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TOPUTURE TP7

TOPUTURE TP7 Walking Pad Treadmill User Manual

Model: TP7 | Brand: TOPUTURE

INTRODUCTION

This manual provides essential information for the safe and effective use of your TOPUTURE TP7 Walking Pad Treadmill. Please read it thoroughly before operating the device and retain it for future reference. The TOPUTURE TP7 is a versatile walking pad treadmill designed for home use, featuring adjustable incline, a foldable design, an adjustable handlebar for desk use, and smart control options via app and remote control. It is equipped with a 2.5 HP motor and supports a maximum weight of 300 lbs.

IMPORTANT SAFETY INSTRUCTIONS

- Always attach the safety key to your clothing before starting the treadmill. The treadmill will stop immediately if the safety key is disengaged.
- Ensure the treadmill is placed on a flat, stable surface with adequate clearance around it.
- Keep children and pets away from the treadmill during operation.
- Do not operate the treadmill if it has a damaged cord or plug, or if it is not working properly.
- Consult a physician before starting any exercise program, especially if you have pre-existing health conditions.
- Wear appropriate athletic footwear during use.
- Do not attempt to adjust the incline or handlebar while the treadmill is in motion.
- Unplug the treadmill from the power outlet when not in use or before cleaning and maintenance.

PRODUCT COMPONENTS

The TOPUTURE TP7 Walking Pad Treadmill package includes the following items:

- TOPUTURE TP7 Walking Pad Treadmill Unit
- Safety Key
- Power Cord

- Remote Control
- User Manual (this document)
- L-Wrench (Size #6)

SETUP AND ASSEMBLY

The TOPUTURE TP7 Walking Pad Treadmill comes pre-assembled and is ready for use out of the box. Follow these steps for initial setup:

1. Unpacking and Placement

Carefully remove the treadmill from its packaging. Place the treadmill on a firm, level surface. Ensure there is sufficient space around the unit for safe operation and movement. The folded size is approximately 47.2 x 24.8 x 5.3 inches, making it suitable for storage under furniture.

0%-5%-10% Manual Incline

For More Fat Burning

600Kcal/H
10% Incline

300Kcal/H
5% Incline

200Kcal/H
0% Incline



Image: The TOPUTURE TP7 Walking Pad Treadmill in an unfolded state, ready for use.

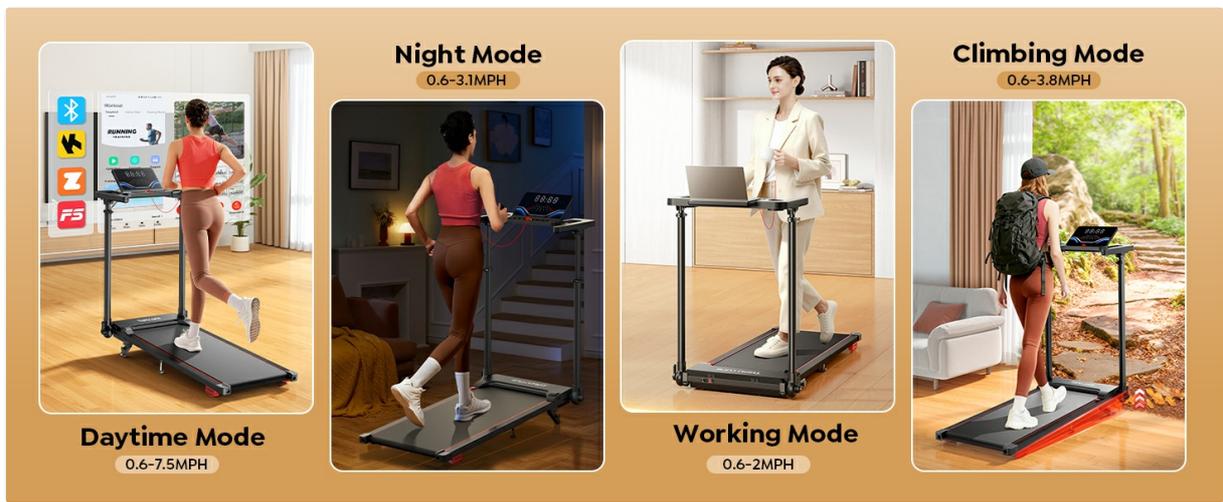


Image: The TOPUTURE TP7 Walking Pad Treadmill folded and stored under a couch, demonstrating its compact design.

