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› SOUYIE SW-7 Smart Watch User Manual

SOUYIE SW-7

SOUYIE SW-7 Smart Watch User Manual

Model: SW-7

INTRODUCTION

This manual provides detailed instructions for the setup, operation, and maintenance of your SOUYIE SW-7 Smart Watch. Please read this manual thoroughly to ensure proper use and to maximize the features of your device.

WHAT'S IN THE BOX

Upon opening the package, verify that all items listed below are present:

- SOUYIE Men's Smart Watch (1 unit)
- Metal Watch Strap (1 unit)
- Silicone Watch Strap (1 unit)
- Magnetic Charging Cable (1 unit)
- Instruction Manual (1 unit)
- Metal Watch Adjustment Tool (1 unit)

400mAh LONG LASTING POWER SUPPLY

- ⌚ Charging Time **2 Hours**
- 📶 Standby Time **20-30 Days**
- 📱 Working Time **7-10 Days**



LUXURIOUS PACKAGING



Image: The SOUYIE SW-7 Smart Watch, metal strap, silicone strap, magnetic charging cable, and user manual laid out on a surface.

SETUP

1. Charging the Smart Watch

Before initial use, fully charge your SOUYIE SW-7 Smart Watch. Connect the magnetic charging cable to the charging points on the back of the watch and plug the USB end into a compatible power adapter (not included) or computer USB

port. A full charge typically takes approximately 2 hours.



Image: The SOUYIE SW-7 Smart Watch connected to its magnetic charging cable, indicating the charging process.

2. App Installation

To unlock the full functionality of your smart watch, download and install the "DaFit" application on your smartphone. The app is compatible with iOS 9.0/Android 4.4 and above.

1. Scan the QR code provided in the instruction manual or search for "DaFit" in your phone's app store (Apple App

Store for iOS, Google Play Store for Android).

2. Install the application.

Your browser does not support the video tag.

Video: Instructions on how to connect the SOUYIE SW-7 Smart Watch to a smartphone, including app installation and pairing steps.

3. Device Pairing

After installing the DaFit app, follow these steps to pair your smart watch with your smartphone:

1. Open the DaFit app on your smartphone.
2. Navigate to the "Device" section and tap "Add Device".
3. Select "SOUYIE SW-7" from the list of available devices.
4. Confirm the pairing request on both your phone and the watch.
5. Allow necessary permissions for notifications and data synchronization.

4. Strap Adjustment and Replacement

Your SOUYIE SW-7 Smart Watch comes with two interchangeable straps: a metal strap and a silicone strap. Use the included tool to adjust the length of the metal strap or to replace either strap.

1. **For Metal Strap Adjustment:** Use the provided link adjustment tool. Align the tool's pin with the strap's link pins and gently push to remove or add links as needed for a comfortable fit.
2. **For Strap Replacement:** Locate the quick-release pins on the underside of the watch straps. Slide the pin to detach the current strap and attach the desired strap by aligning the pins with the watch lugs and releasing them into place.

Your browser does not support the video tag.

Video: Demonstration on how to adjust the metal strap of the SOUYIE smart watch using the provided tool.

