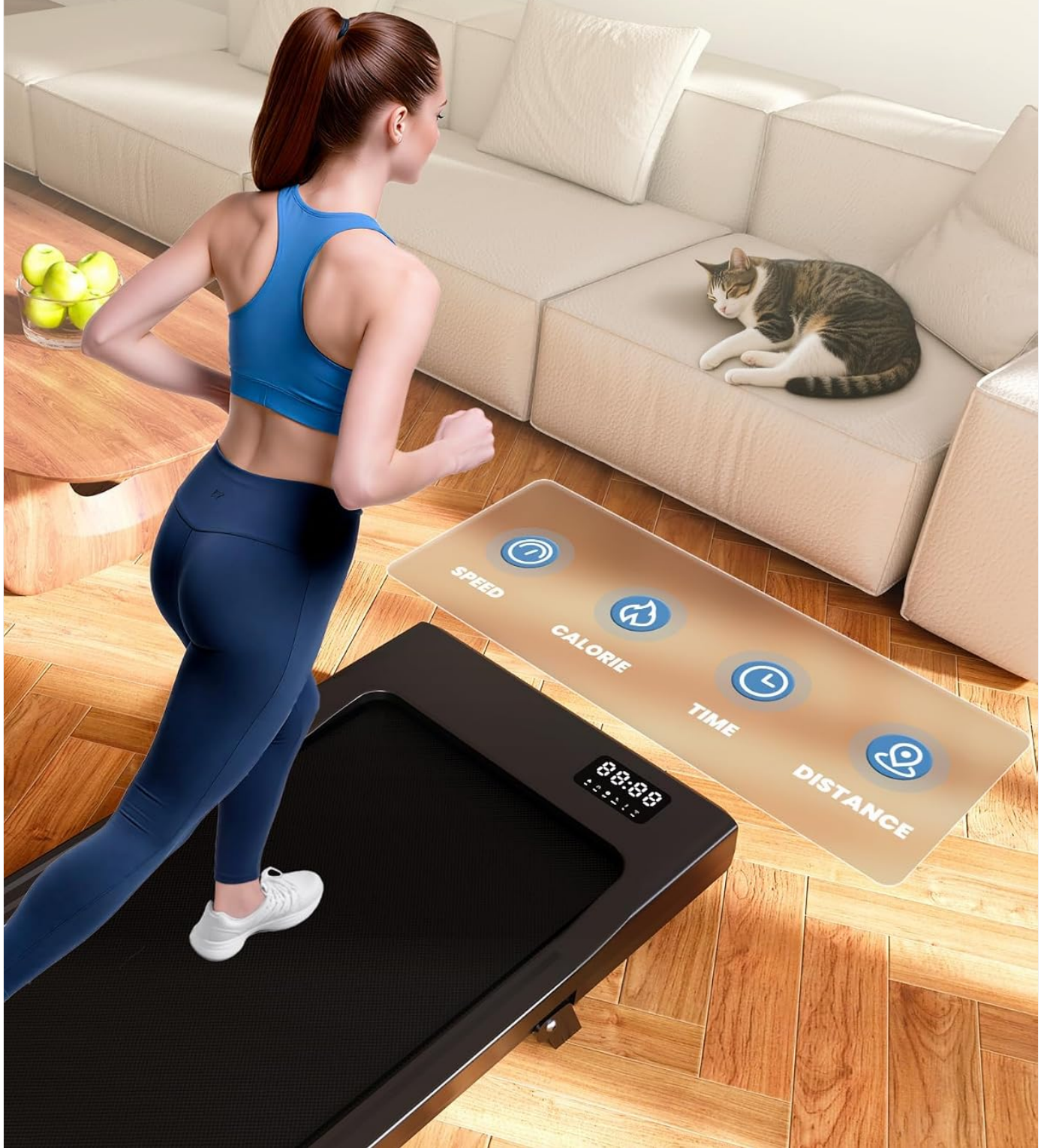


Image: A user operating the DeerRun Walking Pad Treadmill with the remote control. The LED display on the treadmill shows workout data, and the remote control allows for easy adjustment of speed and other settings.

PitPat App Integration:

Enhance your workout experience by connecting your treadmill to the PitPat App.

