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› EMIAH GT100-Y Ergonomic Office Chair Instruction Manual

EMIAH GT100-Y

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MODEL: GT100-Y

Brand: EMIAH

1. Introduction

This manual provides detailed instructions for the assembly, operation, and maintenance of your EMIAH GT100-Y Ergonomic Office Chair. Designed for comfort and support during long periods of sitting, this high-back reclining office chair features adjustable arms, headrest, lumbar support, and a retractable footrest. Please read this manual thoroughly before assembly and use to ensure proper function and safety.



Image: A woman seated in the EMIAH GT100-Y ergonomic office chair, demonstrating its use in an office setting.

2. Package Contents

Before beginning assembly, please ensure all parts listed below are present and undamaged. If any parts are missing or damaged, please contact customer support.

- Nylon Casters (x5)
- Base Parts (x1)
- Gas Lever (x1)
- Back Rest (x1)
- Seat Cushion (x1)
- Charging Cable (x1)
- Installation Package (x1)

3. Setup and Assembly

Follow these steps carefully to assemble your EMIAH GT100-Y office chair. For a visual guide, please refer to the assembly video below.

Your browser does not support the video tag.

Video: EMIAH GT100 Chair Assembly Guide. This video demonstrates the step-by-step assembly process for the chair.

1. Step 1: Mounting Nylon Casters and Connecting Base and Gas Lever

Insert the five nylon casters into the assembly holes of the chair base. Then, insert the gas lever into the central assembly hole of the base.

2. Step 2: Install the Battery Underneath the Seat Cushion

Turn the seat cushion over. Use a small wrench to remove the two marked screws from the battery mounting plate. Remove the battery from the mounting plate. First, install the battery mounting plate, making sure the latch is facing upwards. Then snap the battery onto the mounting plate, ensuring the connector is facing downward. Securely connect the two cables.

3. Step 3: Attach Base and Backrest

Remove the plastic protective cover from the metal pins on the backrest. Lift the backrest up and insert it into the seat cushion. Use a wrench to remove the three screws at the backrest connection and keep them safe. Flip the seat cushion over and place it on a cardboard box or another support. Slide the metal plate on the backrest into the base, aligning it with the three screw holes, and then install the screws. Secure the clips of the two white connecting wires.

4. Step 4: Connect the Upper and Lower Halves

Carefully align the upper and lower halves of the chair and connect them, ensuring all wires are properly routed and secured.

4. Operating Instructions and Features

Your EMIAH GT100-Y chair offers multiple adjustments for personalized comfort. Familiarize yourself with these functions to optimize your seating experience.

4.1 Ergonomic Design

This high-back office chair is designed for adults seeking long-lasting comfort and reliable lumbar support. It features a manually adjustable reclining backrest and integrated lumbar support to help maintain proper posture during extended periods of sitting. The padded seat and contoured backrest provide ergonomic support that helps reduce fatigue and discomfort throughout the day.

ERGONOMIC DESIGN



Comfortable neck support

For Customized Fit



Integrated Lumbar Pillow

Comfortable Support



Molded Foam Cushion

Supportive Bounce



Image: Visual representation of the chair's ergonomic features, including neck support, lumbar pillow, and foam cushioning.

4.2 Upgraded Side Control Design

Unlike traditional manual chairs, this upgraded model features an easy-access control panel located on the right side of the seat. Without bending down, you can effortlessly adjust the chair's height, recline the backrest to your preferred angle, or extend the footrest for extra leg support. This side control design offers enhanced convenience and comfort.

NO NEED TO BEND OVER

Tilt and height controls are located on the side of the seat for easy access



✓ Adjustment without bending



✗ Bending to adjust is inconvenient

Image: The side control panel for easy adjustments without bending.

4.3 90°-145° Reclining Angle

The backrest can be reclined from 90° to 145°, allowing you to find the perfect angle for work, relaxation, or even a quick nap. The recline can be locked at any desired angle using the side control lever.

145° ADJUSTABLE RECLINING

Adjusting the angle of the back naturally to relax your legs



Image: Demonstration of the chair's 145-degree recline function with the footrest extended.