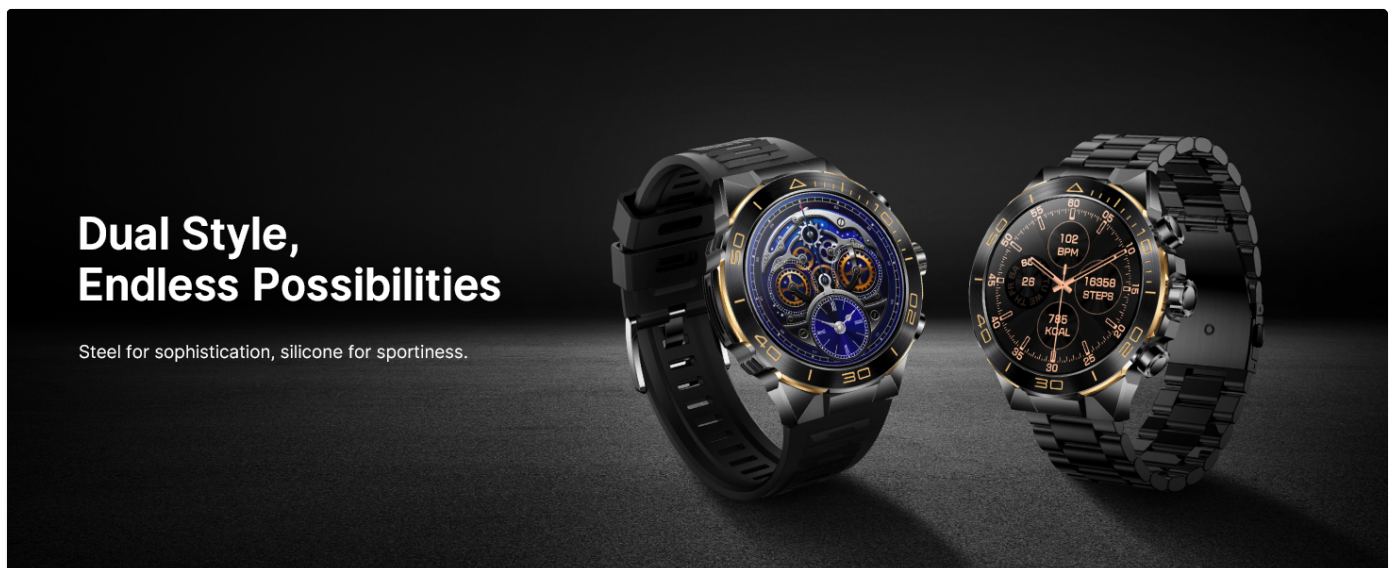


Image: The SOUYIE SW-7 Smart Watch showcasing its interchangeable metal and silicone straps.

OPERATING INSTRUCTIONS

1. Display and Navigation

The SOUYIE SW-7 features a 1.43" AMOLED display with 466x466 resolution. Navigate the watch interface using touch gestures and the physical buttons.

- **Touchscreen:** Swipe left, right, up, or down to access different menus and features. Tap to select options.

- **Rotating Button (Crown):** Rotate to scroll through menus or adjust settings. Press to return to the home screen or confirm selections.
- **Side Buttons:** Use for quick access to specific functions, such as sports modes or the main menu.

1.43" AMOLED DISPLAY

High contrast ratio and wide color gamut bring high definition picture quality experience , full screen touch sliding at will



Clear vision
under the sun



Self-luminous,
energy-saving



wide viewing angle,
viewing angle 178°



High color accuracy
restores true colors.



Image: A detailed view of the SOUYIE SW-7 Smart Watch's AMOLED display, highlighting its clarity.

Your browser does not support the video tag.

Video: A short preview demonstrating the user interface and navigation of the SOUYIE SW-7 Smart Watch.

2. Bluetooth Calling and Notifications

Once paired with your smartphone, the watch supports Bluetooth calls and displays smart notifications.

- **Making/Answering Calls:** Use the built-in speaker and microphone to make, receive, or reject calls directly from your wrist. Access the dial pad or contact list on the watch.
- **Notifications:** Receive real-time alerts for SMS messages and app notifications (e.g., Facebook, WhatsApp, Instagram). Manage notification settings through the DaFit app.

Make Bluetooth Calls With Elegance

Answer/Dial calls, and manage contacts effortlessly using the smart Bluetooth calling feature on SOUYIE smart watch. Whether in a business setting or embracing leisure, stay connected with ease.



Image: The SOUYIE SW-7 Smart Watch showing its Bluetooth call function with a dial pad on the screen.

