

Dskeuzeew A1

Dskeuzeew 3-in-1 Foldable Treadmill Model A1 User Manual

Model: A1

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1. INTRODUCTION

This manual provides essential information for the safe and effective use of your Dskeuzeew 3-in-1 Foldable Treadmill, Model A1. Please read all instructions carefully before assembly and operation. Keep this manual for future reference.

2. IMPORTANT SAFETY INSTRUCTIONS

- Read all instructions before using this appliance.
- Keep children and pets away from the treadmill during operation.
- Place the treadmill on a flat, stable surface with adequate clearance around it.
- Wear appropriate athletic footwear and clothing.
- Do not operate the treadmill if it has a damaged cord or plug, or if it is not working properly.
- Always use the safety key. Attach it to your clothing before starting the treadmill.
- Do not step on or off the treadmill while the belt is moving.
- Consult a physician before starting any exercise program.
- Maximum user weight capacity is 130 kg.

3. PRODUCT OVERVIEW

3.1 Key Features

- **4-in-1 Functionality:** Offers walking, running, manual incline, and support handles for stability.
- **7% Manual Incline:** Adjustable incline to increase workout intensity and calorie burn.

- **Clear LED Display:** Shows real-time data including speed, time, distance, and calories burned.
- **Powerful & Silent Motor:** Equipped with a 2.5 HP motor for smooth, quiet operation (below 55 dB).
- **Foldable & Compact Design:** Easily folds for storage, requiring no assembly, and features integrated wheels for portability.
- **Shock Absorption System:** Features a 7-layer cushioning belt and shock absorbers to protect joints.
- **Control Options:** Operable via touch screen or remote control.
- **Pre-set Programs:** Includes 4 automatic programs and a pause function.

3.2 Components Included

- Dskeuzeew 3-in-1 Foldable Treadmill
- Remote Control
- Safety Key
- User Manual

3.3 Product Images

Tapis de marche avec pente 7 %



Pente
inclinée 7%



Charge
130 kg



Portable



Silencieux



Vitesse
8 km/h



Moteur
2.5 HP



Image 3.3.1: The Dskeuzeew 3-in-1 Foldable Treadmill highlighting its 7% incline, 130 kg load capacity, portability, silent operation, 8 km/h speed, and 2.5 HP motor.

Tapis de marche pliable 3 en 1



Image 3.3.2: A visual representation of the 3-in-1 foldable walking pad, showing its versatility for indoor use and its compact design.

Inclinaison manuelle – Brûle plus de graisses



Image 3.3.3: Illustration demonstrating the manual incline feature and its effect on calorie expenditure, comparing flat walking to inclined walking.



Image 3.3.4: A sequence demonstrating how to adjust the manual incline of the treadmill.

Moteur 2.5 HP ultra-
silencieux
Bruit < 45 dB



Image 3.3.5: Close-up view of the treadmill's 2.5 HP ultra-silent motor, emphasizing its low noise level (below 45 dB).



Image 3.3.6: The treadmill in a home environment, illustrating its quiet operation and compact design suitable for various living spaces.



Image 3.3.7: Visual guide showing different usage modes: incline walking, regular walking (1-5 km/h), and running (5-8 km/h).



Image 3.3.8: A demonstration of a person exercising on the treadmill, showcasing its use in a home setting.

Écran LED & Télécommande



Image 3.3.9: Close-up of the treadmill's LED display and the remote control, indicating functions like time, speed, distance, and calories.



Image 3.3.10: The smart control interface with an LED screen, displaying various control options and settings for the treadmill.

Protection des genoux



Image 3.3.11: Diagram illustrating the treadmill's knee protection features, including an anti-slip running belt, 8 silicone shock absorbers, and 2 soft cushions.

Meilleure protection pour vos genoux



Bande de course antidérapante



8 amortisseurs en silicone



2 coussinets souples



Image 3.3.12: A visual demonstration of the treadmill's shock absorption system, designed to protect users' knees during exercise.

