

SKG YS100

SKG YS100 Shiatsu Foot Massager with Heat and Remote Instruction Manual

Model: YS100 | Brand: SKG

1. INTRODUCTION

This manual provides essential information for the safe and effective use of your SKG YS100 Shiatsu Foot Massager. Please read it thoroughly before operating the device and retain it for future reference. The SKG YS100 is designed to provide a comprehensive foot massage experience, combining shiatsu kneading, air compression, and soothing heat to help relieve foot fatigue and discomfort.

2. IMPORTANT SAFETY INFORMATION

To reduce the risk of electric shock, burns, fire, or injury, always follow these basic safety precautions:

- Read all instructions before using this appliance.
- Do not use this massager near water or in damp environments.
- Always unplug the appliance from the electrical outlet immediately after using and before cleaning.
- Do not leave the appliance unattended when plugged in. Unplug from outlet when not in use and before putting on or taking off parts.
- Do not operate under a blanket or pillow. Excessive heating can occur and cause fire, electric shock, or injury to persons.
- Close supervision is necessary when this appliance is used by, on, or near children, invalids, or disabled persons.
- Use this appliance only for its intended use as described in this manual. Do not use attachments not recommended by the manufacturer.
- Never operate this appliance if it has a damaged cord or plug, if it is not working properly, if it has been dropped or damaged, or dropped into water. Contact customer service for examination and repair.
- Keep the cord away from heated surfaces.
- Never drop or insert any object into any opening.
- Do not use outdoors.

- Do not operate where aerosol (spray) products are being used or where oxygen is being administered.
- To disconnect, turn all controls to the OFF position, then remove plug from outlet.
- This appliance is designed for household use only.
- Consult a doctor before use if you have heart disease, neurological disease, diabetes, or vascular disease.
- Use only the original 100–240V adapter provided with the device.

Legal Disclaimer: Statements regarding dietary supplements have not been evaluated by the FDA and are not intended to diagnose, treat, cure, or prevent any disease or health condition.

3. PRODUCT OVERVIEW

The SKG YS100 Shiatsu Foot Massager combines advanced features for a customizable and effective foot massage.

Key Features:

- **Enhanced 360° Compression:** Provides comprehensive air compression around the feet.
- **Deeper Shiatsu Kneading:** Targets plantar, arch, and toe areas for deep tissue relief.
- **Customizable Massage:** Offers 3 compression levels and 3 kneading intensities, allowing for 12+ combinations.
- **Soothing Heat Function:** Delivers warmth up to 131°F (55°C) to enhance relaxation.
- **Remote Control:** Allows for easy adjustment of settings without bending down.
- **Fits Wide Range of Sizes:** Accommodates foot sizes 5-13.
- **Washable Liners:** Removable and breathable liners for hygiene.
- **Portable Design:** Lightweight (5.51 lbs) for easy movement and storage.
- **Timer Settings:** Adjustable massage duration (15 or 30 minutes).

Package Contents:

- 1 x SKG YS100 Foot Massager
- 1 x Remote Control
- 1 x User Manual (this document)
- 1 x Power Adapter

PERFECT MASSAGER FOR YOUR LOVED

Empower Your Comfort



Image: Package contents of the SKG YS100 Foot Massager, showing the main unit, remote control, user manual, and power adapter.

4. SETUP

Follow these steps to set up your foot massager:

1. **Unpack:** Carefully remove all components from the packaging.
2. **Placement:** Place the foot massager on a flat, stable surface near an electrical outlet. Ensure there is enough space for comfortable use.
3. **Connect Power:** Insert the power adapter into the DC input port on the massager, then plug the adapter into a 100-240V electrical outlet.
4. **Prepare Remote:** Before first use, remove the clear plastic battery tab from the remote control to activate the battery.

5. **Insert Feet:** Sit comfortably and place your feet into the footwells of the massager. Ensure your feet are fully inserted for optimal massage coverage.



Image: The SKG YS100 Foot Massager in black, positioned on a floor, ready for a user to place their feet inside.