4.4 4D Headrest and 3D Armrests

The chair features a height-adjustable headrest that can be tilted to better support your neck and head. The armrests offer manual adjustments for height (2.76 inches), angle (30° inward/outward rotation), and forward/backward positioning (2.56 inches), allowing you to find the most comfortable setup for typing, gaming, or relaxing. These customizable elements help relieve pressure from your shoulders and neck.

4D BIAXIAL ADJUSTABLE HEADREST



Image: Detailed view of the 4D adjustable headrest.

3D ADJUSTABLE ARMRESTS

Provides flexible and comfortable arm support



2.7"/7cm

Move Up And Down



2.6"/6.5cm

Inward and Outward



Inward and Outward



Image: Detailed view of the 3D adjustable armrests.

4.5 Retractable Footrest

The footrest smoothly slides out when needed and tucks away neatly under the seat when not in use, providing extra leg support for relaxation.

4.6 Swivel and Mobility

Smooth-rolling casters and a sturdy 5-point base ensure stability and mobility on most floor types, allowing for 360° free rotation.

Your browser does not support the video tag.

Video: EMIAH GT100 Manual Series Chair Product Overview. This video highlights the key features and benefits of the chair.

Your browser does not support the video tag.

Video: EMIAH GT100 Manual Series Features Overview. This video provides a detailed look at the various adjustable features of the chair.

5. Maintenance

To ensure the longevity and appearance of your EMIAH GT100-Y chair, follow these simple maintenance guidelines:

- **Cleaning:** Wipe clean with a soft, damp cloth. Avoid harsh chemicals or abrasive cleaners that may damage the PU leather.
- **Inspection:** Periodically check all screws and connections to ensure they are tight. Re-tighten if necessary.
- **Caster Care:** Keep casters free of hair and debris to ensure smooth rolling.

6. Troubleshooting

If you encounter any issues with your EMIAH GT100-Y chair, please refer to the following common solutions:

- **Backrest Not Returning to 90° Angle:** If the backrest is stuck in a reclined position, push the handle down, gently lean back to return the backrest to the 90° position, then pull the handle up to lock the backrest.

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Video: How to Restoring Backrest to 90 Angle? This short video demonstrates how to reset the backrest to its upright position.

- **Creaking Noise:** Ensure all assembly screws are securely tightened. If the noise persists, identify the source of the creaking and apply a small amount of silicone lubricant to moving metal parts, avoiding contact with upholstery.
- **Difficulty Adjusting Height/Recline:** Check that the control levers are fully engaged or disengaged as intended. Ensure no obstructions are preventing movement.
- **Footrest Issues:** Verify that the footrest mechanism is clear of obstructions and that it slides smoothly.

For further assistance, please contact EMIAH customer support.

7. Specifications

Detailed specifications for the EMIAH GT100-Y Ergonomic Office Chair:



Note: Please allow for a 0.4"-0.8" margin of error due to manual measurements.

Weight	Capacity Up to 400LBS/180KG
Height	Capacity 5'5"-6'1"




Image: Dimensions and capacity details of the EMIAH GT100-Y chair.

Feature	Detail
Brand	EMIAH
Model Name	YMX-GT100-Y-SE-1
Color	Black
Product Dimensions	27.56"D x 36.61"W x 40"H
Item Weight	55 pounds
Material	Faux Leather, Sponge (Fill Material)
Back Style	High Back
Special Features	Adjustable Height, Arm Rest, Ergonomic, Head Support, Rolling
Armrest Adjustment	2.76" height adjustment, 30° inward/outward rotation, 2.56" forward/backward movement

Headrest Adjustment	11.02" height adjustment
Backrest Reclining Angle	90°–145°
Seat Height Adjustment	3.15" adjustable range
Footrest	Retractable
Weight Capacity	Up to 300 lbs
Furniture Base Movement	Swivel
Recommended Uses	Computer, Office, Gaming
Product Care Instructions	Wipe Clean

8. Warranty and Support

EMIAH is committed to providing quality products and customer satisfaction.

- **Quality Support:** The EMIAH GT100-Y chair comes with a 1-year quality support policy.
- **Service Support:** A 30-day service support policy is provided to ensure a smooth experience from purchase to use.
- **Returns:** Enjoy 30-day easy returns.

For any inquiries, support, or warranty claims, please contact EMIAH customer service through your purchase platform or the official EMIAH website.