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› THERUN Walking Pad Treadmill W2 MUTE User Manual

THERUN W2 MUTE

THERUN Walking Pad Treadmill W2 MUTE User Manual

Model: W2 MUTE

1. INTRODUCTION

Thank you for choosing the THERUN Walking Pad Treadmill W2 MUTE. This compact and portable treadmill is designed to provide a convenient way to incorporate walking or light jogging into your daily routine, whether at home or in the office. Featuring a quiet 2.5HP brushless motor, a multi-function LED display, and remote control operation, it offers an efficient and user-friendly exercise experience. Please read this manual thoroughly before use to ensure proper setup, operation, and maintenance.

2. SAFETY INFORMATION

To prevent injury and ensure safe operation, please adhere to the following safety guidelines:

- **Weight Limit:** Do not exceed the maximum user weight of 265 pounds (120 kg).
- **Placement:** Always place the treadmill on a flat, stable, and non-slip surface. Ensure there is adequate clear space around the treadmill (at least 2 feet on sides and 6 feet behind).
- **Power Source:** Connect the treadmill to a grounded electrical outlet. Do not use extension cords or adapters.
- **Children and Pets:** Keep children and pets away from the treadmill during operation.
- **Footwear:** Always wear appropriate athletic footwear when using the treadmill.
- **Emergency Stop:** Familiarize yourself with the location of the emergency stop function.
- **Health Conditions:** Consult a physician before starting any new exercise program, especially if you have pre-existing health conditions.
- **Maintenance:** Perform regular maintenance as described in this manual to ensure optimal performance and safety.

3. PACKAGE CONTENTS

Carefully unpack the box and ensure all items are present and undamaged. If any items are missing or damaged, please contact

customer service.

- THERUN Walking Pad Treadmill (W2 MUTE)
- Remote Control
- Power Cord
- User Manual (this document)
- Fitness Guide

4. SETUP

The THERUN W2 MUTE Walking Pad Treadmill requires minimal setup, allowing you to begin your workout quickly.

1. **Unpacking:** Remove the treadmill and all accessories from the packaging.
2. **Placement:** Place the treadmill on a firm, level surface. Ensure there is sufficient space around the unit for safe operation and to prevent obstruction.
3. **Power Connection:** Plug the power cord into the treadmill's power input, then into a standard grounded electrical outlet.
4. **Remote Control:** Ensure the remote control has batteries installed and is ready for use.

Easy to Use

No Installation



Remote Control

Simple & Effective



Fitness Guide

Maximize Your Results



Unpacking Instruction

Done in Minutes

Image: The THERUN Walking Pad Treadmill W2 MUTE, showing the remote control, fitness guide, and visual instructions for unpacking, highlighting its ease of setup.

Fits in a 1.63ft x 0.35ft Corner

Thinner Than a Suitcase!



0.57sq ft

Vertical Storage



Image: Demonstrates the compact design and various storage options for the THERUN Walking Pad Treadmill W2 MUTE, including vertical storage and sliding under a bed or sofa.

5. OPERATING INSTRUCTIONS

Follow these steps to operate your THERUN Walking Pad Treadmill:

5.1 Power On/Off

- **Power On:** Plug in the treadmill. The LED display will illuminate.
- **Power Off:** Press the power button on the remote control or unplug the treadmill from the power outlet.

5.2 Using the Remote Control

The remote control allows you to start, stop, and adjust the speed of the treadmill.

- **Start/Stop:** Press the **Start/Stop** button to begin or end your workout.
- **Speed Adjustment:** Use the **+** and **-** buttons to increase or decrease the speed. The speed range is 0.6 to 3.8 MPH.

5.3 LED Display Functions

The integrated LED display provides real-time workout data:

- **Time:** Displays the duration of your workout.
- **Calories:** Estimates calories burned during your session.
- **Steps:** Counts the number of steps taken.
- **Speed:** Shows the current walking/jogging speed in MPH.
- **Distance:** Tracks the total distance covered.