2. Adjusting the Handlebar and Desk

The handlebar is height-adjustable from 35 to 43 inches, allowing the treadmill to be used as a desk treadmill. To adjust the height, loosen the knobs on the side of the handlebar supports, raise or lower the handlebar to the desired position, and then tighten the knobs securely. Ensure both sides are adjusted to the same height for stability.

6-IN-1 Folding Treadmill with Incline



Walking Mode



Running Mode



Fat Burning Mode



Office Mode



Family Sharing Mode



Pet Training



0.6-4MPH

4-7.5MPH

Image: A user adjusting the height of the handlebar and desk on the TOPUTURE TP7 treadmill. The desk provides space for a laptop or tablet.

Adjustable Handlebar Height

Family-Friendly Sports Comfort



Image: A person using the walking pad with the handle bar adjusted to a comfortable height for walking while working.

3. Setting the Manual Incline

The treadmill offers 3 manual incline levels: 0%, 5%, and 10%. To adjust the incline, lift the rear of the treadmill and manually position the support legs into the desired slots. Ensure both support legs are securely engaged at the same incline level before use.

Adjustable Telescopic Riser

Perfect for Different Heights



Image: A visual representation of the three manual incline levels (0%, 5%, 10%) available on the TOPUTURE TP7 treadmill.

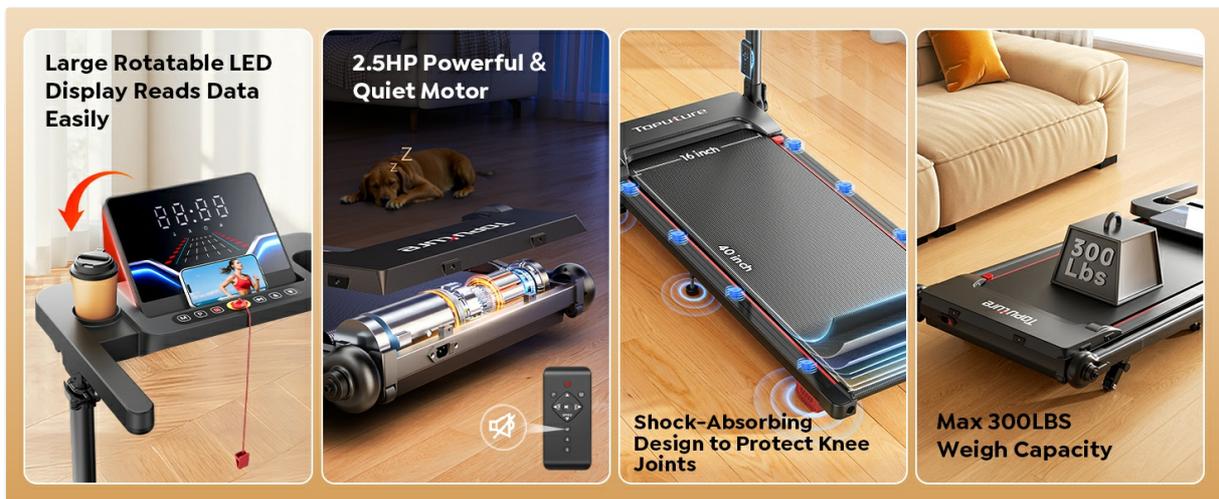


Image: A person walking on the treadmill with the incline feature engaged, simulating an uphill walk.

4. Power Connection and Safety Key

Connect the power cord to the treadmill and then to a grounded electrical outlet. Locate the red safety key and attach the clip to your clothing. The treadmill will not operate without the safety key properly placed on the console.

Your browser does not support the video tag.

Video: This video demonstrates the quick installation process, including attaching the safety key and using the control panel. It also highlights the built-in transport wheels and the rotatable LED display.

OPERATING INSTRUCTIONS

1. Control Methods

The TOPUTURE TP7 can be controlled using three methods:

- **Console:** The integrated console features a large LED display and touch buttons for starting, stopping, and adjusting speed.
- **Remote Control:** Use the included remote control for convenient adjustments during your workout. The remote can be magnetically attached to the treadmill for easy access.
- **Bluetooth App:** Connect your smartphone via Bluetooth to compatible apps like Fitshow or KINOMAP for advanced control and workout tracking.

