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> Vonesse Ergonomic Office Chair with Footrest (Model: Vonesse-ERGO001) - Instruction Manual

Vonesse Vonesse-ERGO001

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Instruction Manual

INTRODUCTION

Thank you for choosing the Vonesse Ergonomic Office Chair with Footrest. This manual provides detailed instructions for assembly, operation, maintenance, and specifications to ensure optimal use and longevity of your chair. Please read this manual thoroughly before assembly and use.

SAFETY INFORMATION

WARNING: Do not exceed the maximum weight capacity of 300 lbs. Exercise caution when utilizing the reclining mechanism and footrest to prevent potential injury. Ensure all components are securely fastened before use.

PACKAGE CONTENTS

Before beginning assembly, verify that all parts are present and undamaged. The package should include:

- Adjustable Depth Breathable Mesh Seat
- Adjustable Dynamic Lumbar Support
- Adjustable Headrest
- Adjustable Armrests
- Retractable Footrest
- Big and Tall Backrest
- Power Gas Lift
- Star Base with Wheels (Casters)
- All necessary tools and step-by-step instructions

ASSEMBLY INSTRUCTIONS

Assembly of the Vonesse Ergonomic Office Chair is designed to be straightforward and typically takes approximately 15 minutes. No complex tools are required, as all necessary tools and step-by-step instructions are provided within the

package. Please follow the included printed instructions for detailed assembly steps.
Ensure all connections are secure before applying weight to the chair.

PRODUCT FEATURES AND ADJUSTMENTS

The Vonesse Ergonomic Office Chair is equipped with multiple adjustable features to provide personalized comfort and support.

Your browser does not support the video tag.

Video demonstrating the various adjustable features of the Vonesse Ergonomic Office Chair, including lumbar support, recline, and footrest.

1. Dynamic Lumbar Support



The lumbar support system offers 3-level height adjustment and 2-level forward/backward adjustment. This allows you to precisely position the support to match your natural lumbar curve, distributing pressure evenly and maintaining proper

spinal alignment during prolonged sitting. Adjust the lumbar support by moving the levers or knobs located on the backrest to achieve your desired position.

2. 3D Adjustable Headrest



The headrest can be adjusted in height, angle, and depth to provide optimal support for your cervical spine. This helps alleviate neck soreness during long periods of work or gaming. Adjust the headrest by gently pushing or pulling it to the desired position and angle.

3. 3D Adjustable Armrests



The armrests offer 3D adjustability, allowing for height, forward-backward, and angle adjustments. This provides basic support for your arms and helps reduce shoulder tension. Use the buttons or levers on the armrests to unlock and adjust them to your preferred position.

4. Adjustable Seat Depth



The seat depth can be adjusted by 60mm to accommodate different leg lengths. This feature helps relieve pressure on your thighs and enhances sitting stability. Locate the lever beneath the seat and slide the seat forward or backward to find a comfortable depth.

5. Recline Function and Retractable Footrest

Breathable mesh seat cushion

Superior Support & Comfort



The chair features a reclining mechanism with three lockable positions: 90°, 110°, and 135°. It also includes a forward-backward telescopic footrest. To recline, pull the recline adjustment lever and lean back. To extend the footrest, pull it out from beneath the seat. This allows for seamless transitions between work and relaxation modes.

6. Breathable Mesh and Durable Components



The chair utilizes high-density ventilated mesh fabric for excellent airflow, keeping you cool and comfortable. It maintains its shape over time without sagging. The chair is built with a durable nylon base, whisper-quiet casters for smooth gliding without scratching floors, and a Grade-4 explosion-proof gas lift for safety and stability.

OPERATING INSTRUCTIONS

To operate the various functions of your Vonesse Ergonomic Office Chair, refer to the following:

- **Chair Height Adjustment:** Use the lever located under the right side of the seat. Pull up the lever to raise the chair; sit on the chair and pull up the lever to lower it. Release the lever to lock the height.
- **Recline Angle Adjustment:** Use the lever located under the left side of the seat. Pull the lever outwards to unlock the recline, lean back to your desired angle (90°, 110°, or 135°), and push the lever inwards to lock the position.
- **Footrest Extension:** Pull the footrest out from beneath the seat until it is fully extended. Push it back in to retract.
- **Lumbar Support Adjustment:** Adjust the height and depth of the lumbar support by manipulating the controls on the backrest.
- **Headrest Adjustment:** Grasp the headrest and move it up, down, forward, or tilt it to achieve the desired position.

- **Armrest Adjustment:** Press the buttons or lift the levers on the armrests to adjust their height, slide them forward/backward, or swivel them. Release to lock.
- **Seat Depth Adjustment:** Locate the lever under the seat and slide the seat forward or backward to adjust the depth.

MAINTENANCE

To maintain the condition and functionality of your Vonesse Ergonomic Office Chair:

- **Cleaning:** Wipe clean with a damp cloth. Avoid harsh chemicals or abrasive cleaners that may damage the mesh fabric or frame.
- **Inspection:** Periodically check all screws and bolts to ensure they are tight. Retighten if necessary.
- **Casters:** Keep casters free of debris to ensure smooth movement.
- **Weight Limit:** Do not exceed the maximum weight capacity of 300 lbs.

TROUBLESHOOTING

If you encounter any issues with your Vonesse Ergonomic Office Chair, consider the following common solutions:

- **Chair Sinks or Does Not Hold Height:** Ensure the gas lift lever is fully engaged. If the issue persists, the gas lift may need replacement. Contact customer service for assistance.
- **Chair Wobbles:** Check all assembly bolts and screws to ensure they are securely tightened. Ensure the chair is on a flat, even surface.
- **Casters Not Rolling Smoothly:** Inspect casters for trapped hair or debris and clean them. Ensure the chair is used on an appropriate surface (Floor & Carpet).
- **Adjustments Not Working:** Verify that no mechanisms are obstructed. Ensure levers are fully engaged or disengaged as required for adjustment.

SPECIFICATIONS

Brand:	Vonesse
Model Number:	Vonesse-ERGO001
Color:	Black
Material:	Premium Breathable Mesh, Metal Frame
Product Dimensions (D x W x H):	26.8"D x 28.3"W x 48"H
Item Weight:	40.6 pounds
Maximum Weight Recommendation:	300 pounds
Reclining Positions:	90°, 110°, 135° (3 lockable positions)
Headrest:	3D Adjustable (Height, Angle, Depth)
Armrests:	3D Adjustable (Height, Forward-Backward, Angle)
Lumbar Support:	5D Adjustable Dynamic (3-level height, 2-level forward/backward)

Seat Depth:	60mm Adjustable
Gas Lift:	Grade-4 Explosion-Proof
Casters:	Whisper-quiet, Floor & Carpet compatible



Image displaying the full dimensions of the chair, including seat height, backrest height, and overall footprint.

WARRANTY AND SUPPORT

Vonesse is committed to customer satisfaction. Your chair comes with a 30-day replacement policy and a 1-year repair service. For any questions, concerns, or to utilize your warranty, please contact our customer service team. They are available to provide efficient and timely after-sales support.

Please refer to the contact information provided in your product packaging or on the official Vonesse website for support.

ASK A QUESTION ABOUT THIS MANUAL

Ask about setup, troubleshooting, compatibility, parts, safety, or missing instructions. Manuals+ will review the question and use this page's manual context to help answer it.

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Question

Example: How do I reset this device or fix this error?

Details

Model number, symptoms, what you tried, or the section of the manual you are using.

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