How to Choose Walking Pad



THERUN W2 MUTE



THERUN W1 BASIC



THERUN W1 MAX

Weight

<180 LBS

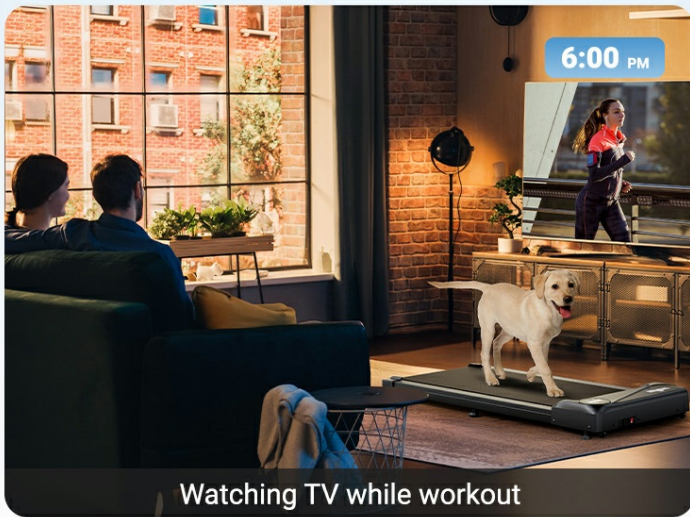
180-200 LBS

180-200 LBS

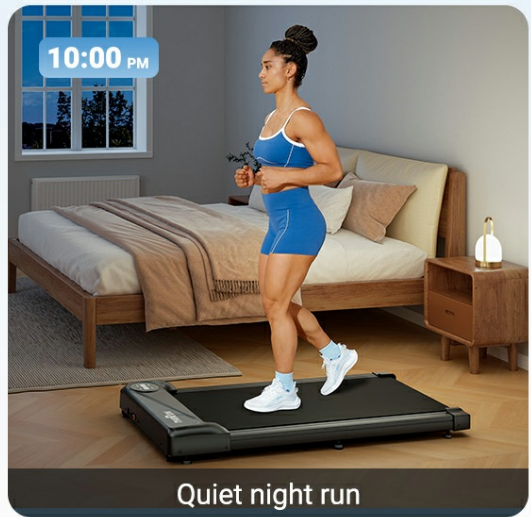
Image: Illustrates the versatility of the THERUN Walking Pad Treadmill W2 MUTE, showing a user walking at 0.8 MPH, 2.0 MPH, and 3.8 MPH, demonstrating various exercise intensities.

5.4 Quiet Operation

The W2 MUTE features an upgraded 2.5HP brushless motor designed for quiet operation, allowing you to exercise without disturbing others.



Watching TV while workout



Quiet night run

Image: A user exercising on the THERUN Walking Pad Treadmill W2 MUTE while working at a standing desk, emphasizing its quiet operation with a visual representation of noise levels at approximately 25 dB.

Height	5'3"-5'6"	5'3"-5'6"	5'7"-5'9"
Running Belt	5-Layer	5-Layer	5-Layer
Motor	2.5 HP	2.5 HP	2.5 HP
Noise	<25 dB	<45 dB	<45 dB
Max Load	265 LBS	265 LBS	300 LBS
Shock Absorption	6 silicone rubbers	6 silicone rubbers	6 silicone rubbers
Incline	no	✓	no

Image: Highlights the quiet operation of the THERUN Walking Pad Treadmill W2 MUTE, featuring a visual of the brushless motor and a comparison of its noise level (less than 25 dB) against common household sounds.

6. MAINTENANCE

Regular maintenance ensures the longevity and optimal performance of your treadmill.

- **Cleaning:** Wipe down the treadmill with a damp cloth after each use to remove sweat and dust. Do not use abrasive cleaners.
- **Belt Lubrication:** The running belt may require lubrication periodically. Refer to the specific instructions provided with your lubrication kit (if included) or contact customer support for guidance.
- **Belt Adjustment:** If the running belt feels loose or shifts to one side, it may need adjustment. Consult the troubleshooting section or contact customer support for detailed instructions.
- **Storage:** When not in use, store the treadmill in a clean, dry place away from direct sunlight and extreme temperatures.

