

JAGJOG JT60

JAGJOG JT60 Treadmill User Manual

Model: JT60 Basic 15% Auto Incline

1. INTRODUCTION AND OVERVIEW

Thank you for choosing the JAGJOG JT60 Treadmill. This manual provides essential information for the safe and efficient operation, maintenance, and troubleshooting of your new fitness equipment. The JAGJOG JT60 is designed for home use, featuring a powerful yet quiet motor, automatic incline, a smart touchscreen, and a foldable design for convenient storage.

Key features include a 15% auto incline, 12 preset HIIT programs, a 3.5 HP brushless motor, joint-friendly cushioning, a 14.96" LED touchscreen with smart app connectivity, and a fully assembled, foldable design.



JAGJOG Treadmill for home with 15% Auto Incline

Figure 1: JAGJOG JT60 Treadmill in a home environment.

2. IMPORTANT SAFETY INFORMATION

To ensure your safety and prolong the life of your treadmill, please read and follow all instructions carefully.

Keep this manual for future reference.

- Always attach the safety lock clip to your clothing before starting any workout. The treadmill will stop automatically if the safety lock is disengaged, preventing potential injury.
- Keep children and pets away from the treadmill during operation.
- Place the treadmill on a flat, stable surface with adequate clearance around it.
- Wear appropriate athletic footwear during use.
- Do not use the treadmill if you feel dizzy, faint, or experience any pain. Consult a medical professional if necessary.
- Ensure the power cord is not damaged and is properly plugged into a grounded outlet.



Figure 2: Always attach the safety lock for a safe workout.

3. WHAT'S IN THE BOX

Upon unboxing, please verify that all components are present:

- JAGJOG JT60 Treadmill (Main Unit)
- User Manual (this document)
- Tool Kit (includes Allen Key with Cross-head Screwdriver)
- Lubricating Oil
- Safety Lock
- Power Cord



Figure 3: Included components with the 90% pre-assembled treadmill.

4. SETUP AND ASSEMBLY

The JAGJOG JT60 Treadmill arrives 90% pre-assembled, requiring minimal setup before first use. This design allows for quick deployment and reduces setup time significantly.

Initial Setup Steps:

1. Carefully remove the treadmill from its packaging.
2. Unfold the treadmill from its compact storage position. Ensure the running deck is fully lowered and locked into place.
3. Raise the console and handrails to the upright position. Secure them using the quick-fix handle knobs on the side.
4. Connect the power cord to the treadmill and then to a grounded electrical outlet.
5. Place the safety lock in its designated slot on the console.

Your treadmill is now ready for use. For visual guidance on setup and folding, please refer to the video below:

Video 1: JAGJOG Treadmill with 15% Auto Incline - Setup and Folding Demonstration.

Folding for Storage:

To fold the treadmill for space-saving storage, simply release the quick-release knob at the base of the handles, lower the console and handrails, and then fold the running deck upwards. The built-in wheels allow for easy movement and storage under a bed or in a closet.



Figure 4: The treadmill folds compactly for easy storage.

5. OPERATING INSTRUCTIONS

The JAGJOG JT60 Treadmill features an intuitive control panel with both responsive touch and handrail button controls for a seamless workout experience.

Control Panel (14.96" LED Touchscreen):

The large LED touchscreen displays essential workout data and allows for easy control of all functions.

- **Display Metrics:** Time, Distance, Speed, Calories, Incline, Heart Rate.
- **Start/Pause Button:** Initiates or temporarily pauses your workout.
- **Stop Button:** Ends your workout and gradually brings the treadmill to a halt.
- **Speed +/-:** Adjusts the running speed in 0.1 MPH increments. Quick-select buttons for 2, 4, 6, and 8 MPH are also available.
- **Incline +/-:** Adjusts the incline level in 1% increments. Quick-select buttons for 3%, 6%, and 9% incline are available. The treadmill supports up to 15% auto incline.
- **Mode Button:** Cycles through different workout modes (Manual, Program, etc.).
- **Program (P) Button:** Selects from 12 pre-set HIIT programs.
- **Heart Rate Sensors:** Integrated into the handrails to monitor your pulse during your workout.
- **Connectivity:** USB and Auxiliary ports are available for media playback and device charging. Bluetooth connectivity allows syncing with the Fitshow app.