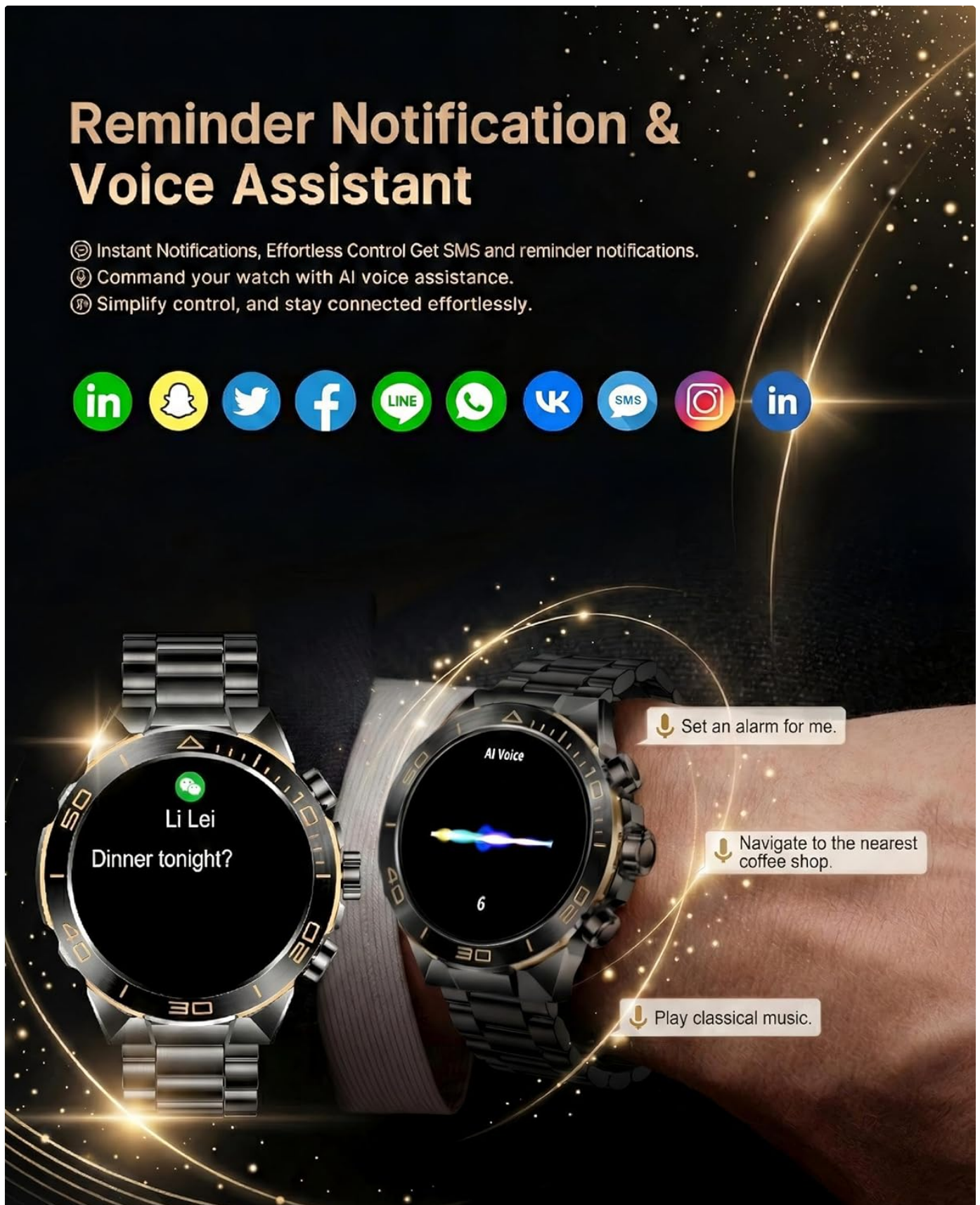


Image: The SOUYIE SW-7 Smart Watch displaying a message notification and the AI Voice Assistant in action.

3. AI Voice Assistant

Activate the built-in AI Voice Assistant to manage tasks, get information, or control watch functions using voice commands. This feature requires the watch to be connected to your smartphone.

4. Watch Faces

Customize your watch's appearance by selecting from over 100 watch faces available through the DaFit app. You can also upload your own photos to create personalized watch faces.



Image: The SOUYIE SW-7 Smart Watch showcasing a variety of digital and analog watch faces, including a custom photo option.

5. Sports Modes and Activity Tracking

The watch supports over 100 professional sports modes to track your physical activity. It accurately records steps, calories burned, distance, and exercise time.

- **Accessing Sports Modes:** Navigate to the sports mode menu on your watch and select your desired activity (e.g., running, cycling, basketball, climbing).
- **Activity Data:** View real-time data during your workout and detailed summaries in the DaFit app after completion.

100+ SPORTS MODES

Experience the precision of SOUYIE smart watch – accurate tracking for every detail of your workout data. Achieve your fitness goals with confidence!

The image shows a man on a tennis court at sunset, wearing a SOUYIE smartwatch. The watch face displays 'Golf' mode with 'Open Goal' and a golf icon. Below the watch, a grid of 16 sports icons is shown, followed by three circular data summaries for Golf, Running, and basketball.

Golf	Running	basketball
00:35:05	00:35:05	00:35:05
Calories [kcal] 368	Steps [Steps] 6028	Heart Rate [bpm] 146
Heart Rate [bpm] 146	Distance [km] 5.03	Calories [kcal] 368
		Steps [Steps] 6028
		Calories [kcal] 368

Image: The SOUYIE SW-7 Smart Watch showing its sports tracking capabilities for activities like golf, running, and basketball.

6. Health Monitoring

The SOUYIE SW-7 provides continuous health monitoring features:

- **Heart Rate:** 24-hour real-time heart rate monitoring.
- **Blood Oxygen (SpO2):** Monitors blood oxygen levels.
- **Blood Pressure:** Tracks blood pressure.
- **Sleep Tracking:** Analyzes sleep stages (Deep, Light, Awake) and provides a comprehensive sleep quality report via the DaFit app.

Note: This device is not a medical device. Health data is for reference only and should not be used for medical diagnosis.

24 HOUR HEALTH MONITORING

Monitor your heart rate, blood oxygen, blood pressure, and sleep patterns for a holistic approach to well-being. Elevate your health with precision tracking.

