

Real Relax AFR-PS5200

Real Relax AFR-PS5200 4D Massage Chair Instruction Manual

Model: AFR-PS5200

1. INTRODUCTION

Thank you for choosing the Real Relax AFR-PS5200 4D Massage Chair. This manual provides essential information for the safe and effective use of your new massage chair. Please read it thoroughly before operation and keep it for future reference.

The Real Relax AFR-PS5200 is designed to provide a comprehensive and customizable massage experience, featuring advanced 4D massage rollers, an SL-track system, zero gravity reclining, full-body airbag massage, heat therapy, negative ion purification, aromatherapy, and Bluetooth speakers. Enjoy a new level of relaxation and well-being in the comfort of your home.

2. IMPORTANT SAFETY INSTRUCTIONS

To reduce the risk of electric shock, burns, fire, or injury, please observe the following precautions:

- Always read and follow the user manual before operating the massage chair.
- Do not use the chair if you have any health conditions without consulting a doctor first.
- Keep the chair away from heat sources and liquids to prevent damage or injury.
- Do not leave the chair unattended while in use.
- Keep the power cord out of reach of children and pets to prevent tripping or electrocution.
- Unplug the chair when not in use.

3. SETUP AND PLACEMENT

The Real Relax AFR-PS5200 massage chair comes largely pre-assembled. Minimal setup is required.

1. **Unboxing:** Carefully remove the chair from its packaging. It is recommended to have at least two people for this process due to the chair's weight (177.3 lbs).
2. **Placement:** Ensure the chair is placed on a hard, level surface. Allow sufficient space around the chair for reclining and stretching functions. The minimum doorway width required for installation is 31 inches.
3. **Attach Tablet Holder:** Screw the tablet holder securely into its designated slot on the armrest.
4. **Insert Control Tablet:** Place the control tablet into the holder.
5. **Power Connection:** Plug the power cord into a grounded electrical outlet. Ensure the power switch on the chair's base is in the 'ON' position.



Image: Product dimensions and minimum doorway width for installation.

4. FEATURES OVERVIEW

The Real Relax AFR-PS5200 massage chair is equipped with a range of advanced features for a personalized massage experience:

- **4D Roller & Shoulder Detection:** Adaptive 4-level 4D mechanism with automatic shoulder position scanning for whole, partial, or fixed-point massage.
- **SL-Track System:** Robot hands massage from neck to hip, following the natural curve of your spine.
- **Full Body Air Massage:** 5 levels of segmented airbag massage in shoulders, arms, buttocks, calves, and ankles.
- **20 Automatic Modes & 6 Massage Techniques:** Includes Health Guard, Family Care, Special Massage, and manual modes like Knead, Knock, Shiatsu, KN&Rub, Slap, and KD&KN.
- **Negative Ion Purification & Aromatherapy:** Generates negative oxygen ions and allows for aromatherapy to improve air quality and relaxation.
- **Bluetooth Speakers:** Connect your device to play music during your massage.
- **Zero Gravity & Yoga Stretching:** Multistage zero-gravity recline and dedicated Chair Yoga and Thai Massage functionality for enhanced flexibility and tension release.
- **Wireless Phone Charger:** Conveniently charge your compatible smartphone during your massage.



Image: Illustration of the high-end 4D massage mechanism with adjustable width, intensity, and roller speeds.



Image: Diagram showing the placement of 38 airbags for full-body kneading massage, including shoulder, arm, hip, calf, and instep airbags.



Image: A person reclining in the massage chair in a zero-gravity position, illustrating the yoga stretch function.

5. OPERATING INSTRUCTIONS

The massage chair is controlled via an intuitive LCD touch pad and a shortcut button on the armrest.

5.1. Control Panel Overview



Image: Detailed view of the massage chair's control screen, dual Bluetooth speakers, aromatherapy feature, shortcut button, wireless charger, and two move rollers.