1. **Download App:** Download the PitPat App from your device's app store.
2. **Pair Device:** Follow the in-app instructions to pair your DeerRun Walking Pad Treadmill via Bluetooth.

3. **Track Progress:** The app allows you to view real-time workout data, track your progress over time, and access personalized training programs.

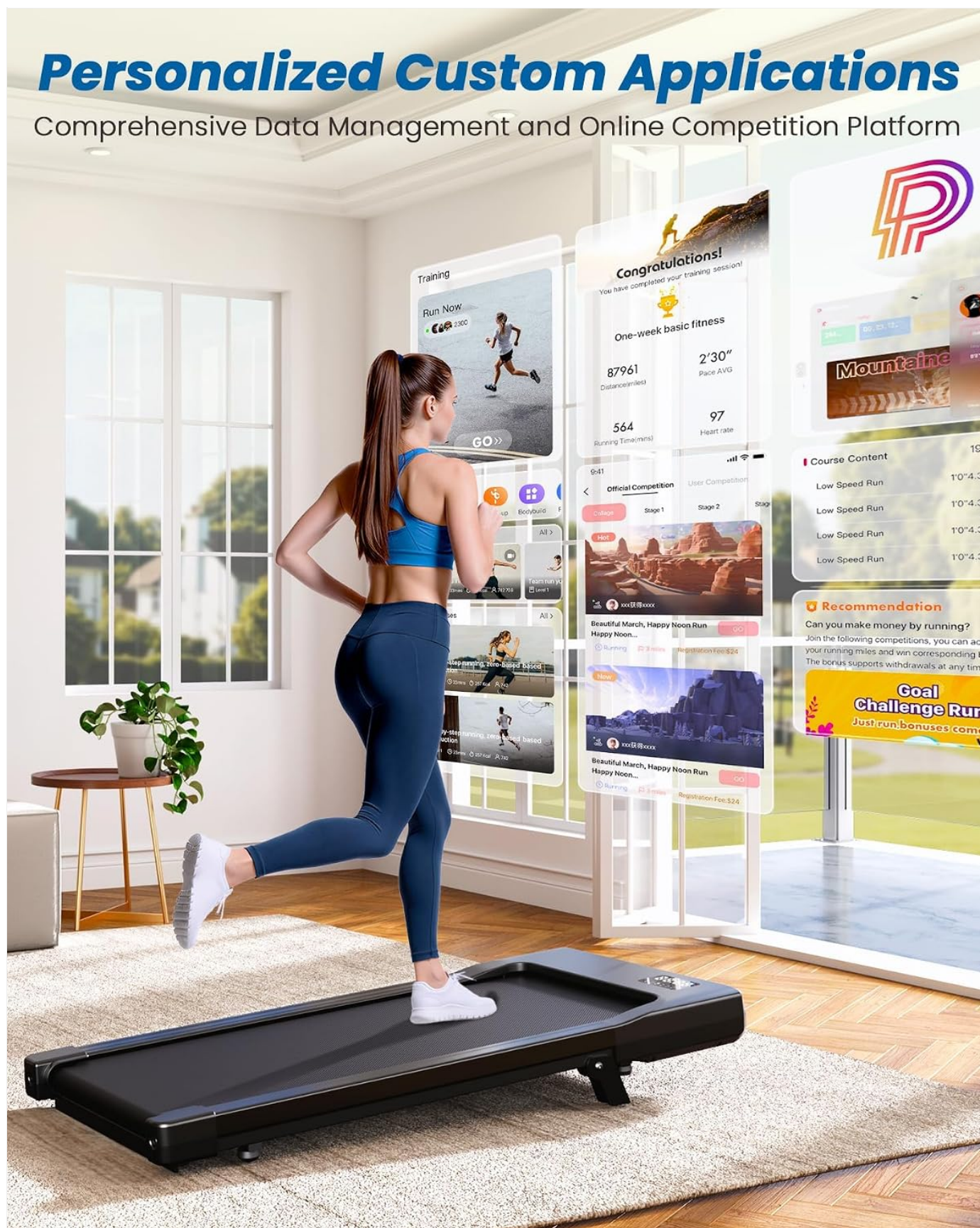


Image: A user exercising on the DeerRun Walking Pad Treadmill while interacting with the PitPat App on a smartphone. The app displays various workout data, training plans, and progress tracking features.