Large Rotatable LED Display

Reads Data Easily



Speed



Time



Distance



Calories



Image: Close-up of the large rotatable LED display and the multifunctional touch panel on the treadmill console, showing speed, time, distance, and calories.

2.5HP Powerful & Quiet Motor



<45dB
Low Noise



2.5HP
Motor Power



300LBS
Weight Capacity



Image: The remote control for the treadmill, positioned near the motor housing, highlighting the 2.5 HP powerful and quiet motor.

2. Starting and Adjusting Speed

To start the treadmill, ensure the safety key is in place, then press the start button on the console or remote. The speed can be adjusted from 0.6 to 7.5 MPH using the speed up/down buttons on the console or remote. The LED display will show real-time data including time, distance, speed, and calories burned.

3. Mute Function

The remote control includes a one-touch mute button to turn off beeping sounds, ensuring a quiet workout environment, especially useful for office or shared spaces.

4. App Integration

Enhance your workout experience by connecting the treadmill to fitness apps like Fitshow or KINOMAP via Bluetooth. These apps offer interactive training programs and track your progress.

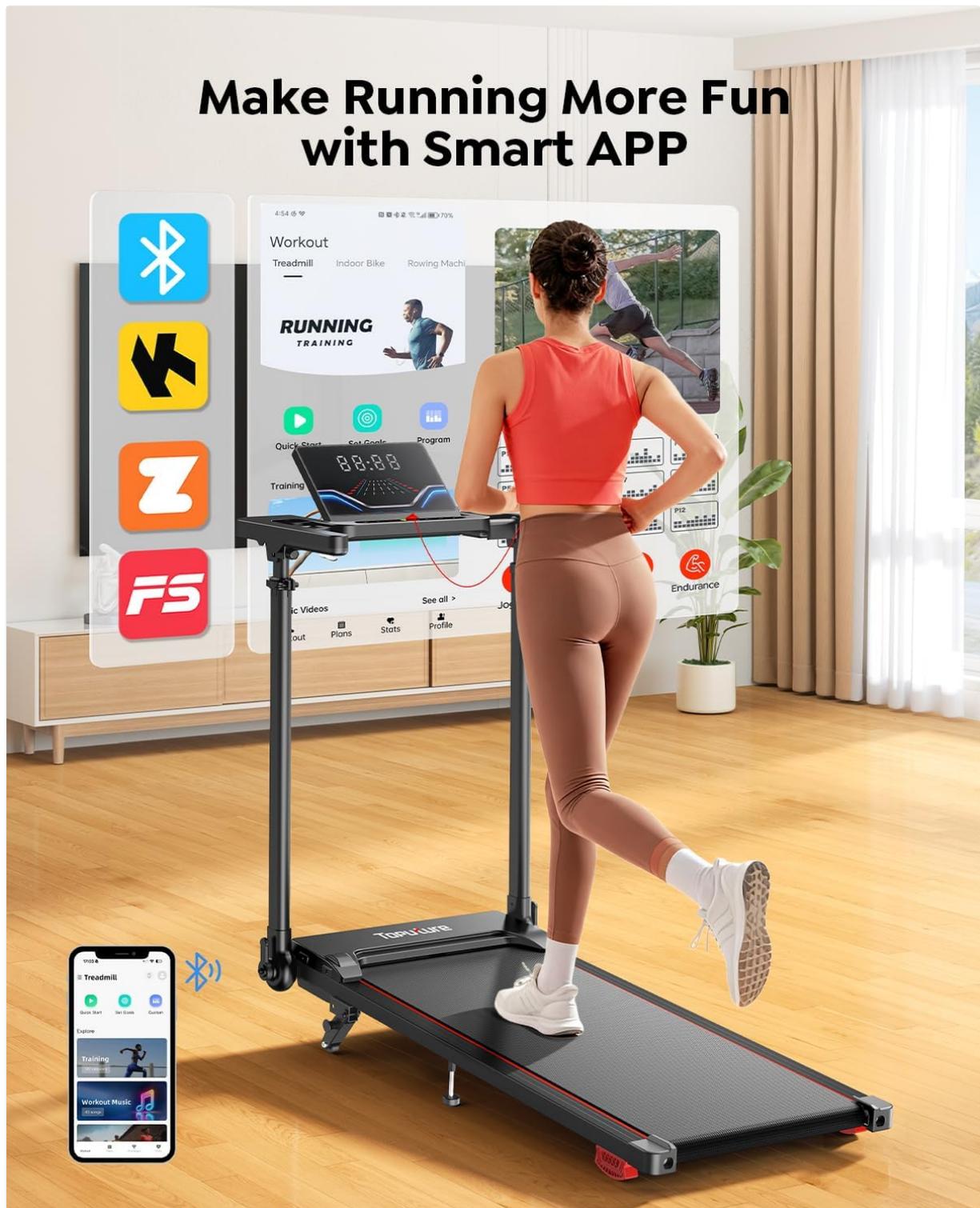


Image: A user interacting with a fitness app on a smartphone placed on the treadmill's desk, demonstrating smart app integration for a more engaging workout.

5. Workout Modes

The treadmill supports various workout modes to suit different fitness goals:

- **Walking Mode:** Ideal for light exercise and daily activity.
- **Running Mode:** For more intense cardio workouts.
- **Office Mode:** Use with the adjustable desk for walking while working.
- **Climbing Mode:** Utilize the incline feature for a more challenging workout.

6-IN-1 Folding Treadmill with Incline



Walking Mode



Running Mode



Fat Burning Mode



Office Mode



Family Sharing Mode



Pet Training



0.6-4MPH

4-7.5MPH

Image: Illustration of different usage scenarios, including walking, running, and using the treadmill as a desk treadmill, highlighting its versatility.

MAINTENANCE

1. Lubrication

Regular lubrication of the running belt is crucial for optimal performance and longevity. When the underside of the belt feels dry, apply approximately 5ml of lubricating oil to the oil port with the red cap, located on the right side near the motor end. Refer to the specific instructions provided with your lubricating oil for frequency.

2. Cleaning

Wipe down the treadmill surfaces with a damp cloth after each use to remove sweat and dust. Avoid using abrasive cleaners or solvents that could damage the finish.