5. OPERATING INSTRUCTIONS

The SKG YS100 can be operated using either the integrated control panel or the remote control.

Control Panel and Remote Functions:



Image: A detailed view of the control panel on the SKG YS100 Foot Massager, showing illuminated buttons for Power,

Mode, Air Intensity (L, M, H), Heat, and Time (15 min, 30 min).

FOOT MASSAGER WITH SOOTHING HEAT

Targeted Relief: Soothes fasciitis, neuropathy, and foot fatigue



Image: The compact remote control for the SKG YS100 Foot Massager, featuring buttons for Power, Mode, Air Intensity, Heat, and Time.

- **Power Button:** Press to turn the massager ON or OFF.
- **Mode Button (M):** Cycles through different massage modes, combining kneading and compression. There are multiple combinations available.
- **Air Intensity Button:** Adjusts the air compression intensity between Low (L), Medium (M), and High (H).
- **Heat Button:** Toggles the heat function ON or OFF. The heat can reach up to 131°F (55°C).
- **Time Button:** Selects the massage duration between 15 minutes and 30 minutes. It is recommended to start with 15 minutes.

Usage Recommendations:

- Start on the lowest intensity settings for both compression and kneading, gradually increasing as comfortable.
- Initial sessions should be 15 minutes. You may increase to 30 minutes once accustomed to the massage.
- Point the remote control directly at the massager's control panel for effective operation.



Image: An internal view diagram of the SKG YS100 Foot Massager highlighting the areas of the foot targeted by the massage mechanisms, including heels, instep, plantar, arch, and toe.

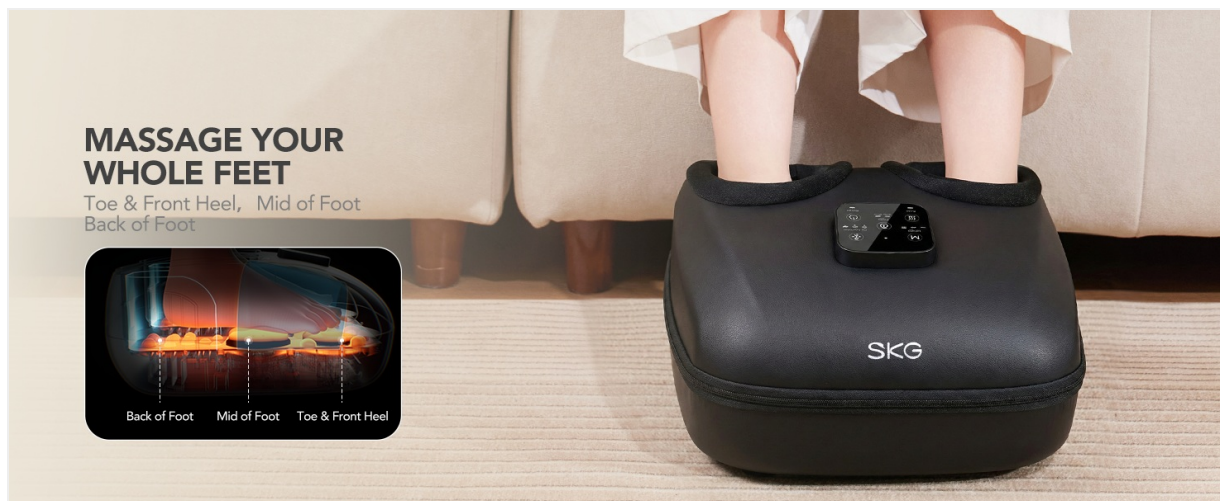
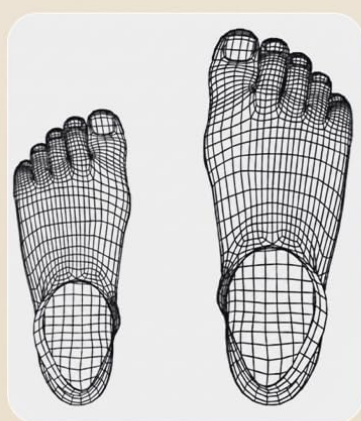


Image: A person's feet are shown inside the SKG YS100 Foot Massager, with red arrows indicating the upward flow of soothing heat from the device.