Bougez partout, à tout moment

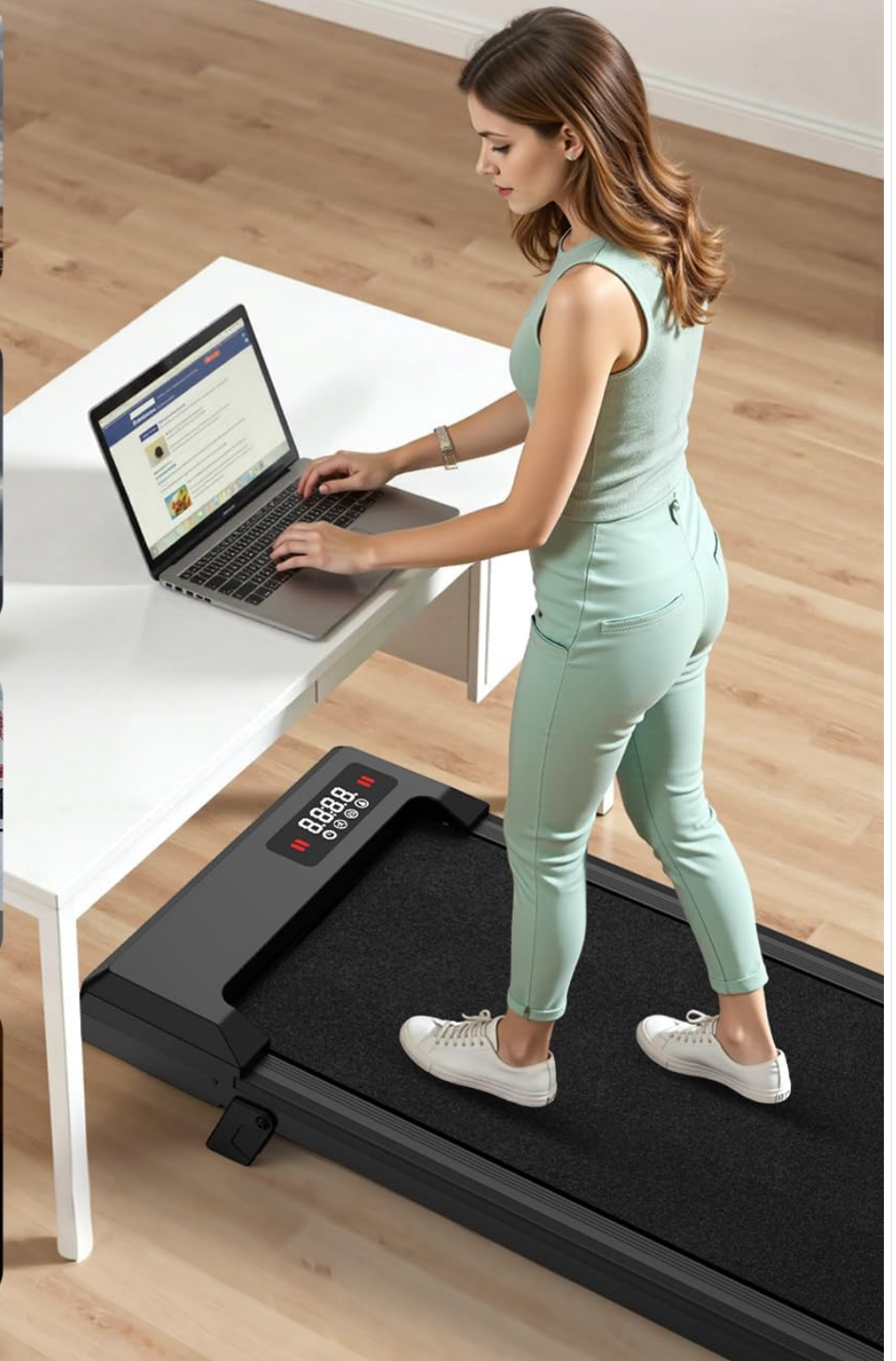


Image 3.3.13: Depiction of the treadmill being used indoors, emphasizing its suitability for exercise regardless of external weather conditions (hot summer, rainy weather, snowy weather, dangerous nights).

Plusieurs tailles disponibles



Image 3.3.14: Comparison of available treadmill sizes, showing a large size (90cm length, 38.5cm width) and a standard size (85cm length, 38.5cm width).

4. SETUP

4.1 Unpacking and Placement

1. Carefully remove the treadmill from its packaging.

2. Place the treadmill on a firm, level surface. Ensure there is at least 0.6 meters (2 feet) of clear space on all sides and 2 meters (6.5 feet) at the rear for safety.
3. This treadmill requires no assembly. Simply unfold it if it is in a folded state.
4. Connect the power cord to a grounded electrical outlet.

4.2 Attaching the Safety Key

Before each use, attach the safety key clip to your clothing. The treadmill will not operate without the safety key in place. If the safety key is removed during operation, the treadmill will stop immediately.

5. OPERATING INSTRUCTIONS

5.1 Power On/Off

- To power on, ensure the safety key is in place and press the 'ON/OFF' button on the remote control or the touch screen.
- To power off, press the 'ON/OFF' button again. The treadmill will gradually slow down and stop.

