

BroWood JIAOHUAI

BroWood Red Light Cordless Ankle Massager User Manual

Model: JIAOHUAI

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1. OVERVIEW

1.1 Product Description

The BroWood Red Light Cordless Ankle Massager integrates red light therapy, heat, and vibration massage to provide targeted relief for tired feet and sore ankles. Its wearable design is suitable for individuals who frequently stand, walk, or exercise. The device offers customizable therapy with multiple heat levels and massage modes, supporting daily recovery, fatigue relief, and post-workout relaxation. Featuring a cordless, rechargeable design, it is convenient for use at home, work, or during travel. Constructed with soft, breathable materials and an ergonomic wrap, it ensures comfortable wear on either foot or ankle for long-term foot and ankle care.

1.2 Key Features

- **Red Light Therapy:** Combines red light therapy, heat, and vibration for deep, targeted relief for sore ankles and tired feet.
- **Customizable Therapy:** Features 5 adjustable heat levels and 3 massage modes for personalized sessions.
- **Versatile Wearable Design:** Ergonomic wrap fits both left and right ankle, and can also be worn on the foot and arch.
- **Cordless & Rechargeable:** Built-in rechargeable battery for portability and convenient use anywhere.
- **Comfortable & Safe:** Soft, skin-friendly, stretchable material with an integrated auto shut-off timer.

SUITABLE FOR VARIOUS SCENARIOS

EXERCISE



RELAX



WORK



AT HOME



Image: The BroWood Ankle Massager is suitable for use in various scenarios, including during exercise recovery, relaxation, while working, and at home, providing versatile relief.

2. IMPORTANT SAFETY INFORMATION

Please read all instructions carefully before using the BroWood Red Light Cordless Ankle Massager. Failure to follow these instructions may result in injury or damage to the device.

- Consult a physician before use if you have any pre-existing medical conditions, are pregnant, have a pacemaker, or are undergoing medical treatment.
- Do not use on open wounds, swollen areas, or inflamed skin.
- Keep out of reach of children.
- Do not immerse the device in water or use it in excessively humid environments.
- Discontinue use immediately if you experience any discomfort or adverse reactions.
- Do not attempt to disassemble or repair the device yourself. Contact customer support for assistance.
- Use only the charging cable provided or a certified equivalent.

- The device is not intended for medical diagnosis, treatment, or prevention of disease.

3. PRODUCT COMPONENTS

The BroWood Red Light Cordless Ankle Massager consists of the main massager unit, which includes the control panel, red light emitters, heating elements, and vibration motors, integrated into a comfortable, wearable wrap.

INTELLIGENT ELECTRONIC ANKLE MASSAGER - PREMIUM FEATURES



3 LEVELS OF VIBRATION



5 LEVEL TEMPERATURE CONTROL



ERGONOMIC DESIGN

ERGONOMIC DESIGN
COMFORTABLE FIT



TOUCH WIRELESS OPERATION

Image: Detailed view of the massager's intelligent electronic control panel, highlighting 3 levels of vibration, 5 levels of temperature control, ergonomic design for a comfortable fit, and touch wireless operation.

3.1 Package Contents

- BroWood Red Light Cordless Ankle Massager Unit
- USB Charging Cable
- User Manual

4. SETUP

4.1 Initial Charging

Before first use, fully charge the ankle massager. Connect the provided USB charging cable to the charging port on the device and to a compatible USB power adapter (not included). A full charge typically takes 1-2 hours and provides continuous use. The indicator light on the control panel will show charging status.



Image: The BroWood Ankle Massager features a wireless design for convenience, fast heat-up capability, and smart LED control, offering an improved experience over traditional wired supports.

5. OPERATING INSTRUCTIONS

5.1 Wearing the Massager

1. Ensure the device is charged.
2. Wrap the massager around your ankle or foot, ensuring a comfortable yet secure fit. The ergonomic design allows it to be worn on either the left or right ankle, or across the arch of the foot.

3. Adjust the straps to prevent it from slipping during use.

5.2 Powering On/Off

- Press and hold the power button on the control panel to turn the device on.
- Press and hold the power button again to turn the device off.