3. Belt Adjustment

Over time, the running belt may shift or become loose. If the belt is not centered or feels too loose/tight, use the provided L-wrench (Size #6) to adjust the tension bolts at the rear of the treadmill. Adjust in small increments, testing the belt after each adjustment, until it is centered and has proper tension. Refer to the detailed instructions in the full user manual for precise belt adjustment procedures.



Anti-slip & Shock-absorbing Running Belt

Image: A detailed view of the 7-layer non-slip running belt and the 8 silicone shock-absorbers, illustrating the components that require maintenance and contribute to user comfort.

- **Treadmill Not Starting:** Ensure the power cord is securely plugged in and the safety key is correctly placed on the console. The treadmill will not operate without the safety key.
- **Handlebar Not Raising/Lowering Smoothly:** Check for any obstructions or misalignments in the handlebar mechanism. Ensure the adjustment knobs are fully loosened before attempting to adjust and securely tightened afterward. If wires are catching, gently guide them to prevent interference.
- **Scrapping Noise from Belt:** This may indicate the belt is off-center or rubbing against the frame. Refer to the "Belt Adjustment" section under Maintenance to re-center and tension the belt.
- **Incline Wobble:** Ensure both incline support legs are fully and correctly engaged in their respective slots at the chosen incline level.
- **Display Issues:** If the LED display is not functioning correctly, ensure all connections are secure. If the issue persists, contact customer support.

SPECIFICATIONS

Brand	TOPUTURE
Model Name	TP7
Product Dimensions (LxWxH)	47.2"D x 24.4"W x 38.6"H
Folded Size	47.2" x 24.8" x 5.3"
Item Weight	52.7 Pounds
Material	Alloy Steel
Maximum Speed	7.5 Miles per Hour
Minimum Speed	1 Mile per Hour
Maximum Horsepower	2.5 Horsepower
Maximum Incline Percentage	10% (3 manual levels: 0%, 5%, 10%)
Maximum Weight Recommendation	300 Pounds
Special Feature	Folding
Power Source	Corded Electric
Connectivity Technology	Bluetooth, App Integration
Assembly Required	No
Metrics Measured	Distance, Speed, Time, Calories

WARRANTY AND SUPPORT

The TOPUTURE TP7 Walking Pad Treadmill comes with a **1-year manufacturer's warranty**. For warranty claims, technical support, or any questions regarding your product, please contact TOPUTURE customer service through the retailer where the product was purchased or visit the official TOPUTURE website for contact information.

Please retain your proof of purchase for warranty validation.