5.2 Adjusting Speed

- Use the '+' and '-' buttons on the remote control or the touch screen to increase or decrease speed.
- The speed range is 1-8 km/h.

5.3 Incline Adjustment

This treadmill features a 7% manual incline. To adjust the incline, you must manually lift the rear of the treadmill and secure it in the inclined position. Ensure it is stable before use. Refer to the visual guides in Section 3.3 for assistance.

5.4 Exercise Modes

- **Walking Mode:** Speed range 1-6 km/h. Ideal for light exercise or under-desk use.
- **Running Mode:** Speed range up to 8 km/h. Suitable for more intense cardio workouts.
- **Incline Training:** Combine walking or running with the 7% manual incline for increased challenge.
- **Handle Support:** Utilize the integrated handles for additional stability, especially during walking or incline modes.

5.5 Pre-set Programs

The treadmill includes 4 automatic programs. Press the 'M' button on the remote or touch screen to cycle through these programs. Each program offers varying speed profiles to diversify your workout. The pause function allows you to temporarily stop your workout without losing your current data.

5.6 LED Display

The LED display provides real-time feedback on your workout, including:

- **Time:** Duration of your workout.
- **Speed:** Current speed in km/h.
- **Distance:** Total distance covered.
- **Calories:** Estimated calories burned.

6. MAINTENANCE

6.1 Cleaning

- Always unplug the treadmill before cleaning.
- Wipe down the display and exterior surfaces with a soft, damp cloth. Avoid abrasive cleaners.
- Regularly vacuum under the treadmill to prevent dust buildup.

6.2 Running Belt Lubrication

The running belt requires periodic lubrication to ensure smooth operation and prolong its lifespan. Refer to the specific instructions provided with your lubrication kit (if included) or consult the manufacturer's guidelines for the recommended type and frequency of lubrication.

6.3 Belt Tension and Alignment

If the running belt feels loose or drifts to one side, it may need adjustment. Consult the detailed instructions in the full product manual or contact customer support for guidance on adjusting belt tension and alignment. Incorrect adjustment can damage the treadmill.

7. TROUBLESHOOTING

Problem	Possible Cause	Solution
Treadmill does not start.	Power cord not plugged in; Safety key not in place; Power switch off.	Ensure power cord is securely plugged in; Insert safety key; Turn on the power switch.
Belt stops unexpectedly.	Safety key dislodged; Overload protection activated.	Re-attach safety key; Reduce load or allow motor to cool down.
Unusual noise during operation.	Loose parts; Belt misalignment; Lack of lubrication.	Check for loose screws and tighten; Adjust belt alignment (refer to full manual); Lubricate the running belt.
Display not working.	Loose connection; Power issue.	Check all connections; Ensure power supply is stable.

If you encounter issues not listed here or if solutions do not resolve the problem, please contact Dskeuzeew customer support.

8. SPECIFICATIONS

Feature	Detail
Brand	Dskeuzeew
Model Number	A1
Product Dimensions (L x W x H)	129.5 cm x 59.5 cm x 13.5 cm
Folded Size (L x W x H)	129.5 cm x 59.5 cm x 10 cm
Item Weight	24 Kilograms
Material	Acrylonitrile Butadiene Styrene (ABS)

Feature	Detail
Maximum Speed	8 km/h
Maximum Power	2.5 Kilowatt (HP)
Maximum Incline Percentage	7% (Manual)
Special Features	Shock Absorber
Power Source	Corded Electric
Recommended Maximum Load	130 Kilograms
Number of Programs	4
Included Components	Safety Key

9. WARRANTY AND SUPPORT

Your Dskeuzeew treadmill comes with an included warranty. For any questions, concerns, or warranty claims, please contact our customer service team. Our team is available 7 days a week for prompt assistance. In case of a problem, a quick exchange or refund is available.

For support, please refer to the contact information provided at the point of purchase or on the official Dskeuzeew website.

ASK A QUESTION ABOUT THIS MANUAL

Ask about setup, troubleshooting, compatibility, parts, safety, or missing instructions. Manuals+ will review the question and use this page’s manual context to help answer it.

Name

Anonymous

Email

you@example.com

After a successful submission, we securely hash the supplied account or form email before sending it to Microsoft Advertising for conversion attribution. [Privacy details](#).

Question

Example: How do I reset this device or fix this error?

Details

Model number, symptoms, what you tried, or the section of the manual you are using.

Submit question