5.2. Starting a Massage

1. **Power On:** Press and hold the power button on the armrest or the control tablet to turn on the chair.
2. **Shoulder Detection:** The chair will automatically perform a shoulder scan to customize the massage rollers to your body height.
3. **Select Massage Mode:**
 - **Auto Massage:** Choose from 20 pre-programmed auto modes like Health Guard, Family Care, Special Massage, Select Massage, or Atmosphere Massage.
 - **Advanced Massage:** Select specific massage techniques (Knead, Knock, Shiatsu, KD&Rub, Slap, KD&KN) and adjust airbag intensity (1-5) for different body parts (Full, Arms, Shoulders, Buttocks, Calves).



Image: Visual representation of the 20 automatic massage modes available on the control panel.

5.3. Adjusting Settings During Massage

During an active massage, you can adjust various settings via the control tablet:

- **Roller Intensity:** Adjust 4D roller intensity (Off, 1-4).
- **Airbag Intensity:** Adjust airbag pressure (Off, 1-5) and target areas.
- **Width & Speed:** Customize massage roller width (Wide, Medium, Narrow) and speed (1-5).
- **Zero Gravity:** Select between two levels of zero gravity recline for a weightless sensation.
- **Heat Therapy:** Activate heat for the waist area.
- **Aromatherapy & Anion:** Toggle these functions on/off for enhanced relaxation.
- **Timer:** Adjust massage duration (10, 15, 20, 25, 30 minutes).
- **Posture:** Use the shortcut dial on the armrest to adjust the chair's recline position.