Movement Modes:

The treadmill supports different modes to suit your activity needs:

- **Working Mode:** Ideal for use under a standing desk, allowing you to walk at a low speed while working.
- **Walking Mode:** For general walking exercises at moderate speeds.
- **Running Mode:** For higher intensity walking or light jogging, utilizing the full speed range.



Image: A visual representation of the three movement modes: Working Mode (under a desk), Walking Mode (casual walking), and Running Mode (more vigorous exercise) on the DeerRun Walking Pad Treadmill.

5. MAINTENANCE

Regular maintenance ensures the longevity and optimal performance of your treadmill.

- **Cleaning:** Wipe down the treadmill surface with a damp cloth after each use. Avoid abrasive cleaners.
- **Lubrication:** Periodically lubricate the running belt according to the instructions in the PitPat App or manufacturer guidelines to ensure smooth operation.
- **Belt Adjustment:** If the running belt becomes misaligned or too loose/tight, use the included tool kit to make minor adjustments as per the detailed instructions in the PitPat App or manufacturer's online resources.
- **Storage:** When not in use, store the treadmill in a dry, cool place. Its compact design allows for storage under furniture or upright against a wall.

6. TROUBLESHOOTING

If you encounter any issues with your DeerRun Walking Pad Treadmill, refer to the following common problems and solutions:

Problem	Possible Cause	Solution
Treadmill does not power on.	Power cord not properly connected; outlet issue.	Ensure power cord is securely plugged into both the treadmill and a working wall outlet. Check circuit breaker.
Belt stops or slips during use.	Belt too loose; insufficient lubrication.	Adjust belt tension using the included tool kit. Apply silicone lubricant to the running belt.
Unusual noise from the motor.	Loose components; motor issue.	Inspect for any loose screws or parts. If noise persists, discontinue use and contact customer support.
Remote control not responding.	Dead batteries; remote not paired.	Replace remote control batteries. Refer to the PitPat App or online resources for remote pairing instructions.

For issues not listed here, or if solutions do not resolve the problem, please contact DeerRun customer support.

7. SPECIFICATIONS

Detailed technical specifications for your DeerRun Walking Pad Treadmill:

- **Model:** under desk walking pad treadmill
- **Product Dimensions (D x W x H):** 42.6" x 19.6" x 2.94"
- **Item Weight:** 36.6 pounds
- **Material:** Alloy Steel
- **Maximum Speed:** 3.8 miles per hour
- **Minimum Speed:** 0.6 miles per hour
- **Maximum Horsepower:** 2.5 hp
- **Maximum Incline Percentage:** 6% (Manual)
- **Display Type:** LCD
- **Control Program:** PitPat App
- **Maximum Weight Recommendation:** 300 pounds
- **Special Feature:** Portable

Powerful Stable Quiet Motor

Quiet, durable, and secure



<45 DB
Low Noise



0.6–3.8 MPH
Speed Range



2.5HP
Motor Power



300LBS
Weight Capacity

Image: An internal view of the DeerRun Walking Pad Treadmill, highlighting its powerful and quiet motor. Key specifications like low noise, speed range, motor power, and weight capacity are also shown.

8. WARRANTY AND SUPPORT

Warranty Information:

The DeerRun Walking Pad Treadmill comes with a **1-Year Warranty** from the date of purchase. This warranty covers

manufacturing defects and malfunctions under normal use. It does not cover damage caused by misuse, accidents, or unauthorized modifications.

Customer Support:

For any questions, technical assistance, or warranty claims, please contact DeerRun customer support. Refer to the contact information provided with your product packaging or visit the official DeerRun website for support resources.

ASK A QUESTION ABOUT THIS MANUAL

Ask about setup, troubleshooting, compatibility, parts, safety, or missing instructions. Manuals+ will review the question and use this page’s manual context to help answer it.

Name

Anonymous

Email

you@example.com

After a successful submission, we securely hash the supplied account or form email before sending it to Microsoft Advertising for conversion attribution. [Privacy details](#).

Question

Example: How do I reset this device or fix this error?

Details

Model number, symptoms, what you tried, or the section of the manual you are using.

Submit question