5.3 Adjusting Heat Levels

The massager features 5 adjustable heat levels. Press the heat button (often indicated by a temperature icon) to cycle through the available heat settings. The current heat level will be displayed on the control panel.

FIVE TEMPERATURE ADJUSTABLE SCIENTIFIC HEATING



Image: The BroWood Ankle Massager offers five adjustable temperature levels, ranging from 113°F (Level 1) to 149°F (Level 5), allowing precise heat control for therapeutic relief.

5.4 Adjusting Massage Modes

The device offers 3 massage modes. Press the massage mode button (often indicated by a wave or vibration icon) to switch between different vibration patterns. The selected mode will be indicated on the control panel.

3-in-1 Foot & Ankle Relief, Designed for Daily Comfort



Image: The BroWood Ankle Massager provides 3-in-1 relief, combining red light therapy, 4 adjustable heat levels (up to 60°C), and 3 distinct massage modes for comprehensive comfort.

5.5 Auto Shut-off Timer

For safety and energy conservation, the massager is equipped with an integrated auto shut-off timer. The device will automatically turn off after a set period of continuous operation. Refer to the display for the active timer setting.

6. MAINTENANCE AND CARE

6.1 Cleaning

- Ensure the device is turned off and unplugged before cleaning.
- Wipe the surface of the massager with a soft, damp cloth. Do not use abrasive cleaners or immerse the device in water.
- Allow the device to air dry completely before storing or next use.

6.2 Storage

- Store the massager in a cool, dry place, away from direct sunlight and extreme temperatures.
- Keep the device in its original packaging or a protective case to prevent damage.

7. TROUBLESHOOTING

If you encounter any issues with your BroWood Red Light Cordless Ankle Massager, please refer to the following common problems and solutions:

Problem	Possible Cause	Solution
Device does not turn on.	Low battery or no charge.	Charge the device fully using the provided USB cable.
Heat function is not working.	Heat setting is too low or not activated.	Ensure the heat function is activated and cycle through the heat levels to a higher setting.
Vibration is weak or absent.	Massage mode is off or set to a low intensity.	Activate the massage function and cycle through the massage modes to increase intensity.
Device turns off unexpectedly.	Auto shut-off timer activated or low battery.	Recharge the device. If it continues to shut off prematurely, contact customer support.

If the problem persists after trying these solutions, please contact customer support for further assistance.

8. SPECIFICATIONS

Feature	Detail
Brand	BroWood
Model Name	JIAOHUAI
Model Number	JIAOHUAI
Use for	Ankle
Power Source	Battery Powered
Material	Composite fabrics
Colour	Charcoal Black
Special Features	Portable
Massager Form	Foot Massager Machine (Wearable)
Specific Uses	Ankle Pain Relief
Product Dimensions (L x W x H)	37L x 12W x 2H centimetres
Product Benefits	Pain Relief
Massage Therapy Technique	Vibration

Feature	Detail
Unit Count	1 Count

9. WARRANTY AND CUSTOMER SUPPORT

9.1 Warranty Information

BroWood products are manufactured to high-quality standards. This product comes with a standard manufacturer's warranty against defects in materials and workmanship. Please retain your proof of purchase for warranty claims. Specific warranty terms and duration may vary by region. For detailed warranty information, please refer to the warranty card included with your product or contact customer support.

9.2 Customer Support

If you have any questions, concerns, or require assistance with your BroWood Red Light Cordless Ankle Massager, please do not hesitate to contact our customer support team. Our representatives are available to help you with product inquiries, troubleshooting, and warranty services.

Contact Information:

Website: [www.browood.com](#) (Example, please replace with actual website)
Email: support@browood.com (Example, please replace with actual email)
Phone: +1-XXX-XXX-XXXX (Example, please replace with actual phone number)

ASK A QUESTION ABOUT THIS MANUAL

Ask about setup, troubleshooting, compatibility, parts, safety, or missing instructions. Manuals+ will review the question and use this page's manual context to help answer it.

Name

Anonymous

Email

you@example.com

After a successful submission, we securely hash the supplied account or form email before sending it to Microsoft Advertising for conversion attribution. [Privacy details](#).

Question

Example: How do I reset this device or fix this error?

Details

Model number, symptoms, what you tried, or the section of the manual you are using.

Submit question