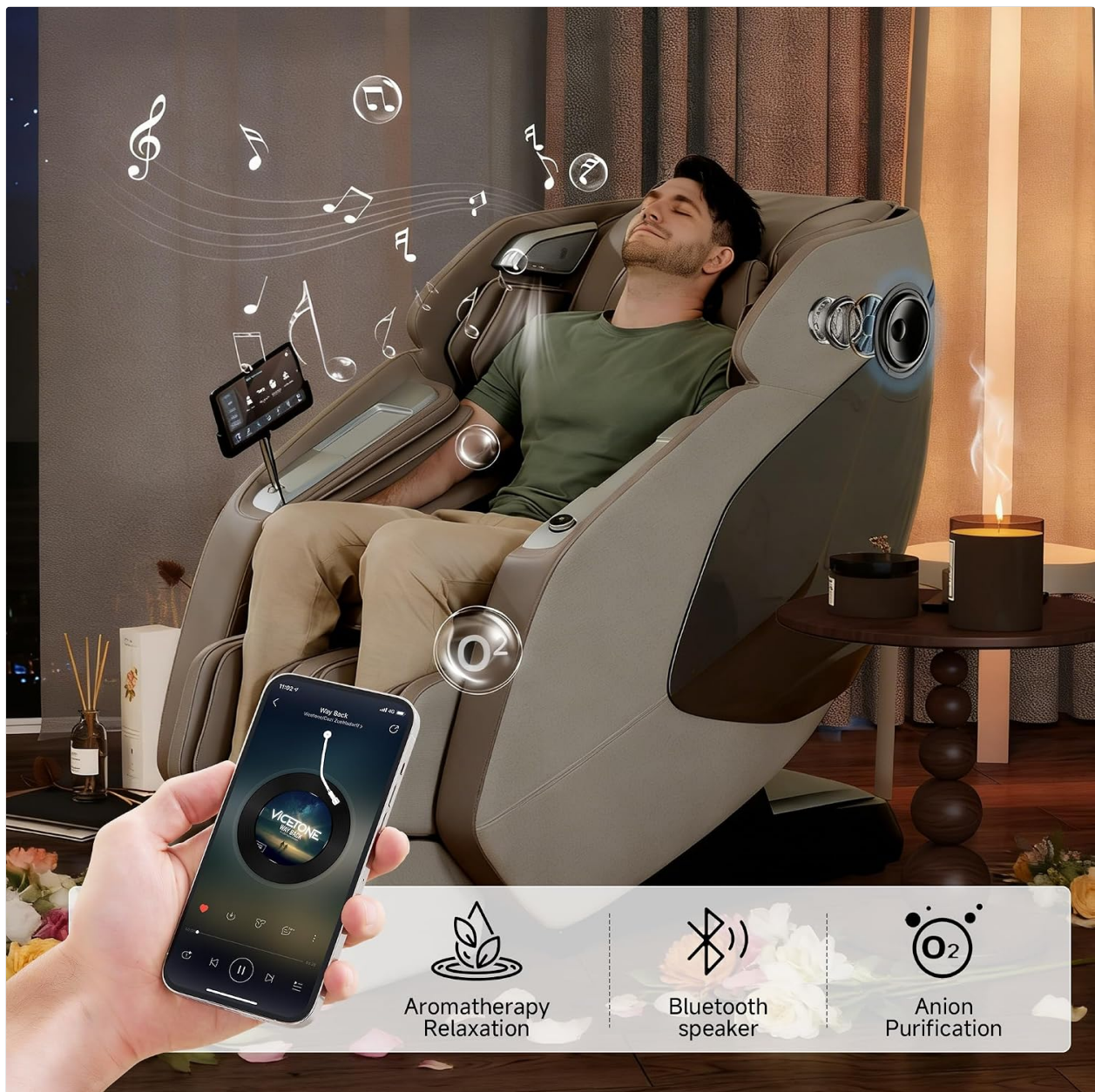


Image: A person interacting with the backlit LCD touch pad to select massage settings.

5.4. Bluetooth Connection

To connect your device to the chair's Bluetooth speakers:

1. Go to the 'Settings' menu on the control tablet.
2. Toggle the 'Bluetooth' option to 'ON'.
3. On your mobile device, search for Bluetooth devices and select "Real Relax".
4. Enter the password "9999" to complete the connection.

SL Track Massage Chair



Image: A person relaxing in the massage chair with aromatherapy and music playing from Bluetooth speakers.

6. MAINTENANCE

Proper maintenance ensures the longevity and optimal performance of your massage chair:

- **Cleaning:** Wipe clean the leather and other surfaces with a soft, damp cloth. Avoid harsh chemicals or abrasive cleaners.
- **Storage:** When not in use for extended periods, unplug the chair and cover it to protect from dust.
- **Power Cord:** Regularly inspect the power cord for any damage. If damaged, contact customer support for replacement.

7. TROUBLESHOOTING

If you encounter any issues with your massage chair, please refer to the following common solutions:

- **Chair Not Powering On:** Ensure the power cord is securely plugged into both the chair and the wall outlet, and the main power switch is 'ON'.
- **No Massage Function:** Check if a massage mode has been selected on the control tablet. Ensure the child lock is not activated in the settings.
- **Bluetooth Connection Issues:** Verify Bluetooth is enabled on both the chair's control tablet and your mobile device. Ensure no other devices are currently connected to the chair.
- **Unusual Noises:** Turn off the chair and unplug it. Inspect for any obstructions or loose parts. If the issue persists, contact customer support.

For further assistance, please contact Real Relax customer support.

8. SPECIFICATIONS

Attribute	Detail
Brand	Real Relax
Model Name	AFR-PS5200
Color	Elegant Brown
Material	Leather, Foam (Fill Material), Metal (Frame)
Product Dimensions (D x W x H)	57.5"D x 29.1"W x 44.5"H
Item Weight	177.3 Pounds
Maximum Weight Recommendation	150 Kilograms
Recommended Uses	Lounging, Office, Relaxing, Sleeping
Room Type	Bedroom, Game Recreation Room, Home Theater, Living Room, Office
Additional Features	Cushion Availability, Ergonomic, Foot Rest, Power Recliner, Zero Gravity
Reclining Position Count	3
Required Assembly	No

9. WARRANTY AND SUPPORT

Real Relax is committed to customer satisfaction and continuously updates its products and services. For specific warranty information, please refer to the documentation included with your purchase or visit the official Real Relax website.

For any questions, technical support, or service requests, please contact Real Relax customer support through their official channels.