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Livemor B0GD6TWYWM

Livemor Massage Mat 10-Node Vibration Full Body Heating Cushion User Manual

Model: B0GD6TWYWM

1. Introduction

Thank you for choosing the Livemor Massage Mat. This full-body heating cushion is designed to provide a relaxing massage experience with 10 vibration nodes and a heating function. Please read this manual carefully before use to ensure proper operation and maintenance.
The Livemor Massage Mat combines deep-kneading Shiatsu neck massage with 10 powerful vibration motors targeting your shoulders, back, hips, and legs to help alleviate fatigue and muscle tension.

2. Important Safety Instructions

WARNING: To reduce the risk of burns, fire, electric shock, or injury to persons:

- Always unplug the appliance from the electrical outlet immediately after using and before cleaning.
- Do not use while bathing or in a shower.
- Do not place or store appliance where it can fall or be pulled into a tub or sink.
- Do not place in or drop into water or other liquid.
- Never use pins or other metallic fasteners with this appliance.
- Close supervision is necessary when this appliance is used by, on, or near children, invalids, or disabled persons.
- Use this appliance only for its intended use as described in this manual. Do not use attachments not recommended by the manufacturer.
- Never operate this appliance if it has a damaged cord or plug, if it is not working properly, if it has been dropped or damaged, or dropped into water. Return the appliance to a service center for examination and repair.
- Keep the cord away from heated surfaces.
- Never use while sleeping or drowsy.
- Never drop or insert any object into any opening.
- Do not operate where aerosol (spray) products are being used or where oxygen is being administered.
- Do not use on sensitive skin areas or where circulation is poor.
- Do not use on infants, invalids, or sleeping or unconscious persons.

- Do not crush. Avoid sharp folds.
- Do not use this massager for more than 30 minutes at a time.
- Consult your doctor before using if you have any medical conditions, are pregnant, or have a pacemaker.

3. Package Contents

- 1 x Livemor Massage Mat
- 1 x Hand Controller (attached)
- 1 x AC Power Adapter
- 1 x Lumbar Traction Ball (for airbag inflation)
- 1 x User Manual (this document)

4. Product Features

- **Full Body Relaxation:** Combines deep-kneading Shiatsu neck massage with 10 powerful vibration motors targeting shoulders, back, hips, and legs.
- **Customizable Experience:** Features 9 Massage Modes, 9 Adjustable Strengths, and 9 Speed levels.
- **Soothing Heat Therapy:** Equipped with heating pads for consistent warmth to relieve muscle tension.
- **Premium Comfort:** Crafted from luxurious, skin-friendly short plush material.
- **Smart Control:** User-friendly hand controller with 10/20/30-minute auto-off timers.
- **Portable Design:** Foldable for easy storage and multi-scene use (bed, sofa, recliner).
- **Lumbar Traction:** Integrated airbag for adjustable lumbar support.



Image: The Livemor Massage Mat showing the placement of its 10 vibration motors and the attached remote control for operation.

5. Setup Instructions

1. **Unpack:** Carefully remove the massage mat and all accessories from the packaging.
2. **Unfold:** Unroll the massage mat completely and lay it flat on a bed, sofa, recliner, or floor. Ensure there are no kinks or sharp folds.
3. **Position:** Place the mat so the neck massage pillow is at the head end and the mat extends down your body.
4. **Connect Power:** Insert the AC power adapter into the designated port on the massage mat. Plug the adapter into a standard electrical outlet.
5. **Prepare Lumbar Airbag (Optional):** If using the lumbar traction feature, connect the traction ball to the airbag valve located on the mat's lumbar section.



Image: The Livemor Massage Mat fully extended, displaying its overall dimensions and a compact folded state for storage.

6. Operating Instructions

The massage mat is controlled via the attached hand controller. Familiarize yourself with the buttons before use.

6.1 Hand Controller Functions



Image: A user relaxing on the massage mat, highlighting the neck massage pillow and the various functions of the remote control, including power, mode, strength, speed, and heating.