7. TROUBLESHOOTING

If you encounter issues with your THERUN Walking Pad Treadmill, refer to the following common problems and solutions:

Problem	Possible Cause	Solution
Treadmill does not power on.	Power cord not properly connected; no power from outlet.	Ensure power cord is securely plugged into both the treadmill and a working electrical outlet. Check circuit breaker.
Running belt slips or stops.	Belt too loose; insufficient lubrication; motor overload.	Adjust belt tension (refer to specific instructions or contact support). Lubricate belt if needed. Reduce user weight if exceeding limit.
Remote control not working.	Dead batteries; remote out of range; interference.	Replace batteries in the remote control. Ensure you are within range and there are no obstructions.
Unusual noise during operation.	Loose components; belt friction; motor issue.	Inspect for loose screws. Lubricate belt if friction is suspected. If noise persists, discontinue use and contact customer support.

If the problem persists after attempting these solutions, please contact THERUN customer service for further assistance.

8. SPECIFICATIONS

Detailed technical specifications for the THERUN Walking Pad Treadmill W2 MUTE:

Feature	Specification
Model Name	W2 MUTE
Brand	THERUN
Product Dimensions (LxWxH)	42"D x 18.7"W x 4.3"H (106.7 cm x 47.5 cm x 10.9 cm)
Item Weight	32 Pounds (14.5 kg)
Material	Alloy Steel
Maximum Speed	3.8 Miles per Hour (6.1 km/h)
Maximum Horsepower	2.5 HP (Brushless Motor)
Maximum Weight Recommendation	265 Pounds (120 kg)
Noise Level	< 25 dB
Running Belt Length	35.5 inches (90.2 cm)
Running Belt Width	15 inches (38.1 cm)

Feature	Specification
Running Belt Layers	5-Layer Anti-slip
Shock Absorption	6 Silicone Rubbers
Incline	No
Included Components	Treadmill, Remote Control, Power Cord, User Manual, Fitness Guide

9. WARRANTY AND SUPPORT

THERUN is committed to providing high-quality products and excellent customer service.

9.1 Warranty Information

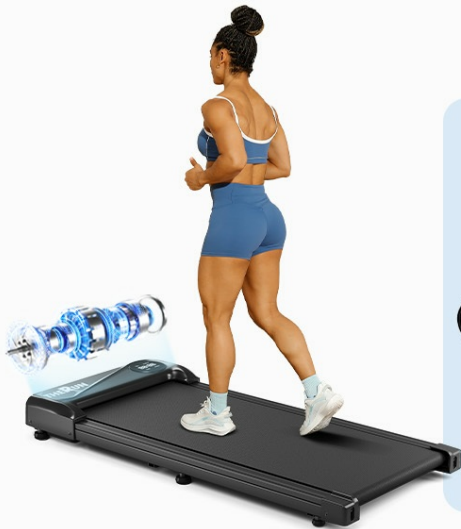
This product comes with a **1-year warranty** from the date of purchase, covering manufacturing defects. Please retain your proof of purchase for warranty claims. The warranty does not cover damage caused by misuse, accident, unauthorized modification, or normal wear and tear.

9.2 Customer Support

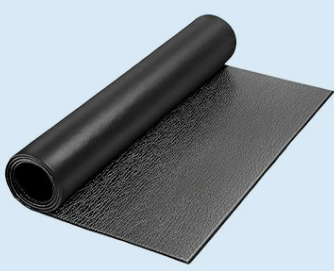
Our professional customer service team is available to assist you with any questions, concerns, or technical support needs regarding your THERUN treadmill. For assistance, please contact us via:

- **Email:** support@therunfitness.com (example email, please refer to actual product documentation for correct contact)
- **Website:** [THERUN Official Store on Amazon](#)

Please have your model number (W2 MUTE) and purchase information ready when contacting support.



THERUN Exclusive After-sales Service



Purchase or get our exclusive treadmill mat for a better running



We've got your treadmill training covered



Extra accessories of damaged parts are available (including motor and electronic control)

Image: Highlights THERUN's after-sales service, including the availability of a treadmill mat for enhanced performance and extra accessories for damaged parts, such as motors and electronic controls.

ASK A QUESTION ABOUT THIS MANUAL

Ask about setup, troubleshooting, compatibility, parts, safety, or missing instructions. Manuals+ will review the question and use this page's manual context to help answer it.

Name

Anonymous

Email

you@example.com

After a successful submission, we securely hash the supplied account or form email before sending it to Microsoft Advertising for conversion attribution. [Privacy details](#).

Question

Example: How do I reset this device or fix this error?

Details

Model number, symptoms, what you tried, or the section of the manual you are using.

Submit question

Open the live page

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