Smart Dual Control & LED



Figure 5: Smart Dual Control & LED Touchscreen.

Workout Modes and Programs:

- **Manual Mode:** Allows you to manually adjust speed and incline to your preference.
- **HIIT Programs:** Choose from 12 scientifically designed High-Intensity Interval Training programs for

efficient calorie burning and varied workouts.

- **Auto Incline:** The treadmill offers up to 15% automatic incline, simulating various terrains to intensify your workout.



Figure 6: 12 HIIT Programs for faster calorie burn and smarter workouts.

Smart App Integration:

Connect your treadmill to the Fitshow app via Bluetooth to track your workout statistics, explore virtual routes, and personalize your training experience. The app provides clear growth tracking and allows you to update and check your progress anytime.



Figure 7: Smart App for clear growth tracking and progress monitoring.

6. MAINTENANCE

Regular maintenance ensures the longevity and optimal performance of your JAGJOG JT60 Treadmill.

- **Cleaning:** Wipe down the treadmill surfaces with a damp cloth after each use. Avoid abrasive cleaners.
- **Belt Lubrication:** Periodically lubricate the running belt with the provided lubricating oil to ensure smooth operation and reduce wear. Refer to the manual for specific lubrication intervals.
- **Belt Tension:** Check the running belt tension regularly. If the belt slips or feels too loose, adjust it according to the instructions in the detailed user manual.
- **Motor Maintenance:** The 3.5 HP brushless motor is designed for durability. Keep the motor area clean and free from dust.

7. TROUBLESHOOTING

If you encounter any issues with your treadmill, refer to the common problems and solutions below:

| Problem | Possible Cause | Solution |
|--------------------------------------|--|---|
| Treadmill does not start / E07 Error | Safety lock not engaged. | Ensure the safety lock is properly placed in its slot on the console. |
| Unusual noise during operation | Running belt requires lubrication or adjustment. | Lubricate the running belt or adjust its tension. Refer to the detailed user manual for instructions. |
| Inconsistent speed or belt slipping | Running belt tension is too loose. | Adjust the running belt tension. |
| Console display not working | Power connection issue or loose cable. | Check power cord connection and ensure all cables are securely attached. |

For further assistance, please contact customer support.

8. SPECIFICATIONS

| Feature | Specification |
|-------------------------------|--|
| Brand | JAGJOG |
| Model Name | JT60 |
| Motor Horsepower | 3.5 HP |
| Maximum Speed | 8.8 MPH (14 KM/H) |
| Maximum Incline | 15% Auto Incline |
| Running Deck Length | 41 inches (103 cm) |
| Running Deck Width | 17 inches (42 cm) |
| Maximum Weight Recommendation | 300 Pounds |
| Item Weight | 90 Pounds |
| Product Dimensions (Unfolded) | 51"D x 27"W x 42"H |
| Folded Size | 51.18" L x 26.77" W x 11.02" H |
| Display Type | 14.96" LED Touchscreen |
| Connectivity Technology | Bluetooth (Fitshow App) |
| Special Features | 12 HIIT Programs, Quiet Motor, Pulse Sensor Handle, Touch & Button Control, Portable, Space-Saving Design, Dual Shock Absorption |
| Assembly Required | No (90% Pre-assembled) |

Pick Your Perfect Calorie-Burning Mode

Real-scene HIIT/LIIT/MIIT modes: Match calorie-burning needs for all fitness levels & groups




Figure 8: Spacious running deck for comfortable workouts.

9. WARRANTY AND SUPPORT

The JAGJOG JT60 Treadmill comes with a **1-year warranty** from the date of purchase, covering

manufacturing defects and major component failures under normal use. Please retain your proof of purchase for warranty claims.

For any questions, technical support, or warranty claims, please contact JAGJOG customer service. Our responsive customer support team is available to assist you and ensure a satisfying experience.

Contact information can be found on the official JAGJOG website or through your retailer.