FIT UP TO SIZE 13

Design for Your Family



SIZE 13



Image: A visual representation showing the SKG YS100 Foot Massager can comfortably accommodate feet up to size 13, with a comparison of foot sizes.

6. MAINTENANCE

Proper maintenance ensures the longevity and hygiene of your foot massager.

Cleaning the Liners:

The internal fabric liners are removable and washable for easy cleaning.

1. **Remove Liners:** Unzip the massager cover and carefully detach the internal fabric liners from the footwells.
2. **Wash:** Hand wash the liners with mild soap and water, or machine wash on a gentle cycle.
3. **Dry:** Air dry the liners completely before reattaching them to the massager. Do not tumble dry.
4. **Reattach:** Once dry, reinsert the liners into the footwells and secure them properly.

USER-FRIENDLY FOOT MASSAGER



Washable
Removable
Cover



Wipe-Clean
Surface



≈



5.51lbs Light Weight



Anti-slip Pads

Image: A hand demonstrating the removal of a washable fabric liner from the footwell of the SKG YS100 Foot Massager.

FASHIONABLE & DURABLE



Image: A close-up view of the SKG YS100 Foot Massager showing the removable cover being unzipped, revealing the internal washable liners.

Cleaning the Exterior:

Wipe the exterior surface of the massager with a soft, damp cloth. Do not use abrasive cleaners or immerse the unit in water.

Storage:

When not in use, store the massager in a cool, dry place, away from direct sunlight and out of reach of children. Ensure the power cord is neatly wrapped and not kinked.

ENJOY FOOT RELAXATION ANYWHERE YOU ARE

Use it Wherever You are



Image: The SKG YS100 Foot Massager is depicted as compact and lightweight, suitable for easy carrying and storage.

7. TROUBLESHOOTING

If you encounter issues with your SKG YS100 Foot Massager, refer to the following common problems and solutions:

Problem	Possible Cause	Solution
Massager does not turn on.	Not plugged in; Power adapter faulty; Power button not pressed.	Ensure power adapter is securely plugged into both the massager and a working electrical outlet. Press the power button firmly.

Problem	Possible Cause	Solution
Remote control is not working.	Battery tab not removed; Remote battery depleted; Remote not pointed at sensor.	Remove the battery tab if it's the first use. Replace the remote battery if necessary. Point the remote directly at the control panel on the massager.
Massage intensity feels too strong or too weak.	Incorrect intensity setting; Feet not positioned correctly.	Adjust the air compression and kneading intensity levels using the respective buttons. Ensure your feet are fully and comfortably inserted into the footwells.
Heat function is not noticeable.	Heat function is off; Takes time to warm up.	Ensure the heat button is activated. Allow a few minutes for the heat to reach its optimal temperature.

If the problem persists after attempting these solutions, please contact SKG customer support.

8. SPECIFICATIONS

Detailed specifications for the SKG YS100 Shiatsu Foot Massager:

Feature	Detail
Product Dimensions (L x W x H)	14.35 x 12.52 x 6.97 inches
Item Weight	5.51 Pounds
Model Number	YS100
Power Source	Corded Electric (100–240V adapter)
Target Use Body Part	Foot
Massage Therapy Technique	Compression, Rolling, Shiatsu
Heat Temperature	Up to 131°F (55°C)
Foot Size Compatibility	Fits Size 5-13
Material Type	Ethylene Vinyl Acetate, Polyurethane
Special Features	Auto Shut-Off, Heat, Portable, Remote Control, Timer

9. WARRANTY AND SUPPORT

SKG provides professional service and support for its products. If you experience any issues with your SKG YS100 Foot Massager or require assistance, please contact SKG customer support. Refer to the product packaging or the official SKG website for the most current contact information and warranty details.

Note: Keep your purchase receipt as proof of purchase for warranty claims.