- **Power Button:** Press to turn the mat ON/OFF.
- **Mode Button:** Cycle through 9 different massage modes.
- **Strength Button:** Adjust the vibration intensity through 9 levels.
- **Speed Button:** Adjust the vibration speed through 9 levels.
- **Heat Button:** Activate or deactivate the heating function.
- **Timer Button:** Set the auto-off timer to 10, 20, or 30 minutes.
- **Neck Massage Controls:** Separate controls for the Shiatsu neck massage, including power, forward/reverse rotation, and 3 strength adjustments.

6.2 Starting a Massage Session

1. Ensure the mat is properly set up and plugged in.
2. Lie down comfortably on the mat, positioning your body to align with the massage zones.

3. Press the **Power Button** on the hand controller to turn on the mat.
4. Select your desired **Massage Mode**, **Strength**, and **Speed** using the respective buttons.
5. Activate the **Heat Function** if desired.
6. For neck massage, use the dedicated neck massage controls to turn it on, adjust rotation direction, and strength.
7. Set the **Timer** for your preferred duration (10, 20, or 30 minutes). The mat will automatically shut off after the selected time.
8. To use the lumbar traction airbag, manually pump the traction ball to inflate the airbag to your desired support level. Deflate by pressing the release valve on the ball.



Image: A user demonstrating the lumbar traction feature, showing the airbag inflated to provide support to the lower back, with the traction ball visible.

7. Maintenance

7.1 Cleaning

- Always unplug the mat before cleaning.
- Wipe the mat with a soft, slightly damp cloth. Do not use abrasive cleaners, brushes, gasoline, kerosene, glass furniture polish, or paint thinner.
- Do not immerse the mat or any part of it in water or other liquids.
- Allow the mat to dry completely before storing or using again.

7.2 Storage

- Unplug the mat and allow it to cool down if the heat function was used.
- Fold the mat neatly for compact storage.
- Store in a cool, dry place, away from direct sunlight and extreme temperatures.
- Do not place heavy objects on the mat during storage.



Image: The Livemor Massage Mat in its folded, portable state, alongside a swatch of its soft plush fabric and the included AC power adapter.

8. Troubleshooting

Problem	Possible Cause	Solution
Mat does not turn on.	Not plugged in; power outlet issue; damaged cord/adapter.	Ensure power adapter is securely plugged into both the mat and a working electrical outlet. Check if the outlet is functional. If cord/adapter is damaged, discontinue use and contact customer support.
Vibration is weak or inconsistent.	Low strength setting; internal malfunction.	Increase the strength setting using the hand controller. If the issue persists, contact customer support.
Heat function is not working.	Heat function not activated; internal malfunction.	Ensure the heat button on the controller is pressed. Allow a few minutes for the mat to warm up. If no heat is felt, contact customer support.
Lumbar airbag does not inflate.	Traction ball not properly connected; leak in airbag/valve.	Ensure the traction ball is securely attached to the airbag valve. Check for any visible damage or leaks in the airbag or valve.

9. Specifications

Product Dimensions (L x W x H):	158 x 48 x 10 cm
Product Weight:	3.08 kg
Model Number:	B0GD6TWYWM / MASSAGE-MAT-01-FB-GY
Power Source:	Corded Electric
Material:	Suede
Massage Techniques:	Shiatsu (neck), Vibration (body)
Massage Modes:	9
Vibration Strength Levels:	9
Vibration Speed Levels:	9
Auto-Off Timer:	10, 20, 30 minutes
Target Body Parts:	Back, Neck, Shoulders, Hips, Legs

10. Warranty Information

The Livemor Massage Mat comes with a **1-year manufacturer's warranty** from the date of purchase. This warranty covers manufacturing defects and faults under normal use. Please retain your proof of purchase for warranty claims. The warranty does not cover damage caused by misuse, accident, unauthorized modification, or failure to follow the instructions in this manual.

11. Customer Support

If you have any questions, concerns, or require assistance with your Livemor Massage Mat, please contact our customer support team.
For further information or to contact Livemor directly, please visit the official Livemor store page:

Visit the Livemor Store

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