Image: The SOUYIE SW-7 Smart Watch showing its health monitoring features, including heart rate, SpO2, blood pressure, and sleep

analysis.

7. Other Smart Features

The SOUYIE SW-7 includes additional utility features:

- Calculator
- Weather Forecasts
- Remote Camera Control
- Music Control
- Stopwatch
- Alarm Clock
- "Find Phone" Function
- Sedentary Reminder
- Menstrual Cycle Reminder
- Drinking Reminder

Unleash Possibilities Your Ultimate Smartwatch Hub!

Bluetooth call, health monitor, music controller, camera control, activity tracking, message reminders, alarm clock alerts, and more. Elevate your experience with this all-in-one smartwatch!



Image: The SOUYIE SW-7 Smart Watch showing a collection of icons representing its various smart features.

MAINTENANCE

1. Battery Care

The SOUYIE SW-7 Smart Watch is equipped with a 400mAh Lithium Polymer battery. To ensure optimal battery life:

- Charge the watch fully before first use.

- Avoid extreme temperatures during charging and operation.
- Use only the provided magnetic charging cable.
- Expected working time is 7-10 days, with standby time up to 30 days.

2. Water Resistance

The watch has an IP67 waterproof rating, meaning it is resistant to splashes, rain, and brief immersion in shallow water. It is suitable for activities like handwashing or jogging in the rain.

Caution: Do not use the watch for swimming, diving, or in hot water/steam environments (e.g., showers, saunas) as this may compromise the water seal. Avoid prolonged submersion.

3. Cleaning

Regularly clean your watch and straps to prevent skin irritation and maintain appearance.

- Wipe the watch screen and body with a soft, damp, lint-free cloth.
- For silicone straps, wash with mild soap and water, then rinse thoroughly and dry.
- For metal straps, use a soft brush to clean crevices and wipe with a damp cloth. Ensure it is completely dry before wearing.

TROUBLESHOOTING

If you encounter issues with your SOUYIE SW-7 Smart Watch, refer to the following common solutions:

Problem	Possible Solution
Watch does not turn on	Ensure the watch is fully charged. Press and hold the power button for several seconds.
Cannot pair with smartphone	• Ensure Bluetooth is enabled on your phone. • Make sure the watch is within range of your phone. • Restart both the watch and your phone. • Check if the DaFit app has necessary permissions. • Forget the device in your phone's Bluetooth settings and try pairing again.
Notifications not received	• Verify notification permissions are granted in the DaFit app and phone settings. • Ensure the watch is connected via Bluetooth. • Disable "Do Not Disturb" mode on the watch.
Inaccurate health data	• Ensure the watch is worn snugly on your wrist, not too tight or too loose. • Clean the sensor on the back of the watch. • Note that environmental factors and individual physiology can affect readings.
Short battery life	• Reduce screen brightness. • Limit frequent use of power-intensive features like continuous heart rate monitoring or Bluetooth calls. • Turn off "Always-On Display" if not needed.

SPECIFICATIONS

Feature	Detail
Model Name	SOUYIE SW-7
Display	1.43-inch AMOLED, 466x466 Resolution
Connectivity	Bluetooth
Battery Capacity	400mAh Lithium Polymer
Charging Time	Approx. 2 hours
Working Time	7-10 days (typical use)
Standby Time	Up to 30 days
Water Resistance	IP67
Compatible OS	iOS 9.0 and above, Android 4.4 and above
App Name	DaFit
Health Monitoring	Heart Rate, Blood Oxygen (SpO2), Blood Pressure, Sleep Tracking
Sports Modes	100+ modes (e.g., Walking, Running, Cycling, Swimming, Climbing)
Case Material	Metal
Strap Material	Metal and Silicone (interchangeable)
Human Interface Input	Buttons, Touchscreen

WARRANTY AND SUPPORT

SOUYIE provides a 3-year warranty for the SW-7 Smart Watch. For any questions, technical support, or warranty claims, please contact SOUYIE customer service through your Amazon account. Our team aims to provide a solution within 24 hours.

For further assistance, visit the official SOUYIE store on Amazon:[SOUYIE Store](#)

ASK A QUESTION ABOUT THIS MANUAL

Ask about setup, troubleshooting, compatibility, parts, safety, or missing instructions. Manuals+ will review the question and use this page’s manual context to help answer it.

Name

Anonymous

Email

you@example.com

After a successful submission, we securely hash the supplied account or form email before sending it to Microsoft Advertising for conversion attribution. [Privacy details](#).

Question

Example: How do I reset this device or fix this error?

Details

Model number, symptoms, what you tried, or the section of the manual you are using.

Submit question